**Mindy J. Erchull**

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#### **Education**

Ph.D., Social Psychology (2005) Arizona State University; Dissertation: “A decision revisited: Women’s utilization of hormone therapy in a changed medical climate.” Major professor: Leona S. Aiken

M.A., Social Psychology (2002) Arizona State University; Thesis: “Women’s decision making about hormone replacement therapy: A retrospective post-decisional approach.” Major professor: Leona S. Aiken.

B.A., Psychology (1998) Connecticut College, Magna Cum Laude; Senior Honors Thesis: “Fact or fiction: A content analysis of educational materials about menstruation.” Major professor: Joan C. Chrisler.

#### **Employment**

August 2011-present Associate Professor, Department of Psychology, University of Mary Washington, Fredericksburg, VA

August 2005-August 2011 Assistant Professor, Department of Psychology, University of Mary Washington, Fredericksburg, VA

July 2003-July 2005 Project Director of Arizona Site; Breast cancer risk and women’s choice of combination hormone therapy (grant funded by the Cancer Research and Prevention Foundation). PI: Jennifer Hays, Ph.D. (Baylor College of Medicine) Co-PI: Leona S. Aiken, Ph.D. (Arizona State University)

January 2003-May 2003 Instructor, Introductory Statistics, Department of Psychology, Arizona State University, Tempe, AZ.

August 2002-May 2003 Teaching Assistant, Department of Psychology, Arizona State

August 1998-July 1999 University, Tempe, AZ.

August 1997-May 1998 Teaching Assistant, Department of Psychology, Connecticut College, New London, CT.

##### **Honors, Awards, Fellowships, and Grants**

August 2015 Received a Jepson Fellowship from the University of Mary Washington (a 2 course teaching reduction for the Fall 2015 and Spring 2016 semesters)

August 2014 Received a Committee for Women in Psychology (of the American Psychological Association) Leadership Award in recognition of being an emerging leader among women in psychology

April 2014 Received the Waple Faculty Professional Achievement Award from the University of Mary Washington

April 2014 Received the Florence L. Denmark Faculty Advisor Award from Psi Chi, the International Honor Society in Psychology

August 2013 Named a Fellow of the American Psychological Association by the Society for the Psychology of Women (Division 35 of APA)

May 2012 Received a $5000 Psi Chi/CUR Summer Undergraduate Research Grant, jointly awarded with Leanna Papp. Leanna received a $3500 stipend, and I receive a $1500 stipend.

March 2011 Received the Psi Chi, the International Honor Society in Psychology, Southeastern Regional Chapter Advisor Award

August 2010 Received the Mary Roth Walsh Teaching the Psychology of Women Award from the Society for the Psychology of Women (Division 35 of the American Psychological Association)

September 2008 Received a $2,000 Faculty Advisor Research Grant from Psi Chi, the International Honor Society in Psychology

April 2004 Selected as a Wakonse Arizona Teaching Fellow

August 2002-May 2004 Preparing Future Faculty Fellow, Arizona State University

August 1999-August 2002 National Science Foundation Graduate Fellowship (3 year fellowship including tuition waiver and graduate stipend)

October 1998 New England Psychological Association Honorary Undergraduate Fellow

October 1997 Inducted into Phi Beta Kappa

Spring 1996 Inducted into Psi Chi

### ***Classes Taught***

General Psychology; Research Methods; Social Psychology; Psychology of Women; Health Psychology; Social Influence; Psychology Internship Supervision; First-Year Seminar: Feminism in the 21st Century

### ***Research Interests***

feminist identity; objectification theory; sexualization of women; women’s health with a focus on reproductive health; attitudes about menstruation; decision making in medical contexts

##### **Editorial Activities**

Associate Editor re:Cycling: a blog by the Society for Menstrual Cycle Research (June 2011-April 2013)

Editorial Board *Gender Issues*

Consulting Editor *Psychology of Women Quarterly*

*Women’s Reproductive Health*

Ad Hoc Reviewer *Basic and Applied Social Psychology*

 *Body Image*

*Health Care for Women International*

*International Journal of Psychology*

*International Journal of Sexual Health*

 *Journal of Applied Developmental Psychology*

 *Journal of Family Issues*

*Psi Chi Journal of Psychological Research*

*Personal Relationships*

*Review of General Psychology*

*Sex Roles*

*Social Behavior and Personality*

*Social Development*

*Women’s Studies*

*Women’s Studies International Forum*

 Office of Teaching Resources in Psychology

## ***Professional Activities***

August 2014-present Member-at-Large, Society for General psychology (Div. 1 of APA) (elected to a 3 year term)

January 2014-June 2015 Coordinator, Society for Menstrual Cycle Research 2015 Awards

August 2013-present Program Chair, Society for the Psychology of Women (Division 35 of APA) (lead chair for 2015 convention, co-chair for 2014 and 2016 conventions)

April 2013-present Membership Chair, Society for Menstrual Cycle Research

Spring 2012-Summer 2015 Co-Coordinator, AWP/SPW Featured Feminist Science Symposia Series for the Association for Women in Psychology

