

# *Umeka Franklin, MSW, PPSC, LCSW*

## **Education**

*University of Southern California*  
Doctorate of Education Candidate

**In progress**

*University of Southern California*  
Masters of Social Work  
Active Pupil Personnel Services Credential

**May 2002**

*California State University Los Angeles*  
Bachelor of Arts Social Work  
Certificate in Applied Gerontology

**September 1997**

## **Completed Training**

Cognitive Behavioral Intervention for Trauma in Schools (Evidence Based Practice)  
Los Angeles Unified School District 2010

Mindfulness and Stress Reduction  
Los Angeles Unified School District 2010

Trauma Focus Cognitive Behavioral Therapy (Evidence Based Practice)  
Los Angeles Unified School District 2011

Motivational Interviewing (Evidence Based Practice)  
University of Southern California 2013

Problem Solving-Therapy (Evidence Based Practice)  
University of Southern California 2013

Coach and Mentoring Certification  
VA Long Beach Medical Center 2013

Cognitive Behavioral Therapy (Evidence Based Practice)  
University of Southern California 2014

## **Professional Experience**

***United States Department of Veteran's Affairs***  
**Senior Nephrology Social Work Coordinator**

***April 2012 to June 2016***

- Conduct psychosocial assessments and refers as needed or requested: community based services, VA programs, and/or other government programs to veterans who receive outpatient dialysis at the VA.
- Provides triage assessment in crisis intervention, seeking to address the cause as well as the presenting complaint; communicating with the consulting team, utilize social work professional knowledge and experience as it relates to medical and mental health diagnoses; disabilities and general treatment and procedures. Documents activities, meetings, or concerns as required.
- Assist veterans with developing and/or enhancing positive coping skills to adjust to their medical diagnoses.
- Conduct Kidney Transplant psychosocial assessments for veteran's that have been deemed a good candidate by their Physician to undergo an evaluation for Kidney Transplant.
- Communicate, build, and maintain relationships with community stakeholders to ensure continuity of care for veterans.
- VA dialysis representative for veterans who require dialysis coordination either at the VA or in the community.
- Participate in interdisciplinary report to discuss the care and communicate the veteran's current biopsychosocial functioning to develop a plan to assist with promoting mental, social, and medical stability.
- Educate veterans upon the importance of adhering to their dialysis treatment regimen. Assess any barriers that impede veteran's adherence to their dialysis treatment regimen adherence.
- Operate in leadership capacity; provide clinical supervision for social work licensure; a point of contact when needed in the absence of the social work supervisor; mentor less experienced social workers; provide consultation and guidance to colleagues.
- Involved in the VA's Quality, Safety, and Value committee which focuses on the professional development of VA Social Workers. The committee is responsible for chart reviews that are identified by supervisors and VA risk management.

***USC School of Social Work Virtual Academic Center      January 2014 to June 2016***  
**Adjunct Part-Time Lecturer**

- Teach Foundation Practicum Integrative Seminar course
- Teach students a series of Evidenced Based Interventions from Motivational Interviewing, Strength based interventions, Problem Solving Therapy to Cognitive Behavioral Therapy to address complex social problems.
- Field Liaison for Concentration students.
- Field Faculty Liaisons are assigned to oversee the progress of the students in their field placements, including consultation for students' Field Practicum assignments.
- Working on behalf of the School of Social Work, the Liaisons meet with students as needed to facilitate their placement experiences and schedule Field Instructor and student contacts each semester to ensure the quality of students' learning opportunities.
- The Liaisons also clarify School expectations and serve as consultant and mediator for student and internship-related conflicts.

***Grace and Growth Family Services (Victims of Crime)      July 2011 - Present***  
**Independent Contractor**

- Provide mental health therapy to adults and children that have experienced trauma by being a victim of a qualifying crime involving physical injury, threat of physical injury or death.
- Conduct individual, conjoint, family, and/or group therapy in the home or school-based to dependents of the court placed in foster care through the Department of Children and Family Services and Child Protective Services.
- Supervise Clinicians that are earning hours towards their licensure.

***Los Angeles Unified School District***  
**Psychiatric Social Worker**

**November 2008 – March 2012**

- Provide individual, group and family therapy targeting special and general education students who are at risk of school failure due to social, behavioral, and emotional problems utilizing evidence based practices.
- Participated in and provided mandated counseling services in accordance with students Individual Education Program (IEP)
- Provide student and parent psycho-education on topics that include mental health, trauma awareness, social skills, conflict mediation, grief, drug prevention, and other social emotional issues that impact learning.
- Collaborate with teachers and school staff providing mental health consultation to develop strategies for classroom management and positive behavior support implementation.
- Incorporated Mental Health aspect in annual Individualized Educational Assessment and participated in IEP meetings.
- Supervised Master of Social Work Student interns and provided consultation and training which consisted of biopsychosocial assessment, Cognitive Behavior Intervention for Trauma in Schools (CBITS evidence based practice), diagnostic, and Department of Mental Health documentation and billing.
- Co-Facilitate CBITS groups with the school based Psychiatric Social Worker at Los Angeles Academy Middle School.
- Provide community referrals, linkages and collaboration with District and community resources to address student and family needs.

