KATHLEEN A. MARTIN GINIS PH.D.

CURRICULUM VITAE

Table of Contents

PERSONAL INFORMATION	2
ACADEMIC EMPLOYMENT HISTORY	
SCHOLARLY AND PROFESSIONAL ACTIVITIESADMINISTRATIVE RESPONSIBILITIES	5
ADMINISTRATIVE RESPONSIBILITIES	8
AREAS OF INTEREST	
HONOURS AND AWARDS	10
COURSES TAUGHT	13
SUPERVISION	
RESEARCH FUNDING	17
PUBLICATIONS	22
PEER-REVIEWED	21
NON PEER-REVIEWED	
ACCEPTED FOR PUBLICATION IN FINAL FORM	59
SUBMITTED FOR PUBLICATION	
INVITED LECTURES	
PRESENTATIONS	67
KNOWLEDGE PRODUCTS, TOOLS AND SERVICES	95

PERSONAL INFORMATION

NAME: Kathleen Anne Martin Ginis

(née: Kathleen Anne Martin)

AFFILIATION: University of British Columbia

School of Health and Exercise Sciences

Professor

International Collaboration on Repair Discoveries (ICORD)

Scientist/Principal Investigator

ADJUNCT AFFILIATIONS: McMaster University

Department of Kinesiology

National University of Ireland, Galway School of Engineering and Informatics

School of Psychology

Loughborough University, UK

School of Sport, Exercise and Health Sciences

EDUCATION: B.Sc., Psychology, 1992

University of Toronto

Toronto, Ontario

M.A., Kinesiology, 1993

Area of Specialty: Psychology University of Western Ontario

London, Ontario

Ph.D., Kinesiology, 1996

Area of Specialty: Psychology

University of Waterloo

Waterloo, Ontario

SSHRC Postdoctoral Fellowship, 1996-1998

Department of Psychology

Department of Health and Exercise Science

Wake Forest University

Winston Salem, North Carolina

LANGUAGES: French

German (conversational)

Italian (conversational)

Scientist Knowledge Translation Certificate **CERTIFICATIONS:**

The Hospital for Sick Children, January 2011

March 2007-September 2007 (Maternity Leave) **LEAVES OF ABSENCE:**

PROFESSIONAL ORGANIZATIONS (Memberships):

International Spinal Cord Society

North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)

KT (Knowledge Translation) Canada

National Academy of Kinesiology, International Fellow

ACADEMIC EMPLOYMENT HISTORY

July 2016 – present Professor

University of British Columbia

School of Health and Exercise Sciences

Chair: Dr. Gordon Binsted

July 2008 - June 2016 Professor, Tenured

McMaster University

Department of Kinesiology Chair: Dr. Martin Gibala

January 2012 - June 2012 Visiting Professor & Lecturer

> University of Hawaii at Manoa John A. Burns School of Medicine Department of Public Health Sciences

Chair: Dr. Jay Maddock

July 2002 - June 2008 Associate Professor, Tenured (2002)

> McMaster University Department of Kinesiology Chair: Dr. Neil McCartney

Jan. 1999 - June 2002 **Assistant Professor**

> McMaster University Department of Kinesiology Chair: Dr. Janet Starkes

Oct. 1996 - Oct. 1998 Lecturer

> Postdoctoral Fellow Wake Forest University Department of Psychology Chair: Dr. Deborah Best

Department of Health & Exercise Science

Chair: Dr. Paul Ribisl

June 1998 Sessional Lecturer

> Michigan State University Department of Exercise Science

Chair: Dr. Deborah Feltz

March-June 1997 Sessional Lecturer

University of Limerick

Department of Exercise & Sport Science

Chair: Dr. Phil Jakeman

SCHOLARLY AND PROFESSIONAL ACTIVITIES

EDITORIAL BUARDS	
• 2013-present	Psychology of Sport and Exercise, Associate Editor
• 2010-present	Health Psychology, Editorial Board
• 2010-present	Health Psychology Review, Editorial Board
• 2010-2016	Sport, Exercise, and Performance Psychology, Editorial Board
• 2003-present	Body Image: An International Journal, Editorial Board

2003-present Body Image: An International Journal, Editorial Board
2002-2008 Research Quarterly for Exercise and Sport, Section Editor

• 1999-2004 The Sport Psychologist, Editorial Board

• 1996-2001 *Journal of Sport and Exercise Psychology*, Digest Contributor

GRANT COMMITTEES

EDITODIAL DOADDS

- **2015:** Canadian Institutes for Health Research, Psychosocial and Behavioral Determinants of Health (PSB1) Peer Review Committee Member (May 2015, 11 grants)
- **2014:** Canadian Institutes for Health Research, Psychosocial and Behavioral Determinants of Health (PSB2) Transitional Open Operating Grant Competition (December 2014, 13 applications)
- **2013:** Canadian Institutes for Health Research, Psychosocial and Behavioral Determinants of Health (PSB1) Peer Review Committee Member (May 2013, 9 grants; November 2013, 9 grants)
- **2012:** Canadian Institutes for Health Research, Psychosocial and Behavioral Determinants of Health (PSB2) Peer Review Committee Member (November 2012; 10 grants)
- **2007:** Canadian Institutes for Health Research, Institute for Musculoskeletal Health and Arthritis, Seed Grant Competition: Physical Activity, Sport and Health (January, 2007; 7 grants)
- **2006:** Canadian Institutes for Health Research, Institute for Musculoskeletal Health and Arthritis, Injury Prevention and Sport Participation Special Competitions (March, 2006; 9 grants)
- **2002-2005:** *Canadian Institutes for Health Research,* Movement and Exercise Review Committee Member (approximately 20 grants/year and 2 competitions/year)
- **2001:** Canadian Institutes for Health Research, Psychosocial and Behavioural Determinants of Health Peer Review Committee Member, (December, 2001; 9 grants)

EXECUTIVE POSITIONS

- Psychology Conference Program Committee, North American Society for the Psychology of Sport and Physical Activity (NASPSPA), 2002, 2006, 2015
- Member, Early Distinguished Career Award Committee (Sport & Exercise), NASPSPA, 2012
- Canadian Society for the Psychology of Sport and Physical Activity (SCAPPS) Board of Directors (2000-2003)
- Chair, Psychology Conference Program, North American Society for the Psychology of Sport and Physical Activity (NASPSPA) (2003)

Chair, Psychology Conference Program, Canadian Society for the Psychology of Sport and Physical Activity, SCAPPS (2003)

ADVISORY COMMITTEES

- **2014-2017:** *Ontario SCI Solutions Alliance*: Leadership Team
- **2013:** *Labarge Optimal Aging Initiative*: Optimal Aging Portal Expert Advisory Council
- **2012-present**: *Support in Motion Foundation*; Executive Board Member and Scientific Advisor
- **2011-present**: Coca-Cola Advisory Board, Peter Harrison Centre for Disability Sport Fit & **Healthy Project**
- 2011: Saskatchewan Health Research Foundation, Spinal Cord Injury Research Advisory Panel
- **2010:** Canadian Paralympic Committee, Changing Minds Changing Lives Advisory Panel
- **2007-2010:** Spinal Cord Injury Solutions Network (Rick Hansen Institute), Community Integration and Practice Network

JOURNAL REFEREE (AD HOC)

- Adapted Physical Activity Quarterly
- American Journal of Health Promotion
- American Journal of Physical Medicine and Rehabilitation
- Annals of Behavioral Medicine
- Applied Cognitive Psychology
- Applied Physiology, Nutrition and Metabolism Research
- Archives of Physical Medicine & Rehabilitation
- BMC: Public Health
- Body Image: An International Journal
- British Journal of Health Psychology
- Canadian Journal of Psychology
- Disability and Rehabilitation
- Disability and Health
- European Journal of Sport Sciences
- European Review of Applied Psychology
- Exercise and Sport Science Reviews
- Health Psychology
- Health Education Research
- International Journal of Sport and Exercise Psychology
- International Journal of Public Health
- Journal of Aging and Physical Activity
- Journal of Applied Social Psychology
- Journal of Applied Sport Psychology

- Journal of Occupational, Sport, and Physical Therapy
- Journal of Exercise, Sport & Orthopedics
- Journal of Physical Activity and Health
- Journal of Physical Education, Recreation and Dance
- Journal of Science & Medicine in Sport
- Journal of Sport and Exercise Psychology
- Journal of Sport Sciences
- **Motivation and Emotion**
- Perceptual and Motor Skills
- **Psychological Reports**
- Psychology and Health
- Psychology of Sport and Exercise
- Psychoneuroendocrinology
- Rehabilitation Psychology
- Research Quarterly for Exercise & Sport
- Scandinavian Journal for Medicine and Science in Sport
- Self & Identity
- Sex Roles
- Social Behavior and Personality
- Spinal Cord
- The Sport Psychologist
- Topics in Spinal Cord Injury Rehabilitation

EXTERNAL GRANT REVIEWS (AD HOC)

- 2016: MITACS
- 2010: Social Sciences and Humanities Research Council of Canada
- 2010: Canada Research Chairs
- 2010: Alberta Paraplegic Association
- 2007: Social Sciences and Humanities Research Council of Canada
- 2006: Heart and Stroke Foundation
- 2005: Social Sciences and Humanities Research Council of Canada
- 2003: Heart and Stroke Foundation
- 2003: Alberta Heritage Foundation
- 2002: Social Sciences and Humanities Research Council of Canada

ADMINISTRATIVE RESPONSIBILITIES

DEPARTMENT				
2016-2017	Chair, Ad hoc Committee, HMKN Honours Program			
2016-2017	Tenure and Promotion Committee			
2016-2017	Student Scholarships and Awards Committee			
2016	Ph.D. Comprehensive Exams Committee Chair (1 Committee)			
2014-2015	Graduate Curriculum Committee			
2013-2015	Graduate and Undergraduate Awards Committee			
2012-2014	Director, McMaster Physical Activity Centre of Excellence			
2012-2014	Tenure and Promotion Committee			
2012-2013	Executive Council			
2012	Search Committee (New Hire in Exercise Psychology)			
2009-2010	Undergraduate Curriculum Committee			
2009	Ph.D. Comprehensive Exams Committee Chair (1 Committee)			
2008-2010	Graduate Admissions and Scholarships Committee			
2006-2008	Kinesiology Student Research Ethics Board, Member			
2006	Ph.D. Comprehensive Exams Committee Chair (3 Committees)			
2005-2006	Executive Council			
2000-2004	SSHRC, NSERC & OGS Scholarship Departmental Ranking Committee			
2004	Appointments Committee			
2003, 2008	Tenure and Promotion Committee			
2002	Appointments Committee			
2000	Undergraduate Curriculum Committee			
1999	Department Chair Re-Appointment Committee			
1999-2016	Graduate Curriculum Committee			
FACULTY				
2013-2016	Faculty representative to Network for Community Campus Partnerships			
2010-2011	Faculty of Science representative to Research Ethics Board Chair Selection Committee			
2007-2009	Faculty of Social Sciences Experiential Education Internship Supervisor			
2006	Faculty of Social Sciences Internship Supervisor			
2003	Faculty of Social Sciences Internship Supervisor			
1999-2000	Bachelor of Health Studies Program Planning Committee, Member			
UNIVERSITY				
2013-2016	Network for Community Campus Partnerships			
	• Central Resource Sub-Committee (2014-present)			
2014	Research Branding Committee			
2006-2007	Healthy Workplace Group, Advisor			
2003-2004	McMaster University Research Ethics Board, Member			
2003 2001	University Branding Committee, Member			
2001	McMaster representative, CIHR planning meeting for Gender and Health			
2000	SSHRC Scholarship Ranking Committee, Member			
_000	22			

AREAS OF INTEREST

RESEARCH

My general areas of research are exercise psychology and exercise rehabilitation, with a focus on psychosocial antecedents and consequences of physical activity participation. I have a particular interest in the self-regulatory processes that underlie exercise initiation and maintenance. Although my research program reflects an interest in understanding these phenomena in the lab, the general population, and among people with chronic disease and disability, my research program is largely focused on people living with spinal cord injury. I have a strong commitment to knowledge translation and knowledge mobilization, particularly within the spinal cord injury and broader physical disability communities; Community engagement and knowledge transfer activities are deeply embedded in my research program.

TEACHING

My teaching interests and expertise are in two broad areas: (1) health behaviour change in the general and special populations, and (2) psychosocial aspects of physical activity participation in the general and special populations. I have taught undergraduate courses in health psychology, exercise psychology, psychosocial aspects of exercise rehabilitation, and physical activity epidemiology. At the graduate level, I have taught courses in health and exercise psychology and research methods/statistics.

CONSULTING

My paid consulting experiences have been in the area of health behaviour change and adherence. Specifically, I have provided seminars and lectures to teach people (both individuals and practitioners) how to modify their health habits and improve adherence to health regimens. I have also performed some paid consulting services to non-profit organizations to help design survey and evaluation tools. In addition, I devote considerable time to unpaid consulting activities with community organizations, regarding the use of research evidence to guide policies and practices.

HONOURS AND AWARDS

Elite Reviewer for the Archives of Physical Medicine and Rehabilitation, recognition of reviewer contributions to be "of extraordinary magnitude and quality", awarded to top 2% of 2, 845 Archive reviewers.

Archives of Physical Medicine and Rehabilitation, 2016

- John Gibbons Counsell Award for contributions to advancing the cause of people with SCI Spinal Cord Injury Ontario, 2015
- Ontario Medal for Good Citizenship for exceptional long-term efforts and contributions to the wellbeing of the community. Province of Ontario, 2014
- Nomination: Vice-President of Research Innovator of the Year Award McMaster University, 2014
- Research Award, First Prize (Student Category [Supervisor]); Fourth Prize (Research Category) National Spinal Cord Injury Conference, 2014
- Nomination and Short-Listed: McMaster Distinguished University Professor McMaster University, 2014
- Poster Award (Patient Education) National Spinal Cord Injury Conference, 2012
- Poster Award (Research) National Spinal Cord Injury Conference, 2012
- Multiple Health Behavior Change Special Interest Group Research Award Society of Behavioral Medicine, 2012
- International Fellow National Academy of Kinesiology, 2011
- The President's Award for Excellence in Graduate Supervision McMaster University, 2010
- Research Award, First Prize National Spinal Cord Injury Conference, 2010
- Innovator of Distinction McMaster University, 2009
- Certificate of Recognition Active Living Alliance for Canadians with a Disability, 2009

- Poster Award (Patient Care) National Spinal Cord Injury Conference, 2008
- Harold Yuker Research Excellence Award, for best paper published in *Rehabilitation Psychology* American Psychological Association Division 22, 2007
- McMaster University's Top 30 Newsmakers of 2006
- Abstract Citation Recipient for Excellence in a Research Submission Society of Behavioral Medicine, 2002, 2006, 2015
- New Investigator Award Canadian Institutes of Health Research (CIHR), 2004-2010
- Early Distinguished Career Award North American Society for the Psychology of Sport and Physical Activity, 2001
- Nominee, President's Award for Excellence in Graduate Student Supervision McMaster University, 2000, 2001, 2002, 2004, 2006, 2008, 2009, 2010
- Outstanding Dissertation Award American Psychological Association, Division 47, 1997
- Young Scientist Award for Scholarly Research Canadian Society for Psychomotor Learning and Sport Psychology, 1995
- Award for Academic Excellence University of Waterloo Faculty of Applied Health Sciences, 1995, 1996
- Social Sciences and Humanities Research Council of Canada Postdoctoral Fellowship (2 years full funding), 1996
- Graduate Scholarship University of Waterloo, 1994, 1995, 1996
- Social Sciences and Humanities Research Council of Canada Doctoral Fellowship, 1994 - 1996
- Ontario Graduate Scholarship, 1994 1995
- University College General Scholarship University of Toronto, 1992

- Graduate with High Distinction University of Toronto, 1992
- Petro-Canada Olympic Torch Scholarship, 1990, 1991

COURSES TAUGHT*

*Note: Research leave 2004-2005, 2011-2012, 2015 (1 semester); reduced teaching load 2005-2012 as a result of CIHR New Investigator Award and SSHRC Research Time Stipends

UNDERGRADUATE		
HMKN 201	Exercise Psychology (.33), 2016	
HMKN	Honours Seminar 2016	
KIN 1C03	Physical Activity Epidemiology and Health, 2008 (33%)	
KIN 2G03	Health Psychology, 1999W, 1999F, 2000, 2001, 2002, 2003, 2004	
KIN 3H03	Exercise Psychology, 2010F, 2012, 2013, 2014	
KIN 4I03	Exercise Psychology, 2000, 2001, 2002, 2006, 2010W (course moved to 3 rd level in 2010F)	
KIN 4X06	Theory & Practice in Health Promotion & Rehabilitation, 2002, 2003, 2004, 2007	
KIN 4RR6	Lecture component of 4 th year thesis course, 2016	

GRADUAT	\mathbf{E}
KIN 715	Foundations of Health and Exercise Psychology, 2006, 2007, 2008, 2009, 2010, 2012,
	2013, 2014
KIN 715	Health Psychology (note: course renamed in 2006), 2000, 2001, 2002
KIN 717	Exercise Psychology, 2003, 2005 (note: course combined into KIN 715 in 2006)
KIN 701	Research Methods and Statistics, 2002 (33%), 2003 (33%), 2010, 2012, 2013 (50%), 2014
	(66%), 2016 (100%)
PH 794	Applied Multivariate Statistics, 2012 (at the Department of Public Health Sciences,
	University of Hawaii)

SUPERVISION

MASTER'S (16 completed, 1 in progress)

ADRIENNE SINDEN (1999-2001)

A study of self-presentational variables in exercise settings among older women.

JULIE FLEMING (2000-2001)

The effects of physique salient and non-salient exercise videos on women's body image and selected psychosocial variables

AMY LATIMER (2000-2001)

The psychological benefits of exercise for people with spinal cord injury

TARA-LYN ELSTON (PART-TIME STUDENT, 2000-2004)

The effects of a goal-setting intervention on adherence to an 8-week fitness challenge, goal confidence, and improvements in physical fitness

CATHERINE LICHTENBERGER (2001-2003)

Predictors of adherence to a maintenance cardiac rehabilitation program

Mary Jung (2002-2004)

A randomized controlled trial of the effects of message-framing on calcium intake among female adolescents with calcium-deficient diets

KELLY ARBOUR (2003-2005)

Effectiveness of an implementation intention intervention for promoting exercise among women

JEFFREY ENG (2004-2006)

Using the Theory of Planned Behavior to explain physical activity behaviour in patients with chronic kidney disease

REBECCA BASSETT (2006-2007)

Factors related to body image among people with spinal cord injury

NEIL BARR (2006-2008)

The effects of acute bouts of arm ergometry on affect

ELISA MURRU (2006-2008)

The effects of a possible selves intervention on exercise adherence

Brianne Foulon (2008-2010)

Development of a physical activity guide for Canadians living with spinal cord injury

SEN HOONG PHANG (2008-2010)

Wheelchair skills, self-efficacy, and physical activity among people with spinal cord injury

DESMOND McEwan (2010-2011)

Effects of depleted self-regulation on a dart-throwing task

MATTHEW STORK (2012-2014)

Effects of listening to music on HIT enjoyment and performance

LAUREN SALCI (2013-2015)

Acute exercise effects on state body image

KENDRA TODD (2015-IN PROGRESS)

The association between physical activity and SCI neuropathic pain

DOCTORAL (6 completed, 3 in progress)

AMY LATIMER-CHEUNG (2001-2004)

Promoting physical activity among individuals with spinal cord injury

KELLY ARBOUR-NICITOPOULOS (2005-2008)

Understanding and changing physical activity among people with spinal cord injury: The role of psychosocial and environmental factors

HEATHER STRONG (2005-2010)

Understanding and changing social physique anxiety among women: Examining the role of cortisol and exercise.