December 2011, 2012 Reviewer, Society for General Psychology (Div. 1 of APA) submission for divisional programming at the American Psychological Association convention

December 2010, 2011, 2012 Reviewer, Society for the Psychology of Women (Div. 35 of APA) submission for divisional programming at the American Psychological Association convention

August 2010-June 2011 Co-chair, program committee for the Society for Menstrual Cycle Research conference

February 2010 Judge, Unger-Frieze Prize for the best student poster presentation at the Association for Women in Psychology Conference

October 2009-present Member, Board of Directors of the Society for Menstrual Cycle Research (elected to a 6 year term)

August 2009-August 2013 Co-chair, Hyde Graduate Student Research Grants Committee (APA Division 35, Society for the Psychology of Women)

August 2009-August 2010 Member, New Media Task Force (APA Division 35, Society for the Psychology of Women)

Spring 2009-present Faculty Consultant, Psi Chi (The International Honor Society in Psychology)

January 2009, 2013 Reviewer, Society for Menstrual Cycle Research conference submissions

Spring 2007-Spring 2012 Co-coordinator, Researchers’ Caucus of the Association for Women in Psychology

Fall 2007-Spring 2009 Reviewer, Hyde Graduate Student Research Grants (APA Division 35, Society for the Psychology of Women)

September 06-August 08 Chair, The Mary Roth Walsh Teaching the Psychology of Women Award (APA Division 35, Society for the Psychology of Women)

April 2006-2009 Judge, Virginia Psychological Association student research presentations

October 2004-2011, 2013 Reviewer, Association for Women in Psychology conference submissions

May 2003 Reviewer, American Psychological Society Student Caucus Student Grant Proposal Competition

March 2003 Reviewer, American Psychological Society Student Caucus Student Research Competition

# ***University Activities***

Summer 2014-Fall 2014 Co-Convener, Phi Beta Kappa Visiting Scholar Committee, Kappa of Virginia Chapter, University of Mary Washington

Fall 2012-Fall 2013 Chair, Ad Hoc Committee on Faculty/Student Collaborative Research & Creative Activity, University of Mary Washington

Spring 2010-Spring 2013 Member, Women’s and Gender Studies Major Advisory Committee, University of Mary Washington

Fall 2009-Spring 2010 Chair, Speaking Intensive Curriculum Advisory Committee, University of Mary Washington

Summer 2009-Spring 2010 President, Phi Beta Kappa, Kappa of Virginia Chapter, University of Mary Washington

Summer 2008-Spring 2009 Vice President, Phi Beta Kappa, Kappa of Virginia Chapter, University of Mary Washington

Fall 2008-Spring 2011 Member, Speaking Intensive Curriculum Advisory Committee, University of Mary Washington

Summer 2008-Spring 2010 Co-Coordinator, Social Research Colloquium Series, University of Mary Washington

Fall 2007-Spring 2008 Chair, Race and Gender Curriculum Advisory Committee, University of Mary Washington

Summer 2007 UMW Representative, COPLAC Faculty Summer Institute on the Psychology Major

Fall 2006-Spring 2008 Chair, Award Committee, Phi Beta Kappa, University of Mary Washington

Fall 2006-present Advisor, Psi Chi: The National Honor Society in Psychology, University of Mary Washington

Fall 2006-Spring 2008 Faculty Senator for the Psychology Department, University of Mary Washington

Fall 2006-Spring 2007 Member, Race and Gender Curriculum Advisory Committee, University of Mary Washington

Spring 2006 Member, Award Committee, Phi Beta Kappa, University of Mary Washington

Spring 2006 Member, Social Committee, Phi Beta Kappa, University of Mary Washington

***Peer-Reviewed Publications (\* denote student co-authors)***

**Erchull, M.J.**, & Richmond, K. (in press). “It’s normal…Mom will be home in an hour”: The role of fathers in menstrual education. *Women’s Reproductive Health*.

\*Hartwell, L.P., \*Humphries, T.M., **Erchull, M.J.**, & Liss, M. (in press). The development and validation of the Jealousy is Good Scale. *Gender Issues*.

Liss, M. & **Erchull, M.J.** (in press). Not hating what you see: Self-compassion may protect against negative mental health variables connected to self-objectification in college women. *Body Image.*

\*Miles-McLean, H., Liss, M., **Erchull, M. J.**, \*Robertson, C. M., \*Hagerman, C., \*Gnoleba, M. A., & \*Papp, L. J. (in press). “Stop looking at me!” Interpersonal sexual objectification as a source of insidious trauma. *Psychology of Women Quarterly*.

Schiffrin, H., Liss, M., \*Godfrey, H., **Erchull, M.** (in press). Intensive Parenting: Does it have the desired impact on child outcomes?" *Journal of Child and Family Studies.*

\*Zelin, A.I., **Erchull, M.J.**, & Houston, J.R. (in press). Is everybody doing it? Perceptions and misperceptions of sexual behavior in the college freshman population. *Gender Issues*.

\*DeVille, D.C., \*Ellmo, F.I., Horton, W.A., & **Erchull, M.J.** (2015). The role of romantic attachment in women’s experiences of body surveillance and body shame. *Gender Issues, 32*, 111-120.