***DaVita – Dialysis***  
**Nephrology Social Worker**

**December 2002 – October 2008 Full Time**  
**October 2008 – June 2012 Per Diem**

- Conduct initial patient psychosocial assessment and complete appropriate documentation.
- Develop treatment and psychosocial goals for initial short and long-term care plans. Develop and continue monitoring treatment goals for short and long-term care plans.
- Provide assistance to patient and family adjusting to dialysis, altered life-style, and resource information.
- Provide appropriate community referrals as determined by assessment.
- Coordinate and participate in patient/family care conferences with multidisciplinary team.

***Youth Intervention Program Family Services***  
**Team Leader- Mental Health Therapist**

**June 2002 – December 2002**

- Interview individuals and/or their families to obtain information related to family, medical, mental health treatment history, school, and juvenile court history.
- Develop and implement social work treatment plan to be offered to client and family members.
- Provide school based (public and community day schools), Day Treatment, and outpatient psychotherapy to individuals and/or families.
- Supervised foundation year Master of Social Work intern students. Provided training which entailed bio-psychosocial assessment, building rapport with clients, setting boundaries and limits with clients, utilizing clinical use of self, discussing and processing process recordings with interns and provided feedback.

***Daniel Freeman Memorial Hospital***  
**Discharge Coordinator**

**December 1999 – August 2002**

- Develop discharge plans relevant to the current crisis or problem and the interpersonal, psychological, social, and environmental factors that would affect the patient's and support system's ability to carry out the discharge/after care plan.
- Document to illustrate a clear reflective of interventions and services provided for patient.
- Provides continuing assessment and intervention with the ability to identify discharge/after care issues that are specific to the age, culture, diagnosis and disability of the patient population served.

***Culver City Unified School District***  
**School Social Work Intern**

**September 2001- April 2002**

- Conduct a thorough psychosocial assessment and understand the biological, psychological, social and risk factors impacting the child and his or her family system.
- Provide individual and/or family psychotherapy to students exhibiting interpersonal and/or social difficulties that impair the student's ability to succeed in school.
- Develop group therapy curriculum and facilitate group therapy.
- Consult with teachers and staff on how to best work with an emotionally or behaviorally challenging child.
- Formulate diagnosis utilizing the DSM.

***Weingart Center Association***  
**Case Manager (Student Intern)**

**September 2000 – April 2001**

- Provide clients with case management support and material resources that will help clients meet their needs and achieve their goals.
- Help clients identify needs and develop individual, short term goals that address client's immediate and transitional needs.
- Provide clients with resources and skills necessary to seek, obtain, and maintain independent housing.
- Identify clients with substance abuse issues and refer them to appropriate resources.

***Father Flanagan's Boystown U.S.A.***  
**Senior Youth Care Worker (Leader)**

**July 1998 – August 1999**

- Teach and counsel severely emotionally disturbed at risk youth, ages 6-14.
- Provide general supervision in a caring environment and intervene with crisis intervention skills to deescalate youth during conflict and emotional situations.
- Responsible for shift transition meetings with Youth Care Workers.
- Assign tasks to be completed during the shift and follow up for task completion.

***Five Acres Boys' and Girls Aid Society***  
**Child Care Worker**

**December 1997- July 1998**

- Supervise, protect, and keep children ages 9-13, safe in a conducive environment.
- Dispense medications and document daily logs.
- Deescalate and mediate conflict situations, reinforce rules, counsel, educate, supervise and monitor chores, and plan day to day activities and weekend excursions.

***Huntington Memorial Hospital, Senior Care Network***  
**Case Manager (Student Internship)**

**January 1997 – August 1997**

- Case management, direct practice, and working intensively with clients on a micro/macro level.
- Conduct home visits which entails in-home assessments including Mini-Mental Status Examinations and Depression Inventories Direct service intervention in linking client(s) with adequate resources needed to function independently and safely in their home.

## **Teaching Experience**

### **University of Southern California, School of Social Work**

January 2014 – Present

Spring 2014:

SOWK 686 A Field Practicum  
SOWK Virtual Clinical Experience (VCE)

Summer 2014:

SOWK 686 B Field Practicum  
SOWK Virtual Clinical Experience (VCE)

Fall 2014:

SOWK 686 A Field Practicum  
SOWK Virtual Clinical Experience (VCE)  
SOWK 586 A Virtual Field Practicum

Spring 2015:

SOWK 686 B Field Practicum  
SOWK Virtual Clinical Experience (VCE)  
SOWK 586 A Virtual Field Practicum

Summer 2015:

SOWK Virtual Clinical Experience (VCE)  
SOWK 586 A Virtual Field Practicum

Fall 2015:

SOWK 586 A Virtual Field Practicum

Spring 2016:

SOWK 586 A: Virtual Field Practicum

### **Guest Speaker**

Social Work Foundation Year Field Seminar Students

“Nephrology Social Work”

Dominguez Hills University, April 2013