REBECCA BASSETT-GUNTER (2008-2011)

The use of health risk-factor information to promote physical activity among people living with spinal cord injury

JENNIFER TOMASONE (2010-2014)

Physical activity knowledge translation in the spinal cord injury community

JESSICA STAPLETON (2011-2014)

Social influences on physical activity in people with disability

MATTHEW STORK (2014-IN PROGRESS)

Psychological and behavioural responses to high intensity interval exercise

JASMIN MA (2014-IN PROGRESS)

Physiotherapist-delivered exercise behaviour change interventions for persons with SCI

ROBERT SHAW (2014-IN PROGRESS)

Peer mentorship in the spinal cord injury community

POST-DOCTORAL

DR. JENNIFER WOODGATE (SSHRC PDF OCTOBER 2005- MAY 2007)

Dr. Guillaume Coudevylle (October 2006 – July 2007)

DR. NATASCHA WESCH (SEPTEMBER 2008 – SEPTEMBER 2010)

DR. KELLY ARBOUR-NICITOPOULOS (SEPTEMBER 2010 – JUNE 2012)

Dr. Shane Sweet (May 2011 – July 2013)

Dr. Marie-Josee Perrier (SSHRC PDF May 2013-May 2015; PDF June 2015-June 2016)

Dr. Jan van der Scheer (November 2016-November 2017)

PROFESSIONAL

McMaster Physiotherapy Program, Research Practicum (Spring 2003, 3 students) McMaster Physiotherapy, Community Placement Supervisor (Fall 2012; Spring 2013)

SUPERVISORY COMMITTEES

DOCTORAL: 9 completed (2001, 2005 [2], 2007, 2008, 2010, 2013, 2014, 2015), 4 in progress MASTER: 14 completed (2002, 2003, 2005, 2008[2], 2009, 2010, 2011, 2013, 2014[2], 2015[3]), 4 in progress

UNDERGRADUATE SUPERVISION

UNDERGRADUATE THESES: 28 completed

Undergraduate Independent Studies: 11 (1999, 2003, 2005, 2006, 2008, 2011, 2012 [2], 2013[2],

KINESIOLOGY RESEARCH PRACTICUM: 10 (2014[3]; 2015[5]; 2016 [2])

FACULTY OF SOCIAL SCIENCES UNDERGRADUATE SUMMER RESEARCH AWARDS: 2 (2003, 2006)

FACULTY OF SOCIAL SCIENCES INTERNSHIPS: 5 (2003, 2006[2], 2008 [2], 2009)

RESEARCH FUNDING

- 1. Martin Ginis, K. A., Jung, M. E., & Gainforth, H. (2016). Centre for Translational Research in Behaviour Change for People with Chronic Conditions. Canada Foundation for Innovation \$600,000.
- 2. Krassioukov, A., Ackery, A., & Martin Ginis, K. A. (2015-2017). Development of a mobile app (smartphone application) for emergency department physicians on recognition and management of life threatening episodes of autonomic dysreflexia: "ABC of AD for the EM doc" Rick Hansen Institute. \$47,300.
- 3. Martin Ginis, K. A., Ma, J., West, C. & Cheifetz, O. (2015-2018). Development, Evaluation and Dissemination of the Physiotherapists Enhancing Physical Activity (PEPA) Toolkit. Rick Hansen Institute. \$150,000.
- 4. Jung, M. E., Buchholz, A., Bourne, J., & Martin Ginis, K. A. (2014-2016). *Increasing Household* Purchase and Child Consumption of Milk and Milk Products: A Randomized Controlled Trial. Dairy Farmers of Canada. \$97,880.
- 5. Sweet, S. N., Fortier, M., Latimer-Cheung, A. E., Martin Ginis, K. A., Noreau, L., & Zelaya, W. (2014-2017). SCI, peer mentorship and quality of life: Applying self-determination theory. SSHRC Insight Development Grants. \$72,104.
- 6. Martin Ginis, K. A., Latimer-Cheung, A. E., Smith, B. M., Connelly, C. E., McBride, C. B., Chadhury, H., Gellatly, I. R., Borisoff, J. F., Rimmer, J. H., Eng, J., Cote, J., Horrocks, J., Arbour-Nicitopoulos, K. P., Beauchamp, M. R., McColl, M. A. H., Gignac, M. A. M., Bassett-Gunter, R. L., Tucker, S. M., Sweet, S. N., Bonaccio, S., Bray, S. R., Mortenson, W. B., Miller, W. C., Demers, L., Routhier, F., & Noreau, L. (2014-2021). Enhancing community participation in Canadians with physical disabilities. SSHRC Partnership Grants. \$2,643,997 plus \$3,250,000 in partnership contributions.
- 7. Martin Ginis, K. A. on behalf of McMaster University (2013-2016). Active Living Peer Mentorship Program for Adults with Physical Disabilities. Human Resources and Skills Development Canada: Development Partnerships Program-Disability Component. \$747,779.
- 8. Martin Ginis, K. A., Beauchamp, M., Casemore, S., Connelly, C., Latimer, A. E., McBride, C., Noreau, L., Sweet, S., Tawse, H. (2013-2016). Using peer mentorship support to enhance social participation/community integration in adults with spinal cord injury. SSHRC Partnership Development Grant, \$198,837.
- 9. Hicks, A., Ward, S., & Martin Ginis, K. A. (2013-2015). Optimizing Transition into Communitybased Exercise after Spinal Cord Injury. Paralyzed Veterans of America Education Foundation Grant. \$95,000.
- 10. Latimer-Cheung, A. E., Duggan, M., Martin Ginis, K. A., Bourne, C., Costas-Bradstreet, C., Leonard, S., & Shepherd, J. (2013-2014). An evidence-informed e-learning module to promote the

- Canadian Physical Activity Guidelines for Adults with Multiple Sclerosis. CIHR Knowledge Dissemination Event Grant. \$25,000.
- 11. Martin Ginis, K. A. et al. (2013-2014). Development of a consensus statement and informational resource to promote physical activity to prevent and manage Alzheimer's disease. Ontario Brain Institute. \$20,000.
- 12. Martin Ginis, K. A. et al. (2013-2014). Development of a consensus statement and informational resource to promote physical activity to prevent and manage Alzheimer's disease. Alzheimer Society, Brant, Haldimand Norfolk, Hamilton Halton. \$7,000.
- 13. Arnold, K., Connelly, C., & Martin Ginis, K. A. (2013-2017). Transformational leadership style and leadership stress: a multi-source, multi-method analysis. SSHRC Insight Grant. \$153,856
- 14. Latimer, A. E., Martin Ginis, K. A., MacDonald, T., Perrier M. J., & Sweet, S. N. (2013-2016). Examining the role of Paralympic sport in challenging negative stereotypes of disability. SSHRC Insight Grant. \$126,920.
- 15. Martin Ginis, K. A., & Stapleton, J. (2013-2015). Spinal Cord Injury Mentor-Trainee Award. Ontario Neurotrama Foundation, \$90,000. (note: 2nd year of funding declined)
- 16. Martin Ginis, K. A. et al. (2013-2014). Enhancing community participation in Canadians with physical disabilities. SSHRC Partnerships Letter of Intent Competition, \$20,000.
- 17. Jung, M. E., Martin Ginis, K. A., Latimer-Cheung, A., & Phillips, S. M. (2012-2013). The development and testing of targeted, framed, efficacy-enhancing messages for increasing milk and milk product consumption in adults aged 30-50 years. Dairy Farmers of Canada, \$150,000.
- 18. Krassioukov, A., MacDonald, M. J., Martin Ginis, K. A. (Co-PI) et al. (2012-2017). *Improving* cardiovascular health for people with SCI. Effects of exercise and targeted education. CIHR Team Grant: Chronic Disease Risk and Intervention Strategies, \$1,936,138.
- 19. Martin Ginis, K. A., & Tomasone, J. L. (2012-2014). Spinal Cord Injury Mentor-Trainee Award. Ontario Neurotrama Foundation, \$80,000.
- 20. Martin Ginis, K. A. (2011-2013). SCI Action Canada Knowledge Translation. Rick Hansen Institute. \$67, 219.
- 21. Martin Ginis, K. A. (2011-2012). Dissemination of the SCI Physical Activity Guidelines and the SCI Get Fit Toolkit. Canadian Paralympic Committee, \$20,000.

- 22. Latimer, A. E., Martin Ginis, K. A (Co-PI). Duggan, M., Brouwers, M., Hicks, A. L., McKibbon, K., Motl, R., Smith, K. (2011-2012). Developing physical activity guidelines for Canadians with multiple sclerosis. Phase 1: Knowledge Synthesis and Consensus Guidelines. CIHR Knowledge Synthesis Grant, \$100,000.
- 23. Martin Ginis, K. A., Latimer, A. E., & Hicks, A.L. (2011-2012). Best practices implementation: Physical activity guidelines for adults with spinal cord injury. Rick Hansen Institute and the Ontario Neurotrauma Foundation, \$95,000.
- 24. Bray, S. R., Martin Ginis, K. A., Marinoff-Shupe, D., & Pettit, A. (2011-2013). "They believe I can do it...maybe I can!" The effects of interpersonal feedback on relation-inferred self-efficacy (RISE), self-efficacy, and intrinsic motivation in children's sport. SSHRC-Sport Canada Strategic Initiative Grant. \$127,260.
- 25. Martin Ginis, K. A., & Latimer, A. E. (2010-2012). Spinal Cord Injury Mentor-Trainee Award. Ontario Neurotrauma Foundation. \$110,000.
- 26. Wolfe DL, Martin Ginis K, Legassic M, Hicks A, Fraser C, Persad R. The Online Physical Activity & Nutritional Counselling (OPAN) Demonstration Project. 2010-2011 (extended to 2012) Rick Hansen Institute \$98,000.
- 27. Martin Ginis, K. A., Arbour, K. P., & Latimer, A. E. (2009-2010). Get in Motion: Physical activity counseling for Canadians living with spinal cord injury. Rick Hansen Foundation SCI Translational Research Network. \$35,801.
- 28. Martin Ginis, K. A., & Hicks, A. L. (2009-2010). Development of physical activity guidelines and guides for Canadians living with spinal cord injury. Rick Hansen Foundation SCI Translational Research Network. \$54,000.
- 29. Martin Ginis, K. A., & Latimer, A. E.(2008). Transforming Kinesiology research into commercial products: The e-PARA-SCI. Ontario Research Commercialization Program, C4 POP grant. \$10,000.
- 30. Martin Ginis, K. A., Arbour, K. P., & Latimer, A. E. (2008). A telehealth physical activity service for Canadians living with spinal cord injury. Spinal Cord Injury Solutions Alliance, Early Investments Grant. \$18, 673.
- 31. Martin Ginis, K. A., Hayes, K. C. Adair, W. et al. (2007). Promoting physical activity in the spinal cord injury community: development, mobilization and assessment of an evidence-based approach. SSHRC Community-University Research Alliances. \$963, 328 + \$1,300,000 in partner contributions.
- 32. Gibala, M. J., Martin Ginis, K. A., McClelland, G., Raha, S., & Tarnopolsky, M. (2007-2008). Low volume interval training as a time-efficient strategy to promote exercise adherence and cardiovascular health. CIHR Seed Grant: Physical Activity, Sport & Health. \$98, 224.

- 33. Martin Ginis, K. A., Bray, S. R., Gibala, M.J., & Arent, S. M. (2007-2009). Broadening psychosocial theories and methodologies for studying the exercise-body image relationship:a role for cortisol? SSHRC, Research Development Initiatives. \$33,800.
- 34. Boschen, K., Noreau, L., Boucher, N., Latimer, A. E., Martin Ginis, K. A., Routhier, L. (2007-2009). Towards interventions focusing on community living and quality of live for individuals with spinal cord injury. Ontario Neurotrauma Foundation & REPAR FRSQ. \$150,000.
- 35. Martin Ginis, K. A., Hayes, K. C. Adair, W. et al. (2006). Development, mobilization and impact assessment of physical activity-enhancing programs for the spinal cord injury community. SSHRC Community-University Research Alliances Letter of Intent Competition. \$19,800.
- 36. Martin Ginis, K. A., & Bray, S. R. (2005-2008). Exercising self-control: Examining the utility of a limited resource model of self-regulation for explaining exercise adherence in beginner exercisers. SSHRC Standard Research Grant. \$116,196.
- 37. Martin Ginis, K. A., Latimer, A. E., Buchholz, A., Hicks, A. L., Bray, S. R., Craven, B. C., Hayes, K., McColl, M., Wolfe, D., Potter, P. (2005-2009). Developing physical activity recommendations & interventions for people with spinal cord injury. Phase II: Health benefits of physical activity for people with SCI. CIHR Standard Research Grant. \$501, 337.
- 38. **Martin Ginis, K. A.** (2004-2010). *Developing physical activity recommendations & interventions for* people with spinal cord injury. CIHR New Investigator Award \$275, 000.
- 39. Spence, J. C., Finkelstein, E., Martin Ginis, K. A., McGannon, K., Raine, K., Szeman, I., Wilde, C. (2004-2005). Understanding influences of the media on physical activity and nutrition: An ecological approach. CIHR Environmental approaches to physical activity, healthy eating, and healthy body weight: 2003 Planning and Development Grant Competition. \$83, 600.
- 40. **Martin, K. A.**, Hicks, A. L., Norman, G., McCartney, N., Craven, C., & Latimer, A. E. (2002-2005). Developing physical activity recommendations & interventions for people with spinal cord injury. Phase I: Development of a valid and reliable measure of physical activity. CIHR Standard Research Grant. \$127, 995.
- 41. Martin, K. A., Phillips, S., Lordon, C., & Jung, M. E. (2002-2004) Development of effective communications for increasing calcium consumption in young women. Danone Institute of Canada. \$29, 806
- 42. Hicks, A. L., MacDonald, M., Martin, K. A., McCartney, N., Phillips, S., & Bugaresti, J. (2002-2003). The effect of early body-weight supported treadmill training on functional walking ability and important health outcomes in persons with spinal cord injury. Ontario Neurotrauma Foundation, \$55, 000.

- 43. Hicks, A. L., Martin, K. A., & Latimer, A. E. (2002-2003). Using exercise training to improve quality of life among people with spinal cord injury. Christopher Reeve Paralysis Foundation \$15,000 (\$10,000 US).
- 44. Arthur, H., McKelvie, R., Martin, K., Thorpe, K., Roberts, R., McCartney, N., & Mataseje, L. (2001-2003). Strength training for women with heart disease. Heart and Stroke Foundation of Canada, \$203,205.
- 45. Wessel, J., McCartney, N., Martin, K. A., Williams, R., & Adachi, J. D. (2001-2003). The effect of exercise and education on physical performance, disability and self-efficacy in persons with osteoarthritis of the knee. Canadian Arthritis Society, \$143, 909.
- 46. Martin, K. A., McCartney, N., Hicks, A. L., & Brawley, L. R. (2000-2003). Enhancing perceived control and health-related quality of life through exercise: A study of older adults. SSHRC Standard Research Grant. \$103, 166.
- 47. Hicks, A. L., McCartney, N., Bugaresti, J., Martin, K. A., Craven, C., & Belcig, M. (1999-2001). *Impact of a community fitness and wellness program for persons with spinal cord injury.* Rick Hansen Neurotrauma Initiative Grant, \$102, 070.
- 48. Martin, K. A. (1996-1998). Self-presentational processes in health and exercise settings. SSHRC Postdoctoral Fellowship, \$61,000.
- 49. **Martin, K. A.** (1996). *Self-presentational processes in health and exercise settings.* SSHRC Postdoctoral research grant supplement, \$4, 800.
- 50. Klavora, P., Martin, K. A., & Goodman, J. M., (1992). The effects of reaction time training on the driving skills of the elderly. Ontario Ministry of Transportation, \$25, 091.

RESEARCH & PROGRAM FUNDING (EXPERT CONSULTANT)

- 1. Rimmer, J. H., Fontaine, K. et al., (2014-2019). Dose-response effects of transformative exercise in improving health and function in adults with SCI and multiple sclerosis. National Institutes of Health (NIH). \$2,375,000 Role: Expert Consultant (named on application).
- 2. Rimmer, J. H. et al. (2015-2020). Telehealth intervention to increase physical activity in persons with disabilities. National Institutes of Health. Role: Expert Consultant (named on application).
- 3. Spinal Cord Injury Canada (2016-2017). Canadian Access and Inclusion Project. Employment and Social Development Canada. \$405,750. Role: Academic Lead (named on application).

PUBLICATIONS

PEER-REVIEWED

A) PEER-REVIEWED BOOKS

- 1. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2014). The psychology of exercise: Integrating theory and practice (4th edition). Scottsdale, AZ: Holcomb Hathaway.
- 2. Ekkekakis, P. (Ed), Cook, D.B.,Martin Ginis, K.A,....Ussher, M. (Section Eds.). (2013). Routledge Handbook of Physical Activity and Mental Health. London, UK: Routledge Taylor & Francis Group.
- 3. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2011). The psychology of exercise: Integrating theory and practice (3rd edition, CHINESE). Scottsdale, AZ: Holcomb Hathaway.
- 4. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2010). The psychology of exercise: Integrating theory and practice (3rd edition). Scottsdale, AZ: Holcomb Hathaway
- 5. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2006). The psychology of exercise: Integrating theory and practice (2nd edition). Scottsdale, AZ: Holcomb Hathaway.
- 6. Lox, C., Martin, K. A., & Petruzello, S. (2003). The psychology of exercise: Integrating theory and practice. Scottsdale, AZ: Holcomb Hathaway.

B) PEER-REVIEWED CONTRIBUTIONS TO BOOKS

- 1. Shaw, R. B., Perrier, M. J., Stapleton, J. N., Campbell, D. S., Tawse, H. L., & Martin Ginis, K. A. (2015). Gaining momentum: Barriers and facilitators to progression to higher levels of parasport competition. In E. S. Linton (Ed). Advances in Sport Research (pp. 15-38). Happague, NY: Nova Science Publishers.
- 2. Martin Ginis, K.A., McEwan, D., & Bassett-Gunter, R. (2013). Physical activity and body image. In P. Ekkekakis (Ed.), Routledge Handbook of Physical Activity and Mental Health (pp. 236-246). London, UK: Routledge Taylor & Francis Group.
- 3. Foulon, B. L., Martin Ginis, K. A., Benedict, C., Latimer, A. E., & Sinden, A. R. (2013). The effects of a single wheelchair sports session on physical activity cognitions and behaviour. In C. Mohiyeddini (Ed.) Advances in the Psychology of Sports and Exercise (pp. 181-190). Hauppauge, New York: Nova.
- 4. Saville, P. D., Tomasone, J. R., McEwan, D., Martin Ginis, K. A. (2012). Theoretical content of physical activity websites for persons with depression. In J. N. Franco & A. E. Svensgaard (Eds.), Handbook on psychology of motivation: New research (pp. 227-244). Hauppauge, NY: Nova Science Publishers.
- 5. Martin Ginis K.A. & Bassett R.L. (2012) Exercise: Effects on body image. In Thomas F. Cash (Ed). Encyclopedia of Body Image and Human Appearance, Vol 1. (pp. 412-417). San Diego: Academic Press.

