

# CURRICULUM VITAE

BRENDA H. LEE

## BIOGRAPHICAL INFORMATION

### Office Address

Department of Psychology  
University of New Brunswick  
PO Box 4400, Fredericton, NB, E3B 5A3  
Phone: (506) 999-3163  
Fax: (506) 447-3063  
Email: [brenda.lee@unb.ca](mailto:brenda.lee@unb.ca)

### Languages

English, Mandarin Chinese (spoken)

### Education

2011-present	M.A./Ph.D.	Clinical Psychology*, University of New Brunswick, Fredericton, N.B. *CPA Full Accreditation Dissertation (forthcoming): <i>Efforts to Maintain Monogamy in Committed Romantic Relationships</i> . Supervisor: L. O'Sullivan, Ph.D. MA/Ph.D. Apprenticeship: <i>The Ex-Factor: Characteristics of Online and Offline Post-Relationship Contact and Tracking Among Canadian Emerging Adults</i> . Supervisor: L. O'Sullivan, Ph.D.
2006-2011	B.A.	Psychology, University of British Columbia, Vancouver, B.C. Thesis: <i>Identifying High Profile Moral Heroes</i> . Supervisors: J. Frimer, Ph.D., L. Walker, Ph.D.
2006		Commerce, Sauder School of Business at the University of British Columbia, Vancouver, B.C.

### Honours and Awards

2016-2017	\$4,000	Department of Psychology Discretionary Award, University of New Brunswick
2016	\$1,000	Snodgrass Graduate Research Proposal Award, UNB
2015-2016	\$2,088	President's Doctoral Tuition Award, UNB
2012-2015	\$35,000	Joseph-Armand Bombardier Canada Graduate Scholarships - Doctoral scholarship, Social Sciences and Humanities Research Council
2011-2012	\$17,500	Joseph-Armand Bombardier Canada Graduate Scholarships - Master's scholarship, Social Sciences and Humanities Research Council
2011-2012	\$3,000	Magee-Third Century Postgraduate Merit Award, UNB
2010-2011	\$3,000	Arts Undergraduate Research Award, University of British Columbia
2006-2007	\$2,000	President's Entrance Scholarship, UBC
2006-2007	\$1,000	British Columbia Government Scholarship, UBC

## CLINICAL ACTIVITIES

### Clinical Interests

Integrative assessments, motivational communication, Acceptance and Commitment Therapy.