**Erchull, M.J.**, & Liss, M. (2015). Clinical outcomes of enjoying sexualization among lesbian women. *Journal of Homosexuality*, 62*, 340-352.*

\*Papp, L. J., \*Hagerman, C., \*Gnoleba, M. A., **Erchull, M. J.**, Liss, M.,\*Miles-McLean, H., & \*Robertson, C. M., (2015). Exploring perceptions of slut-shaming on Facebook: Evidence for a reverse sexual double standard. *Gender Issues, 32*, 57-76.

**Erchull, M.J.**, & Liss, M. (2014). The object of one’s desire: How perceived sexual empowerment through objectification is related to sexual outcomes. *Sexuality & Culture, 18*, 773-788.

\*Hartwell, L.P., **Erchull, M.J.**, & Liss, M. (2014). Desire for marriage and children: A comparison of feminist and non-feminist women. *Gender Issues, 31*, 102-122.

\*Miles-McLean, H., Liss, M., & **Erchull, M.J.** (2014). Fathers, daughters, and self-objectification: Does bonding style matter? *Body Image, 11*, 534-542*.*

Schiffrin, H.H., Liss, M., \*Miles-McLean, H., \*Geary, K.A., **Erchull, M.J.**, & \*Tashner, T. (2014). Helping or hovering? The effects of helicopter parenting on college students’ well-being. *Journal of Child and Family Studies, 23*, 548-557.

**Erchull, M.J.** (2013). Distancing through objectification: Depictions of women’s bodies in menstrual product advertisements. *Sex Roles, 68*, 32-40.

**Erchull, M.J.**, & Liss, M. (2013). Exploring the concept of female sexual empowerment: Development and validation of the Sex is Power Scale. *Gender Issues, 30*, 39-53.

**Erchull, M. J.**, & Liss, M. (2013). Feminists who flaunt it: Exploring the enjoyment of sexualization among young feminist women. *Journal of Applied Social Psychology, 43*, 2341-2349*.*

**Erchull, M.J.**, Liss, M., & \*Lichiello, S. (2013). Extending the negative consequences of media internalization and self-objectification to dissociation and self-harm. *Sex Roles, 69*, 583-593.

Liss, M., & **Erchull, M.J.** (2013). Differences in beliefs and behaviors between feminist actual and anticipated mothers. *Psychology of Women Quarterly, 37*, 381-391.

Liss, M., Schiffrin, H.H., Mackintosh, V.H., \*Miles-McLean, H., & **Erchull, M.J.** (2013). Development and validation of a quantitative measure of intensive parenting attitudes. *Journal of Child and Family Studies, 22*, 621-636.

Liss, M., & **Erchull, M.J.** (2012). Feminism and attachment parenting: Attitudes, stereotypes, and misperceptions. *Sex Roles, 67*, 131-142.

Liss, M., **Erchull, M.J.**, & Ramsey, L.R. (2011). Empowering or Oppressing? Development and exploration of the Enjoyment of Sexualization Scale. *Personality and Social Psychology Bulletin, 37*, 55-68.

\*Shepherd, M., **Erchull, M.J.**, \*Rosner, A., \*Taubenberger, L., \*Forsyth Queen, E., & \*McKee, J. (2011). “I’ll get that for you”: The relationship between benevolent sexism and body self-perceptions. *Sex Roles, 64*, 1-8.

\*Askari, S.F., Liss, M., **Erchull, M.J.**, \*Staebell, S.E., & \*Axelson, S.J. (2010). Men want equality, but women don’t expect it: Young adults’ expectations for participation in household and childcare chores. *Psychology of Women Quarterly, 34*, 243-252.

**Erchull, M.J.**, Liss, M., \*Axelson, S.J., \*Staebell, S.E., & \*Askari, S.F. (2010). Well…She wants it more: Perceptions of social norms about desire for marriage and children and anticipated chore participation. *Psychology of Women Quarterly, 34*, 253-260.

Liss, M., & **Erchull, M.J.** (2010). Everyone feels empowered: Understanding feminist self-labeling. *Psychology of Women Quarterly, 34*, 85-96.

Ranby, K.W., Aiken, L.S., Gerend, M.A., & **Erchull, M.J.**  (2010). Perceived susceptibility measures are not interchangeable: Absolute, direct comparative, and indirect comparative risk. *Health Psychology, 29*, 20-28.

**Erchull, M.J.**, Liss, M., \*Wilson, K.A., \*Bateman, L., \*Peterson, A., & \*Sanchez, C.E. (2009). The feminist identity development model: Relevant for young women today? *Sex Roles, 60*, 832-842.

Liss, M., Mailloux, J., & **Erchull, M.J.** (2008). The relationships between sensory processing sensitivity, alexithymia, autism, depression, and anxiety. *Personality and Individual Differences, 45*, 255-259.

\*Haines, M.E., **Erchull, M.J.**, Liss, M., \*Turner, D.L., \*Nelson, J.A., \*Ramsey, L.R., & \*Hurt, M.M. (2008). Predictors and effects of self-objectification in lesbians. *Psychology of Women Quarterly, 32*, 181-187.

\*Nelson, J.A., Liss, M., **Erchull, M.J.**, \*Hurt, M.M., \*Ramsey, L.R., \*Turner, D.L., & \*Haines, M.E. (2008). Identity in action: Predictors of feminist self-identification and collective action. *Sex Roles, 58*, 721-728.

\*Hurt, M.M., \*Nelson, J.A., \*Turner, D.L., \*Haines, M.E., \*Ramsey, L.R., **Erchull, M.J.**, & Liss, M. (2007). Feminism: What is it good for? Feminine norms and objectification as the link between feminist identity and clinically relevant outcomes. *Sex Roles, 57*, 355-363.

\*Ramsey, L.R., \*Haines, M.E., \*Hurt, M.M., \*Nelson, J.A., \*Turner, D.L., Liss, M., & **Erchull, M.J.** (2007). Thinking of others: Feminist identification and the perception of others’ beliefs. *Sex Roles, 56*, 611-616.

Gerend, M.A., Aiken, L.S., **Erchull, M.J.**, & Lapin, A. (2006). Women’s use of hormone therapy before and after the Women’s Health Initiative: A psychosocial model of stability and change. *Preventive Medicine, 43*, 158-164.

Gerend, M.A., **Erchull, M.J.**, Aiken, L.S., & Maner, J.K. (2006). Reasons and risk: Factors underlying women’s perceptions of susceptibility to osteoporosis. *Maturitas, 55*, 227-237.

Gerend, M.A., Aiken, L.S., West, S.G., & **Erchull, M.J.** (2004). Beyond medical risk: Investigating the psychological factors underlying women's perceptions of susceptibility to breast cancer, heart disease, and osteoporosis. *Health Psychology, 23*, 247-258.

**Erchull, M.J.**, Chrisler, J.C., Gorman, J.A. & Johnston-Robledo, I. (2002). Fact or fiction: A content analysis of educational materials about menstruation. *Journal of Early Adolescence, 22*, 455-474.

##### **Books**

##### Richmond, K., **Erchull, M.J.**, & Liss, M. (under contract).  Psychology of women. New York, NY: Norton.

##### **Book Chapters**

**Erchull, M.J.** (in press). The thin ideal: A “wrong prescription” sold to many and achievable by few. In M.C. McHugh & J.C. Chrisler (Eds.), *The wrong prescription for women” How medicine and media create a ‘need’ for treatments, drugs, and surgery*. Santa Barbara, CA:  Praeger.

Liss, M. & **Erchull, M.J.** (2012).  Division of labor in the family: Power, gender, and hope for the future.  In M. Paludi (Ed.), *Managing diversity in today's workplace. vol. 2: Work/family integration strategies*. Westport, CT:  Praeger.

#### **Manuscripts Under Review (\* denote student co-authors)**

\*Godfrey, H., \*Papp, L.J., \*Waaland Kreutzer, L., **Erchull, M.J.**, & Liss, M. (under review) The dark side of romance: Romantic beliefs predict relationship violence.

\*Papp, L. J., & **Erchull, M.J.** (under review). Looking over her shoulder: Predicting women’s rape avoidance behavior.

#### **Manuscripts In Preparation (\* denote student co-authors)**

\*Waaland Kreutzer, L., \*Papp, L.J., \*Godfrey, H., Liss, M., & **Erchull, M.J.** (in preparation) The role of socioeconomic status and clothing choice in slut-shaming.

\*Smith, J.K., \*Kelly, C.M., \*Baines, K., \*Adragna, K., Liss, M., & **Erchull, M.J.** (in preparation). Erotic capital? The relationship between viewing sex as a source of power and leadership self-efficacy.

##### **Book Reviews**

**Erchull, M.J.** (2014). Pop culture gets its period: Is this a good thing? *Women’s Reproductive Health, 1*, 56-58.

**Erchull, M.J.** (2013). An international and interdisciplinary approach to reproductive justice for Women. *Sex Roles, 69*, 107-108.

Chrisler, J.C., & **Erchull, M.J.** (2011). The treatment of evolutionary psychology in social psychology textbooks. *Sex Roles, 64*, 754-757.

**Erchull, M.J.** (1998, Spring). Review of Lee and Sasser-Cohen’s “Blood stories: Menarche and the politics of the female body.” *Association for Women in Psychology Newsletter,* pp.7, 14.

***Newsletter Articles***

**Erchull, M.J.** (2012, Spring). The 2012 Unger-Frieze Prize winner: An interview with Cameron Shibata. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2011, Spring). The 2011 Unger-Frieze Prize winner: An interview with Lauren Fuller. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2011, Winter). Being a researcher at a teaching institution. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2010, Fall). Finding time for research. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2010, Spring/Summer). Spotlight on the inaugural Unger-Frieze Prize winners. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2010, Winter). Introducing the Unger-Frieze Prize. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2009, Fall). Research collaboration: Boon or bane? *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2009, Winter). The research process: Idea generation. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2008, Fall). Spotlight on NiCole T. Buchanan: A member of the researchers’ caucus. *Association for Women in Psychology Newsletter.*

**Erchull, M.J.** (2008, Spring/Summer). Meet the researchers’ caucus. *Association for Women in Psychology Newsletter*.

## ***Peer-Reviewed Conference Presentations (\* denote student co-authors; + denotes students of a collaborator)***

**Erchull, M.J.** (2015, August). The thin ideal: A “wrong prescription” sold to many and achievable by few. In J. Chrisler (Chair), *The Wrong Prescription for Women: Medicalization of Women’s Bodies and Everyday Experiences.* Symposium presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.

Richmond, K., & **Erchull, M.J.** (2015, June). *Masculinity and menstruation: An exploration of a complex relationship*. Paper accepted for presentation at the biennial meeting of the Society for Menstrual Cycle Research, Boston, MA.

\*Adragna, K., \*Baines, K., \*Kelly, C.M., \*Smith, J.K., Liss, M., & **Erchull, M.J.** (2015, May). *Erotic capital? The relationship between sexualization and leadership.* Poster accepted for presentation at the annual meeting of the Association for Psychological Science, New York, NY.

Liss, M., & **Erchull, M.J.** (2015, May). *Not hating what you see: Self-compassion protects against the negative effects of self-objectification.* Poster accepted for presentation at the annual meeting of the Association for Psychological Science, New York, NY.

\*DeVille, D.C., **Erchull, M.J.**, & Mailloux, J. (2014, March). *Interoceptive Sensitivity and Eating Disorder Risk: The Mediating Role of Intuitive Eating*. Poster presentation at the annual meeting of the American Psychosomatic Society, Savannah, GA.

\*Papp, L.J., \*Waaland-Kreutzer, L., \*Godfrey, H.E., **Erchull, M.J.**, Liss, M. (2015, March). *Slut-shaming: Do social class or clothing make it more acceptable?.* Paper presented at the annual meeting of the Association for Women in Psychology, San Francisco, CA.

\*DeVille, D.C., \*Ellmo, F.I., \*Horton, W.A., & **Erchull, M.J.** (2014, August). *It’s not you, It’s my body shame: Self-objectification and relationships*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

\*Miles-Mclean, H., Liss, M., & **Erchull, M.J.** (2014, August). *Daughters and self-objectification: Does parental bonding matter?* Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

\*Godfrey, H.E., \*Papp, L.J., \*Waaland-Kreutzer, L., Liss, M., & **Erchull, M.J.** (2014, May). *The dark side of romance: Romantic beliefs predict intimate partner violence.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

\*Papp, L.J., & **Erchull, M.J.** (2014, May). *Women’s experiences of sexual objectification and justifying beliefs predict fear of rape and rape avoidance behavior.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

\*Papp, L.J., \*Gnoleba, M.A., \*Hagerman, C., \*Robertson, C.M., \*Miles-McLean, H., **Erchull, M.J.**, & Liss, M. (2014, May). *Exploring the sexual double standard through “slut-shaming” on Facebook.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

\*Zelin, A.I., & **Erchull, M.J.** (2014, May). *Is everybody doing it? Sex in the college freshman male population.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

**Erchull, M.J.** (2014, March). Discussant for *Exploring and measuring the “F-word”: Empirical examination of feminist identity, attitudes, and beliefs*. Symposium presented at the annual meeting of the Association for Women in Psychology, Columbus, OH.

Edwards, K., Mehta, C., Pause, C., & **Erchull, M.J.** (2014, March). *Navigating the academic job search process: A feminist survival guide.* Structured discussion presented at the annual meeting of the Association for Women in Psychology, Columbus, OH.

**Erchull, M.J.**, \*Humphries, T.M., Liss, M., & \*Hartwell, L.P. (2014, March). *Believing that jealousy is good: Correlates and sex differences.* Poster presented at the annual meeting of the Association for Women in Psychology, Columbus, OH.

**Erchull, M.J.**, & Liss, M. (2013, August). *Exploring female sexual empowerment: Developing the Sex is Power Scale*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

**Erchull, M.J.**, & Richmond, K. (2013, June). Fathers attitudes about and role in educating their children about menstruation. Paper presented at the biennial meeting of the Society for Menstrual Cycle Research, New York, NY.

\*Humphries, T.M., **Erchull, M.J.**, & Liss, M. (2013, May). *Believing that jealousy is good: Scale development and validation*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

\*Miles-McLean, H., \*Robertson, C.M., \*Hagerman, C., \*Gnoleba, M.A., \*Papp, L.J., Liss, M., & **Erchull, M.J.** (2013, May). *Conceptualizing objectification as a source of insidious trauma*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Schiffrin, H., Liss, M., \*Miles-McLean, H., & **Erchull, M.J.** (2013, May). *Helping or hovering? The detrimental effects of helicopter parenting on college students’ mental health*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

**Erchull, M.J.** (2013, March). Discussant for *Being productive and maintaining your sanity as an early career academic*. Symposium presented at the annual meeting of the Association for Women in Psychology, Salt Lake City, UT.