- 6. Martin Ginis, K. A., Bassett-Gunter, R. L., & Conlin, C. (2012). Body image and exercise. In Edmund O. Acevedo (Ed.), Oxford Handbook Of Exercise Psychology (pp. 55-75). Oxford: Oxford University Press.
- 7. Martin Ginis K. A., & Mack, D. (2012). Understanding exercise behaviour: A self-presentation perspective. In G. C. Roberts & D. Treasure (Eds.), Advances in motivation in sport and exercise 3rd ed, (pp. 327-355). Champaign IL, Human Kinetics.
- 8. Martin Ginis, K. A. & Bassett, R. L. (2011). Exercise and changes in body image. In T. F. Cash & L. Smolak, Body Image: A handbook of science, practice, and prevention 2nd ed. (pp. 378-386). New York: Guilford Press.
- 9. Dawson, K. A., Robertson-Wilson, & Martin Ginis, K. A. (2011) Physical activity interventions. In P. R. E. Crocker (Ed.), Sport & Exercise Psychology: A Canadian perspective, 2nd ed (pp. 337-362). Toronto: Pearson Education.
- 10. Strong, H. A., Martin Ginis, K. A., & Bray, S. R. (2011). Is Positive Feedback Always Positive? In women with high social physique anxiety, positive physical appearance feedback decreases selfpresentational efficacy. In J. L. Murray and E. O. Watson (Eds.), Encyclopedia of Sports and Athletics (pp. 553-560). Hauppauge, NY: Nova Science Publishers.
- 11. Hetz, S. P., Latimer, A. E., Martin Ginis, K. A., & SHAPE-SCI Research Group (2010). Activities of daily living and CHD risk-factors among individuals with chronic spinal cord injury. In L. H. V. van der Woude, F. Hoekstra, S. de Groot et al. (eds). Rehabilitation: Mobility, Exercise and Sports. (pp. 227-229). Assistive Technology Research Series. Amsterdam: IOS Press.
- 12. Bassett, R. L., & Martin Ginis, K. A. (2010). Issues pertaining to body image measurement in exercise research. In S.B. Greene (Ed.), Body image: perceptions, interpretations, and attitudes. (pp. 245-254). Happague NY: Nova Science Publishers.
- 13. Latimer, A. E., Brawley, L. R., Conlin, C., & Martin Ginis, K. A. (2010) Examining community capacity to determine evidence-based physical activity promotion programs for people with spinal cord injury. In L. H. V. van der Woude, F. Hoekstra, S. de Groot et al. (eds). *Rehabilitation: Mobility*, Exercise and Sports. (pp. 202-204). Assistive Technology Research Series. Amsterdam: IOS Press.
- 14. Bassett, R. L., Martin Ginis, K. A., Latimer, A. E., & Wolfe, D. (2010) The availability of desired physical activity following spinal cord injury. In L. H. V. van der Woude, F. Hoekstra, S. de Groot et al. (eds). Rehabilitation: Mobility, Exercise and Sports. (pp. 242-244). Assistive Technology Research Series. Amsterdam: IOS Press.
- 15. Faulkner, G., Gorczynski, P., Arbour, K., Letts, L., Wolfe, D., & Martin Ginis, K. A. (2010). Messengers and methods of disseminating health information among individuals with spinal cord injury: A scoping review. In T. C. Berkovsky (ed.), Spinal Cord Injuries: Types, Treatments and *Prognosis.* (pp. 349-374) Hauppauge, NY: Nova Science Publishers, Inc.

- 16. Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (2009). Physical activity correlates and determinants for persons with spinal cord injury: Limitations and future directions. In T. C. Berkovsky (Ed.), Spinal Cord Injuries: Types, treatments, and prognosis (pp. 593-610) Hauppauge, NY: Nova Science Publishers.
- 17. Bassett, R. L., Latimer, A. E., & Martin Ginis, K. A. (2009). A preliminary study of the relationship between leisure-time wheeling and aerobic fitness in people with spinal cord injury. In T. C. Berkovsky (Ed.), Spinal cord injuries: Types, treatments and prognosis. (pp. 579-592). Hauppauge, NY: Nova Publishers.
- 18. Martin Ginis, K. A., Lindwall, M., & Prapavessis, H. (2007). Who cares what other people think? Self-presentation in sport and exercise. In G. Tenenbaum & R. Eklund (Eds.) Handbook of Sport Psychology, 3^{rd} ed. (pp. 136-157). Wiley.
- 19. Latimer, A. E. & Martin, K. A. (2004). Physical activity and health. In N. B. Anderson (Ed.), The encyclopedia of health and behavior: Volume 2 (pp. 656-659). New York: Sage.
- 20. Martin, K. A. & Lichtenberger, C. M. (2002). Fitness enhancement and body image change. In T. F. Cash & T. Pruzinsky (Eds.) Body images: A handbook of theory, research, and clinical practice (pp. 414-421). New York: Guilford Press.
- 21. Murphy, S. M., & Martin, K. A. (2002). The use of imagery in sport. In T. S. Horn (Ed.), Advances in sport psychology (2nd ed.). Champaign, IL: Human Kinetics.
- 22. Martin, K. A. (2000). Psychometric properties of the Physical Activity Scale for the Elderly. In J. Maltby, C. A. Lewis, & A. Hill (Eds.), Commissioned reviews on 300 Psychological Tests (pp. 110-112). Wales, UK: Edwin Mellen Press.
- 23. Martin, K. A. (2000). Validity and reliability of the Social Physique Anxiety Scale. In J. Maltby, C. A. Lewis, & A. Hill (Eds.), Commissioned reviews on 300 Psychological Tests (pp. 131-135). Wales, UK: Edwin Mellen Press.
- 24. Hall, C. R., Martin, K.A., Moritz, S. E., & Munroe, K. J. (1999). The cognitive and motivational uses of imagery by competitive athletes. In J. Cruz (Ed.), Psychology applied to sport and exercise. Braga, Portugal: SHO.
- 25. Brawley, L. R., Martin, K. A., & Gyurcsik, N. C. (1998). Conceptualizing and measuring perceived barriers to exercise. In J. Duda (Ed.), Advances in sport and exercise psychology measurement (pp. 312-334). Morgantown, WV: Fitness Information Technology.

C) PEER-REVIEWED JOURNAL ARTICLES

- 1. Martin Ginis, K. A., Heisz, J., Spence, J. C., Clark, I. B., Antflick, J., Ardern, C. I., Costas-Bradstreet, C., Duggan, M., Hicks, A. L., Latimer-Cheung, A. E., Middleton, L., Nylen, K., Paterson, D. H., Pelletier, C., & Rotondi, M. A. (2017). Formulation of evidence-based messages to promote the use of physical activity to prevent and manage Alzheimer's disease. BMC Public Health, 17, 209, doi: 10.1186/s12889-017-4090-5.
- 2. Rocchi, M., Routier, F., Latimer-Cheung, A., Martin Ginis, K., Noreau, L., & Sweet, S. (2017). Are adults with spinal cord injury meeting the spinal cord injury-specific physical activity guidelines? A look at a sample from a Canadian province. Spinal Cord. Advance on line publication, 31 Jan 2017; doi: 10.1038/sc.2016.181
- 3. Cradock, K. A., O'Laighin, G., Finucane, F. M., Gainforth, H. L., Quinlan, L. R., & Martin Ginis, **K. A.** (2017). Behaviour change techniques targeting both diet and physical activity in type 2 diabetes: A systematic review and meta-analysis. International Journal of Behavioural Nutrition and Physical Activity, 14, 18. Doi 10.1186/s12966-016-0436-0.
- 4. Shaw, R., Mallory, K., Arkell, J., & Martin Ginis, K. A. (2017). The technical quality of online leisure time physical activity resource for people with physical disabilities. Disability and Health Journal, 10, 93-99. Doi: http://dx.doi.org/10.1016/j.dhjo.2016.09.002.
- 5. Shirazipour, C. H., Evans, M. B., Caddick, N., Smith, B., Aiken, A. B., Martin Ginis, K. A., Latimer-Cheung, A. E. (2017). Quality participation experiences in the physical activity domain: Perspectives of veterans with a physical disability. Psychology of Sport & Exercise, 29, 40-50.
- 6. Tomasone, J. R., Arbour-Nicitpoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2016). The relationship between implementation and effectiveness of a nationwide physical activity telephone counseling service for adults with spinal cord injury. Disability and Rehabilitation. doi: 10.1080/09638288.2016.1261415.
- 7. Martin Ginis, K. A., Evans, M. B., Mortenson, W. B., & Noreau, L. M. (2016). Broadening the conceptualization of 'Participation' of persons with physical disabilities: A configurative review of recommendations. Archives of Physical Medicine and Rehabilitation. doi: 10.1016/j.apmr.2016.04.017
- 8. Ma, J. K., Post W. M. W., Gorter, J. W., & Martin Ginis, K. A. (2016). Differences in health, participation, and life satisfaction following pediatric- versus adult-sustained spinal cord injury. Spinal Cord. Advance online publication, Sept 2016; doi: 10.1038/sc.2016.45.

- 9. Salci, L., Perrier, M. J., Ginis, S., & Martin Ginis, K. A. Active Living Leaders Training Program for Adults with Spinal Cord Injury: A pilot study (2016). Spinal Cord, 54, 662-669. doi: 10.1038/sc.2015.168.
- 10. Perrier, M. J., Martin Ginis, K. A., & The SHAPE-SCI Research Group (2016). A description and estimate of very low-intensity activity and inactive awake time in community-dwelling adults with chronic spinal cord injury. Spinal Cord, 54, 709-713. doi:10.1038/sc.2015.232.
- 11. Stork, M. J., & Martin Ginis, K. A. (2016). Listening to music during sprint interval exercises: The impact on exercise attitudes and intentions. *Journal of Sport Sciences*. Doi: http://dx.doi.org/10.1080/02640414.2016.1242764.
- 12. Squair, J. W., White, B. A. Bravo, G. I., Martin Ginis, K. A., & Krassioukov, A. V. (2016). The economic burden of autonomic dysreflexia during hospitalization for individuals with spinal cord injury. Journal of Neurotrauma, 33, 1422-1427. Doi: 10.1089/neu.2015.4370.
- 13. Perrier, M. J., Stork, M. J., Martin Ginis, K. A., & The SHAPE-SCI Research Group. (2016). Type, intensity, and duration of activities of daily living performed by adults with spinal cord injury. Spinal Cord. Advance online publication, 7 June 2016; doi:10.1038/sc.2016.86.
- 14. Martin Ginis, K. A., Tomasone, J. R., Welsford, M., Ethans, K., Sinden, A. R., Longeway, M., & Krassioukov, A. (2016). Online training improves paramedics' knowledge of autonomic dysreflexia management guidelines. Spinal Cord. Advance online publication, doi:10.1038/sc.2016.116.
- 15. Perrier, M. J., & Martin Ginis, K. A. (2016). Changing health-promoting behaviours through narrative interventions: A systematic review. Journal of Health Psychology. Doi: 10.1177/1359105316656243
- 16. **Martin Ginis, K. A.** (2016). Letter to the Editor. *Journal of Science and Medicine in Sport*, 19(8), 604. doi:10.1016/j.jsams.2016.05.001
- 17. Martin Ginis, K. A., Ma, J. K., Latimer-Cheung, A. E., & Rimmer J. H. (2016). A systematic review of review articles addressing factors related to physical activity participation among children and adults with physical disabilities. Health Psychology Review, 5, 1-31.
- 18. Krassioukov, A., Tomasone, J. R., Pak, M., Martin Ginis, K. A., Craven, C., Ghotbi, M. H., Ethans, K.....Krassioukov-Enns, D. (2016). "The ABCs of AD": A prospective evaluation of the efficacy of an educational intervention to increase knowledge of autonomic dysreflexia management among emergency health care professionals. The Journal of Spinal Cord Medicine, 39, 190-196. DOI: http://dx.doi.org/10.1179/2045772315Y.0000000037
- 19. Stapleton, J. N., Perrier, M. J., Campbell, D. S., Tawse, H. L., & Martin Ginis, K. A. (2016). Social cognitive predictors of level of sport participation among athletes with physical disability. Psychology of Sport and Exercise, 22, 46-52.

- 20. Stork, M. J., Graham, J. D., Bray, S. R., & Martin Ginis, K. A. (2016). Using self-reported and objective measures of self-control to predict exercise and academic behaviours among first-year university students. Journal of Health Psychology. Advance online publication: doi: 10.1177/1359105315623627.
- 21. Stork, M. J., Kwan, M., Gibala, M. J., & Martin Ginis, K. A. (2015). Staying 'on beat' with interval training: The impact of music on performance and enjoyment. ACSM's Health & Fitness Journal: Featured News Brief, 19(3), 2.
- 22. Beauchamp, M. R., Scarlett, L. J., Ruissen, G. R., Connelly, C. E., McBride, C. B., Casemore, S., & Martin Ginis, K. A. (2016). Peer mentoring of adults with spinal cord injury: A transformational leadership perspective. Disability and Rehabilitation. Advance online publication, doi: 10.3109/09638288.2015.1107773.
- 23. Perrier, M. J., & Martin Ginis, K. A. (2015). Narrative interventions for health screening behaviours: A systematic review. Journal of Health Psychology. Advance online publication, doi: 10.1177/1359105315603463.
- 24. Arnold, K. A., Connelly, C. E., Walsh, M. M., & Martin Ginis, K. A. (2015). Leadership styles, emotion regulation and burnout. Journal of Occupational Health Psychology, 20, 481-490.
- 25. Coudevylle, G. R., Gernigon, C., Martin Ginis, K. A., & Famose, J. P. (2015). Les stratégies d'auto-handicap : Fondements théoriques, déterminants et caractéristiques. [Self-handicapping strategies: Theoretical foundations, determinants, and characteristics.] Psychologie Française, 60, 263-283.
- 26. Stork, M. J., Kwan, M., Gibala, M. J., & Martin Ginis, K. A. (2015). Music enhances performance and perceived enjoyment of sprint interval exercise. Medicine & Science in Sports & Exercise, 47, 1052-1060. doi: 10.1249/MSS.0000000000000494.
- 27. Claridge, E. A., McPhee, P. G., Timmons, B. W., Martin Ginis, K. A., MacDonald, M. J., & Gorter, J. W. (2015). Quantification of physical activity and sedentary time in adults with cerebral palsy. Medicine & Science in Sports & Exercise, 47, 1719-1726, doi:10.1249/MSS.0000000000000589.
- 28. Gainforth, H. L., Latimer-Cheung, A. E., Moore, S., Athanasopoulous, P., & Martin Ginis, K. A. (2015). Using network analysis to understand knowledge mobilization in a community-based organization. International Journal of Behavioral Medicine, 22, 292-300. doi 10.1007/s12529-014-9430-6.
- 29. Gainforth, H. L., Latimer-Cheung, A. E., Davis, C., Casemore, S., & Martin Ginis, K. A. (2015). Testing the feasibility of training peers with spinal cord injury (SCI) to learn and implement brief action planning to promote physical activity to people with SCI. Journal of Spinal Cord Medicine, 38, 515-525. doi: 10.1179/2045772314Y.0000000239.

- 30. Stapleton, J., Martin Ginis, K. A. & Perrier, M. J. (2015). Social cognitive predictors of level of higher versus lower levels of parasport competition. Psychology of Sport and Exercise. Advance online publication, doi:10.1016/j.psychsport.2015.06.005.
- 31. Martin Ginis, K. A., Papathomas, A., Perrier, M. J., & Smith, B., & SHAPE-SCI Research Group. (2015). Psychosocial factors associated with physical activity in ambulatory and manual wheelchair users with spinal cord injury: A mixed-methods study. Disability and Rehabilitation. Advance online publication, doi 10.3109/09638288.2015.1045991.
- 32. Tomasone, J. R., Martin Ginis, K. A., Estabrooks, P. A., & Domenicucci, L. (2015). Changing Minds, Changing Lives from the top down: An investigation of the dissemination and adoption of a Canada-wide educational intervention to enhance health care professionals' intentions to prescribe physical activity. International Journal of Behavioral Medicine, 22, 336-344.
- 33. Sweet, S.N., Noreau, L., Leblond, J., & Martin Ginis. K.A. (2015). Peer support need fulfillment among adults with spinal cord injury: Relationships with participation, life satisfaction and individual characteristics, Disability and Rehabilitation. Advance online publication, doi 10.3109/09638288.2015.1049376.
- 34. Smith, B., Tomasone, J. R., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2015). Narrative as a knowledge translation tool for facilitating impact: Translating physical activity knowledge to disabled people and health professionals. *Health Psychology*, 34, 303-313.
- 35. Gainforth, H. L., Latimer-Cheung, A.E., Athanasopoulos, P., Martin Ginis, K.A. (2015). Examining the feasibility & effectiveness of a community-based organization implementing an event-based knowledge mobilization initiative to promote physical activity guidelines for people with SCI among support personnel. *Health Promotion Practice*, 16, 55-62 doi: 10.1177/1524839914528210.
- 36. Jung, M., Mistry, C., Bourne, J., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2015). A qualitative investigation of adults' perceived benefits, barriers and strategies for consuming milk and milk products. Health Education Journal, 74, 364-378. 10.1177/0017896914540295.
- 37. Jung, M., Stork, M. J., Stapleton, J., Bourne, J., & Martin Ginis, K. A. (2014). A systematic review of behavioural interventions to increase maternal calcium intake. Maternal & Child Nutrition. Advance online publication, DOI: 10.1111/mcn.12158
- 38. Bassett-Gunter, R. L., Latimer-Cheung, A. E., & Martin Ginis, K. A., Castelhano, M. (2014). I spy with my little eye: Cognitive processing of framed physical activity messages. *Journal of* Health Communication, 19, 676-691.
- 39. Saville, P. D., Bray, S. R., & Martin Ginis, K. A. (2014). Sources of self-efficacy and coach/instructor behaviors underlying relation-inferred self-efficacy (RISE) in recreational youth sport. Journal of Sport and Exercise Psychology, 36, 146-156.
- 40. Richardson, J., Loyola-Sanchez, A., Sinclair, S., Harris, J., Letts, L., MacIntyre, N. J., Wilkins, S.,

- Burgos-Martinez, G., Wishart, L., McBay, C., & Martin Ginis, K. A. (2014). Self-management interventions for chronic disease: A systematic scoping review. Clinical Rehabilitation, 28,1067-1077. doi: 10.1177/0269215514532478.
- 41. Stapleton, J., Martin Ginis, K., & The SHAPE SCI Research Team. (2014). Sex differences in theory-based predictors of physical activity in a population-based sample of adults with a disability. Archives of Physical Medicine and Rehabilitation, 95, 1787-1790.
- 42. Tomasone, J. R., Martin Ginis, K. A., Pulkkinen, W., & Krassioukov, A. (2014). The "ABCs of AD": A pilot test of an online educational module to increase use of the autonomic dysreflexia clinical practice guidelines among paramedic and nurse trainees. Journal of Spinal Cord Medicine, 37(5), 598-607. doi: 10.1179/2045772314Y.0000000253
- 43. Sweet, S. N., Martin Ginis, K. A., Estabrooks, P. A., & Latimer-Cheung, A. E. (2014). Operationalizing the RE-AIM framework to evaluate the impact of multi-sector partnerships. Implementation Science, 9, 74. doi: 10.1186/1748-5908-9-74.
- 44. Martin Ginis, K. A., Strong, H. A., Arent, S. M., Bray, S. R., Basset-Gunter, R. L. (2014). The effects of aerobic- versus strength-training on body image among young women with pre-existing body image concerns. Body Image, 11, 219-227.
- 45. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulous, P., Moore, S., & Martin Ginis, K. A. (2014). The role of interpersonal communication in the process of knowledge mobilization within a community-based organization: A network analysis. Implementation Science, 9, 59. doi:10.1186/1748-5908-9-59
- 46. Tomasone, J. R., Martin Ginis, K. A., Estabrooks, P. A., & Domenicucci, L. (2014). 'Changing Minds': determining the effectiveness and key ingredients of an educational intervention to enhance healthcare professionals' intentions to prescribe physical activity to patients with physical disabilities. Implementation Science, 9, 30. doi:10.1186/1748-5908-9-30
- 47. Arbour-Nicitopoulos, K. P., Tomasone, J. R., Latimer-Cheung, A. E. & Martin Ginis, K. A. (2014). Get In Motion: The reach and effectiveness of a physical activity counselling service for Canadians living with spinal cord injury. Physical Medicine & Rehabilitation, 6, 1088-1096. doi: 10.1016/j.pmrj.2014.05.018
- 48. Sweet, S. N., Latimer-Cheung, A. E., Bourne, C., & Martin Ginis, K. A. (2014). Assessing the research use and needs of organizations promoting healthy living for adults with disabilities. Translational Behavioral Medicine, 4, 86-94. doi: 10.1007/s13142-013-0231-2
- 49. Graham, J. D., Bray, S. R., & Martin Ginis, K. A. (2014). "Pay the Piper": Autonomous motivation helps initially, but takes its toll on self-control. Psychology of Sport and Exercise, 15, 89-96.

