**EDUCATION**

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| --- | --- |
| September 2002-November 2005 | **PhD Psychology, University College London**Doctorate thesis: “Evolutionary psychology and the study of human physical attractiveness” |
| September 1999-July 2002 | **BSc Psychology (1st Class Honours), University College London**Awards: Dean’s List, Faculty of Life Sciences |

**EMPLOYMENT**

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| --- | --- |
| October 2015-Present | **Professor of Social Psychology, Anglia Ruskin University**Associate editorships: *Body Image*, *PLoS ONE*, *Malaysian Journal of Psychology and Counselling*, *Sarjana*Editorial boards: *Eating and Weight Disorders*Board of Governors: Asian Psychological Association (2017-2020) |
| April 2017-Present | **Director and Adjunct Professor, Centre for Psychological Medicine, Perdana University** |
| August 2010-September 2015 | **Reader in Psychology, University of Westminster**Module leadership: Introduction to Social and Developmental Psychology |
| March 2008-July 2010 | **Senior Lecturer in Psychology, University of Westminster**Module leadership: Health Psychology |
| September 2007-February 2008 | **Lecturer in Psychology, University of Westminster**Module leadership: Health Psychology |
| August 2006-August 2007 | **Post-Doctoral Research Associate, University of Liverpool** |

**SELECTED GRANTS**

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| --- | --- |
| July 2021-August 2026 | **Perdana University, £317,612**Project title: Maintenance Grant for the Perdana University Centre for Psychological Medicine (Sole Investigator) |
| April 2017-June2021 | **Perdana University, £373,626**Project title: Creation of the Perdana University Centre for Psychological Medicine (Sole Investigator) |
| January 2011-October 2011 | **Higher Education Innovative Fund 4, £38,066**Project title: “Development of interactive lesson plans to promote positive body image” (Co-Investigator) |
| July 2010-June 2011 | **Empire Research Grant, £73,500**Project title: “Willingness to buy ethical fashion” (Principal Investigator) |
| June 2009-June 2010 | **Empire Research Grant, £53,000**Project title: “Sociocultural adjustment among sojourning Malaysian undergraduates in Britain” (Principal Investigator) |

**BIBLIOGRAPHIC SUMMARY**

|  |  |
| --- | --- |
| h-index | **65** (i10-index = 230) |
| Publications | **4 authored books, 2 edited books, 35 book chapters, 281 peer-reviewed journal articles** |

**BOOKS**

Swami, V. (in press). *Attraction explained: The science of how we form relationships* (2nd ed.). London: Routledge.

Swami, V. (2016). *Attraction explained: The science of how we form relationships*. London: Routledge (Spanish translation: Editorial Trillas SA de CV, 2017).

Swami, V. (Ed.) (2011). *Evolutionary psychology: A critical introduction*. Oxford, UK: Wiley-Blackwell (Swedish translation: Studentlitteratur AB, 2013; Spanish translation: Fondo de Cultura Economica Mexico, 2016).

Swami, V. (2007). *The missing arms of Vénus de Milo: Reflections on the science of physical attractiveness*. Brighton: Book Guild.

Swami, V., & Furnham, A. (2008). *The psychology of physical attraction*. London: Routledge (Chinese translation: Huaxia Publishing House, 2009; Russian translation: Piter Print, 2009; Korean translation: Alma, 2010).

Swami, V., & Furnham, A. (Eds.) (2007). *Body beautiful: Evolutionary and sociocultural perspectives*. Basingstoke, UK: Palgrave Macmillan.

**PEER-REVIEWED JOURNAL ARTICLES**

***In press***

Stieger, S., Aichinger, I., & Swami, V. (in press). The impact of nature exposure on body image and happiness: An experience sampling study. *International Journal of Environmental Health Research.*

Swami, V., Vintila, M., Goian, C., Tudorel, O., & Bucur, V. (in press). Mental health literacy of maternal and paternal postnatal depression in a community sample of Romanian adults. *International Perspectives in Psychology.*

Tran, U., Swami, V., Seifriedsberger, C., Baráth, Z., & Voracek, M. (in press). “Kneweth one who makes these notes…”: Personality, individual differences, and preferences for nouveau roman and existentialist literature and film. *Psychology of Aesthetics, Creativity, and the Arts.*

Troian, J., Prims, J. P., Motyl, M., Arciszerski, T., Wagner-Egger, P., Imhoff, R., Zimmer, F., Klein, O., Babinska, M., Bangerter, A., Bilewicz, M., Blanuša, N., Bovan, K., Cichocka, A., Çelebi, E., Delouvée, S., Douglas, K. M., Dyrendal, A., Gjoneska, B., Graf, S., Gualda, E., Hirschberger, G., Kende, A., Krekó, P., Krouwel, A., Lamberty, P., Mari, S., Panasiti, M. S., Pantazi, M., Petkovski, L., Porciello, G., Rabello, A., Schepisi, M., Sutton, R. M., Swami, V., Thórisdóttir, H., Turjačanin, V., Zezelj, I., & van Prooijen, J.-P. (in press). Investigating the links between cultural values and adherence to conspiracy theories: The key role of collectivism and masculinity. *Political Psychology.*

Vintilă, M., Todd, J., Goian, C., Tudorel, O., Barbat, C. A., & Swami, V. (in press). The Romanian version of the Intuitive Eating Scale-2: Assessment of its psychometric properties and gender invariance in Romanian adults. *Body Image.*

***2020***

Geller, S., Handelzalts, J. E., Levy, S., Boxer, N., Todd, J., & Swami, V. (2020). Factor structure and psychometric properties of a Hebrew translation of the Body Appreciation Scale-2 (BAS-2). *Body Image*, 145-154.

Grabovac, I., Cao, C., Haider, S., Štefanac, S., Jackson, S. E., Swami, V., McDermott, D., Smith, L., & Yang, L. (2020). Associations between physical activity, sedentary behaviour, and weight status with sexuality outcomes: Analyses from the National Health and Nutrition Examination Survey. *Journal of Sexual Medicine*, *17*, 60-68.

Roberto da Silva, W., Neves, A. N., Ferreira, L., Campos, J. A. D. B., & Swami, V. (2020). A psychometric investigation of Brazilian Portuguese versions of the Caregiver Eating Messages Scale and Intuitive Eating Scale-2. *Eating and Weight Disorders*, *25*, 221-230.

Swami, V. (2020). Body image benefits of allotment gardening. *Ecopsychology*, *12*, 19-23.

Swami, V. (2020). How being in nature can promote healthier body image. *Relate Insights*, *1*, 1-10.

Swami, V., Barron, D., Smith, L., & Furnham, A. (2020). Mental health literacy of maternal and paternal postnatal (postpartum) depression in British adults. *Journal of Mental Health*, *29*, 217-224.

Swami, V., Barron, D., Todd, J., Horne, G., & Furnham, A. (2020). Nature exposure and positive body image: (Re-)examining the mediating roles of connectedness to nature and trait mindfulness. *Body Image*, *34*, 201-208.

Swami, V., Furnham, A., Horne, G., & Stieger, S. (2020). Taking it apart and putting it back together again: Using Item Pool Visualisation to summarise complex data patterns in (positive) body image research. *Body Image*, *34*, 155-166.

Swami, V., Horne, G., & Furnham, A. (2020). COVID-19 related stress and anxiety are associated with negative body image in adults from the United Kingdom. *Personality and Individual Differences*, *170*, 110426.

Swami, V., Mohd. Khatib, N. A., Vidal-Mollón, J., Vintila, M., Barron, D., Goian, C., Mayoral, O. Toh, E. K. L., Tudorel, O., Vazirani, S., & Zahari, H. S. (2020). Visits to natural environments improve state body appreciation: Evidence from Malaysia, Romania, and Spain. *Ecopsychology*, *12*, 24-35.

Swami, V., Todd, J., Stieger, S., & Tylka, T. (2020). The Body Acceptance by Others Scale: An assessment of its factorial validity in adults from the United Kingdom. *Body Image*, *35*, 71-74.

Swami, V., Todd, J., Zahari, H. S., Mohd. Khatib, N. A., Toh, E. K. L., & Barron, D. B. (2020). Dimensional structure, psychometric properties, and sex and ethnic invariance of a Bahasa Malaysia (Malay) translation of the Intuitive Eating Scale-2 (IES-2). *Body Image*, *32*, 167-179.

Swami, V., Tran. U. S., Barron, D., Afhami, R., Aimé, A., Almenara, C. A., Alp Dal, N., Amaral, A. C. S., Andrianto, S., Anjum, G., Argyrides, M., Atari, M., Aziz, M., Banai, B., Borowiec, J., Brewis, A., Cakir Kocak, Y., Campos, J. A. D. B., Carmona, C., Chaleeratrakoon, T., Chen, H., Chobthamkit, P., Choompunuch, B., Constantinos, T., Crumlish, A., Cruz, J. E., Dalley, S., Damayanti, D., Dare. J., Donofrio, S., Draksler, A., Escasa-Dorne, M., Fernandez, E. F., Ferreira, M. E. C., Frederick, D., García, A. A., Geller, S., George, A., Ghazieh, L., Goian, C., Gorman, C., Grano, C., Handelzalts, J. E., Horsburgh, H., Jackson, T., Javela Delgado, L. G., Jović, M., Jović, M., Kantanista, A., Kertechian, S. K., Kessels, L., Król-Zielińska, M., Kuan, G., Kueh, Y. C., Kumar, S., Kvalem, I. L., Lombardo, C., López Almada, E. L., Maïano, C., Manjary, M., Massar, K., Matera, C., Mereiles, J. F. F., Meskó, N., Namatame, H., Nerini, A., Neto, F., Neto, J., Neves, A. N., Ng, S.-K., Nithiya, D. R., Omar, S. S., Omori, M., Panasiti, M. S., Pavela Banai, I., Pila, E., Pokrajac-Bulian, A., Postuvan, V., Prichard, I., Razmus, M., Sabiston, C., Sahlan, R. N., Sarfo, J. O., Sawamiya, Y., Stieger, S., SturtzSreetharan, C., Tee, E., ten Hoor, G., Thongpibul, K., Tipandjan, A., Tudorel, O., Tylka, T., Vally, Z., Vargas-Nieto, J. C., Vega, L. D., Vidal-Mollón, J., Vintila, M., Williams, D., Wutich, A., Yamamiya, Y., Zambrano, D., Zanetti, M. C., Živčić-Bećirević, I., & Voracek, M. (2020). The Breast Size Satisfaction Survey: Breast size dissatisfaction and its antecedents and outcomes in women from 40 countries. *Body Image*, *32*, 199-217.

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Todd, J., Barron, D., Aspell, J. E., Mohd. Khatib, N. A., Toh, E. K. L., Zahari, H. S., & Swami, V. (2020). Translation and validation of a Bahasa Malaysia (Malay) version of the Multidimensional Assessment of Interoceptive Awareness (MAIA). *PLoS ONE*, *15*, e0231048.

Todd, J., & Swami, V. (2020). Assessing the measurement invariance of two positive body image instruments in adults from Malaysia and the United Kingdom. *Body Image*, *34*, 112-116.

Tylka, T. K., Alleva, J. M., Calogero, R. M., Fuller-Tyszkiewicz, M., Jackson, T., Murnen, S., Murray, S. B., Rodgers, R. F., Swami, V., & Webb, J. B. (2020). Editor’s response to Clarivate Analytics’ decision to suppress *Body Image* from receiving a 2019 impact factor. *Body Image*, *34*, iii-v.

***2019***

Atari, M., Afhami, R., & Swami, V. (2019). Psychometric assessments of Persian translations of three measures of conspiracist beliefs. *PLoS ONE*, *14*, e0215202.

Furnham, A., & Swami, V. (2019). Attitudes toward surveillance: Personality, belief, and core values. *Psychology*, *10*, 609-623.

Junquiera, A. C. P., Laus, M. F., Almeida, S. S., Braga Costa, T. M., da Cunha, M. C. F., & Swami, V. (2019). Psychometric properties of the Breast Size Rating Scale in Brazilian university women. *Body Image*, *28*, 34-38.

Junqueira, A. C. P., Laus, M. F., de Sousa Almeida, S., Braga Costa, T. M., Todd, J., & Swami, V. (2019). Translation and validation of a Brazilian Portuguese version of the Body Appreciation Scale-2 in Brazilian adults. *Body Image*, *31*, 160-170.

Lacanna, G., Wagenaar, C., Avermaete, T., & Swami, V. (2019). Evaluating the psychosocial impact of indoor public spaces in complex healthcare settings. *Health Environments Research and Design Journal*, *12*, 11-30.

Lombardo, C., Panasiti, M. S., Vacca, M. C., Grano, C., & Swami, V. (2019). Motherhood status moderates the relationship between perfectionistic self-presentation and breast size dissatisfaction. *Body Image*, *30*, 75-80.

McCreary, D. R., Barron, D., & Swami, B. (2019). Evaluating the factor structure and construct validity of the Intentions Health-Related Masculine Values Scale: Is it really a measure of health-related masculine values? *International Journal of Men’s Social and Community Health*, *2*, 24.

Roberto da Silva, W., Swami, V., Neves, A. N., Marôco, J., Ochner, C. N., Campos, J. A. D. B. (2019). The Body Shape Questionnaire (BSQ) is not invariant across sex: Evidence from Portuguese-speaking university students. *Perceptual and Motor Skills*, *126*, 462-476.

Smith, L., Koyanagi, A., Pardhan, S., Grabovac, Swami, V., Soysal, P., Isik, A., López-Sáncez, G. F., McDermott, D., Yang, L., & Jackson, S. E. (in press). Sexual activity in older adults with visual impairment: Findings from the English Longitudinal Study of Ageing. *Sexuality and Disability*, *37*, 475-487.

Swami, V. (2019). Is CrossFit associated with more positive body image? A prospective investigation in novice CrossFitters. *International Journal of Sport Psychology*, *50*, 370-381.

Swami, V., & Barron, D. (2019). Translation and validation of body image instruments: Challenges, good practice guidelines, and reporting recommendations for test adaptation. *Body Image*, *31*, 204-220.

Swami, V., Barron, D., Hari, R., Grover, S., Smith, L., & Furnham, A. (2019). The nature of positive body image: Examining associations between nature exposure, self-compassion, functionality appreciation, and body appreciation. *Ecopsychology*, *11*, 243-253.

Swami, V., Laughton, R., Grover, S., & Furnham, A. (2019). Asexuality is inversely associated with positive body image in British adults. *Heliyon*, *5*, e02452.

Swami, V., Mohd. Khatib, N. A., Toh, E., Zahari, H. S., Todd, J., & Barron, D. (2019). Factor structure and psychometric properties of a Bahasa Malaysia (Malay) translation of the Body Appreciation Scale-2. *Body Image*, *28*, 66-75.

Swami, V., & Shaw, L. (2019). “It stops your brain from making assumptions about what a body should look like”: The prospective impact of life drawing on adolescents, with recommendations for practitioners. *Empirical Studies of the Arts*, *37*, 60-81.

Swami, V., Todd, J., Aspell, J. E., Mohd. Khatib, N. A., Toh, E. K. L., Zahari, H. S., & Barron, D. (2019). Translation and validation of a Bahasa Malaysia (Malay) version of the Functionality Appreciation Scale. *Body Image*, *30*, 114-120.

Swami, V., Todd, J., Mohd. Khatib, N. A., Toh, E. K. L., Zahari, H. S., & Barron, D. (2019). Dimensional structure, psychometric properties, and sex invariance of a Bahasa Malaysia (Malay) translation of the Multidimensional Body-Self Relations Questionnaire–Appearance Scales (MBSRQ–AS) in Malaysian Malay adults. *Body Image*, *28*, 81-92.

Todd, J., Aspell, J. E., Barron, D., & Swami, V. (2019). Associations between facets of interoceptive awareness and body image in adolescents. *Body Image*, *37*, 171-180.

Todd, J., Aspell, J. E., Barron, D., & Swami, V. (2019). Multiple dimensions of interoceptive awareness are associated with facets of body image in British adults. *Body Image*, *29*, 6-16.

***2018***

Barron, D., Furnham, A., Weis, L., Morgan, K. D., Towell, T., & Swami, V. (2018). The relationship between schizotypal facets and conspiracist beliefs via cognitive processes. *Psychiatry Research*, *259*, 18-20.

Barron, D., Morgan, K. D., Towell, T., Jaafar, J. L., & Swami, V. (2018). Psychometric properties of the Malay Schizotypal Personality Questionnaire: Measurement invariance and latent mean comparisons of Malay and Chinese adults. *Asia-Pacific Psychiatry*, *10*, e12293.

Barron, D., Voracek, M., Tran, U. S., Ong, H. S., Morgan, K. D., Towell, T., & Swami, V. (2018). A reassessment of the higher-order factor structure of the German Schizotypal Personality Questionnaire (SPQ-G) in German-speaking adults. *Psychiatry Research*, *269*, 328-336.

Fonseca-Pedrero, E., Ortuño-Sierra, J., Molina, B. L., Debanné, M., Chan, R. C. K., Cicero, D., Zhang, L. C., Brenner, C., Barkus, E., Linscott, R. J., Kwapil, T., Barrantes-Vidal, N., Cohen, A., Compton, M. T., Tone, E. B., Suhr, J., Bobes, J., Fumero, A., Giakoumaki, S., Tsaousis, I., Preti, A., Chmielewski, M., Laloyaux, J., Mechri, A., Lahmar, M. A., Wuthrich, B., Larøi, F., Badcock, J. C., Jablensky, A., Barron, D., Swami, V., Tran, U. S., & Voracek, M. (2018). Brief assessment of schizotypal traits: A multinational study. *Schizophrenia Research*, *197*, 182-191.

Furnham, A., & Swami, V. (2018). Mental health literacy: A review of what it is and why it matters. *International Perspectives in Psychology*, *7*, 240-257.

Swami, V., Barron, D., & Furnham, A. (2018). Exposure to natural environments, and photographs of natural environments, promotes more positive body image. *Body Image*, *24*, 82-94.

Swami, V., Barron, D., Weis, L., & Furnham, A. (2018). To Brexit or not to Brexit: The roles of Islamophobia, conspiracist beliefs, and integrated threat in voting intentions for the United Kingdom European Union membership referendum. *British Journal of Psychology*, *109*, 156-179.

Swami, V., & Furnham, A. (2018). Breast size dissatisfaction, but not body dissatisfaction, is associated with breast self-examination frequency and breast change behaviours in British women. *Body Image*, *24*, 76-81.

Swami, V., Pickering, M., Barron, D., & Patel, S. (2018). The impact of exposure to films of natural and built environments on state body appreciation. *Body Image*, *26*, 70-73.

Swami, V., Vintila, M., Tudorel, O., Goian, C., & Barron, D. (2018). Factor structure and psychometric properties of a Romanian translation of the Drive for Muscularity Scale (DMS) in university men. *Body Image*, *25*, 48-55.

Swami, V., Weis, L., Barron, D., & Furnham, A. (2018). Positive body image is positively associated with hedonic (emotional) and eudaimonic (psychological and social) well-being in British adults. *Journal of Social Psychology*, *158*, 541-552.

***2017***

Kertechian, S., & Swami, V. (2017). An examination of the factor structure and sex invariance of a French translation of the Body Appreciation Scale-2 in university students. *Body Image*, *21*, 26-29.

Swami, V. (2017). Negative body image and eating disorder symptomatology among young women identifying with goth subculture. *Body Image*, *21*, 30-33.

Swami, V. (2017). Sketching people: Prospective investigations of the impact of life drawing on body image. *Body Image*, *20*, 65-73.

Swami, V., Arthey, E., & Furnham, A. (2017). Perceptions of plagiarisers: The influence of target physical attractiveness, transgression severity, and sex on attributions of guilt and punishment. *Body Image*, *22*, 144-147.

Swami, V., & Barron, D. (2017). Recommendations to improve body image research in an increasingly globalised world. *Malaysian Journal of Nutrition*, *23*, 3-10.

Swami, V., Barron, D., Weis, L., Voracek, M., Stieger, S., & Furnham, A. (2017). An examination of the factorial and convergent validity of four measures of conspiracist ideation, with recommendations for researchers. *PLoS ONE*, *12*, e0172617.

Swami, V., García, A. A., & Barron, D. (2017). Factor structure and psychometric properties, of a Spanish version of the Body Appreciation Scale-2 (BAS-2). *Body Image*, *22*, 13-17.

Swami, V., Tudorel, O., Goian, C., Barron, D., & Vintila, M. (2017). Factor structure and psychometric properties of a Romanian translation of the Body Appreciation Scale-2. *Body Image*, *23*, 61-68.

Swami, V., Weis, L., Barron, D., & Furnham, A. (2017). Examining associations between positive body image, sexual liberalism, and unconventional sexual practices. *Archives of Sexual Behavior*, *46*, 2485-2495.

***2016***

Frederick, D., Sandhu, G., Morse, P., & Swami, V. (2016). Prevalence and correlates of appearance and weight satisfaction in a U.S. national sample: Personality, attachment style, television viewing, self-esteem and life satisfaction. *Body Image*, *17*, 191-203.

Gleeson, H., Calderon, A., Edbrooke-Childs, J., Swami, V., Deighton, J., & Wolpert, M. (2016). Systematic review of approaches to using patient experience data for quality improvement in healthcare settings. *BMJ Open*, *6*. e011907.

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Swami, V., Furnham, A., Smyth, N., Weis, L., Lay, A., & Clow, A. (2016). Putting the stress on conspiracy theories: Examining associations between psychological stress, anxiety, and belief in conspiracy theories. *Personality and Individual Differences*, *99*, 72-76.

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Swami, V., Tran, U. S., Kuhlmann, T., Stieger, S., Gaughan, H., & Voracek, M. (2016). More similar than different: Tattooed adults are only slightly more impulsive and willing to take risks than non-tattooed adults. *Personality and Individual Differences*, *88*, 40-44.

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Barron, D. S., Swami, V., Towell, T., Hutchinson, G., & Morgan, K. (2015). Examination of the factor structure of the Schizotypal Personality Questionnaire (SPQ) among British and Trinidadian adults. *BioMed Research International*, *2015*, article 258275.

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