**Erchull, M.J.**, & Ramsey, L.R. (2013, March). *Maintaining feminist process while undertaking research with students: Balancing research, teaching, and the goals and needs of all parties.* Structured discussion presented at the annual meeting of the Association for Women in Psychology, Salt Lake City, UT.

Brinkman, B. G., Sim, W., **Erchull, M.J.**, McKelley, R., & Wang, D.C. (2012, August). *Mentoring and early career professionals: Navigating multiple roles.* Discussion panel presented at the annual meeting of the American Psychological Association, Orlando, FL.

**Erchull, M.J.** (2012, August). Keeping the conversation going: Blogging in psychology of women. In C. Smith (Chair), *Advances in Teaching the Psychology of Women*. Symposium presented at the annual meeting of the American Psychological Association, Orlando, FL.

\*Lichiello, S., **Erchull, M.J.**, Liss, M., \*Zelin, A., & \*Hartwell, L.P. (2012, August). *Self-objectification as a dissociative experience: The path from media internalization to self-harm.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.

**Erchull, M.J.**, & Liss, M. (2012, May). *Conservative but protective? Enjoying sexualization among lesbian women.* Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Schiffrin, H.H., Liss, M., Mackintosh, V., \*Miles-McLean, H., & **Erchull, M.J.** (2012, May). *Development and validation of a quantitative measure of intensive parenting attitudes*. Poster accepted presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

\*Zelin, A., **Erchull, M.J.**, \*Hartwell, L.P., \*Lichiello, S. (2012, May). *Is everybody doing it? Sex in the freshman female population*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Barnack-Tavlaris, J.L., **Erchull, M.J.**, & Hendrick, C.L. (2012, March). *Early career research: Fitting it all in*. Structured discussion presented at the annual meeting of the Association for Women in Psychology, Palm Springs, CA.

**Erchull, M.J.**, & Liss, M. (2012, March). *A traditional shift? Differences in beliefs and behaviors among feminist mothers and non-mothers.* Poster presented at the annual meeting of the Association for Women in Psychology, Palm Spring, CA.

Pause, C., Mehta, C., Tartaro, J., & **Erchull, M.J.** (2012, March). *Live to tell: The experience of early career feminists*. Structured discussion presented at the annual meeting of the Association for Women in Psychology, Palm Springs, CA.

**Erchull, M.J.**, Liss, M., & \*Hartwell, L.P. (2012, January). *Own and others’ desire for marriage and children: A comparison of feminist and non-feminist women.* Poster presented at the Institute for Academic Feminist Psychologists, San Antonio, TX.

**Erchull, M.J.**, \*Hartwell, L.P., \*Zelin, A., & \*Lichiello, S. (2011, August). *Not as it seems: Sexualization, self-objectification, agency, and pleasure*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

**Erchull, M.J.**, \*Hartwell, L.P., \*Lichiello, S., & \*Zelin, A. (2011, June). *Perceptions and misperceptions of women’s and men’s attitudes about sexual activity during menstruation*. Poster presented at the biennial meeting of the Society for Menstrual Cycle Research, Pittsburg, PA.

\*Hartwell, L.P., **Erchull, M.J.**, \*Lichiello, S., & \*Zelin, A. (2011, May). *Young women’s sexual attitudes and behaviors: What predicts “hook-ups” and casual sex?* Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

**Erchull, M.J.**, & Liss, M. (2011, March). Is Feminism only for single, non-mothers? In M.J. Erchull (Chair), *Feminism, Fundamentalism, and the Family*. Symposium presented at the annual meeting of the Association for Women in Psychology, Philadelphia, PA.

Liss, M. & **Erchull, M.J.** (2011, March). Feminism and attachment parenting: Stereotypes and realities. In M.J. Erchull (Chair), *Feminism, Fundamentalism, and the Family*. Symposium presented at the annual meeting of the Association for Women in Psychology, Philadelphia, PA.

**Erchull, M.J.**, & Liss, M. (2010, August). *Empowerment through sexualization? The Enjoyment of Sexualization Scale in Feminists*. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

Johnston-Robledo, I., +Boyles, C., +Shephard, L., & **Erchull, M.J.** (2010, August). *Whose orgasm is it anyway? Faux orgasms and women’s sexual subjectivity.* Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.

\*Askari, S.F., **Erchull, M.J.**, & Liss, M. (2010, May). *Young adults’ ideal and actual expectations for self and partner life trajectories*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.

\*Shepherd, M., **Erchull, M.J.**, \*McKee, J., \*Taubenberger, L., & \*Rosner, A. (2010, February). *Barbie never bleeds: The effect of menstruation on objectification and self-objectification*. Poster presented at the annual meeting of the Association for Women in Psychology, Portland, OR.

**Erchull, M.J.**, & Liss, M. (2009, August). *The development and exploration of the Enjoyment of Objectification Scale.* Poster presented at the annual meeting of the American Psychological Association, Toronto, Ontario, Canada.

**Erchull, M.J.** (2009, June). *Depictions of women in menstrual product advertisements*. Paper presented at the biennial meeting of the Society for Menstrual Cycle Research, Spokane, WA.

**Erchull, M.J.**, & Rose, J.G. (2009, June). *Have physicians’ attitudes toward PMS changed? A comparison of physicians’ current attitudes towards menstruation and PMS compared to attitudes in 1997*. Poster presented at the biennial meeting of the Society for Menstrual Cycle Research, Spokane, WA.

\*Askari, S.F., **Erchull, M.J.**, & Liss, M. (2009, May). *Young adults’ ideal and actual expectations for future division of household labor*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

\*Shepherd, M., \*Taubenberger, L., \*Forsyth Queen, E., \*Rosner, A., \*McKee, J., & **Erchull, M.J.** (2009, May). *“I’ll get that for you”: The relationship between benevolent sexism and objectification.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

**Erchull, M.J.**, & Liss, M. (2009, March). *Empowered ignorance: The paradox of the synthesis stage of the feminist identity development model*. Paper presented at the annual meeting of the Association for Women in Psychology, Newport, RI.

\*O’Rourke, J., & **Erchull, M.J.** (2009, January). *Preparing students for their futures*. Poster presented at the biennial Psi Chi National Leadership Conference, Nashville, TN.

**Erchull, M.J.**, & Liss, M. (2008, August). *Synthesis: Beginning or end? Investigating the Downing and Roush model*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

\*Axelson, S.J., \*Askari, S.F., \*Staebell, S.E., **Erchull, M.J.**, & Liss, M. (2008, May). *Misperceptions of social norms about marriage, children, and division of household labor*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

**Erchull, M.J.**, & Liss, M. (2008, March). *What is feminism? Perceptions of self-identified feminists and non-labelers who share feminist* beliefs. Poster presented at the annual meeting of the Association for Women in Psychology, San Diego, CA.

\*Nelson, J.A., **Erchull, M.J.**, & Liss, M. (2007, August). *Daughters of the second-wave: Predictors of feminist self-identification and activism.* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

\*Hurt, M. M., **Erchull, M.J.**, & Liss, M. (2007, May). *Feminist identity indirectly predicts clinical outcomes through rejecting feminine norms and self-objectification.* Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

\*Haines, M.E., **Erchull, M.J.**, & Liss, M. (2007, March). *Feminist identification in lesbians: A more complex story.* Paper presented at the annual meeting of the Association for Women in Psychology, San Francisco, CA.

**Erchull, M.J.**, & Aiken, L.S. (2006, May). *Predicting decision stability: Retrospective and prospective studies of women’s hormone therapy decisions*. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

\*Ramsey, L.R., \*Haines, M.E., \*Hurt, M.M., \*Nelson, J.A., \*Turner, D.L., Liss, M., & **Erchull, M.J.** (2006, May). *Thinking of others: Feminist identification and perceptions of others’ beliefs.* Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

Moser, S.E., **Erchull, M.J.**, Wilke, K.M., Reid, A.E., & Aiken, L.S. (2006, April). *Taking medication when risks exceed benefits: Postmenopausal hormone therapy*. Poster presented at the annual meeting of the Western Psychological Association, Palm Springs, CA.

Wilke, K.M., Gerend, M.A., Aiken, L.S., & **Erchull, M.J.** (2006, April). *Perceived risk correlated: It all depends on risk measurement strategy*. Poster presented at the annual meeting of the Western Psychological Association, Palm Springs, CA.

Reid, A.E., Moser, S.E., Wilke, K.M., **Erchull, M.J.**, & Aiken, L.S. (2006, April). *Pharmaceutical versus natural dietary supplements: Women’s use and evaluation*. Poster presented at the annual meeting of the Western Psychological Association, Palm Springs, CA.

**Erchull, M.J.**, \*Duran, J.L., & Aiken, L.S. (2005, April). *Confronting the risks of medication: The case of hormone therapy*. Poster presented at the annual meeting of the Western Psychological Association, Portland, OR.

**Erchull, M.J.** (2005, February). Coping with Menopausal Symptoms: Women's decision-making and the HRT Controversy. In *Back to the Future?: Medical Management and Women’s Bodies.*  Panel discussion presented at the annual meeting of the Association for Women in Psychology, Tampa, FL.

Gerend, M.A., **Erchull, M.J.**, Aiken, L.S., & Maner J.K. (2005, January). *Women’s perceived risk of disease: Reasons, rationalizations, and control*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Gerend, M.A., Aiken, L.S., **Erchull, M.J.**, & Lapin, A. (2004, July). *What sustains prevention behavior? Understanding women’s long-term hormone therapy use.* Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

**Erchull, M.J.**, & Aiken, L.S. (2004, April). *Unraveling women’s perception of choice to initiate hormone therapy.* Poster presented at the annual meeting of the Western Psychological Association, Phoenix, AZ.

**Erchull, M.J.**, Aiken, L.S., & Gerend, M.A. (2004, April). *The Women’s Health Initiative findings and women’s use of hormone therapy.* Poster presented at the annual meeting of the Western Psychological Association, Phoenix, AZ.

**Erchull, M.J.**, & Rubin, L. (2004, April). Is feminism dead? Contemporary perceptions of feminism and women’s issues. In C. Nemeroff (Chair), *Feminist attitudes, beliefs, and identity: Theory and practice*. Symposium presented at the annual meeting of the Western Psychological Association, Phoenix, AZ.

**Erchull, M.J.**, Aiken, L.S., & West, S.G. (2002, August). *Hormone replacement therapy (HRT) decisions and post-decisional HRT outcomes.* Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

**Erchull, M.J.**, & Aiken, L.S. (2002, April). *Post-decisional processes following initial adoption of hormone replacement therapy.* Poster presented at the annual meeting of the Western Psychological Association, Irvine, CA.

Rubin, L., Denious, J., & **Erchull, M. J.** (2000, March). *Women and weight: Feminists’ experiences of body, beauty, and culture.* Structured discussion presented at the annual meeting of the Association for Women in Psychology, Salt Lake City, UT.

**Erchull, M.J.**, Chrisler, J.C., & Johnston-Robledo, I.K. (1999, June). *Fact or fiction: A content analysis of educational materials about menstruation.* Poster presented at the biennial meeting of the Society for Menstrual Cycle Research, Tucson, AZ.

**Erchull, M.J.** (1998, March). The life of a feminist undergraduate student. In *Finding our Feminist Voices.*  Panel discussion presented at the annual meeting of the Association for Women in Psychology, Baltimore, MD.

**Erchull, M.J.** (1997, October). An overview of feminist therapy. In J. Chrisler (Chair), *Current Issues in Feminist Therapy.* Symposium presented at the annual meeting of the New England Psychological Association, North Easton, MA.

**Erchull, M.J.** (1997, October). Publishing a student research journal. In D. Carmody (Chair), *Encouraging Excellence in Student Research.* Psi Chi workshop presented at the annual meeting of the New England Psychological Association, North Easton, MA.

##### **Workshop Presentations**

**Erchull, M.J.** (annually in Fall semester). *Preparing for the Psychology GRE*. Workshop led at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (annually in Fall semester). *Preparing your personal statement for graduate school applications*. Workshop led at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (annually in Fall semester). *Preparing your CV*. Workshop led at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (annually in Spring semester). *Tips and tricks for giving a conference presentation*. Workshop led at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (2011, November). *The show must go on: Identifying and mentoring potential leaders*. Workshop led at the annual Student Leadership Conference at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (2011, August). *Similarities, differences, & intersection: Community service learning as a text for psychology of women.* Session presented as part of the Teaching the Psychology of Women Workshop at the annual meeting of the American Psychological Association, Washington, DC.

**Erchull, M.J.** (2010, November). *Where do I find the time? Balancing leadership with everything else (including a personal life)*. Workshop led at the annual Student Leadership Conference at the University of Mary Washington, Fredericksburg, VA.

##### **Invited Presentations**

Liss, M., & **Erchull, M.J.** (2014, October). *Negotiating family life: Equality is hard to achieve*. Talk presented at Radford University, Radford, VA.

Liss, M., & **Erchull, M.J.** (2014, September). *Mindfulness: A psychological perspective*. Talk presented as part of Mindfulness Week at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (2014, August). Extending the classroom: Blogging in psychology of women. In *Teaching Psychology of Women: Using Technology to Enhance Student Learning*. Invited symposium invited presented at the annual meeting of the American Psychological Association, Washington, DC.

**Erchull, M.J.**  (2014, March). *Women in games and women who game: Stereotypes and realities*. Interactive talk presented as part of Mary Washingcon 2014 at the University of Mary Washington, Fredericksburg, VA.

**Erchull, M.J.** (2013, March). *Feminism, objectification, and sexualization: A complex relationship*. Talk presented as part of the Psychology Colloquium Series at Connecticut College, New London, CT.

**Erchull, M.J.** (2013, March). *Young women and feminist identity*. Structured discussion presented through the Women’s Center at Connecticut College, New London, CT.

Burns, S., **Erchull, M.J.**, Smith, R.A., & Zlokovich, M.S. (2011, May). *Publishing your research in a psychological journal: Tips for students*, A.Y. Wang (Chair). Invited symposium presented at the annual meeting of the Association for Psychological Science, Washington, DC.

***Interviews***

**Erchull, M.J.** (2014, April 26). A jealous kind of love [Radio broadcast episode]. In S. McConnell (host), *With Good Reason*. Charlottesville, VA: Virginia Higher Education Broadcasting Consortium. Downloadable from http://withgoodreasonradio.org/2014/04/jealousy/

##### **Professional Memberships**

American Psychological Association, Fellow

Division 1 (Society for General Psychology)

Division 2 (Society for the Teaching of Psychology)

Division 8 (Society for Personality and Social Psychology)

Division 35 (Society for the Psychology of Women)

Division 38 (Health Psychology)

Division 51 (Society for the Psychological Study of Men and Masculinity)

Association for Psychological Science, member

Association for Women in Psychology, member

Council on Undergraduate Research, member

National Women’s Studies Association, member

Society for Menstrual Cycle Research, member

Virginia Psychological Association, member

Virginia Academic and Applied Psychologists Academy, member

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