**Clinical Placements**

01/2016-ongoing	<p><i>Program Sanctioned Clinical Experience</i>, Psychological Wellness Centre, University of New Brunswick, Fredericton, N.B.</p> <p><i>Activities:</i> Supervision of junior clinical graduate students in psychoeducational assessments; guided supervisees in case conceptualization; reviewed written reports, administration, and scoring of standardized assessment measures; co-conducted intake interviews with child, adolescent, and adult clients with their families; conducted integrative assessment for a pre-school client with suspected developmental delays; provided assessment feedback to client and family.</p> <p><i>Supervisor:</i> J. Craven, Ph.D., L. Psych.</p>
10/2015-ongoing	<p><i>Program Sanctioned Clinical Experience</i>, Cartwright and Associates, Fredericton, N.B.</p> <p><i>Activities:</i> Conducted psychoeducational assessments for school-aged clients with diagnosed or suspected learning and autism spectrum disorders; wrote integrative psychoeducational and diagnostic reports; provided parental and child feedback; conducted social skills training and supportive psychotherapy for school-aged client with ASD; consulted with school staff; observed clients in school setting.</p> <p><i>Supervisor:</i> H. Cartwright, Ph.D., L. Psych.</p>
11/2015-04/2016	<p><i>Program Sanctioned Clinical Experience</i>, Student Counselling Services, University of New Brunswick, Fredericton, N.B.</p> <p><i>Activities:</i> Conducted brief, solution-based drop-in therapy with university student clients; conducted brief assessments for suicidality, anxiety, and depression; conducted crisis intervention and safety planning; redirected clients to appropriate services; recommended appropriate academic accommodations; wrote progress notes; consulted with university staff and supervising therapists.</p> <p><i>Supervisor:</i> R. Fuller, Ph.D., L. Psych.</p>
05/2015-08/2015	<p><i>Advance Practicum in Clinical Psychology</i>, Community Mental Health, IWK Health Centre, Halifax, N.S.</p> <p><i>Activities:</i> Conducted initial 'choice' appointments with school-aged and adolescent clients and their parents to divert into applicable services; conducted brief treatments regarding time management, emotional regulation, anxiety, and depression; completed psychoeducational assessments; wrote integrative reports; wrote progress notes; consulted with interdisciplinary team members regarding complex cases.</p> <p><i>Primary Supervisor:</i> S. McAfee, Ph.D., R. Psych</p>
01/2015-04/2015	<p><i>Program Sanctioned Clinical Experience</i>, Psychological Wellness Centre, University of New Brunswick, Fredericton, N.B.</p> <p><i>Activities:</i> Conducted intake interviews with school-aged and adolescent clients and their parents; administered, scored, and interpreted diagnostic and emotional/behavioural standardized measures; conducted brief treatments for anger management, anxiety, social skills training, and parent behaviour training; wrote intake, brief assessment, and treatment summary reports; consulted with teachers, guidance counselors, neuropsychologists, and other professionals in assessment and treatment process; provided client and parental feedback; made referrals to appropriate services at termination.</p> <p><i>Supervisor:</i> J. Craven, Ph.D., L. Psych.</p>
09/2014-12/2014	<p><i>Practicum in Child and Adolescent Clinical Psychology</i>, Preschool Autism Team and Preschool Pediatric Psychology Service, IWK Health Centre, Halifax, N.S.</p>

*Activities:* Conducted structured diagnostic interviews for autism spectrum disorders in preschool children; administered, scored, and interpreted psychoeducational, psychodiagnostic, cognitive, emotional/behavioural, and adaptive assessments; wrote integrative psychoeducational and autism diagnostic reports; consulted with pediatricians, early interventionists, and other professionals in assessment process; provided parental feedback; provided parent consultation sessions; co-facilitated Parent Behavioural Management group.

05/2013-08/2013

*Supervisors:* M. Vanier, Ph.D., R. Psych., & E. Brady, Ph.D., R. Psych.  
*Practicum in Adult Clinical Psychology*, Stan Cassidy Centre for Rehabilitation, Fredericton, N.B.

*Activities:* Conducted neuropsychological assessments for adolescent and adult clients; conducted intake interviews, bedside screening, neuropsychological, psychoeducational, personality, and psychological assessments; scored and interpreted assessments; wrote integrative neuropsychological reports; wrote progress notes; collaborated with multidisciplinary team to provide inpatient and outpatient care; provided client feedback; consulted with family members and other agents; attended teleconference clinical presentations.

*Supervisors:* J. Savoie, Ph.D., L. Psych., & S. Morehouse, Ph.D., L. Psych.

### Clinically Relevant Courses

01/2013-04/2013

*Clinical Seminar in Sex Therapy*, University of New Brunswick, Fredericton, N.B.

*Instructor:* E. S. Byers, Ph.D., L. Psych.

### Clinical Workshops Attended

2016, November 17 & 18.

*ACT with Children and Families.* Workshop conducted at IWK Health Centre by Lisa Coyne, Ph.D., McLean Hospital and Harvard Medical School.

2016, October 21.

*Working with Clients Who Have Sexual Concerns.* Workshop conducted at UNB Fredericton by E. Sandra Byers, Ph.D., L. Psych.

2016, July 8.

*Preventing Compassion Fatigue: Honoring Thyself.* Webinar provided online by Santa Molina-Marshall, LICSW, SEP., National Resource Center on Domestic Violence.

2016, April 15.

*Program Evaluation: A Working How-to Primer.* Workshop conducted at UNB Fredericton by E. Sandra Byers, Ph.D., L. Psych. and Mary Ann Campbell, Ph.D., L. Psych.

2016, February 12.

*Emotion Regulation.* Workshop conducted at UNB Fredericton by Meghan Richards, Ph.D., L. Psych., Horizon Health.

2015, November 16.

*Stigma 101 Workshop.* Workshop conducted at the Charlotte Street Arts Centre by Rachel MacLean, Canadian Public Health Association.

2015, October 30.

*Learning Disabilities Workshop.* Workshop conducted at IWK Health Centre by Marcia Barnes, Ph.D., C. Psych., University of Texas at Austin.

2015, September 25.

*Acceptance and Commitment Therapy.* Workshop conducted at UNB Fredericton by Lisa Coyne, Ph.D., McLean Hospital and Harvard Medical School.

2014, November 17.

*Evidence-Based Practice in Psychology.* Workshop conducted at UNB Fredericton by John Hunsley, Ph.D., R. Psych., University of Ottawa.

2014, October 15-16.

*Motivational Communications.* Workshop conducted at IWK Health Centre by Michael Vallis, Ph.D., R. Psych., IWK Health Centre.

- 2014, September 5. *Psychopharmaceutical Treatments for Children and Adolescents*. Workshop conducted at IWK Health Centre, Halifax, by Alexa Bagnell, M.D., IWK Health Centre.
- 2014, April 11. *Trauma Focused Cognitive Behavioural Therapy for Children*. Workshop conducted at UNB Fredericton by Vicky Wolfe, Ph.D., C. Psych., IWK Health Centre.
- 2013, November 15. *Emotionally Focused Therapy (EFT) for Couples: Stages and Steps*. Workshop conducted at UNB Fredericton by Paul Greenman, Ph.D., C. Psych., Université du Quebec en Outaouais.
- 2013, February 22. *Suicide prevention*. Workshop conducted at UNB Fredericton by Sheila MacNeil, PhD.
- 2013, February 8. *Psychotropic medications*. Workshop conducted at UNB Fredericton by Manoj Bhargava, M.D., St. Thomas University.
- 2012, September 18. *Cognitive and Behavioural Interventions for Pain Management: Emphasis on Older Adults*. Workshop conducted at UNB Fredericton by Thomas Hadjistavropoulos, Ph.D., University of Regina.
- 2012, March 23. *An Introduction to Dialectical Behavior Therapy (DBT)*. Workshop conducted at UNB Fredericton by Wendy Rogers, Ph.D., Operational Trauma & Stress Support Centre, Canadian Forces Base Gagetown, New Brunswick.
- 2012, January 27. *An Introduction to Mindfulness-Based Cognitive Therapy (MBCT) for Mood Disorders*. Workshop conducted at UNB Fredericton by Peter Bieling, Ph.D., St. Joseph's Healthcare, Hamilton, Ontario.

## RESEARCH ACTIVITIES

### Research Interests

Intimate relationships; relationship dissolution; cross-sex relationships; human sexuality.

### Peer-Reviewed Publications

#### *Published*

- Belu, C. F., **Lee, B. H.**, & O'Sullivan, L. F. (2016). It hurts to let you go: Characteristics of romantic relationships, breakups and the aftermath among emerging adults. *Journal of Relationships Research*, 7. <http://doi.org/10.1017/jrr.2016.11>
- Lee, B. H.**, & O'Sullivan, L. F. (2014). The ex-factor: Characteristics of online and offline post-relationship contact and tracking among Canadian emerging adults. *Canadian Journal Of Human Sexuality*, 23(2), 96-105. doi:10.3138/cjhs.2415
- Frimer, J.A., Walker, L.J., Dunlop, W.L., **Lee, B.H.**, and Riches, A. (2011). The integration of agency and communion in moral personality. *Journal of Personality and Social Psychology*, 101, 149-163.
- Frimer, J.A., Walker, L.J., **Lee, B.H.**, Riches, A., and Dunlop, W.L. (2012). Hierarchical integration of agency and communion: A study of influential moral figures. *Journal of Personality*, 80, 1117-1145.

### Presentations

#### *Refereed Presentations*

- Lee, B. H.** & O'Sullivan, L. F. (2013, October). *Tainted love: Characteristics of pursuit after relationship breakups in Canadian emerging adults (Part B)*. Poster presentation given at the Canadian Sex Research Forum, Charlottetown, P.E.I.
- Lee, B. H.**, O'Sullivan, L. F., & Gibbings, J. C. (2012, September). *Which Family Life Variables Prove Most Useful for Predicting Adolescents' First Oral Sex Experiences?* Oral presentation given at the Canadian Sex Research Forum, Ottawa, ON.

#### *Non-Refereed Presentations*

- Lee, B. H.** & O'Sullivan, L. F. (2013, April). *Tainted love: Characteristics of pursuit after relationship*

*breakups in Canadian emerging adults (Part A)*. PowerPoint presentation given at the Graduate Research Conference, Fredericton, NB.

**Lee, B. H.** (2013, February). *Getting it on(line): Online dating and related issues*. PowerPoint presentation given as part of the Technically Sex series at UNB Sexuality Awareness Week, Fredericton, NB.

**Lee, B. H.,** Frimer, J. A., & Walker, L. J. (2010, April). *Identifying High Profile Moral Heroes*. PowerPoint presentation given at the 12th Annual Psychology Undergraduate Conference, Vancouver, BC.

**Lee, B. H.,** Frimer, J. A., & Walker, L. J. (2009, April). *Implicit Values of Caring Exemplars*. Poster session presented at the 11th Annual Psychology Undergraduate Conference, Vancouver, BC.

## Research Apprenticeships

2015-present

*Ph.D. Dissertation* (In progress)

2012-2014

*Ph.D. Research Apprenticeship*

*Efforts to Maintain Monogamy in Committed Romantic Relationships.*

*Supervisor:* L. O'Sullivan, Ph.D.

*Characteristics of Pursuit After Relationship Breakups in Canadian Emerging Adults.*

*Activities:* Conducted literature review, created online survey, recruited participants nationwide, analyzed data, presented findings at research conference, submitted manuscript to peer-reviewed journal.

*Supervisor:* L. O'Sullivan, Ph.D.

2011-2012

*M.A. Research Apprenticeship*

*Prevalence and Characteristics of Stalking and Cyberstalking among Canadian Young Adults.*

*Activities:* Conducted literature review; created a behavioural scale by compiling existing research and consulting experts in relationship research; designed a program of study; consulted with research group; drafted proposal; presented proposal.

*Supervisor:* L. O'Sullivan, Ph.D.

2009-2010

*Directed Studies in Psychology*

*Identifying High Profile Moral Heroes.*

*Activities:* Coded participant responses, interviews and speeches; presented findings at research conferences.

*Supervisors:* J. Frimer, Ph.D., L. Walker, Ph.D.

2008-2009

*Directed Studies in Psychology*

*Implicit Values of Caring Exemplars.*

*Activities:* Assisted in the development of a thematic coding manual for speech and written content; presented findings at research conferences.

*Supervisors:* J. Frimer, Ph.D., L. Walker, Ph.D.

## Research Lab Involvement

2011-present

*Sexuality and Close Relationships Lab*, University of New Brunswick

*Activities:* Discussion and critiquing of current sexuality and close relationships research; mentoring of junior researchers.

*Supervisors:* E. S. Byers, Ph.D., L. Psych., & L. O'Sullivan, Ph.D.

2009-2010

*UBC Sexual Health Laboratory*, University of British Columbia

*Supervisor:* L. Brotto, Ph.D.

2008-2010

*UBC Moral Development Laboratory*, University of British Columbia

*Supervisors:* J. Frimer, Ph.D., L. Walker, Ph.D.

## Research Assistantships

2013-2014

*Breakup Memories Retrieval Study.*

*Activities:* Independent reliability coding of qualitative stems for level of specificity, in service of a dissertation project.

*Supervisor:* A. del Palacio, B.A.

2011-2013

*Qualitative Interviews with Adolescents Regarding Sexual Functioning.*

*Activities:* Interviewed adolescent participants to garner diagnostic and demographic information; ensured informed consent; established rapport; conducted debriefing post-interview; reviewed transcripts of interviews to

- ensure accuracy.  
*Supervisor:* L. O’Sullivan, Ph.D.  
 2011-2013 *Relationship Breakup Interview Study.*  
*Activities:* Conducted semi-structured interviews to gather information about relationship breakups; ensured informed consent; established rapport, and conducted debriefing post-interview to ensure participant wellness.  
*Supervisors:* D. Clark, Ph.D., L. Psych., & L. O’Sullivan, Ph.D.  
 2009-2011 *The Good Things in Life.*  
*Activities:* Initiated recruitment, scheduling and in-depth interviewing of research participants; transcribed participant interviews; conducted thematic coding.  
*Supervisors:* J. Frimer, Ph.D., & L. Walker, Ph.D.

## TEACHING ACTIVITIES

### Teaching Apprenticeship

09/2013-12/2013

*Co-Instructor*

PSYC 3443: *Culture and Psychology*, University of New Brunswick.  
*Activities:* Prepared and conducted lectures in upper-level psychology seminar course (content included cognition, emotions, interpersonal relationships, acculturation, mental health, and morality); facilitated discussion groups; created, administered, and graded the midterm; provided feedback and graded research proposals; hosted office hours; responded to student queries. (Class size: 10)  
*Supervisor:* W. E. Perunovic, Ph.D.

### Teaching Experiences

02/2014

*Invited Lecturer*

MUS 3794/WLCS 3794: *Music and Cultural Identity*, University of New Brunswick.

*Activities:* Provided a 90-minute lecture in an upper-level seminar course on the intersection of Canadian hip hop and cultural identity; consulted with experts in the field of the sociology of music; facilitated discussion. (Class size: 10)

*Hosts:* A. Reid, Ph.D., & R. Hornsby

09/2008-04/2010

*Writing Tutor*

Continuing Education: Writing Centre, University of British Columbia.

*Activities:* Provided one-on-one consultation and assistance for academic and professional writing; prepared international students for standardized testing (Language Proficiency Index).

*Supervisor:* V. Lowe

## PROFESSIONAL DEVELOPMENT

### Professional Affiliations

B4Change Social Venture Accelerator at the Pond-Deshpande Centre – Participant; Canadian Psychological Association – Student Member; Canadian Sex Research Forum - Student Member; Golden Key International Honour Society.

### Workshops Attended

Writing Compelling Commentary. (S. Graydon, Informed Opinions; October, 2016)

Communicating Your Research - Online Workshop. (Mitacs; September, 2016)

Beyond the Professoriate Conference. (J. Polk, From Ph.D. to Life, & M. Wood, Lilli Research Group; May,

2016)

Youth Entrepreneurship Summit. (Pond-Deshpande Centre, University of New Brunswick; March, 2016)  
 Introduction to Sports Neuropsychology. (B. Conder, National Academy of Neuropsychology; May, 2013)  
 Telehealth Seminar on Concussions. (Dalhousie Medical School; May, 2013)  
 What can NVivo, a qualitative data analysis computer software package, do for me? (L. Gouliquer, UNB; February, 2013)

### Professional Certification

*Certificate of Completion*

Interagency Advisory Panel on Research Ethics: Ethical Conduct for Research Involving Humans

*Certificate of Completion*

UBC Writing Centre: "The Well-Trained English Tutor: Techniques for Effective and Ethical Tutoring"

### University Service

2012-2014	<i>Departmental Colloquium Representative</i> , Psychology Association of Graduate Students, University of New Brunswick.
2012-2013	<i>Vice President - Communications</i> , Psychology Association of Graduate Students, University of New Brunswick.
2011-2012	<i>Psychology Website Committee member</i> , Department of Psychology, University of New Brunswick.

### Community Involvement

09/2013-ongoing	<i>Safety Coordinator and Instructor</i> , Fredericton Swing Dance Club, Fredericton, N.B. <i>Activities:</i> Spearheaded the creation of a code of conduct; conducted training sessions for volunteers, instructors, and executive members; received and documented policy violations from club members; provided advice and assistance to club members regarding physical and psychological safety; researched safety and implementation policies; drafted preliminary code of conduct with a committee; consulted with the Dalhousie/King's Swing Dance Society to initiate their creation of safety policies; co-instructed introductory dance lessons for 120 attendees; facilitated a specialty lesson series for 6-12 attendees.
03/2016-ongoing	<i>Member</i> , University of New Brunswick Mixed Acapella Group, Fredericton, N.B.
09/2011-04/2016	<i>Member</i> , UNB Chorale, Fredericton, N.B.
09/2014-08/2015	<i>Member</i> , Dalhousie/King's Swing Dance Society, Halifax, N.S.
05/2015-08/2015	<i>Member</i> , Salty Ultimate Club, Halifax, N.S.
09/2011-04/2015	<i>Member</i> , Ultimate Frisbee Club (Red ONO), University of New Brunswick, Fredericton, N.B.
07/2012-12/2013	<i>Member</i> , Spawn Ultimate Club, Fredericton, N.B.

### Selected Work Positions

2009-2014	<i>Freelance music journalist and webmaster</i> , Earbuds and Ticket Stubs, music website. <i>Activities:</i> Wrote album and concert reviews, publicity articles, and think pieces; drafted press releases for musicians; promoted content via social media; tracked website readership using analytics programs; networked with local and national press members; consulted with local independent bands regarding marketing and public relations.
2009	<i>Youth Services Officer – Richmond/South Delta Region</i> , Service Canada Centre for Youth, Richmond, BC. <i>Activities:</i> Co-conducted presentations on youth job search to community

2009 members; coordinated the Casual Labour Program; assisted adolescent clients in résumé and cover letter writing; tracked data regarding client flow and services used; published informational columns in local print media. *Clerk*, Specific Claims Branch - Aboriginal Affairs and Northern Development Canada, Vancouver, BC.  
*Activities*: Implemented new filing systems for archival data; provided administrative support for research, negotiating, and implementing land claims in B.C. and the Yukon; edited and referenced historical documents.

## Media Appearances

### Professional/Academic

#### Radio/Digital

Higgins, S. (2014, October 13). 'Texts from your Ex' is the new normal, 87 per cent of young people contact or track their ex-partner. *The Current*. Podcast retrieved from <http://www.cbc.ca/thecurrent/episode/2014/10/13/texts-from-your-ex-is-the-new-normal-87-per-cent-of-young-people-contact-or-track-their-ex-partner/>

#### Print

Treleavan, S. (2015, March 16). Status update: The rise of on-and-off couples. *Elle Canada*, available online at <http://www.ellecanada.com/relationships/status-update-the-rise-of-on-and-off-couples/a/100132>  
 Chislett, T. (2014, October 28). Breaking up still hard to do for young adults. *The Daily Gleaner*, pp. A8.

### Non-Academic

#### Digital

*Juror*, The Prism Prize, 2012-2013.  
 Christiansen, L. (2010, March 16). Extended Play #7: Do Music Bloggers Have All the Power?. *CBC Radio 3 Podcast*.  
*Contributor*, The Broken Speaker, 2010-2012.  
*Contributor*, NxEW.ca, 2009-2012.

#### Print

The Province; Richmond News; Richmond Review; Service Canada Centres for Youth – Hotline; The Digital Times (Kamloops, BC); Grounder (UBC).