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EDUCATION

Ph.D. in Psychology, with an emphasis in Social Psychology
Additional emphasis in Quantitative Methods (advanced statistical training)
University of California, Santa Barbara, 2006

M.A. in Psychology, University of California, Santa Barbara, 2003

B.A. in Psychology, Minor in Biology, Santa Clara University, 1996

HONORS AND AWARDS

BCLA Faculty Research Award, Loyola Marymount University, Summer 2015

Academic Technology Grant, Loyola Marymount University, Fall 2009

Graduate Division Dissertation Fellowship, University of California, Santa Barbara, 2005-2006.

Outstanding Faculty Member Award, sponsored by the Residence Hall Association, University of California, Santa Barbara, 2005.

Honorable Mention for the Excellence in Teaching Award Competition, sponsored by the Graduate Student Association, University of California, Santa Barbara, 2005

Society for Personality and Social Psychology Graduate Student Poster Award, Annual Conference, New Orleans, LA, January 2004

Society for Personality and Social Psychology Student Travel Award, Annual Conference, Los Angeles, CA, February 2003

National Science Foundation Pre-doctoral Fellowship, University of California, Santa Barbara, 2001-2003; 2005

PROFESSIONAL EXPERIENCE/EMPLOYMENT

2012-present Associate Professor
Department of Psychology, Loyola Marymount University

2006-2012 Assistant Professor
Department of Psychology, Loyola Marymount University

2000-2006 Graduate Student Research Assistant. Advisor: Dr. Nancy Collins
Department of Psychology
University of California, Santa Barbara

- 1998-2000 High school biology and chemistry teacher
Archbishop Mitty High School
San Jose, California
- 1997-2000 Research Assistant to Dr. Thomas Plante
Department of Psychology
Santa Clara University
- 1997-1998 High school biology teacher
Louisville High School
Woodland Hills, California
- 1996-1998 Medical School Admissions Test (MCAT) Instructor
Kaplan Test Prep and Princeton Review
Palo Alto, CA and Los Angeles, CA

RESEARCH INTERESTS

The role of *the self* in close interpersonal relationships, in three main areas:

- Social perception processes in positive and negative interpersonal interactions
- The influence of social stressors, such as rejection, on health and well-being
- Social support processes, with a focus on support-seeking and caregiving

PUBLICATIONS

Ford, M. B. & Collins, N. L. (in press). Self-models and relationship threat: A test of risk regulation mechanisms. *Sage Open*.

Ford, M. B. & Collins, N. L. (2013). Self-esteem moderates the effects of daily rejection on health and wellbeing. *Self and Identity*, 12 (1), 16-38.

Ford, M. B., Burns, C. E., Mitch, N., & Gomez, M. M. (2012). The Effectiveness of Classroom Capture Technology. *Active Learning in Higher Education*, 13 (3), 191-201.

Collins N. L., **Ford, M. B.**, & Feeney, B. C. (2011). An attachment-theory perspective on social support in close relationships. In L. Horowitz & S. Strack (Eds.), *Handbook of interpersonal psychology: Theory, research, assessment, and therapeutic interventions* (pp. 209-232). Hoboken, NJ: John Wiley & Sons, Inc.

Collins, N. L. & **Ford, M.B.** (2010). Responding to the needs of others: The caregiving behavioral system in intimate relationships. *Journal of Social and Personal Relationships*, 27, 235-244.

Ford, M.B. & Collins N. L. (2010). Self-esteem moderates neuroendocrine and psychological responses to interpersonal rejection. *Journal of Personality and Social Psychology*, 98, 405-419.

- Collins, N. L., **Ford, M.B.**, Guichard, A.C., Kane, H.S., & Feeney, B.C. (2009). Responding to need in intimate relationships: Social support and caregiving processes in couples. In M. Mikulincer & P. R. Shaver (Eds.), *Prosocial motives, emotions, and behavior: The better angels of our nature* (pp. 367-389). Washington DC: American Psychological Association.
- Kane, H.S., Jaremka, L.M., Guichard, A.C., **Ford, M.B.**, Collins, N.L., Feeney, B.C. (2007). Feeling supported and feeling satisfied: How one's partner's attachment style predicts the other partner's relationship experiences. *Journal of Social and Personal Relationships*, 24, 535-555.
- Collins, N.L, **Ford, M.B.**, & Guichard, A. C. (2006). Working models of attachment and social construal processes in intimate relationships. *Personality and Social Psychology Bulletin*, 32, 201-219.
- Collins, N.L., Guichard, A.C., & **Ford, M.B.** (2006). Responding to need in intimate relationships: Normative processes and individual differences. In M. Mikulincer & G. Goodman (Eds.), *Dynamics of romantic love: Attachment, caregiving, and sex*. (pp. 149-189). New York: Guilford Press.
- Collins, N.L., Guichard A.C., **Ford, M.B.**, & Feeney B.C. (2004). Working models of attachment: New developments and emerging themes. In W.S. Rholes & J.A. Simpson (Eds.), *Adult Attachment: Theory, Research and Clinical Implications* (pp. 196-239). New York: Guilford.
- Plante, T.G., Coscarelli, L., & **Ford, M.B.** (2001). Does exercising with another enhance the stress reducing benefits of exercise? *International Journal of Stress Management*, 3, 201-213.
- Plante, T.G., & **Ford, M.B.** (2000). The association between cardiovascular stress responsivity and perceived stress among subjects with irritable bowel syndrome and temporomandibular joint disorder: A preliminary analysis. *International Journal of Stress Management*, 2, 103-119.