- 50. Bray, S. R., Oliver, J. P., Graham, J. D., Martin Ginis, K. A. (2013). Music, emotion, and selfcontrol: Does listening to uplifting music replenish self-control strength for exercise? Journal of Applied Biobehavioral Research, 18, 156-173.
- 51. Latimer, A. E., Rhodes, R. E., Kho, M. E., Tomasone, J. R., Nasuti, G., Gainforth, H., Kowalski, K., Perrier, M. J., Duggan, M., & The Canadian Physical Activity Guidelines Messaging Recommendation Workgroup. (2013). Evidence-informed recommendations for constructing and disseminating messages supplementing the new Canadian Physical Activity Guidelines. BMC Public Health, 13, 419. doi: 10.1186/1471-2458-13-419
- 52. Martin Ginis K. A., Nigg C. R. & Smith A. L. (2013). Peer-delivered physical activity interventions: An overlooked opportunity for physical activity promotion. Translational Behavioral Medicine, 3, 434-443.
- 53. Gainforth, HL., Latimer-Cheung, AE., Athanasopoulos, P., & Martin Ginis, KA. (2013). Examining the effectiveness of a knowledge mobilization initiative for disseminating the Physical Activity Guidelines for People with Spinal Cord Injury (SCI). Disability and Health Journal, 6(3), 260-265. doi: 10.1016/j.dhj0.2013.01.012
- 54. Latimer-Cheung, A. E., Martin Ginis, K. A., Hicks, A. L., Motl, R. W., Pilutti, L. A., Duggan, M. Wheeler, G., Persad, R., & Smith, K. M. (2013). Development of evidence-informed physical activity guidelines for adults with multiple sclerosis. Archives of Physical Medicine and Rehabilitation, 94, 1829-1836.e7. doi: 10.1016/j.apmr.2013.05.015
- 55. Smith, B., Papathomas, A., Martin Ginis K. A., & Latimer, A.E. (2013). Understanding physical activity in spinal cord injury rehabilitation: Translating and communicating research through stories. Disability and Rehabilitation, 35(24), 2046-2055.
- 56. Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., Latimer, A. E., Bourne, C., Campbell, D., Cappe, S., Pomerleau, P., & Smith, K. (2013). Development of an evidence-informed physical activity resource for adults with spinal cord injury: The SCI Get Fit Toolkit. Spinal Cord, 51(6), 491-500. Doi 10.1038/sc.2013.7
- 57. Martin Ginis, K. A., Tomasone, J. R., Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., Bassett, R. L., Wolfe, D. M. (2013). Developing physical activity interventions for adults with spinal cord injury. Part 1: A comparison of social cognitions across actors, intenders and nonintenders. Rehabilitation Psychology, 58, 299-306.
- 58. Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., Brawley, L. R., Gray, C., Wilson, A. J., Prapavessis, H., Tomasone, J. R., Wolfe, D. M., Martin Ginis, K. A. (2013). Developing physical activity interventions for adults with spinal cord injury. Part 2: Motivational counseling and peermediated interventions for people intending to be active. Rehabilitation Psychology, 58, 307-315.
- 59. Brawley, L. R., Arbour-Nicitopoulos, K. P., Martin Ginis, K. A. (2013). Developing physical activity interventions for adults with spinal cord injury. Part 3: A pilot feasibility study of an intervention to increase self-managed physical activity. Rehabilitation Psychology, 58, 316-321.

- 60. McEwan, D., Martin Ginis, K. A., & Bray, S. R. (2013). The effects of depleted self-control strength on skill-based task performance. Journal of Sport and Exercise Psychology, 35, 239-249.
- 61. Latimer-Cheung, A. E., Pilutti, L. A., Hicks, A. L., Martin Ginis, K. A., Fenuta, A., MacKibbon, K. A., & Motl, R. W. (2013). Effects of exercise training on fitness, mobility, fatigue, and healthrelated quality of life among adults with multiple sclerosis: A systematic review to inform guideline development. Archives of Physical Medicine and Rehabilitation, 94, 1800-1828. doi: 10.1016/j.apmr.2013.04.020.
- 62. Foulon, B. L., & Martin Ginis, K. A. (2013). The effects of physical activity vignettes on physical activity-related social cognitions among people with spinal cord injury. Disability and Rehabilitation, 35 (4), 2073-80. doi: 10.3109/09638288.2013.800916.
- 63. Tomasone, J. R., Wesch, N. N., Martin Ginis, K. A., & Noreau, L. (2013). Spinal cord injury, physical activity, and quality of life: A systematic review. Kinesiology Review, 2, 113-129.
- 64. Vickey, T. A., Martin Ginis, K. A., Dabrowksi, M. (2013). Twitter classification model: The ABC of two million fitness tweets. Translational Behavioral Medicine, 3, 304-311. doi: 10.1007/s13142-013-0209-0.
- 65. Sweet, S.N., Martin Ginis, K.A., Tomasone, J.R., & the SHAPE-SCI Research Group (2013). Investigating intermediary variables in the physical activity and quality of life relationship in persons with spinal cord injury. Health Psychology, 32, 877-885. doi: 10.1037/a0032383.
- 66. Bassett-Gunter, R. L., Martin Ginis, K. A., Latimer, A. E. (2013). Do you want the good news or the bad news? Gain- versus loss-framed messages following health risk information: The effects on physical activity beliefs and cognitions. *Health Psychology*, 32, 1188-1198. doi: 10.1037/a0030126.
- 67. Sinden, K. E., Martin Ginis, K. A., & The SHAPE-SCI Research Group. (2013). Identifying occupational attributes of jobs performed after spinal cord injury: Implications for vocational rehabilitation. *International Journal of Rehabilitation Research*, 36, 196-204. DOI: 10.1097/MRR.0b013e32835c79fd
- 68. Buchholz, A., Martin Ginis, K.A., Bray, S. R., Craven, B.C., Hicks, A.L., Hayes, K. C., Latimer, A. E., McColl, M. A., Potter, P. J., Smith, K., & Wolfe, D. L. (2012) Changes in traditional chronic disease risk factors over time and their relationship with leisure-time physical activity in people living with spinal cord injury. Applied Physiology Nutrition and Metabolism, 37(6), 1072-1079.
- 69. Martin Ginis, K. A. (2012). Takin' it to the Streets: A community-university partnership approach to physical activity research and knowledge translation. *Kinesiology Review, 1,* 190-196.
- 70. Martin Ginis, K. A., Latimer-Cheung, A. E., Corkum, S., Ginis, S., Anathasopoulos, P., Arbour-Nicitopoulos, K. P., & Gainforth. H. (2012). A case study of a community-university multidisciplinary partnership approach to increasing physical activity participation among people

- with spinal cord injury. Translational Behavioral Medicine, 2, 516-522. DOI 10.1007/s13142-012-0157-0
- 71. Martin Ginis, K. A., Jörgensen, S., Stapleton, J. (2012). Exercise and sport for persons with spinal cord injury. Physical Medicine and Rehabilitation, 4, 894-900.
- 72. Foulon, B., Lemay, V., Ainsworth, V., Martin Ginis, K. A. (2012). Enhancing physical activity guidelines: A needs survey of adults with spinal cord injury and health care professionals. Adapted Physical Activity Quarterly, 29, 329-345.
- 73. McEwan, D., Schmaltz, R., & Martin Ginis, K. A. (2012). Warming up with pressure improves subsequent clutch performance on a golf-putting task. Advances in Physical Education, 2(4), 144-147. Doi: 10.4236/ape.2012.24025
- 74. Lemay V, Routhier F, Noreau L, Phang SH, Martin Ginis KA. (2012). Relationships between wheelchair skills, wheelchair mobility and level of injury in individuals with spinal cord injury. Spinal Cord, 50, 37–41.
- 75. Perrier, M.J., Latimer-Cheung, A.E., **Martin Ginis, K.A.,** & The SHAPE-SCI Research Team. (2012). An investigation of seasonal variation in leisure time physical activity in persons with spinal cord injury. Spinal Cord, 50, 507-511. doi:10.1038/sc.2012.11.
- 76. Martin Ginis, K. A., Arbour-Nicitopoulos, K. A., Latimer-Cheung, A. E., Bray, S. R. et al. (2012). Predictors of leisure time physical activity among people with spinal cord injury. *Annals of* Behavioral Medicine, 44, 104-118.
- 77. McEwan, D., Martin Ginis, K. A., & Bray, S. R. (2012). "With the game on his stick": The home (dis)advantage in NHL hockey shootouts. Psychology of Sport and Exercise, 13, 578-581.
- 78. Richard-Greenblatt, M., Martin Ginis, K. A., Leber, L., & Ditor, D. S. (2012). Knowledge mobilization regarding activity and exercise after spinal cord injury: A Canadian undergraduate curriculum scan. Disability & Rehabilitation, 34, 1456-1460 (doi:10.3109/09638288.2011.644025).
- 79. Martin Ginis, K. A., McEwan, D., Josse, A., Phillips, S. M. (2012). Body image change in obese and overweight women enrolled in a weight-loss intervention: The importance of perceived versus actual physical changes. Body Image, 9, 311-317. http://dx.doi.org/10.1016/j.bodyim.2012.04.002,
- 80. Martin Ginis, K. A., Strong, H. A., Arent, S. M., & Bray, S. R. (2012). The effects of threatened social evaluation of the physique on cortisol activity. *Psychology & Health*, 27, 990-1007. DOI:10.1080/08870446.2011.652111
- 81. Sweet, S., Martin Ginis, K. A., Latimer-Cheung, A. E., & The SHAPE-SCI Research Group (2012). Examining physical activity trajectories for people with spinal cord injury. Health Psychology, 31, 728-732. doi: 10.1037/a0027795.

- 82. Martin Ginis, K. A., Phang, S. H., Latimer, A. E., & Arbour-Nicitopoulos, K. P. (2012). Reliability and validity tests of the Leisure Time Physical Activity Questionnaire for People with Spinal Cord Injury. Archives of Physical Medicine and Rehabilitation, 93, 677-682. doi:10.1016/j.apmr.2011.11.005
- 83. Phang, S. H., Martin Ginis, K. A., LeMay, V., & Routhier, F. (2012). The role of self-efficacy in the wheelchair skills-physical activity relationship among manual wheelchair users with spinal cord injury. Disability & Rehabilitation, 34, 625-632. doi:10.3109/09638288.2011.613516
- 84. Bray, S. R., Graham, J. D., Martin Ginis, K. A., & Hicks, A. L. (2012). Cognitive task performance causes impaired maximum force production in human hand flexor muscles. Biological Psychology, 89, 195-200. doi:10.1016/j.biopsycho.2011.10.008
- 85. Tait MK., Horrocks, J., Martin Ginis, K.A., & The SHAPE-SCI Research Group. (2012). Modelling longitudinal count data with zero-inflation: An application to physical activity. *Journal* of Statistics and Applications, 7, 55.
- 86. Graham, J., Bray, S. R., & Martin Ginis, K. A. (2012). Imagery and endurance: Does imagery impair performance by depleting self-control strength? Journal of Imagery Research in Sport and Physical Activity. Volume 7, Issue 1, ISSN (Online) 1932-0191, DOI: 10.1515/1932-0191.1074
- 87. Latimer, A. E., Martin Ginis, K. A., & Perrier, M. J. (2011). The story behind the numbers: a tale of three quantitative researchers' foray into qualitative research. Qualitative Research in Sport, Exercise and Health, 3, 278-284.
- 88. Coudevylle, G. R., Gernigon, C., & Martin Ginis, K. A. (2011). Self-esteem, self-confidence, anxiety and claimed self-handicapping. A meditational analysis. Psychology of Sport and Exercise, *12*, 670-675.
- 89. Conlin, C. E., & Martin Ginis, K. A. (2011). Body envy: The effects of appearance comparison processing during an exercise video workout on women's body image. Canadian Journal of Kinesiology, 5, 8-14.
- 90. Bray, S. R., Martin Ginis, K. A., & Woodgate, J. (2011). Self-regulatory strength depletion and muscle-endurance performance: A test of the limited-strength model in older adults. Journal of Aging and Physical Activity, 19, 177-188.
- 91. Bassett, R. L. & Martin Ginis, K. A. (2011). Risky business: The effects of an individualized health information intervention on health risk perceptions and leisure time physical activity among people with spinal cord injury. Disability and Health Journal, 4, 165-176. DOI: 10.1016/j.dhjo.2010.12.001
- 92. Barr, N., Martin Ginis, K. A., & Arent, S. M. (2011). The acute effects of arm ergometry on affect. Comparative Exercise Physiology, 7, 117-125. doi:10.1017/S1755254010000322

- 93. Letts, L., Martin Ginis, K. A., Faulkner, G., Colquhoun, H., Levac, D., & Gorczynski, P. (2011). Preferred methods and messengers for delivering physical activity information to people with spinal cord injury: A focus group study. Rehabilitation Psychology, 56, 128-137.
- 94. Martin Ginis, K. A., Latimer, A. E., Arbour-Nicitopoulos, K. P., Bassett, R. L., Wolfe, D. L., & Hanna, S. E. (2011). Determinants of physical activity among people with spinal cord injury: A test of social cognitive theory. Annals of Behavioral Medicine, 42, 127-133. DOI 10.1007/s12160-011-9278-9
- 95. Martin Ginis K. A., Hicks, A. L., Latimer, A. E., Warburton, D. E. R., Bourne, C., Ditor, D. S., Goodwin, D. L., Hayes, K. C., McCartney, N., McIlraith, A., Pomerleau, P., Smith, K., Stone, J. A., Wolfe, D. L. (2011). The development of evidence-informed physical activity guidelines for adults with spinal cord injury. Spinal Cord, 49, 1088-1096. doi:10.1038/sc.2011.63
- 96. Hicks, A. L., Martin Ginis, K. A., Pelletier, C. A., Ditor, D. S., Foulon, B. & Wolfe, D. L. (2011). The effects of exercise training on physical capacity, strength, body composition and functional performance among adults with spinal cord injury: a systematic review. Spinal Cord, 49, 1103-1127. doi:10.1038/sc.2011.62
- 97. Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (2011). Universal accessibility of "accessible" fitness and recreational facilities for persons with mobility disabilities. Adapted Physical Activity Quarterly, 28, 1-15.
- 98. Martin Ginis, K. A., Murru, E., Conlin, C., & Strong, H. A. (2011). Construct validation of a state version of the Social Physique Anxiety Scale. Body Image, 8, 52-57. doi:10.1016/j.bodyim.2010.10.001
- 99. Jung, M. E., & Martin Ginis, K. A. (2011). Increasing calcium intake in young women through gain-framed, targeted messages: A randomized controlled trial. Psychology & Health, 26, 531-547.
- 100. Jetha, A., Faulkner, G., Arbour-Nicitopoulos, K. P., Gorczynski, P., & Martin Ginis, K. A. (2011). Physical activity and individuals with spinal cord injury: Accuracy and Quality of Information on the Internet. Disability and Health Journal, 4, 112-120. doi:10.1016/j.dhjo.2010.07.001
- 101. Knight, K. H., Buchholz, A. C., Martin Ginis, K. A., Goy, R. E. & The SHAPE-SCI Research Group. (2011). Leisure-time physical activity and diet quality are not associated in people with chronic spinal cord injury. Spinal Cord, 49, 381-385.
- 102. Hetz S.P., Latimer A.E., Arbour-Nicitopoulos K.A., Martin Ginis K.A. & The SHAPE-SCI Research Group. (2011). Secondary complications and subjective well-being in individuals with chronic spinal cord injury: Associations with adiposity. Spinal Cord, 49, 266-272.
- 103. Opperman E.A., Buchholz A.C., Darlington G.A., Martin Ginis K.A., & The SHAPE-SCI Research Group. (2010). Dietary supplement use in the spinal cord injury population. Spinal

- 104. Foulon, B. L., Phang, S. H., Avrahami, D., & Martin Ginis, K. A. (2010). Manipulating anticipated regret to increase physical activity. Canadian Journal of Kinesiology, 4, 6-14.
- 105. Stacey, D., Timmons, B. W., Martin Ginis, K. A., & Gibala, M. J. (2010). Effects of recovery modality on performance, immune changes, and psychological outcomes. Journal of Orthopaedic & Sports Physical Therapy, 40, 656-665.
- 106. Murru, E. C., & Martin Ginis, K. A. (2010). Imagining the possibilities: The effects of a possible selves intervention on self-regulatory efficacy and exercise behavior. Journal of Sport & Exercise Psychology, 32, 537-554.
- 107. Martin Ginis, K. A., Latimer, A. E., Arbour-Nicitopoulos, K. P., Buchholz, A., Bray, S. R., Craven, B., Hayes, K. C., Hicks, A. L., McColl, M., Potter, P. J., Smith K., & Wolfe, D. L. (2010). Leisure-Time Physical Activity in a Population-Based Sample of People with Spinal Cord Injury Part I: Demographic and Injury-Related Correlates Archives of Physical Medicine and Rehabilitation, 91, 722-728.
- 108. Martin Ginis, K. A., Arbour-Nicitopoulos, K. P., Latimer, A. E., Buchholz, A., Bray, S. R., Craven, B., Hayes, K. C., Hicks, A. L., McColl, M., Potter, P. J., Smith K., & Wolfe, D. L. (2010). Leisure-Time Physical Activity in a Population-Based Sample of People with Spinal Cord Injury Part II: Activity Types, Intensities and Durations. Archives of Physical Medicine and Rehabilitation, 91, 729-733.
- 109. Lindwall, M., & Martin Ginis, K. A. (2010). Exercising impressive impressions: The exercise stereotype in male targets. Scandinavian Journal of Medicine and Science in Sport, 20, e1-e11.
- 110. Arbour-Nicitopoulos, K.P., Martin Ginis, K.A., Wilson, P.M., & The SHAPE-SCI Research Group. (2010). Examining the individual and perceived neighborhood associations of leisure-time physical activity in persons with spinal cord injury. Annals of Behavioral Medicine, 39, 192-197.
- 111. Martin Ginis, K. A., Jetha, A., Mack, D. E., & Hetz, S. (2010). Physical activity and subjective well-being among people with spinal cord injury: A meta-analysis. Spinal Cord, 48, 65-72.
- 112. Martin Ginis, K. A., & Bray, S. R. (2010). Application of the limited strength model of selfregulation to understanding exercise effort, planning and adherence. Psychology and Health, 25, 1147-1160.
- 113. Letts, L., Moreland, J., Richardson, J., Coman, L., Edwards, M., Martin Ginis, K., Wilkins, S., & Wishart, L. (2010). The physical environment as a falls risk factor in older adults: Systematic review and meta-analysis of cross-sectional and cohort studies. Australian Occupational Therapy Journal, 57, 51-64 DOI: 10.1111/j.1440-1630.2009.00787.
- 114. Laughton, G. E., Buchholz, A. C., Martin Ginis, K. A., Goy, R. E., & The SHAPE-SCI Research Group (2009). Lowering body mass index cutoffs better identifies obese persons with spinal cord

- injury. Spinal Cord, 47, 757-762.
- 115. Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., & Latimer, A. E. (2009). Planning, leisure-time physical activity, and coping self-efficacy in persons with spinal cord injury: A randomized controlled trial. Archives of Physical Medicine and Rehabilitation, 90, 2003-2011.
- 116. Hetz S.P., Latimer A.E., Buchholz A.C., Martin Ginis K.A. & The SHAPE-SCI Research Group (2009). Increased participation in activities of daily living is associated with lower cholesterol levels in people with spinal cord injury. Archives of Physical Medicine and Rehabilitation, 90, 1755-1759.
- 117. Buchholz A.C., Martin Ginis K.A., Bray S.R., Craven B.C., Hayes K.C., Hicks A.L., Latimer A.E., McColl M.A., Potter P.J., Smith K., & Wolfe D.L. (2009). Greater daily leisure time physical activity is associated with lower chronic disease risk in adults with spinal cord injury. Applied Physiology, Nutrition & Metabolism, 34, 640-647.
- 118. Arbour, K. P., Martin Ginis, K. A., & The SHAPE-SCI Research Group (2009). The relationship between fitness facility proximity and leisure-time physical activity in persons with spinal cord injury. Disability and Health, 3, 128-135.
- 119. Arbour, K. P. & Martin Ginis, K. A. (2009). Transforming intentions into behaviour: Investigating the effects of implementation intentions on women's walking behavior. Psychology & Health, 24, 109-118.
- 120. Bassett, R. L., & Martin Ginis, K. A. & Buchholz, A. E. & The SHAPE SCI Research Group (2009). A pilot study examining correlates of body image among women living with SCI. Spinal Cord, 47, 496-498.
- 121. Bassett, R. L. & Martin Ginis, K. A. (2009). More than looking good; Impact on quality of life moderates the relationship between functional body image & physical activity in men with SCI. Spinal Cord, 47, 252-256.
- 122. Kwan, M. Y., Bray, S. R., & Martin Ginis, K. A. (2009). Predicting physical activity during transition to first-year university: An application of the Theory of Planned Behavior. Journal of American College Health, 58, 45-52.
- 123. Coudevylle, G. R., Martin Ginis, K. A. & Famose, J. F. (2009). An experimental investigation of determinants and consequences of self-handicapping strategies across motivational climates. European Journal of Sport Science, 9, 219-227.
- 124. Hetz, S. P., Latimer, A. E., & Martin Ginis, K. A. (2009). Activities of daily living performed by individuals with SCI: relationships with physical fitness and leisure time physical activity. Spinal Cord, 47, 550-554.
- 125. Walters, J. L., Buchholz, A. C., & Martin Ginis, K. A. & The SHAPE SCI Research Group (2009). Evidence of dietary inadequacy in adults with chronic spinal cord injury. Spinal Cord, 47, *318-322*.

- 126. Martin Ginis, K. A., Latimer, A. E., Buchholz, A., Bray, S. R., Craven, B. C., Hicks, A. L., Hayes, K. C. McColl, M.A., Potter, P. J., Smith, K. M., & Wolfe, D. (2008). Establishing evidencebased physical activity guidelines: Methods for the Study of Health and Activity in People with Spinal Cord Injury (SHAPE SCI). Spinal Cord, 46, 216-221.
- 127. Martin Ginis, K. A., Prapavessis, H., & Haase, A. M. (2008). The effects of physique-salient and physique non-salient exercise videos on women's body image, self-presentational concerns, and exercise motivation. Body Image, 5, 164-172.
- 128. Arbour, K. P., & Martin Ginis, K. A. (2008). Improving body image one step at a time: Greater pedometer step counts produce greater body image improvements. Body Image, 5, 331-336.
- 129. Gibson AE, Buchholz AC, Martin Ginis K. A., & SHAPE-SCI Research Group (2008). C-Reactive protein in adults with chronic spinal cord injury: increased chronic inflammation in tetraplegia vs. paraplegia. Spinal Cord, 46, 616-621.
- 130. Finnie AK, Buchholz AC, Martin Ginis K. A., & SHAPE SCI Research Group (2008). Current coronary heart disease risk assessment tools may underestimate risk in community-dwelling persons with chronic spinal cord injury. Spinal Cord, 46, 608-615.
- 131. Bray, S. R., Martin Ginis, K. A., Hicks, A. L., & Woodgate, J. (2008). Effects of self-regulatory strength depletion on muscular performance and EMG activation. Psychophysiology, 45, 337-343.
- 132. Coudevylle, G. R., Martin Ginis, K. A., Famose, J. P., & Gernigon, C. (2008). Effects of selfhandicapping strategies on anxiety before athletic performance. The Sport Psychologist, 3, 304-315.
- 133. Coudevylle, G. R., Martin Ginis, K. A., Famose, J. P. (2008). Determinants of self-handicapping strategies in sport and their effects on athletic performance. Social Behavior and Personality, 36, 385-390.
- 134. Galea, M. N., Bray, S. R., Martin Ginis, K. A. (2008). Barriers and facilitators of walking in individuals with intermittent claudication. Journal of Aging & Physical Activity, 16, 69-84.
- 135. Hicks, A. L., & Martin Ginis, K. A. (2008). Treadmill training after spinal cord injury: It's not just about the walking. Journal of Rehabilitation Research and Development, 45, 241-248.
- 136.O'Brien, J., Martin Ginis, K. A., & Kirk, D. (2008). The effects of a body-focused physical and health education module on self-objectification and social physique anxiety in Irish girls. *Journal of* Research in Teaching Physical Education, 27, 116-126.
- 137. Jung, M. E., Bray, S. R., & Martin Ginis, K. A. (2008). Behavior change and the freshman 15: Tracking physical activity and dietary patterns in 1st-year university women. Journal of American *College Health, 56,* 523-530.

- 138. Faulkner, G., Simone, E. R., Irving, H. M., & Martin Ginis, K. (2007). Young people's impressions of older adults: The role of exercise habit information. Activities, Adaptation & Aging, *31*, 37-50.
- 139. Martin Ginis, K. A., & Hicks, A. L. (2007). Physical activity for Canadians with a disability: benefits, barriers and blueprints. Canadian Journal of Public Health, 98 (Suppl. 2), S135-S147
- 140. Shields, C. A., Brawley, L. R., & Martin Ginis, K. A. (2007). Interactive effects of exercise status and observer gender on the impressions formed of men. Sex Roles, 56, 231-237.
- 141. Arbour, K. A., Latimer, A. E., & Martin Ginis, K. A., & Jung, M. E. (2007). Moving beyond the stigma: The impression formation benefits of exercise for individuals with a physical disability. Adapted Physical Activity Quarterly, 24, 144-159.
- 142. Martin Ginis, K. A., & Latimer, A. E. (2007). The effects of acute bouts of body-weight supported treadmill training on the mood states of people with spinal cord injury. Spinal Cord, 45, 112-115.
- 143. Adams, M. M., Martin Ginis, K. A., & Hicks, A. L. (2007). Development and preliminary evaluation of the Spinal Cord Injury Spasticity Evaluation Tool. Archives of Physical Medicine and Rehabilitation, 88, 1185-1192.
- 144. Martin Ginis, K. A., Burke, S. M., & Gauvin, L. (2007). Exercising with others exacerbates the negative effects of mirrored environments on sedentary women's feeling states. Psychology and Health, 22, 945-962.
- 145. Tremblay, M.S., Shephard, R.J., Brawley, L.R., Cameron, C., Craig, C.L., Duggan, D., Esliger, D.W., Hearst, W., Hicks, A., Janssen, I., Katzmarzyk, P.T., Latimer, A.E., Martin Ginis, K.A., McGuire, A., Paterson, D.H., Sharratt, M., Spence, J.C., Timmons, B., Warburton, D., Young, T.K., and Zehr, L. (2007). Physical activity guidelines and guides for Canadians: facts and future. Applied Physiology, Nutrition & Metabolism, 32 (Supplement 2E) S218–S224.
- 146. Arthur HM, Gunn E, Thorpe KE, Martin Ginis K. A., Mataseje L, McCartney N, McKelvie RS. (2007). Effect of aerobic vs combined aerobic-strength training on 1-year, post-cardiac rehabilitation outcomes in women after a cardiac event. Journal of Rehabilitation Medicine, 39, 730-735.
- 147. Strong, H. A., Mack, D. E., Martin Ginis, K. A., & Wilson, P.W. (2006). Examining selfpresentational exercise motives and social physique anxiety in men and women. Journal of Applied Biobehavioral Research. 11, 209-225.
- 148. Arbour, K. P., & Martin Ginis, K. A. (2006). Effects of exposure to muscular and hypermuscular media images on young men's muscularity dissatisfaction and body dissatisfaction Body Image: An International Journal of Research, 3, 153-162.

- 149. Latimer, A. E., Martin Ginis, K. A., Craven, B. C. & Hicks, A. L. (2006). The physical activity recall assessment for people with spinal cord injury: Validity. Medicine and Science in Sports and Exercise, 38, 208-216.
- 150. *Latimer, A. E., Martin Ginis, K. A., & Arbour, K. P. (2006). The efficacy of an implementation intention intervention for promoting physical activity among individuals with spinal cord injury: A randomized controlled trial. Rehabilitation Psychology, 51, 273-280. *Harold Yuker Award for Best Paper published in *Rehabilitation Psychology* (2007)
- 151. Lindwall, M., & Martin Ginis, K. A. (2006). Moving towards a favorable image: The selfpresentational benefits of exercise and physical activity. Scandinavian Journal of Psychology, 47. 209-217.
- 152. Martin Ginis, K. A., Latimer, A. E., Brawley, L. R., Jung, M. E., & Hicks, A. L. (2006). From weight training to activities of daily living: Helping older adults make a connection. Medicine and Science in Sports and Exercise, 38, 116-121.
- 153. Martin Ginis, K.A. & Leary, M. R. (2006). Single, female, physically active: Effects of exercise status and body weight on stereotyped perceptions of young women. Social Behavior and Personality, 34, 979-990.
- 154. Martin Ginis, K. A., Jung, M. E., Brawley, L. R., Latimer, A. E., Hicks, A. L., Shields, C. A., McCartney, N. (2006). The effects of physical activity enjoyment on sedentary older adults' physical activity attitudes and intentions. Journal of Applied Biobehavioral Research, 11, 1-26.
- 155. Spence J.C., Plotnikoff R.C., Rovniak L.S., Martin Ginis K.A., Rodgers W., Lear, S.A. (2006). Perceived neighbourhood correlates of walking among participants visiting the Canada on the Move website. Canadian Journal of Public Health, 97, (Suppl. 1), S36-S40.
- 156. Hicks, A.L., Adams, M. E., Martin Ginis, K. A., Giangregorio, L., Latimer, A. E., Phillips, S.M., & McCartney, N. (2005). Long-term BWSTT and subsequent follow-up in persons with chronic SCI: Effects on functional walking ability and measures of subjective well-being. Spinal Cord, 43, 291-298.
- 157. McGowan, C. L, Lichtenberger, C. M., Martin Ginis, K. A., & McCartney, N. (2005). Depressive symptomatology in maintenance cardiac rehabilitation: Correlates and predictors. Avante, 11, 109-119.
- 158. Latimer, A. E., & Martin Ginis, K. A. (2005). The Theory of Planned Behavior in prediction of leisure time physical activity among individuals with spinal cord injury. Rehabilitation Psychology, 50, 389-396.
- 159. Latimer, A. E., & Martin Ginis, K. A. (2005). Reactions to an acute bout of exercise predict older adults' subsequent motivation to join an exercise program. American Journal of Health Promotion, 20, 135-138.

- 160. Latimer, A. E., Martin Ginis, K. A., & Hicks, A. L. (2005). Buffering the effects of stress on well-being among individuals with SCI: A potential role for exercise. Therapeutic Recreation Journal, 39, 131-138.
- 161. Latimer, A. E., & Martin Ginis, K. A. (2005). The importance of subjective norms for people who care what others think of them. Psychology and Health, 20, 53-62.
- 162. Martin Ginis, K. A., Eng, J. J., Arbour, K. P., Phillips, S. M., & Hartman, J. W. (2005). Mind over muscle? Sex differences in the relationship between body image change and subjective and objective physical changes following a 12-week strength-training program. Body Image: An International Journal, 2, 363-372.
- 163. Martin Ginis, K. A., Latimer, A. E., Hicks, A. L., Craven, C.(2005). Development and evaluation of an activity measure for people with spinal cord injury. Medicine and Science in Sports and Exercise, 37, 1099-1111.
- 164. Martin Ginis, K. A., & Hicks, A. L. (2005). Exercise research issues in the spinal cord injured population. Exercise and Sport Science Reviews, 33, 49-53.
- 165. McCall, L. A., & Martin Ginis, K. A. (2004). The effects of message framing on exercise adherence and health beliefs among patients in a cardiac rehabilitation program. Journal of Applied Biobehavioral Research, 9, 122-135.
- 166. Bray, S. R., Gyurcsik, N. C., Martin Ginis, K. A., & Culos-Reid, S. N. (2004). The proxy efficacy exercise questionnaire: Development of an instrument to assess female exercisers' proxy efficacy beliefs in structured group exercise classes. Journal of Sport & Exercise Psychology, 26, 442-456.
- 167. Elston, T., & Martin Ginis, K. A. (2004). The effects of self-set versus assigned goals on exercisers' self-efficacy for an unfamiliar task. Journal of Sport & Exercise Psychology, 26, 500-504.
- 168. Fleming, J. C., & Martin Ginis, K. A. (2004) The effects of commercial exercise video models on women's self-presentational efficacy and exercise task self-efficacy. Journal of Applied Sport Psychology, 16, 92-102.
- 169. Gammage, K., Martin Ginis, K. A., & Hall, C. R. (2004). Self-presentational efficacy expectancy: Its influence on anxiety in an exercise context. Journal of Sport & Exercise Psychology, 26, 179-190.
- 170. Gammage, K. L., Hall, C. R., Prapavessis, H., Maddison, R., Haase, A., & Martin, K.A. (2004). Re-examination of the factor structure and composition of the self-presentation in exercise questionnaire (SPEQ). Journal of Applied Sport Psychology, 16, 82-91.
- 171. Latimer, A. E., & Martin Ginis, K. A., Hicks, A. L., & McCartney, N. (2004). An examination of the mechanisms of exercise-induced change in psychological well-being among people with

- spinal cord injury. Journal of Rehabilitation Research and Development, 41, 643-652.
- 172. Latimer, A. E & Martin Ginis K. A., & Craven, B. C. (2004). Psychosocial predictors of exercise intentions and behavior among people with spinal cord injury. Adapted Physical Activity Quarterly, *21*, 71-85.
- 173. Martin Ginis, K. A., & Leary, M. R. (2004). A self-presentational approach to understanding health damaging behavior. Journal of Applied Sport Psychology, 16, 59-74.
- 174. Arbour, K. P., & Martin Ginis, K. A. (2004). Helping middle-aged women translate physical activity intentions into action: Combining the theory of planned behaviour and implementation intentions. Journal of Applied Biobehavioral Research, 9, 172-187.
- 175. Gammage, K., Hall, C., & Martin Ginis K. A. (2004). Self-presentation in exercise contexts: Differences between high and low frequency exercisers. Journal of Applied Social Psychology, 34, 1638-1651
- 176. Watson, J., Martin Ginis, K. A., & Spink, K. S. (2004). Team building in an exercise class for the elderly. Activities, Adaptation, & Aging, 28, 35-47.
- 177. Woodgate, J., Martin Ginis, K. A., Sinden, A. R. (2003). Physical activity and social physique anxiety in older women: The moderating effects of self-presentation efficacy. Journal of Applied Biobehavioral Research, 8, 116-127.
- 178. Martin Ginis, K. A., O'Brien, J., & Watson, J. (2003). The importance of self-presentational motives for exercise: A preliminary cross-cultural comparison of Irish and American university students. Irish Journal of Psychology, 24, 46-57.
- 179. Martin Ginis, K. A., Latimer, A. E., McKechnie, K., Ditor, D. S., McCartney, N., Hicks, A. L., Bugaresti, J., & Craven, C. (2003). Using physical activity to enhance subjective well-being among people with spinal cord injury: The mediating influence of stress and pain. Rehabilitation Psychology, 48, 157-164.
- 180. Martin Ginis, K. A., Jung, M. E., & Gauvin, L. (2003). To see or not to see: The effects of exercising in mirrored environments on sedentary women's feeling states and self-efficacy. Health Psychology, 22, 354-361.
- 181. Martin Ginis, K. A., Latimer, A. E., & Jung, M. E. (2003). No pain no gain? The effects of varying levels of exercise intensity on the exerciser stereotype. Social Behavior and Personality, *31*, 283-290.
- 182. Bray, S. R., & Martin, K. A. (2003). The influence of competition location on individual athletes' performance and psychological states. Psychology of Sport and Exercise, 4, 117-123.
- 183. Ditor, D. S., Latimer, A. E., Martin Ginis, K. A., Arbour, K. P., McCartney, N., & Hicks, A. L. (2003). Maintenance of exercise participation in individuals with spinal cord injury: Effects on quality of life, stress and pain. Spinal Cord, 41, 446-450.

- 184. Hicks, A. L., Martin, K. A., Ditor, D. S., Latimer, A. E., Craven, C., Bugaresti, J., & McCartney N. (2003). Long-term exercise training in persons with spinal cord injury: effects on strength, arm ergometry performance and psychological well-being. Spinal Cord, 41, 34-43.
- 185. Lichtenberger, C. M., Martin Ginis, K. A., MacKenzie, C. L., McCartney, N. (2003). The relationship between body image concerns, fitness, and depression among men and women in a cardiac exercise rehabilitation program. Journal of Cardiac Rehabilitation, 23, 53-59.
- 186. Sinden, A. R., Martin Ginis, K. A., & Angove, J. (2003). Older women's reactions to revealing and non-revealing exercise attire. Journal of Aging and Physical Activity, 11, 445-458.
- 187. Culos-Reed, S. N., Brawley, L. R., Martin, K. A., & Leary, M. R. (2002). Self-presentation concerns and health behaviors among cosmetic surgery patients. Journal of Applied Social Psychology, 32, 560-569.
- 188. Martin, K. A., & Brawley, L. R. (2002). Self-handicapping in physical achievement settings: The contributions of self-esteem and self-efficacy Self and Identity, 1, 337-351.
- 189. Martin, K. A., Latimer, A. E., Francoeur, C., Hanley, H., & Watson, K. (2002). Sustaining exercise motivation and participation among people with spinal cord injury: Lessons learned from a 9-month intervention. Palaestra, 18, 38-40, 51.
- 190. Wilkins, S., Finch, E., Letts, L., Martin, K. A., Moreland, J., Richardson, J., & Wishart, L. (2002). Development of interprofessional clinical research collaboration in gerontology. Gerontology and Geriatrics Education, 22, 93-106.
- 191. Buscher, L., Martin, K. A., & Crocker, S. (2001). Point of purchase messages framed in terms of cost, convenience, taste, and energy improve healthy snack selection in a college food service. Journal of the American Dietetic Association, 101, 909-913.
- 192. Martin, K. A. & Fox, L. D. (2001). Group and leadership effects on social anxiety experienced during an exercise class. Journal of Applied Social Psychology, 31, 1000-1016.
- 193. Martin, K. A., & Leary, M. R. (2001). Self-presentational determinants of health risk behavior among college freshmen. Psychology and Health, 16, 17 –27
- 194. Martin, K. A., Leary, M. R., & O'Brien, J. (2001). The role of self-presentation in the health practices of a sample of Irish adolescents. Journal of Adolescent Health, 28, 259-262.
- 195. Martin, K. A., & Sinden, A. R. (2001). Who will stay and who will go? A review of older adults' adherence to randomized controlled trials of exercise. Journal of Aging and Physical Activity, 9, 91-114.

- 196. Bray, S. R., Gyurcsik, N. C., Culos-Reid, S. N., Dawson, K. A., & Martin, K. A. (2001). An exploratory investigation of the relationship between proxy efficacy, self-efficacy and exercise attendance. Psychology and Health 16, 425-434.
- 197. Martin, K. A., Sinden, A. R., & Fleming, J. C. (2000). Inactivity may be hazardous to your image: The effects of exercise habit information on impression formation. Journal of Sport and Exercise Psychology, 22, 309-317.
- 198. Bray, S. R., Martin, K. A., & Widmeyer, W. N. (2000). The relationship between evaluative concerns and sport competition state anxiety among youth skiers. Journal of Sport Science, 18, 1-9.
- 199. Martin, K. A., Leary, M. R., & Rejeski, W. J. (2000). Self-presentational concerns in older adults: Implications for health and well-being. Basic and Applied Social Psychology, 22, 169-179.
- 200. Hausenblas, H. A., & Martin, K. A. (2000). Bodies on display: Female aerobic instructors and social physique anxiety. Women in Sport and Physical Activity Journal, 9, 1-14.
- 201. Reboussin, B. A., Rejeski, W. J., Martin, K. A., Callahan, K., Dunn, A. L., King, A. A., & Sallis, J. F. (2000). Correlates of satisfaction with body function and body appearance in middle- and older-aged adults: The Activity Counseling Trial (ACT). Psychology and Health, 15, 239-254.
- 202. Martin, K. A., Bowen, D. J., Dunbar-Jacob, J., & Perri, M. G. (2000). Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. Controlled Clinical Trials, 21, S195-199.
- 203. Martin, K. A., Moritz, S. E., & Hall, C. R. (1999). Imagery use in sport: A literature review and applied model. The Sport Psychologist, 13, 245-268.
- 204. Martin, K. A., Rejeski, W. J., Miller, M. E., James, M. K., Ettinger, W. H., & Messier, S. P. (1999). Validation of the PASE in older adults with knee pain and physical disability. *Medicine and* Science in Sports and Exercise, 31, 627-633.
- 205. Martin, K. A., & Brawley, L. R. (1999). Is the Self-Handicapping Scale reliable outside of academic achievement settings? Personality and Individual Differences, 27, 901-911.
- 206. Martin, K. A. & Leary, M. R. (1999). Would you drink after a stranger? The influence of selfpresentational motives on willingness to take a health risk. *Personality and Social Psychology* Bulletin, 25, 1092-1100.
- 207. O'Brien, J. & Martin, K. A. (1998). Up and running: Interventions in exercise psychology. Irish Journal of Psychology, 19, 439-446.
- 208. Rejeski, W. J., Martin, K. A., Miller, M. E., Ettinger, W. H., & Rapp, S. (1998). Perceived importance and satisfaction with physical function in patients with knee osteoarthritis. *Annals of* Behavioral Medicine, 20, 141-148.

- 209. Martin, K. A., & Hausenblas, H. A. (1998). Psychological commitment to exercise and eating disorder symptomatology among female aerobic instructors. The Sport Psychologist, 12, 180-190.
- 210. Rejeski, W. J., Ettinger, W. H., Martin, K. A., & Morgan, T. (1998). Prescribing physical activity for disability in knee osteoarthritis: A central role for self-efficacy and pain. Arthritis Care and Research, 11, 94-101.
- 211. Martin, K. A., Rejeski, W. J., Leary, M. R., McAuley, E., & Bane, S. (1997). Is the Social Physique Anxiety Scale really multidimensional? Conceptual and statistical arguments for a unidimensional model. Journal of Sport & Exercise Psychology, 19, 360-368.
- 212. Martin, K. A., & Hall, C. R. (1997). Situational and intrapersonal moderators of competitive state anxiety. Journal of Sport Behavior, 20, 125-136.
- 213. Hall, C. R., & Martin, K. A. (1997). Measuring movement imagery abilities: Revision of the Movement Imagery Questionnaire. Journal of Mental Imagery, 21, 143-154.
- 214. Martin, K. A., & Mack, D. (1996). Relationships between physical self-presentation and sport competition trait anxiety: A preliminary study. Journal of Sport & Exercise Psychology, 18, 75-82.
- 215. Moritz, S. E., Hall, C. R., Martin, K. A., & Vadocz, E. (1996). What are confident athletes imaging? An analysis of imagery content. The Sport Psychologist, 10, 171-177.
- 216. Martin, K. A., & Hall, C. R. (1995). Using mental imagery to enhance intrinsic motivation. Journal of Sport & Exercise Psychology, 17, 54-69.
- 217. Brawley, L. R., & Martin, K. A. (1995). The interface of social and sport psychology. The Sport Psychologist, 9, 469-497.
- 218. Klavora, P., Gaskovski, P., Martin, K. A., Forsyth, R. D., Helsegrave, R. J., Young, M., & Quinn, R. P. (1995). The effect of Dynavision rehabilitation on behind-the-wheel driving ability and selected psychomotor abilities of persons post-stroke. The American Journal of Occupational Therapy, 49, 534-542.

D) PEER-REVIEWED JOURNAL ABSTRACTS

- 1. Chemtob, K., Caron, J. G., Fortier, M., Martin Ginis, K. A., Latimer-Cheung, A. E., Noreau, L., Zelaya, W., & Sweet, S. N. (2016). Peer mentees' perceptions of the effect of peer mentorship on their participation in daily activities after spinal cord injury. Journal of Exercise, Movement, and *Sport, 48*(1).
- 2. Sweet, S. N., Michalovic, E., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Zelaya, W., Noreau, L. (2016). Examining basic psychological needs theory within a spinal cord injury peer mentorship context. Canadian Psychology, 57a, 127.

- 3. Michalovic, E., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Noreau, L., Zelaya, W., & Sweet, S. N. (2016). Autonomous motivation as a mediator of the basic psychological needs and social participation among adults with spinal cord injury. Canadian Psychology, 57a, 118.
- 4. Chemtob K., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Noreau, L., Zelaya, W., & Sweet, S. N. (2016). Examining the social environment created by spinal cord injury peer mentors: A Self Determination Theory Perspective. Canadian Psychology, 57a, 115.
- 5. Harmon, B., Nigg, C., Martin Ginis, K., Motl, R., & Dishman, R. (2015). Temporal Sequencing of Behavior Change Constructs in the Transtheoretical Model. *Annals of Behavioral Medicine*, 49, S248 (Abstract Citation Award).
- 6. Salci, L. E., Ginis, S., & Martin Ginis, K. A. (2015). Active Living Leaders Training Program for spinal cord injury: A peer training program with key components to influence users' self-efficacy. Journal of Sport & Exercise Psychology, 37, S137.
- 7. Perrier, M. J., Ventresca, M., & Martin Ginis, K. A. (2015). The creation and dissemination of a positive athlete stereotype: Exploring the 2014 Sochi Paralympic Games media. Journal of Sport & Exercise Psychology, 37, S145.
- 8. Shaw, R. B., Perrier, M. J., Stapleton, J. N., Ma, J. K., Fang, H., Campbell, D., Tawse, H. L., & Martin Ginis, K. A. (2015). Gaining momentum: Barriers and facilitators of greater competitive level in parasport. Journal of Sport & Exercise Psychology, 37, S145.
- 9. Stapleton, J. N. & Martin Ginis, K. A. (2015). Sex-differences in theory-based predictors of sport among parasport athletes with mobility impairments. Journal of Sport & Exercise Psychology, 37, S146.
- 10. Ma, J. K., Rimmer, J. H., & Martin Ginis, K. A. (2015). Barriers and facilitators to physical activity participation in populations with disability: Mobilizing the next step. Journal of Sport & Exercise Psychology, 37, S127.
- 11. Orr, K., Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (2015). MS Get Fit Toolkit: Evaluation of a physical activity information resource for Canadian adults with multiple sclerosis. Journal of Sport & Exercise Psychology, 37, S135.
- 12. Stork, M. J., Graham, J. D., Bray, S. R., & Martin Ginis, K. A. (2015). Using self-reported and objective measures of self-control to predict exercise and academic behaviours among first-year university students. Journal of Sport & Exercise Psychology, 37, S146.
- 13. Martin Ginis, K. A., Perrier, M. J., & The SHAPE-SCI Research Group. (2015). Modifiable predictors of physical activity among mobility device users. In Mouton, L. J., Plaggenmarsh, C. H., Volkers, M. E. M., Dekker, R., Janssen, T. W. J., Houdijk, J. H. P. et. al.'s *Rehabilitation: Mobility*, Exercise, & Sports: Proceedings of the 5th International State-of-the-Art Congress. (pp.110-112). Netherlands: Wenckebach Instituut.

- 14. Perrier, M. J., Martin Ginis, K. A., Salci, L., & The SHAPE-SCI Research Group. (2015). A comparison of wheeling: Activity of daily living versus leisure-time physical activity. In Mouton, L. J., Plaggenmarsh, C. H., Volkers, M. E. M., Dekker, R., Janssen, T. W. J., Houdijk, J. H. P. et. al.'s Rehabilitation: Mobility, Exercise, & Sports: Proceedings of the 5th International State-of-the-Art Congress. (pp.116-119). Netherlands: Wenckebach Instituut.
- 15. Gainforth, H. L., Latimer-Cheung, A. E., Casemore, S., Davis, C., & Martin Ginis, K. A. (2014). Testing the feasibility of training peers with spinal cord injury (SCI) to learn and implement brief action planning to promote physical activity to people with SCI. Annals of Behavioral Medicine, 47, S38-S38.
- 16. Stapleton, J., Martin Ginis, K. A., Perrier, M.J. (2014) Competition level differences in theorybased predictors of sport among parasport athletes with mobility impairments. Journal of Sport & Exercise Psychology, 36, S114.
- 17. Salci, L. E., Martin Ginis, K. A. (2014). Exercise and weight loss may not be enough: cortisol is elevated in women with pervasive body image concerns. The International Journal for Behavioral Nutrition & Physical Activity, 025.4.
- 18. Tomasone, J. R., Pulkkinen, W., Martin Ginis, K. A., Yang, J., & Krassioukov, A. (2014). The "ABCs of AD": A pilot test of an online educational module to increase use of the autonomic dysreflexia clinical practice guidelines among paramedic and nurse trainees. The Journal of Spinal *Cord Medicine*, *37*(5), 653.

Student Award Winner – 1st Place

- 19. Sweet, S., Martin Ginis, K. A., Noreau, L., & Leblond, J. (2014). Adults with spinal cord injury who report a need for peer support. The Journal of Spinal Cord Medicine, 37 (5), 652. Award Winner Research – 4th Place
- 20. Jeske, S., Tomasone, J. R., Arbour-Nicitopoulos, K. Ginis, S., & Martin Ginis, K. A. (2014). Knowledge mobilization training series (KMTS) quality improvement study. The Journal of Spinal *Cord Medicine, 37 (5), 646.*
- 21. Bray, S. R., Graham, J. D., Saville, P. D., Tran, A., Martin Ginis, K. A., Cairney, J., Marinoff Shupe, D., & Petitt, A. (2013). "You believe in me?...Maybe I can!": Interpersonal feedback increases relation-inferred self-efficacy (RISE) and effortful task performance. Journal of Sport and Exercise Psychology, 35, s79.
- 22. Stapleton, J., Martin Ginis, K. A., & Banfield, L. (2013). Social Influence and physical activity among individuals with spinal cord injury: A meta-analysis. Journal of Sport and Exercise Psychology, 35, s114.
- 23. Stork, M. J., Stapleton, J., & Martin Ginis, K. A. (2013). Social influences and physical activity participation among individuals with multiple sclerosis: A meta-analysis. Journal of Sport and Exercise Psychology, 35, s115.

- 24. Tomasone, J. R., **Martin Ginis, K. A.,** & Estabrooks, P. A. (2013). Changing minds is the first step to changing lives: The effectiveness of a seminar-mediated education intervention on the leisure-time physical activity cognitions of health care professionals across Canada. *Journal of Sport and Exercise Psychology*, 35, s117.
- 25. Sweet, S.N., Vickey, T., **Martin Ginis, K.A.** (2013). To tweet or not to tweet: The relationship between use of twitter, mobile physical activity applications and physical activity participation. *Annals of Behavioral Medicine*, 45 (suppl.), s296.
- 26. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulous, P., Moore, S., & Martin Ginis, K. A. (2013). A Knowledge Mobilization Network Analysis in a Community-Based Organization. *Annals of Behavioral Medicine*, 45(2), ss93.
- 27. Arbour-Nicitopoulos, K. P., **Martin Ginis, K. A**. & Latimer-Cheung, A. E. (2012). The SCI Get Fit Toolkit: Examining the evaluation and dissemination process. *Journal of Spinal Cord Medicine*, 35(5), 437.
- 28. Athanasopoulos, P., Latimer-Cheung, A. E., Gainforth, H. L., Corkum, S., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (2012). Partners in Success: Exploring research-stakeholder partnerships as a critical mechanism for knowledge translation and evidence-based practice. *Journal of Spinal Cord Medicine*, 35(5), 419.
- 29. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulos, P., & Martin Ginis, K. A. (2012). Creating an impact: Examining the organizational impact of an event-based knowledge translation initiative to promote physical activity to people with SCI. *Journal of Spinal Cord Medicine*, 35(5), 407.
- 30. Sweet, S. N., Latimer-Cheung, A. E., Bourne, C., **Martin Ginis, K. A**. (2012). Research use and needs: A glance at organizations aimed at improving the health of Canadians living with a disability. *Journal of Spinal Cord Medicine*, *35*(*5*), 452.
- 31. Tomasone, J. R., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2012). Doing what the guidelines say: Increasing awareness, knowledge, and adherence to the physical activity guidelines for adults with spinal cord injury through the Get In Motion telephone-based counseling service. *Journal of Spinal Cord Medicine*, 35(5), 440.
- 32. **Martin Ginis, K. A.** & Ginis, S. (2012). Evidence based, community vetted: Three case studies of knowledge translation to the SCI community. *Journal of Spinal Cord Medicine*, *35*(5), 424.
- 33. **Martin Ginis, KA.** (2012). Senior Lectures, Sport and Exercise Psychology: Takin' it to the Streets: A community-university partnership approach to physical activity research and knowledge translation. *Journal of Sport and Exercise Psychology, 34,* s3.
- 34. Stapleton, JN, **Martin Ginis, KA**, Perrier, MJ, Arbour-Nicitopoulos, KP. (2012). Wheeling versus winning: Comparing demographic and social cognitive variables between sport participants and non-participants living with spinal cord injury. *Journal of Sport and Exercise Psychology*, 34, s286.

- 35. Graham, JD., Bray, SR., Martin Ginis, KA. (2012). An investigation of the effects of energy conservation and motivation self-regulation strength depletion. Journal of Sport and Exercise Psychology, 34, s229.
- 36. Tomasone, JR., Martin Ginis, KA., Domenicucci, L., Estabrooks, PA. (2012). Changing minds, changing lives: A preliminary investigation of a national knowledge translation initiative to increase physical activity and parasport participation. Journal of Sport and Exercise Psychology, *34*, s293.
- 37. Tomasone, JR., Arbour-Nicitopoulos, KP., Martin Ginis, KA., Latimer-Cheung, AE. (2012). Who's in motion? The reach and effectiveness of Get in Motion: A telephone-based leisure-time physical activity counseling service for Canadian adults with spinal cord injury. Journal of Sport and Exercise Psychology, 34, s294.
- 38. Bray, SR., Martin Ginis, KA, Cairney, J., Marinoff-Shupe, D., Pettit, A., Saville, PD., Graham, JD., Tran, A. (2012). "They believe I can do it..., and this is how I know!": Youth sport participants' perceptions of verbal and non-verbal feedback on relation-inferred self-efficacy. Journal of Sport and Exercise Psychology, 34, s206.
- 39. Sweet, S. N., Martin Ginis, K. A., Latimer-Cheung, A. E.& the SHAPE-SCI Research Group (2012). Explaining the relationship between physical activity and quality of life in persons with spinal cord injury. Annals of Behavioral Medicine, 43(1), s203.
- 40. Latimer-Cheung, A. E., Tomasone, J. R., Rhodes, R. E., Kho, M. E., Gainforth, H. L., Kowalski, K., Nausti, G., Perrier, M. J. & The CPAG Messaging Recommendation Workgroup. (2012). Developing evidence-based messages for translating physical activity guidelines. *Annals of* Behavioral Medicine, 43(1), ss93.
- 41. Bassett, R. L., Latimer, A. E., Martin Ginis, K. A., & Richardson, B. (2011). I spy with my little eye: A persuasive message? Journal of Sport and Exercise Psychology, 33, S130.
- 42. Foulon, B., Martin Ginis, K. A., & Latimer, A. E., (2011). Tailored vignettes do nt change physical activity social cognitions among people with SCI. Journal of Sport and Exercise Psychology, 33, S146.
- 43. Martin Ginis, K. A., McEwan, D., Josse, A. R., & Phillips, S. M. (2011). Reality check: Body image change is more strongly related to perceived than actual physical fitness improvements. Journal of Sport and Exercise Psychology, 33, S169.
- 44. McEwan, D. A., & Martin Ginis, K. A. (2011). "With the Game on his Stick": The home (dis)advantage in NHL shootouts. Journal of Sport and Exercise Psychology, 33, S170.
- 45. Saville, P., Tomasone, J. R., McEwan, D. A., & Martin Ginis, K. A. (2011). Theoretical content analysis of physical activity websites targeting people with depression. Journal of Sport and Exercise Psychology, 33, S181.

- 46. Tomasone, J. R., Martin Ginis, K. A., Latimer, A. E., Bassett, R. L., & Wolfe, D. L. (2011). Thoughts matter: HAPA model variables for leisure-time physical activity differ across active and inactive people with spinal cord injury. Journal of Sport and Exercise Psychology, 33, S191.
- 47. Wilson, A. J., Gray, C., Latimer, A. E., Prapavessis, H., Wolfe, D. L., & Martin Ginis, K. A. (2011). Effects of physical activity coaching for individuals with SCI: A proof of principle study. Journal of Sport and Exercise Psychology, 33, S195.
- 48. Martin Ginis, K. A., Latimer, A. E., Bassett, R. L., Arbour-Nicitopoulos, K. P., & Wolfe, D. (2010). The importance of self-regulation for physical activity participation: A test of Social Cognitive Theory. Journal of Sport and Exercise Psychology, 32, S197.
- 49. Phang, S. H., Martin Ginis, K. A., Latimer, A. E., & Arbour-Nicitopoulos, K. P. (2010). Reliability and validity of a short version of the Physical Activity Recall Assessment for People with Spinal Cord Injury (PARA-SCI). Journal of Sport & Exercise Psychology, 32. S207.
- 50. Bray, S. R., Clayton, C., Martin Ginis, K. A., & Graham, J. (2010). Self-regulation depletion and exercise endurance: A test of the energy conservation hypothesis. Journal of Sport & Exercise Psychology, 33, S145.
- 51. Bray, S. R., Graham, J., Martin Ginis, K. A., & Hicks, A. L. (2010). Brain drain: Cognitive task performance depletes maximum voluntary effort for exercise. Journal of Sport & Exercise Psychology, 33, S145-S146.
- 52. Foulon, B. L., Martin Ginis, K. A., Benedict, C., & Latimer, A. E. (2010). Can a wheelchair tennis clinic increase physical activity self-efficacy? Journal of Sport & Exercise Psychology, 32, S163.
- 53. Bassett RL, & Martin Ginis KA. (2009). Dangerously Optimistic? The presence of optimistic bias in people with SCI and the relationship with physical activity. Journal of Sport and Exercise Psychology, 31, S109.
- 54. Walters J, Buchholz AC, Martin Ginis KA, & SHAPE SCI Research Group. (2008) Evidence of dietary inadequacy in adults with chronic spinal cord injury. Applied Physiology, Nutrition & *Metabolism*, *33*, 639.
- 55. *Arbour, K. P., Martin Ginis, K. A., & The SHAPE-SCI Research Group (2008). Examining the role of individual and environmental factors in leisure-time physical activity behaviour in persons with spinal cord injury. Journal of Sport and Exercise Psychology, 30. S30. *NASPSPA Outstanding Paper Award.
- 56. Barr, N., Arbour, K. P., & Martin Ginis, K. A. (2008). The relationship between physical activity, functional independence, and depression in individuals with spinal cord injury Journal of Sport & Exercise Psychology, 30, S149.

- 57. Bittner, J. P., Pelletier, C., & Martin Ginis, K. A. (2008). The role of intentions and planning in relations to current leisure time physical activity levels in first year undergraduate students. Journal of Sport and Exercise Psychology, 29, S150.
- 58. Clayton, C. S., Bray, S. R., & Martin Ginis, K. A. (2008, June). Self-regulatory depletion and physical performance: An examination of depletion effects and trait self control as an effect modifier. Journal of Sport & Exercise Psychology, 30, S159.
- 59. Martin Ginis, K. A., & Bray, S. R. (2008). Exercising self-control: A lab-based measure of exercise-related self-regulatory strength predicts 8-week exercise adherence. Journal of Sport and Exercise Psychology, 29, S185.
- 60. Murru, E. C., Martin Ginis, K. A., & Strong, H. (2008). Lifting anxiety: Strength-training in a mixed-sex environment induces greater state social physique anxiety than in a same-sex environment. Journal of Sport and Exercise Psychology, 29, S189.
- 61. Strong, H. A., Martin Ginis, K. A., Arent, S. M., & Bray, S. R. (2008). What not to wear: Revealing exercise attire and public exercise settings increase women's acute body image concerns and cortisol levels. Journal of Sport and Exercise Psychology, 29, S202.
- 62. Bassett, R. L., Latimer, A. E., & Martin Ginis, K. A. (2007). Wheeling for fitness in people with SCI: What's pain got to do with it? Journal of Sport and Exercise Psychology, 29, S146.
- 63. Bassett, R. L., & Martin Ginis, K. A. (2008). It takes more than just a little dissatisfaction; Body image investment moderates the relationship between leisure time physical activity and body dissatisfaction. Journal of Sport and Exercise Psychology, 30, S149.
- 64. Laughton G, Buchholz AC, Goy R, Martin Ginis KA, & SHAPE SCI Research Group. (2008) The current body mass index obesity cut-off of 30 kg/m² is highly insensitive in the chronic spinal cord injury population. Applied Physiology, Nutrition & Metabolism, 33, 622.
- 65. Arbour, K. P., Martin Ginis, K. A., & The SHAPE-SCI Research Group (2008). Examining the role of individual and environmental factors in leisure-time physical activity behaviour among persons with spinal cord injury. Journal of Sport and Exercise Psychology, 30, S30
- 66. Finnie, A. K., Buchholz, A. C., Martin Ginis, K. A. and the SHAPE-SCI Research Group (2007). Metabolic syndrome prevalence in men with chronic spinal cord injury. The FASEB Journal (Journal of the American Societies for Experimental Biology), 21, 831.5
- 67. Arbour, K. P., Martin Ginis, K. A., and the Shape-SCI Research Group (2007). Does the environment matter? Exploring the role of the physical environment in predicting leisure-time wheeling among people with spinal cord injury. Journal of Sport & Exercise Psychology, 29, S144.
- 68. Strong, H. A. & Martin Ginis, K. A. (2007). Factorial and construct validity of the selfpresentational efficacy in exercise scale. Journal of Sport and Exercise Psychology, 29, S206.

- 69. Barr, N., Gunn, E., Murru, E.C., Russell, K.L., Bray, S.R., & Martin Ginis, K.A. (2007). Lost in translation: Bridging the gap between physical activity intentions and behaviour . Journal of Sport & Exercise Psychology, 29, S145.
- 70. Arbour, K. P., & Martin Ginis, K. A. (2006). Transforming intentions into behavior: Investigating the role of implementation intentions on sedentary women's walking behavior. Annals of Behavioral Medicine, 31, S018.
- 71. Martin Ginis, K. A., Arthur, H. M., & Thorpe, K. E. (2006). Effects of aerobic-training versus strength-and aerobic-training on body image among women with heart disease. Annals of Behavioral Medicine, 31, S155.
- 72. Martin Ginis, K. A., Bray, S. R., & Prapavessis, H. (2006). "Great Teachers Inspire": Exercise video instructor characteristics that inspire confidence and motivation in beginner exercisers. Medicine and Science in Sport and Exercise, 38, S570.
- 73. Arbour, K. P., & Martin Ginis, K. A. (2006). Improving body image one step at a time: Greater pedometer step counts produce greater body image improvements. Journal of Sport and Exercise Psychology, 28, S26.
- 74. Galea, M. N., Bray, S. R., & Martin Ginis, K. A. (2006). Barriers and facilitators for walking exercise among individuals with intermittent claudication. Journal of Sport and Exercise Psychology, 28, S69.
- 75. Martin Ginis, K. A., Burke, S. M., & Gauvin, L. M. (2006). To see or not to see II: Exercising with others exacerbates the negative effects of mirrored exercise environments on women's feeling states. Journal of Sport and Exercise Psychology, 28, S127.
- 76. Strong, H. A., Mack, D. E., & Martin Ginis, K. A. (2006). Examining self-presentational motives for exercise as predictors of social physique anxiety in men and women. Journal of Sport and Exercise Psychology, 28, S177.
- 77. Strokan, Katherine E., Fowles, Jonathon R., **Martin Ginis**, Kathleen, Miles, Susan, Harris, Bev, Murphy, Rene J.L. (2005). Improved health and wellbeing in Type 2 Diabetes outpatients involved in a kinesiologist-directed training program. Medicine & Science in Sports & Exercise. 37(5):S287.
- 78. Arbour, K. P. & Martin Ginis, K. A. (2005). The muscleman craze: Examining the moderating effects of weight-training frequency and body satisfaction on exposure to hypermuscular images and young men's body image. Journal of Sport & Exercise Psychology, 27, S32.
- 79. Eng, J. J., Arbour, K. P., Martin Ginis, K. A., & Phillips, S. M. (2005). Raising expectations: Can strength training promote unrealistic expectations for muscularity among young men? Journal of Sport & Exercise Psychology, 27, S61.

- 80. Latimer, A. E., & Martin Ginis, K. A. (2005). The path to physical activity is paved with good intentions: The efficacy of implementation intentions for promoting physical activity among individuals with spinal cord injury. Journal of Sport & Exercise Psychology, 27, S94.
- 81. Arbour, K. P., Latimer, A. E., Jung, M. E., & Martin Ginis, K. A. (2004). Moving beyond the stigma: Self-presentational benefits of exercise in individuals with a physical disability. *Journal of* Sport & Exercise Psychology, 26, S27.
- 82. Latimer, A.E., Martin Ginis, K. A., Craven, B. C., Norman, G. & Hicks, A. L. (2004). The Physical Activity Recall Assessment for Persons with SCI (PARA-SCI): Preliminary reliability and validity data. Medicine & Science in Sports & Exercise 36, S110...
- 83. Martin Ginis, K. A., Brawley, L. R., Latimer, A. E., Jung, M. E., & Hicks, A. L. (2004). From weight training to ADL performance: Helping older adults make the connection Medicine & Science in Sports & Exercise 36, S283.
- 84. Martin Ginis, K. A., Jung, M. E., Latimer, A. E., Brawley, L. R., & Hicks, A. L. (2004). Lifting esteem: The effects of a strength-training intervention on older adults' self-esteem and its correlates. Journal of Sport & Exercise Psychology, 26, S130.
- 85. Stacy, D. L., Martin Ginis, K. A., Poling, M., & Gibala, M. J. (2004). The effects of hydrotherapy on recovery and performance during high intensity training. Medicine & Science in Sports & Exercise, 36, S14.
- 86. Latimer, A. E., Martin Ginis, K. A. & Craven, C. (2004). The role of pain in predicting physical activity intention and behavior among individuals with spinal cord injury: A biopsychosocial perspective. Annals of Behavioral Medicine, 27, s039.
- 87. Angove, J., Martin Ginis K. A. & Sinden, A. R. (2003). Physicial activity and social physique anxiety in older women: the moderating effects of self-presentation efficacy. Journal of Sport & Exercise Psychology, 25 (supplement), s22.
- 88. Jung, M. E., & Martin Ginis, K. A. (2003). Predicting physical activity in young women at risk for osteoporosis. Journal of Sport & Exercise Psychology, 25 (supplement), s77.
- 89. Latimer, A., Martin Ginis, K. A., Kitchen, L. A., Howarth, K. R., & Hicks, A. L. (2003). Redefining exercise: development of an exercise intensity classification system for people with spinal cord injury. Journal of Sport & Exercise Psychology, 25 (supplement), s88.
- 90. Martin Ginis, K. A., Brawley, L. R., Jung, M. E., Shields, C., Latimer, A., Hicks, A. L., & McCartney, N. (2003). A single bout of exercise can improve activity-related thoughts and behaviors among very sedentary older adults. Journal of Sport & Exercise Psychology, 25 (supplement), s96.
- 91. Watson, J. D., Martin Ginis, K. A., & Spink, K. S. (2003). Team building in an elderly exercise class: it takes a village! Journal of Sport & Exercise Psychology, 25 (supplement), s136.

- 92. Latimer, A. E., Martin Ginis, K. A. & Craven, C. (2003). Psychosocial predictors of exercise intentions and behavior among individuals with spinal cord injury. Annals of Behavioral Medicine, *25*, s13.
- 93. Martin Ginis, K. A., Brawley, L. R., Latimer, A. E., Jung, M. E., Shields, C. A., Hicks, A. L. (2003). Acute reactions to exercise predict subsequent activity in sedentary older adults. Annals of Behavioral Medicine, 25 (Rapid Communications Supplement), s59.
- 94. Martin, K. A., Latimer, A. E., Hicks, A. L., McCartney, N. (2002). Self-efficacy, not satisfaction, predicts exercise adherence after spinal cord injury. Annals of Behavioral Medicine, 24 (supplement), S050.
- 95. Latimer, A. E., Martin, K. A., Hicks, A. L. (2002). An investigation of the efficacy of exercise as a pain reduction strategy for individuals with spinal cord injury. Annals of Behavioral Medicine, 24 (supplement), S149.
- 96. Latimer, A. E., Jung, M. E., Martin, K. A., & Arbour, K. P. (2002). Benefits of benevolence: The impact of co-op placements in an exercise environment on attitudes toward persons with spinal cord injuries. Journal of Sport & Exercise Psychology, 24 (supplement), S85.
- 97. Latimer, A. E., Martin, K. A., & Hicks, A. L. (2002). A little exercise never hurts: Factors mediating exercise-induced change in pain and well-being in people with spinal cord injury. Journal of Sport & Exercise Psychology, 24 (supplement), S86.
- 98. Ditor, D. S., Latimer, A. E., **Martin, K. A.**, Arbour, K. P., McCartney, N. & Hicks, A. L. (2002). Long-term maintenance of exercise participation by individuals with spinal cord injury: Effects of quality of life, stress and pain. Annals of Behavioural Medicine, 24 (Supplement), 49.
- 99. Lichtenberger, C. M., Martin, K. A., Fleming, J. C., & Wessel, J. (2002). A "joint" effort to build body image: the impact of exercise on the body image of women with knee osteoarthritis. Journal of Sport & Exercise Psychology, 24 (supplement), S87
- 100. Watson, J. D., Martin, K. A., & O'Brien, J. (2002). It's a small world after all: A crosscultural comparison of self-presentational motives for exercise. Journal of Sport & Exercise Psychology, 24 (supplement), S131.
- 101. Lichtenberger, C., MacKenzie, C., Martin, K., & McCartney, N (2001). Exercise To Beat The Body Image Blues: The Interrelationships Between Physical Fitness, Body Image, And Depression Among Middle - Old Age Cardiac Patients. Journal of Cardiopulmonary Rehabilitation, 21, 327.
- 102. MacKenzie, C., Lichtenberger, C., Martin, K., & McCartney, N. (2001). Perceptions of Social Support and Self-Efficacy in Maintenance Cardiac Rehabilitation. *Journal of Cardiopulmonary* Rehabilitation, 21.
- 103. Latimer, A.E., Martin, K. A., Hicks, A.L., Ditor, D. S., Stewart, B. & McCartney, N. (2001). Determining the relation between change in upper body strength, physical functioning, handicap, pain, stress and health for persons with SCI. Canadian Journal of Applied Physiology, 26, 494.

- 104. Hicks, A. L., Ditor, D. S., Martin, K. A., Latimer, A. E., Stewart, B., Conolly, C., & McCartney, N. (2001). Exercise training in persons with spinal cord injury: Effects on strength, arm ergometry performance and psychological wellbeing. Canadian Journal of Applied Physiology, 26.
- 105. Martin, K. A., Buscher, L., & Crocker, S. (2001). Benefit-framed, point of purchase messages improve healthy snack selection in a college food service. Annals of Behavioral Medicine, 23, S141.
- 106. Martin, K. A., Latimer, A. E., McKechnie, K., Ditor, D. S., Connolly, C., Hicks, A. L., & McCartney, N. M. (2001). The effects of exercise training on HRQL among people with spinal cord injury and the mediating influence of pain. Annals of Behavioral Medicine, 23 (Rapid Communications supplement), 90.
- 107. Sinden, A. R., Angove, J., & Martin, K. A. (2001). T-shirts or tank-tops? Older women's physical appearance concerns, exercise attitudes, and efficacy. Annals of Behavioral Medicine, 23 (supplement), 68.
- 108. Martin, K. A., Jung, M. E., & Sinden, A. R. (June, 2001). To see or not to see: The effects of exercising in mirrored and non-mirrored environments on exercise-induced affect. Journal of Sport & Exercise Psychology, 23, S26.
- 109. Elston, T. L., Martin, K. A., & Latimer, A. E. (June, 2001). Rising to the challenge: The effects of goal-setting and exercise stage on adherence to a 12-week exercise challenge. Journal of Sport & Exercise Psychology, 23, S32.
- 110. Fleming, J. C., Latimer, A. E., & Martin, K. A. (June, 2001). You can't go wrong being physically active: The positive exerciser stereotype carries over to obsessive exercisers, physically active women, and health risk behaviors. Journal of Sport & Exercise Psychology, 23, S25.
- Latimer, A. E., Fleming, J. C., & Martin, K. A. (June, 2001). Who cares what other people 111. think? Self-presentational concerns as a moderator of the Theory of Planned Behavior. Journal of Sport & Exercise Psychology, 23, S24.
- 112. Angove, J., Sinden, A. R., & Martin, K. A. (June, 2001). Who wears short shorts? Examining exercise settings, social physique anxiety, and self-efficacy among older women. Journal of Sport & Exercise Psychology, 23, S34.
- 113. Culos-Reid, S. N., Angove, J., & Martin, K. A. (June, 2001). Understanding exercise behaviour in individuals with fibromyalgia: The role of self-efficacy, social support, and selfpresentation concerns. Journal of Sport & Exercise Psychology, 23, S18.
- 114. Gammage, K., Hall, C., Prapavessis, H., Maddison, R., Haase, A., & Martin, K. (2000). Selfpresentational concerns in exercise. Journal of Sport and Exercise Psychology, 22, S41.
- 115. Martin, K. A., Sinden, A.R., & Fleming, J. C. (2000). Inactivity may be hazardous to your image: Effects of exercise participation on social evaluations of men and women. Journal of Sport and

- Exercise Psychology, 22, S76.
- 116. Martin, K. A., Rejeski, W. J., Miller, M. E., James, M. K., Ettinger, W. H., & Messier, S. P. (1999). Validity of the Physical Activity Scale for the Elderly in older adults with knee pain and disability. Annals of Behavioral Medicine, 21, S160.
- 117. Rejeski, W. J., Reboussin, B. A., Martin, K. A., Callahan, K., Dunn, A. L., King, A. A., & Sallis, J. F. (1999). Satisfaction with body function and body appearance in middle- and older-aged adults: The Activity Counseling Trial (ACT). Annals of Behavioral Medicine, 21, S83.
- 118. Hausenblas, H. A., & Martin, K. A. (1999). Bodies on display: Female aerobic instructors and social physique anxiety. Journal of Sport & Exercise Psychology, 21, S56.
- 119. Martin, K.A. (1998). Single, female, physically active: Effects of exercise status and body weight on stereotyped perceptions of young women. Journal of Sport & Exercise Psychology, 20, S23.
- 120. Culos, S. N., Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (1998). Physical activity to enhance appearance or health: self-presentational issues. Journal of Sport & Exercise Psychology, 20, S21.
- 121. Rejeski, W. J., Martin, K. A., Miller, M. E., Ettinger, W. H., & Rapp, S. (1998). Perceived importance and satisfaction with physical function in patients with knee osteoarthritis. Annals of Behavioral Medicine, 20, S116.
- 122. Martin, K. A. & Brawley, L. R. (1997). Efficacy and esteem as predictors of self-handicapping in a physical activity setting. Journal of Sport & Exercise Psychology, 19, S86.
- 123. Hausenblas, H. A., & Martin, K. A. (1997). Psychological commitment to exercise among female aerobic instructors. Journal of Sport & Exercise Psychology, 19, S63.
- 124. Gyurcsik, N. C., Brawley, L. R., & Martin, K. A. (1997). Perceived barriers and adherence to physical activity: Measurement and prediction. Annals of Behavioral Medicine, 19, S89.
- 125. Martin, K. A., & Brawley, L. R. (1996). Self-presentational motives, self-esteem, and selfhandicapping in sport. Journal of Sport & Exercise Psychology, 18, S56.
- 126. Moritz, S. E., Martin, K. A., & Hall, C. R. (1996). Testing for the mediational effects of imagery use and imagery ability on sport self-confidence. Journal of Sport & Exercise Psychology, 18, S59.
- 127. Gyurcsik, N. C., Martin, K. A., & Brawley, L. R. (1996). Perceived barriers as a determinant of nonadherence: Problems of measurement and conceptualization. Journal of Applied Sport Psychology, 8, S71.
- 128. Paskevich, D. M., Martin, K. A., & Brawley, L. R. (1996). Differentiating exercise-related cognitions on the basis of self-schemata: Relationships to intentions and behaviors. *Journal of*

- Applied Sport Psychology, 8, S72.
- 129. Hausenblas, H. A., & Martin, K. A. (1996). Eating disorders, social physique anxiety and aerobic instructors: Healthy role models or a population at risk? Journal of Applied Sport Psych, 8, S81.
- 130. Brawley, L. R., Carron, A. V., Widmeyer, W. N., & Martin, K. A. (1995). Social cohesion as a predictor of the magnitude of group importance in leisure time sport. Journal of Sport & Exercise Psychology, 17, S32.
- 131. Paskevich, D. M., Martin, K. A., & Brawley, L. R. (1995). Self-presentation processes in sport. Journal of Sport & Exercise Psychology, 17, S85.
- 132. Martin, K. A., Bray, S. W., & Widmeyer, W. N. (1995). Sources of cognitive and somatic anxiety among competitive youth skiers. Journal of Applied Sport Psychology, 7, S88.
- 133. Martin, K. A., & Hall, C. R. (1994). The effects of mental imagery on intrinsic motivation. Journal of Sport & Exercise Psychology, 16, S86.

NON PEER-REVIEWED PUBLICATIONS

A) BOOK CHAPTERS

- 1. Wolfe, D.L., Arbour-Nicitopoulos, K., Craven, C., Martin Ginis, K., & the E-Scan Investigative Team. (2012). Participation: Physical Activity. In C. Craven, M. Verrier, C. Balioussis, et al.'s Rehabilitation environmental scan atlas: Capturing capacity in Canadian SCI rehabilitation (pp. 167-176). Canada: Rick Hansen Institute.
- 2. Wolfe, D. L., Martin Ginis, K. A., Latimer, A. E., Foulon, B. L., Eng, J. J., & Hsieh, J. T. C. (2008). Physical activity following spinal cord injury. In J. Eng, R. Teasell, W. Miller et al.'s Spinal Cord *Injury Rehabilitation Evidence* (Version 2.0), Chapter 22. Vancouver, BC: ICORD.
- 3. Boschen, K. A., Miller, W. C., Noreau, L., Wolfe, D. L., Mccoll, M. A., Martin Ginis, K. A., Prince, M. J., Joe, K., & Konnyu, K. J. (2008). Community reintegration following spinal cord injury. In J. Eng, R. Teasell, W. Miller et al.'s Spinal Cord Injury Rehabilitation Evidence (Version 2.0), Chapter 4. Vancouver, BC: ICORD.

B) MANUALS

- 1. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2014). *Instructor's manual and test bank for The* psychology of exercise: Integrating theory and practice (4th edition). Scottsdale, AZ: Holcomb Hathaway.
- 2. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2010). *Instructor's manual and test bank for The* psychology of exercise: Integrating theory and practice (3rd edition). Scottsdale, AZ: Holcomb Hathaway.
- 3. Martin Ginis, K. A., & Latimer, A. E. (2008). Physical Activity Recall Assessment for People with Spinal Cord Injury (PARA-SCI): Administration and Scoring Manual. Hamilton, ON: McMaster University.
- 4. Lox, C., Martin Ginis, K. A., & Petruzello, S. (2006). *Instructor's manual and test bank for The* psychology of exercise: Integrating theory and practice (2nd edition). Scottsdale, AZ: Holcomb Hathaway.
- **5.** Lox, C., Martin, K. A., & Petruzello, S. (2003). *Instructor's manual and test bank for The psychology* of exercise: Integrating theory and practice. Scottsdale, AZ: Holcomb Hathaway.

C) ARTICLES FOR NON-ACADEMIC PUBLICATIONS

- 1. Donald, B. R, .Tomasone, J. R., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A., (November, 2014). Get in Motion: Summary of a telephone counseling service's impact on individuals with a spinal cord injury. Kingston Revved Up Fall Newsletter.
- 2. Nowak, C., Parise, K., Martin Ginis, K. A., Talbot-Schoenhoff, D. (July, 2013). Support in Motion: Helping children reach their functional potential after spinal cord injury. Physiotherapy Today, p 22.
- 3. Persaud, R., & Martin Ginis, K. A. (2013). Is the media turning Kate Middleton into a 'Yummy Mummy'? The Huffington Post, United Kingdom, http://www.huffingtonpost.co.uk/kathleen-a-martinginis/
- 4. Persaud, R., & Martin Ginis, K. A. (2012). Breasts—The latest psychological research finds women don't care what men want. The Huffington Post, United Kingdom, http://www.huffingtonpost.co.uk/kathleen-a-martin-ginis/
- 5. Persaud, R., & Martin Ginis, K. A. (2012). Athlete or sex symbol? What effect is Olympic exposure having on women at home and on camera. The Huffington Post, United Kingdom, http://www.huffingtonpost.co.uk/kathleen-a-martin-ginis/
- 6. Gainforth, H. L., Latimer-Cheung, A. E., Ginis, S., & Martin Ginis, K. A. (Summer 2012). On the Road Again....An Overview of the Physical Activity Roadshow. Outspoken! pp. 22.
- 7. Smith, J., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (Spring 2012). Eat Well, Get Active, and Stay Healthy! Outspoken! pp. 6-7.
- 8. Arbour-Nicitopoulos, K. P., Sinden, A. R., & Martin Ginis, K. A. (Winter 2012). Getting Into Action: Strategies to Staying on Track with Your Physical Activity Goals. *Outspoken! pp 10-11*.
- 9. Sinden, A. R., Gainforth, G, Latimer, A. E., & Martin Ginis, K. A. (Fall 2011). Pass it On: The Power of Peers for Promoting Physical Activity (Part 2). *Outspoken! pp 40-41*.
- 10. Sinden, A. R., Latimer, A. E., Martin Ginis, K. A., Casemore, S. (Summer, 2011). Pass it On: The Power of Peers for Promoting Physical Activity (Part 1). *Outspoken! pp 40-41*.
- 11. Ginis, S., Martin Ginis, K. A., Latimer, A. E., & Sinden, A. (2011, Spring). SCI Action Canada: Advancing physical activity knowledge and participation among Canadians with spinal cord injury. Pulse (Magazine of the Sport Medicine Council of Alberta). Pp. 14-15.
- 12. Sinden, A. R., & Martin Ginis, K. A. (Winter 2011). SCI Action Canada: Helping Canadians with SCI get Physically Active. Canadian Paraplegic Association, Electronic Newsletter.

- 13. Sinden, A. R., Martin Ginis, K. A., & Latimer, A. E. (Winter 2010/2011). Moving On: Physical Activity for People with Physical Disabilities. Peter Harrison Centre for Disability Sport, United Kingdom, Issue 8, p8.
- 14. Martin Ginis, K. A. (Summer, 2008). Get in Motion. Outspoken! (Magazine of the Canadian Paraplegic Association). p. 35
- 15. Latimer, A. E., & Martin Ginis, K. A. (2005). Encouraging physical activity in clients with SCI: Three steps to success. Rehab & Community Care Medicine, 14 (2), 8-10.
- 16. Martin Ginis, K. A. (Spring, 2006). Study of Health and Activity in People with Spinal Cord Injury (SHAPE SCI). Outspoken! (Magazine of the Canadian Paraplegic Association) p. 29
- 17. Arbour, K. P., & Martin Ginis, K. A. (2006). A strategy for increasing physical activity in sedentary populations. Alberta Centre for Active Living Research Update, 13, September, p. 1.

ACCEPTED FOR PUBLICATION IN FINAL FORM

- 1. Jung, M., Stapleton, J., Stork, M. J., Bourne, J., Latimer, A., & Martin Ginis, K. A. (in press). A systematic review of calcium intake interventions in adults: where do we go from here? International Journal of Food Safety, Nutrition and Public Health.
- 2. Williams, T., Ma, J., Martin Ginis, K. A. (in press). Participant experiences and perceptions of physical activity-enhancing interventions for people with physical impairments and mobility limitations: A meta-synthesis of qualitative research evidence. *Health Psychology Review*.

SUBMITTED FOR PUBLICATION

- 1. Gainforth HL, Latimer-Cheung AE, Athanasopoulous P, Moore S, & Martin Ginis KA. (Submitted). Lessons Learned: Conducting a Knowledge Translation Network Analysis in a Community-based Service Organization. Health Education & Behaviour.
- 2. Jung, M. E., Latimer-Cheung, A. E., Bourne, J. E., & Martin Ginis, K. A. (under review). Targeted messages increase dairy consumption in adults: A randomized controlled trial. Annals of Behavioral Medicine.
- 3. Shirazipour, C. H., Evans, M. B., Caddick, N., Smith, B., Aiken, A. B., Martin Ginis, K. A., Latimer-Cheung, A. E. (Under Review). Understanding a quality sport experience: Exploring perspectives of veterans with a physical disability. Psychology of Sport & Exercise.

INVITED LECTURES

PEER REVIEWED MEETINGS AND CONFERENCES

- 1. Nordic Spinal Cord Society, Annual Conference (May, 2017). *Innovations in physical activity* promotion for adults with spinal cord injury.
- 2. G. F. Strong Rehabilitation Centre Research Day Keynote Speaker (May, 2017). Enhancing exercise and sport participation among adults with SCI.
- 3. International Symposium on Physical Activity and Spinal Cord Injury, Peter Harrison Centre for Disability Sport (January, 2015). Rehabilitation, community and elite sport: Insights from Canada.
- 4. International Symposium on Physical Activity and Spinal Cord Injury, Peter Harrison Centre for Disability Sport (January, 2015). Physical activity guidelines and exercise prescription: evidencebased practice.
- 5. North American Society for the Psychology of Sport and Physical Activity, Senior Lecture (June, 2012). Taking it to the Streets: A community-university partnership approach to physical activity research and knowledge translation.
- 6. Rick Hansen Institute, Interdependence Conference 2012 (May, 2012). Best practices implementation through community-university partnerships.
- 7. Rick Hansen Institute, Interdependence Conference 2012 (May, 2012). Development of the Physical Activity Guidelines for Adults with SCI and the SCI Get Fit Toolkit.
- 8. The Pan Pacific Conference of Medicine and Science in Sport (January, 2011). Exercising Self-Control: Why lifelong physical activity is so difficult and how to make it easier.
- 9. The Pan Pacific Conference of Medicine and Science in Sport (January, 2011). Working it Out: Mental health benefits of physical activity for older adults.
- 10. Colloque Lésions Médullaires (November, 2010). Les innovations de l'étude et de la promotion de l'activité physique pour les personnes avec des lesions médullaires.
- 11. Canadian Society for Psychomotor Learning and Sport Psychology, Albert V. Carron Distinguished Lecture (October, 2010). Serendipity, self-regulation and spinal cord injury: A program of physical activity behaviour change research.
- 12. Eastern Canada Sport and Exercise Psychology Symposium (March, 2009). Keynote address: (Almost) Everything I need to know about collaborative research I learned in Kindergarten.
- 13. 2nd Annual University of Western Ontario, Aging Research and Geriatric Care/Faculty of Health Sciences Symposium (February, 2009). A telehealth service to improve physical activity among people

- with spinal cord injury.
- 14. 2009 Consensus Conference: Advancing the Future of Physical Activity Measurement and Guidelines (January, 2009). Physical Activity Guidelines for Canadians with a Physical Disability.
- 15. McMaster Fall Symposium: Running from Deconditioning and Chasing Vitality in Later Life (September, 2008). Psychological benefits of exercise for older adults.
- 16. Taking Charge of Our Health: Canadian Conference on Integrated Chronic Disease Self-Management (October, 2008). Enabling self-managed exercise for persons with spinal cord injuries: Telephone support pilot project.
- 17. National Spinal Cord Injury Conference (October, 2006). Moving towards evidence-based physical activity guidelines: The Study of Health and Activity in People with Spinal Cord Injury (SHAPE SCI).
- 19. Ontario Kinesiology Association (OKA) Annual Conference (October, 2006). Exercise for people with physical disabilities: Benefits, barriers and blueprints.
- 20. Ontario Rehabilitation Research Advisory Network (April, 2006). Developing physical activity recommendations and interventions for people with spinal cord injury. Looking ahead to Phase 3.
- 21. University of Alberta, Symposium on Physical Activity, Nutrition, and the Media (April, 2005). The effects of physique-salient and physique-nonsalient videos on women's self-presentational concerns, body image, and exercise motivation.
- 22. Arthritis Health Practitioners Association (October, 2003). Ready, Set, Go! Understanding readiness for health behaviour change.
- 23. American Psychological Association (August, 2003). Thematic Programming Sessions on Optimizing the Quality of Life in Sickness and Health. Can't get no satisfaction? Optimizing self- and lifesatisfaction through physical activity.
- 24. North American Society for the Psychology of Sport and Physical Activity (June, 2002). Early Career Distinguished Scholar Award Lecture: Who cares what other people think? Exercise, selfconsciousness, and social anxiety.
- 25. The Ontario Long Term Care Association Convention and Trade Show (March, 2001). The Shalom Village-McMaster University exercise project: Does a regular exercise program improve healthrelated quality of life?
- 26. Wake Forest University Medical Center, Conference on Adherence to Behavioral and Pharmacological Interventions in Clinical Research in Older Adults (May, 1998). Who will stay and who will go? Predictors of exercise adherence.

OTHER INVITED TALKS – ACADEMIC AUDIENCES

- 1. University of Alabama, School of Health Professions (October, 2016). The SCI Action Canada story
- 2. Nipissing University (May, 2016). Evidence-based, community-engaged: Innovations in physical activity promotion in the spinal cord injury community.
- 3. University of Toronto, Kinesiology Undergraduate Conference (April, 2016). Enhancing communitybased physical activity participation: The SCI Action Canada story.
- 4. Lund University, Sweden, Department of Rehabilitation Medicine (May, 2016). : Innovations in physical activity promotion in the spinal cord injury community.
- 5. Groningen University, The Netherlands (October, 2015). Enhancing community-based physical activity participation among adults with spinal cord injury: The SCI Action Canada story.
- 6. Skåne University Hospital, Orup Rehabilitation Hospital, Sweden (August, 2015). Reducing physical inactivity in adults with spinal cord injury: A 3-lecture series.
- 7. McGill Research Centre for Physical Activity and Health, Symposium Series (January, 2015). Leveraging community-university partnerships to reduce physical inactivity among Canadians with physical disabilities.
- 8. McMaster Faculty of Science IP3 Lecture Series (April, 2015). How do I build partnerships with community organizations and non-profits?
- 9. Social Sciences and Humanities Research Council (SSHRC) Partnership Grantholders Start-Up Meeting (September, 2014). *Identifying and evaluating partnership impacts: Lessons learned from SCI Action* Canada.
- 10. Lakeshore Foundation Rehabilitation Centre, Birmingham Alabama (January, 2014). *Innovations in SCI* physical activity research and promotion.
- 11. Queen's Faculty of Health Science Continuing Medical Education: Metamorphosis 2013. (April, 2013). Exercising self-control: Understanding and improving exercise adherence.
- 12. McMaster University, Department of Psychology (March, 2013). The Exercise Habit: Fact or Fiction?
- 13. University of Western Ontario, Department of Kinesiology (February, 2013): Taking it to the Streets: A community-university partnership approach to physical activity research and knowledge translation.
- 14. Clinical Psychiatry Rounds, St. Joseph's Hospital, Hamilton (April, 2013). Exercising self-control: *Understanding and improving exercise adherence.*

- 15. McMaster University, Department of Kinesiology Graduate Seminar (November, 2012). Setting the PACE: Introducing the Physical Activity Centre of Excellence.
- 16. Virginia Tech University, Department of Physical Activity and Nutrition (August, 2012). A communityuniversity partnership approach to physical activity research and knowledge translation.
- 17. G. F. Strong Rehabilitation Centre Research Day Keynote Speaker (May, 2012). *Innovations in SCI* physical activity research and promotion.
- 18. Loughborough University, Peter Harrison Centre for Disability and Sport (November, 2011). Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 19. University of Hawaii, Department of Public Health Sciences (January, 2011). Innovations in physical activity research and knowledge mobilization: SCI Action Canada.
- 20. University of Windsor, Human Kinetics, Exercise Rehabilitation Seminar (March, 2011). Advancing physical activity knowledge and participation among people with SCI.
- 21. TEDx McMaster University (March, 2011). Exercising Self-Control: Rethinking solutions to Canada's physical inactivity crisis.
- 22. University of British Columbia, School of Human Kinetics (April, 2011). *Innovations in physical activity* research and knowledge mobilization: SCI Action Canada.
- 23. National Centre for Biomedical Engineering Science, National University of Ireland, Galway (May, 2010). Innovations in the study and promotion of physical activity among people with SCI.
- 24. National University of Ireland, Galway (May 2010). The Jacinta O'Brien Collection
- 25. Le Centre Interdisciplinaire de Recherche en Réadaptation et Intégration Sociale (CIRRIS) Quebec City, QB (January, 2010). SCI Action Canada: Promotion de l'activité physique pour les personnes avec des lesions médullaires.
- 26. Ontario Neurotrauma Foundation—Victoria Neurotrauma Initiative International Symposium on Spinal Cord Injury and Physical Activity (May, 2009). A community-university research alliance to enhance physical activity among people with spinal cord injury.
- 27. University of Western Ontario, Exercise Psychology Lab. (May, 2009). Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 28. University of Western Australia (Perth), Move Again Program (November, 2008). Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 29. Queen's University, Department of Kinesiology and Health Studies Graduate Student Day (May, 2008). Everything I know about collaborative research I learned in kindergarten.

- 30. University of Saskatchewan, School of Kinesiology, Inaugural Russ Kisby Laboratory Lecture (May, 2008). Working it out: Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 31. Le Centre Interdisciplinaire de Recherche en Réadaptation et Intégration Sociale (CIRRIS) Quebec City, QB (January, 2008). Working it out: Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 32. University of Manitoba, HLHP Research Institute (November, 2006). The curse of inactivity: Environmental and psychosocial challenges to increasing physical activity in sedentary women"
- 33. Celebrating Excellent Health Research at McMaster (May, 2006). Moving On: Developing physical activity recommendations and interventions for people with spinal cord injury.
- 34. Hamilton Neurorestorative Group (October, 2005). Developing physical activity recommendations and interventions for people with spinal cord injury.
- 35. Hamilton General Hospital, Neuroambulatory Research Rounds (April, 2005). