

**CARMEN PULIDO, PH.D.**  
Fielding Graduate University  
Department of Clinical Psychology  
[cpulido@fielding.edu](mailto:cpulido@fielding.edu)

California Psychology License: PSY24207

**EDUCATION**

- 2008            Ph.D.    Clinical Psychology, Joint Doctoral Program in Clinical Psychology, San Diego State University and University of California San Diego; concentration in Neuropsychology.
- 2007            M.S.    Clinical Psychology, Joint Doctoral Program in Clinical Psychology, San Diego State University and University of California San Diego;
- 2002            B.S.    Psychology, University of California, San Diego

**RESEARCH INTEREST:**

My research is in objective cognitive measures of substance use involvement, treatment and outcomes. I use neuroimaging of substance cue reactivity with individuals with various substance use histories. I bridge the gap from research to clinical care, where I am interested in evidenced-based interventions for substance use disorders and comorbidities (e.g., PTSD). I use neuropsychological assessment to determine cognitive strengths for treatment planning to enhance the individuals' chances of success. I have ample experience teaching in my research laboratory, classrooms and clinical settings to psychology undergraduates, clinical psychology and medical school trainees.

**GRADUATE TEACHING:**

- 2017-Present    Ana Rita Pina-Trancoso  
FGU Clinical Psychology  
Dissertation Thesis Committee **Chair**  
The Relationship of Inner Speech Frequency to Burnout, and Engagement in Health Promoting Practices.
- 2017-Present    Christopher Sheppard, M.A.  
FGU Clinical Psychology  
Dissertation Thesis Committee **Chair**  
Predicting Use and Misuse among Recreational Cannabis Users.
- 2017-Present    Robert Heath Meeks, LCSW  
FGU Clinical Psychology  
Dissertation Thesis Committee **Member**

Functional Near Infrared Spectroscopic Hemoencephalography as a Brief Dorsolateral Prefrontal Cortex and Orbito-Frontal Cortex Measure of Psychopathy.

- 2016-Present    Julienne Shin  
FGU Clinical Psychology  
Dissertation Thesis Committee Member  
Do Culture, Gender, and Identity Influence Resiliency and PTSD in Asian Female Combat Veterans?
- 2016-Present    Althea A. Clark  
FGU Clinical Psychology  
Dissertation Thesis Committee Chair  
The Impact of Immigration and Acculturation on Stress Levels Among Filipino Immigrant Nurses Working in Emergency Rooms.
- 2014             Jennifer Winward, M.S.  
UCSD Psychology  
Dissertation Thesis Committee Member  
Elucidating How Heavy Substance Use Impacts Affect and Cognition of Adolescents.
- 2014             Rashmi D. Risbud  
SDSU  
Master's Thesis Committee Member  
Prenatal Alcohol Exposure as a Risk Factor for Increased Vulnerability of the Adolescent Brain to Alcohol-Induced Damage.
- 2012             Norma Castro  
SDSU  
Master's Thesis Committee Member  
The Role of the Insular Cortex in Chemosensory Responses to Ethanol.
- 2011             Lotte Berk  
Netherlands  
Co-supervised Master's Thesis for visiting student from the University of Amsterdam.  
Family History of Alcohol Use Disorders Moderates the Relationship between Alcohol Cue BOLD Response and Alcohol Expectancies among Adolescents.

#### **RESEARCH LABORATORY STUDENTS**

- 2016             Britney Sanders, FGU Clinical Psychology  
Sarah A. Adamson, FGU Clinical Psychology
- 2015             Natalie Steward, UCSD undergraduate
- 2014             Justine Ham, UCSD undergraduate  
Alex Baker, UCSD undergraduate  
Billal Jamili, UCSD undergraduate
- 2013             Joy Park, UCSD undergraduate  
Marian Hanna, UCSD undergraduate  
Dorian Koehring, UCSD undergraduate

- Justine Ham, UCSD undergraduate
- 2012      Dominic Baum, UCSD undergraduate  
Eric Ding, UCSD undergraduate  
Mercedes Diaz, Volunteer  
Caitlin M. Kim, UCSD undergraduate  
Amy Sweet, UCSD undergraduate  
Joy Park, UCSD undergraduate  
Aholibama Lopez, Volunteer
- 2011      Sara Salessi: UCSD undergraduate  
Kimberly Vityapron: UCSD undergraduate  
Dominic Baum, UCSD undergraduate  
Eric Ding, UCSD undergraduate  
Tony Abuyo, UCSD undergraduate  
Yunan Quinn, UCSD undergraduate  
Mercedes Diaz, Volunteer
- 2010      Laura Vergel De Dios: UCSD undergraduate  
Anjali Samant: UCSD undergraduate  
Aholibama Lopez: UCSD undergraduate  
Maritza Contreras: UCSD undergraduate  
Thanh Le: UCSD undergraduate  
Hanna Houk: UCSD undergraduate  
Amy Justine Lee: UCSD undergraduate

## PUBLICATIONS

### *Peer-Reviewed Data-Based Papers:*

1. Schweinsburg AD, Paulus MP, Barlett VC, Killeen LA, Caldwell LC, **Pulido C**, Brown SA, & Tapert SF (2004). An fMRI Study of Response Inhibition in Youths with a Family History of Alcoholism. *Annals of the New York Academy of Sciences*, 1021, 391-394. PMID: 15251915
2. Tapert SF, **Pulido C**, Paulus MP, Schuckit MA, & Burke C. (2004). Level of Response to Alcohol and Brain Response during Visual Working Memory. *Journal of Studies on Alcohol*, 65, 692-700. PMID: 15700505
3. Paulus MP, Tapert SF, **Pulido C**, & Schuckit MA (2006). Alcohol Attenuates Load-Related Activation during a Working Memory Task: Relation to Level of Response to Alcohol. *Alcoholism: Clinical and Experimental Research*, 30, 1363-1371. PMID: 16899039
4. **Pulido C**, Mok A, Brown SA, & Tapert SF (2008). Heavy Drinking Relates to Positive Valence Ratings of Alcohol Cues. *Addiction Biology*, 14, 65-72. PMID: 18855802
5. Armel KC, **Pulido C**, Wixted JT, Chiba AA (2009). The Smart Gut: Tracking Affective Associative Learning with Measures of "Liking," Facial Electromyography, and Preferential Looking. *Learning and Motivation*, 40, 74-93.
6. **Pulido C**, Anderson KG, Armstead AG, Brown SA, & Tapert ST (2009). Family History of Alcohol Use Disorders and Spatial Working Memory: Effects on Adolescent Alcohol Expectancies. *Journal of Studies on Alcohol and Drugs*, 70, 87-91. PMID: 19118396

7. **Pulido C**, Brown SA, Cummins K, & Tapert SF (2010). Alcohol Cue Reactivity Task Development. *Addictive Behaviors*, 35, 84-90. PMID: 19800172
8. Squeglia LM, Schweinsburg A, **Pulido C**, & Tapert SF (2011). Adolescent binge drinking linked to abnormal spatial working memory brain activation: Differential gender effects. *Alcoholism: Clinical and Experimental Research*, 35, 1831-41. PMID: 21762178
9. Norman AL, **Pulido C**, Squeglia LM, Spadoni AD, Paulus MP, & Tapert SF (2011). Neural activation during inhibition predicts initiation of substance use in adolescence. *Drug and Alcohol Dependence*, 119, 216-23. PMID: 21782354
10. Squeglia LM, Sorg SF, Dager Schweinsburg A, Wetherill RR, **Pulido C**, & Tapert SF (2011). Binge drinking differentially affects adolescent male and female brain morphometry. *Psychopharmacology*, 220, 529-39. PMID: 21952669
11. Wetherill RR, Bava S, Thompson WK, Boucquey V, **Pulido C**, Yang TT, & Tapert SF (2012). Frontoparietal Connectivity in Substance-naïve Youth with and without a Family History of Alcoholism. *Brain Research*, 1432, 66-73. PMID: 22138427.
12. Squeglia LM, **Pulido C**, Wetherill RR, Jacobus J, Brown GG, & Tapert SF (2012). Brain response to working memory over three years of adolescence: Influence of initiating heavy drinking. *Journal of Studies on Alcohol and Drugs*, 73, 749-760. PMID: 22846239
13. Dager A, Anderson B, Stevens M, **Pulido C**, Rosen R, Jiantonio-Kelly R, Sisante J, Raskin S, Tennen H, Austad C, Wood R, Fallahi C, & Pearlson G (2013). Influence of Alcohol Use and Family History of Alcoholism on Neural Response to Alcohol Cues in College Drinkers. *Alcoholism: Clinical and Experimental Research*, 37, 161-71. PMID: 23078363
14. Beltz AM, Gates KM, Engels AS, Molenaar PCM, **Pulido C**, Turrisi R, Berenbaum SA, Gilmore RO, & Wilson SJ (2013). Changes in Alcohol-related Brain Networks Across the First Year of College: A prospective pilot Study using fMRI Effective Connectivity Mapping. *Addictive Behaviors*, 38, 2052-9. PMID: 23395930
15. Berger R, **Pulido C**, Lacro J, Groban S, Robinson S (2014). Group Medication Management for Buprenorphine/Naloxone in Opioid Dependent Veterans. *Journal of Addiction Medicine*, 8, 415-420. PMID: 25275275
16. Brumback, T., Squeglia, L. M., Jacobus, J., **Pulido, C.**, Tapert, S. F., Brown, S. A. (2015). Adolescent Heavy Drinkers' Amplified Brain Responses to Alcohol Cues Decreases Over One Month of Abstinence. *Addictive Behaviors*, 46, 45-52. PMID: 2579 6007

**Book Chapters:**

1. Tapert, S.F., **Pulido, C.**, & Spadoni, A. (2007). Substanzgebrauch und Gehirnfunktion bei Jugendlichen (*Substance use and brain function of adolescents*). In K Mann (Ed.), Jugendliche und Suchtmittelkonsum: Trends, Grundlage, Mannahmen (*Youth and Drugs: Trends, Basics, Policies*). Lambertus Verlag: Freiburg, Germany.

### Academic Service Presentations

- 2003 Research Environment and the Role of Research in Future Professional Activities. NIH Sponsored Presentation to Undergraduate Transfer Students from Local Community Colleges. **School of Medicine**, University of California, San Diego, CA.
- 2004 How to Determine What Graduate Programs to Pursue. Presentation to participants of Students Access to Science. University of California San Diego, Office of Graduate Studies and Research. **California State University, Long Beach, CA.**
- 2004 How to Succeed in Graduate School: Courses, Research, Writing, and Personal Affairs. Presentation to participants of the McNair and Career Opportunities programs, University of California San Diego, Office of Graduate Studies and Research. **California State University, Long Beach, CA.**
- 2008 DSM-IV Overview. Presentation to research staff and post-doctoral participants of the Youth-At-Risk study. **Psychiatry Department**. University of California, San Diego, CA.
- 2010 Addictions Research Methodology: Presentation to undergraduate students enrolled in Addictions Seminar, **Psychology**, University of California, San Diego, CA.
- 2011 Clinical Neuropsychology and Psychological Assessment: Presentation to undergraduate students enrolled in Clinical Psychology, **Psychology**, University of California, San Diego, CA.
- 2012 Alcohol Cue Reactivity Research Overview. Presentation to applicants to the **UCSD/SDSU** Joint Doctoral program in Clinical Psychology. Veterans Administration Healthcare System, San Diego.
- 2012 The Effect of Substances in the Adolescent Brain. Psychiatry Grand Rounds **Rady's Children's Hospital**. San Diego, CA.
- 2012 **Alcohol and Drug Treatment/** Substance Abuse and Mental Illness Seminar presentation on Alcohol and Cannabis Effects on Cognition. Veterans Administration Healthcare System, San Diego.
- 2013 Cognitive Effects of Alcohol and Cannabis During the Adolescence. Psychiatry Grand Rounds **Rady's Children's Hospital**. San Diego, CA.
- 2013 Dealing with Adolescent Substance Use. Invited Speaker to the **UCSD Mother-Child-Adolescent Program-Parent Advisory Board**. San Diego, CA.
- 2014 Adolescent Substance Treatment. Invited Speaker at **UCSD Summer Clinical Institute** in Addiction Studies. San Diego CA.
- 2014 Adolescent Substance Use Rates, Neurocognitive Effects and Interventions. Invited Spanish-Speaker to **Institute of the Americas**, UCSD. San Diego CA.
- 2015 **UCSD Career Center** Mental Health Panel. Invited panelist on career education, training, and practical information for undergraduate students considering careers in health sciences.
- 2015 Adolescence Substance Use, Cognitive Effects, and Assessment. Psychiatry Grand Rounds **Rady's Children's Hospital**. San Diego, CA.
- 2015 Substance Treatment. Invited Speaker at **UCSD Summer Clinical Institute** in Addiction Studies. San Diego CA.
- 2015 Adolescent Cannabis and Alcohol Use Rates, Effects and Interventions. Invited Spanish-Speaker to **Institute of the Americas**, UCSD. San Diego CA.

- 2016 Cognitive Processing Therapy for Post-Traumatic Stress Disorder. Two-Day Seminar at **FGU Winter Session**. Santa Barbara, CA.
- 2016 Relapse Prevention for Substance Use Disorders. One-Day Seminar at **FGU Winter Session**. Santa Barbara, CA.
- 2016 Motivational Interviewing for Substance Use Disorders. One-Day Seminar at **FGU Summer Session**. Chicago, Ill.
- 2016 Dialectical Behavioral Therapy. Two-Day Seminar at **FGU Summer Session**. Chicago, Ill.
- 2017 Motivational Interviewing and CBT for Substance Use Disorders. Two-Day Seminar at **FGU Winter Session**. Santa Barbara, CA.

## **COURSES TAUGHT**

### FGU Clinical Psychology

PSY 770: Physiological Basis of Behavior is a course that consists of examining the neural and hormonal basis of behavior.

PSY 747: Cognitive Behavior Theory and Therapy is a course that covers cognitive and behavioral theories and therapies. The material gives an overview of the theory and principles of CBT and trainees learn how these principles apply to the intervention of psychological disorders.

PSY 715A: Psychometric Theory provides an overview on test construction theory, assessments ethics, and responsibilities. This course requires students to prepare 12 short papers and provide an oral presentation on a related topic.

PSY 632 B2: Internship Qualifying Exam: Part 2 consist of demonstration of skills for conducting a case conceptualization using Cognitive Behavioral Theory, including treatment planning and intervention, while addressing multicultural/diversity and ethical issues. Trainees submit a recorded session and transcription.

PSY 629B1: Seminar in Cognitive Behavioral Theory provides guidance, structure, and feedback on case conceptualization and presentation. Students learn about the information components needed for an adequate case conceptualization including medical conditions, medications, and psychosocial history among others.

### UCSD Psychology

PSY 107 is an Addictions Seminar with approximately 20 undergraduate college students. The course consists of a 100-hour internship in a clinical laboratory and a weekly meeting to discuss professional conduct, clinical emergencies, and various research topics. The course culminates with Final Paper written in APA format that fulfills the Psychology Department's writing requirement.

PSY 124 Clinical Psychology course is for 70-120 undergraduate college students and consists of review of the history and purpose of the DSM-V, major clinical and personality disorders, clinical and neuropsychological testing, and evidenced-based treatments.

## AWARDS

- 6/1/2001 - 8/31/2002 University of California San Diego Science Program, funded by the National Science Foundation through the California Louis Stokes Alliance for Minority Participation in the Sciences, Engineering and Mathematics.
- 9/1/2002 - 6/30/2003 National Institute of Health Scholars Program, funded by the Initiative for Minority Student Development (IMSD).
- 2004 Travel Award to attend the 12<sup>th</sup> Congress of the International Society for the Biomedical Research on Alcoholism (ISBRA), National Institute on Alcohol Abuse and Alcoholism.
- 2010 Junior Investigator Travel Award to attend the 33<sup>rd</sup> Annual Scientific Meeting of the Research Society on Alcoholism.
- 2010 NIAAA & NIDA Sponsored Travel Award to attend the 118<sup>th</sup> Annual Congress of the American Psychological Association.
- 2010 APA Division 50 Early Career Presentation Award.
- 2012 NIH Sponsored Travel Award to attend and present at the International Society for Biomedical Research on Alcoholism, Sapporo Japan.
- 2011-2012 Champion of Diversity, UCSD Department of Psychiatry.
- 2012 VASDHS Employee Excellence Award.
- 7/1/2009 - 2014 National Institute on Alcohol Abuse and Alcoholism Loan Repayment Program award.
- 2013 Travel Award to attend the Association of American Medical Colleges (AAMC) 2013 Minority Faculty Career Development Seminar in New Orleans, LA.

## JOURNAL REVIEWING

*Alcoholism: Clinical and Experimental Research*

*Neuropsychology*

*Journal on Studies of Alcohol and Drugs*

*Neuropsychology Review*

*Addictive Behaviors*

*Biological Psychiatry*

*Cerebral Cortex*

*NeuroImage*

*Journal of Health Psychology*

Ad-hoc co-reviewer for *American Journal of Psychiatry*

Ad-hoc co-reviewer for *Alcohol and Alcoholism*

Ad-hoc co-reviewer for *Psychology of Addictive Behaviors*

## SERVICE

2017-Present FGU **Recruitment, Retention, and Development** Committee, member

2015-2017 FGU **Research** Committee, member

2013-2016 UCSD Psychiatry Chair's Advisory Committee for **Diversity Issues**, member

- 2015 VA Clinical Psychology Post-Doctoral Mentorship Program on **Diversity**
- 2014-2015 National Consultant for the VA Evidence Based Therapy for Substance Use Disorders
- 2012-2015 SDVAHS Department of Psychology, **Diversity subcommittee chair**
- 2010-2014 NIH LRP Ambassador
- 2010-2014 UCSD Crises Intervention Program Staff
- 2013-2014 UCSD Marshall College Mentor
- 2013-2014 SDSU Aztec Mentor

### **MEDIA APPEARANCES**

- 2015 **Univision Television.** Taped interview on the Cognitive Effects of Cannabis and Potential Results from Legalization on Use Rates. San Diego, CA.
- 2015 **KPBS Radio Live** interview on the effects of Moving Cannabis out of Schedule I, in light of ongoing legalization hearings in California. San Diego, CA.
- 2014 KUSI **Television Live** interview on Substance Treatment versus Punishment of Adolescent Substance Users. San Diego, CA.
- 2014 KUSI **Television Live** interview on How to Protect our Children from Sexual Predators. San Diego, CA.
- 2014 Marijuana Key Leadership Podium Presentation and **Univision Television** interview in Spanish on The Negative Effects of Cannabis for Adolescents.
- 2013 KUSI **Television Live** interview on the Effects of Cannabis on the Adolescent Brain and Cognition. San Diego, CA.
- 2013 **KPBS Radio Live** interview on the effects of Cannabis on the Adolescent Brain and Cognition and the importance of Education and Prevention in light Legalization In California. San Diego, CA.
- 2013 **KPBS Television** Taped interview on state of research at UCSD on Cannabis Effects on the Adolescent Brain and Cognition. San Diego, CA.
- 2010 Parents Communication Can Influence Teen Drinking. Video news release for **KeepComingBack.org**. San Diego, CA.
- 2010 The Effect of Alcohol in the Developing Adolescent Brain. Interview for **Good Housekeeping** magazine.
- 2004 How Parents' Drinking Choices Can Influence Teen Drinking. Video news release in English and Spanish for **Ad Council and Mothers Against Drunk Driving**. VA San Diego Healthcare System, San Diego, CA.

### **OTHER SKILLS**

Fluent in written and spoken Spanish. Experienced presenting research and providing psychological services, including neuropsychological testing, in Spanish.

### **COURSES/CLINICAL TRAINING:**

- 2008 Functional Magnetic Resonance Imaging in Cognitive Neuroscience: Foundations
- 2009 Functional Magnetic Resonance Imaging in Cognitive Neuroscience: Design and Analysis



- 2009 Ethics and Survival Skills
- 2010 Center for fMRI Safety Training
- 2011 Clinical Supervision
- 2012 Telemental Health Suicide Prevention and Emergency Care
- 2012 Telemental Health Operational Manual: Video Conferencing
- 2012 Cognitive Processing therapy for Post-Traumatic Stress Disorder—group format
- 2012 Cognitive Processing therapy for Post-Traumatic Stress Disorder —individual format
- 2013 Motivational Interviewing and Motivational Enhancement Therapy (3.5-Days Training in Veterans Administration Salk Lake City Training Center)
- 2014 Cognitive Processing therapy for Post-Traumatic Stress Disorder —group format refresher
- 2014 Cognitive Processing therapy for Post-Traumatic Stress Disorder—individual format refresher
- 2014 Cognitive Behavioral Therapy for Substance Use—individual format (2.5-Days Training in Orlando, FL; Role: Consultant)
- 2015 Cognitive Behavioral Therapy for Substance Use—individual format (2.5-Days Training in Newport, RI; Role Consultant)
- 2015 Consultant’s Training: Cognitive Behavioral Therapy for Substance Use (1.5-Days Training in Veterans Administration Lakewood Colorado Training Center)
- 2015 Face-to-Face Clinical Supervision Training
- 2016 Fielding Faculty Multicultural and Diversity Experiential Training-group format
- 2017 Fielding Faculty Training Committee Member: Multicultural and Diversity Experiential Training-group format