MANUSCRIPTS IN PREPARATION

- Ford, M.B.**, Collins, N.L., & Guichard, A.C. Responding to need: Cognitive, affective, and behavioral responses to a partner in need.
- Ford, M. B.** Mindfulness as a buffer against negative psychological and physiological responses to rejection.
- Ford, M.B.** The role of self-esteem in dysregulated cognitive and emotional responses to relationship events.
- Kane, H.S., Collins, N.L., Guichard, A.C., & **Ford, M.B.** Attachment style differences in support-seeking behavior and motivations.
- Collins, N.L., Kane, H.S., Guichard, A.C., & **Ford, M.B.** Will you be there when I need you? Perceived partner responsiveness regulates support seeking behavior and motives in couples.

CONFERENCE PRESENTATIONS

- Ford, M. B. & Urbina, V.** (2015, April) *Using mindfulness meditation to promote resilience for those with low self-esteem.* Talk presented at the International Federation of Catholic Universities, Psychology Conference, Los Angeles, CA.
- Ford, M. B.** (2015, February) *Using mindfulness meditation to promote resilience for those with low self-esteem.* Poster presented at the Society for Personality and Social Psychology Annual conference, Long Beach, CA.
- Ford, M. B.,** Collins, N. L., Guichard, A. C., Kane, H. S., & Jaremka, L. M. (2014, February). *Responding to partner need: The intersection of the attachment and caregiving behavioral systems.* Poster presented at the Society for Personality and Social Psychology Annual conference, Austin, TX.
- Ford, M. B.** (2012, July). *Self-esteem moderates the effects of daily rejection on health and wellbeing.* Talk presented at the International Association for Relationship Research Annual conference, Chicago, IL.
- Ford, M. B.** (2012, January). *Beyond buffering: Positive self-models lead to boosting in response to relationship threat.* Poster presented at the Society for Personality and Social Psychology Annual conference, San Diego, CA.
- Metz, M. A., Collins, N. L., Guichard, A. C., **Ford, M. B.** (2012, January). *Mediators of gender differences in support provision in couples.* Poster presented at the Society for Personality and Social Psychology Annual conference, San Diego, CA.
- Ford, M. B.** (2011, January). *Self-esteem, rumination, and emotional regulation in response to relationship events.* Poster presented at the Society for Personality and Social Psychology Annual conference, San Antonio, TX.
- Ford, M. B.** (2010, January). *Individual differences in health-related behavioral regulation following rejection.* Talk presented at the Society for Personality and Social Psychology Annual Conference, Las Vegas, NV.
- Ford, M. B.** (2009, September). *Benefits of using lecture capture technology in a general psychology class.* Poster presented at the Scholarship of Teaching and Learning Showcase, Loyola Marymount University, CA.
- Ford, M. B.,** & Collins, N. L. (2009, May). *Self-esteem as a moderator of the link between social threat and health/wellbeing.* Poster presented at the Association for Psychology Science Annual Conference, San Francisco, CA.
- Ford, M. B.** (2008, May). *Social rejection and cortisol reactivity: The moderating role of self-esteem.* Talk presented at the Association for Psychology Science Annual Conference, Chicago, IL.

- Ford, M. B.** & Collins, N. L. (2007, January). *Self-esteem as a moderator of the relationship between social threat and health and wellbeing*. Poster presented at the Society for Personality and Social Psychology Annual Conference, Memphis, TN.
- Collins, N. L., Kane, H. S., Guichard, A. C., **Ford, M. B.**, & Jaremka, L. M. (2007, January). *Will you be there when I need you? Perceived partner responsiveness shapes support seeking behavior, support expectations and perceptions of support received*. Poster presented at the Society for Personality and Social Psychology Annual Conference, Memphis, TN.
- Ford, M.B.**, Collins, N.L. (2006, January). *Self-esteem and vulnerability to harmful physiological responses following rejection*. Poster presented at the Society for Personality and Social Psychology Conference, Palm Springs, CA.
- Ford, M.B.**, Collins, N.L. (2005, May). *The interactive effects of self-esteem and rejection on cortisol reactivity*. Poster presented at the American Psychological Society Conference, Los Angeles, CA.
- Guichard, A.C., **Ford, M.B.**, Kane, H.S., & Collins, N.L. (2005, May). *The influence of social support and attachment style on task performance in married couples*. Poster presented at the American Psychological Society Conference, Los Angeles, CA.
- Ford, M.B.**, Collins, N.L. (2005, January). *The interactive effects of self-esteem and rejection on cortisol reactivity*. Poster presented at the Society for Personality and Social Psychology Conference, New Orleans, LA.
- Kane, H.S., **Ford, M.B.**, Guichard, A.C., Collins, N.L. (2004, July). *Attachment style differences in the desire for support and the perception of support during a stressful task*. Poster presented at the Society for Personality and Social Psychology Conference, New Orleans, LA.
- Ford, M.B.**, Guichard, A.C., Collins, N.L. (2004, July). *Attachment and social support*. Talk presented at the International Association for Relationship Research Conference, Madison, WI.
- Kane, H.S., **Ford, M.B.**, Guichard, A.C., Collins, N.L. (2004, July). *Attachment style differences in the desire for support and the perception of support during a stressful task*. Poster presented at International Association for Relationship Research Conference, Madison, WI.
- Guichard, A.C., **Ford, M.B.**, Feeney, B.C., & Collins, N.L. (2004, January). *Responding to need in intimate relationships: The role of interdependence*. Paper presented at Society of Personality and Social Psychology Conference, Austin, TX.
- Ford, M.B.**, Guichard, A.C., & Collins, N.L. (2003, February). *The effects of negative self models on social support provision in romantic relationships*. Poster presented at the Society for Personality and Social Psychology Conference, Los Angeles, CA.

Guichard, A.C., **Ford, M.B.**, & Collins, N.L. (2003, February). *Relational interdependence and the provision of social support in adult romantic relationships*. Poster presented at the Society for Personality and Social Psychology Conference, Los Angeles, CA.

Ford, M.B., Guichard, A.C., Collins, N.L. (2002, April). *The effects of positive self models on social support provision in romantic relationships*. Poster presented at the Positive Psychology Conference, Claremont, CA.

Guichard, A.C, **Ford, M.B.**, & Collins, N.L. (2002, February). *Attachment style differences in cognitive, emotional and behavioral responses to relationship events*. Poster presented at the Society for Personality and Social Psychology Conference, Savannah, GA.

SERVICE

University:

- Member of Institutional Review Board (September 2013-present)
- Member of Center for Ignatian Spirituality Advisory Board (September 2013 – present)
- Presented at CTE Teaching with Technology Day (January, 2014)
- Participated in panel on topic of *Tenure* for New Faculty Orientation program (April 2014)
- Invited research talk for Leavey IV residents at Loyola Marymount University (March, 2014)
- Member of Advisory Board for LMU Children’s Center (May 2011 – May 2013)
- Faculty reader for Quantitative Literacy Assessment conducted by the Office of Assessment (May 2012)
- Invited research talk for Junior Faculty Seminar at Loyola Marymount University (April, 2012)
- Invited talk on Healthy Relationships for the Greek System at Loyola Marymount University (March, 2012)
- Member of LMU Presidential and Trustee Scholar Selection Committee (Spring, 2011)
- Member of Service Committee at LMU Children’s Center (August 2010 – August 2012)
- Invited Talk on Teaching and Technology, LMU Center for Teaching Excellence (April 2010)
- Invited Panel Presentation on Teaching and Technology to LMU Board of Trustees (March, 2010)
- Poster Presentation on Teaching and Technology, SoTL Group (September, 2009)
- Panel Presentation for Office of Faculty Support (March, 2009)
- Invited Research Talk presented at the Junior Faculty Seminar at Loyola Marymount University (September, 2008)

- Invited Talk on Attachment Theory, LMU Children's Center (August, 2008)

College of Liberal Arts:

- Member of BCLA Academic Technology Committee (April 2013 – April 2014; Fall 2014- present)
- Worked with Department of Classics and Archaeology to create a four year assessment plan for their department (Summer, 2014)
- Member of *Bellarmino College of Liberal Arts* Academic Technology Committee (Fall, 2009)
- Member of Social Sciences Core Curriculum Committee (2008-2009)

Psychology Department:

- Member of Ad hoc committee for Implementation of the New Core (Fall 2012 – present)
- Member of Ad hoc committee for planning of International Federation of Catholic Universities Conference, Psychology Division (Fall 2012 – present)
- Member of Assessment Committee, Christmas Party, Preview Day, Open House & Careers in Psychology Information Night, LMU Psychology Department (2006-present)
- Interim co-director of the PEAP program (Spring 2014)
- Faculty Advisor to the Psychology Department Chair (Fall 2009)
- Speaker for LMU Psychology Department Research Colloquium (March 2009; March 2012)

Professional:

- Ad hoc reviewer
 - Active Learning in Higher Education
 - Cognition and Emotion
 - European Journal of Personality
 - Journal of Family Theory and Review
 - Journal of Personality and Social Psychology
 - Journal of Research in Personality
 - Journal of Social and Personal Relationships
 - Journal of Social and Clinical Psychology
 - National Science Foundation
 - Personality and Social Psychology Bulletin
 - Social and Personality Psychology Compass
 - Social Psychological and Personality Science
- Volunteer assessment data analyst for St Mark Elementary School (2012-2013)

- Volunteer assessment data analyst for Cowan Avenue Elementary School (2010-2011)
- SPSP Graduate Poster Award Competition Judge (January, 2006)

PROFESSIONAL MEMBERSHIPS

International Association for Relationship Research (IARR)

Social Psychology Network (SPN)

Society for Personality and Social Psychology (SPSP)

Revised 6/2015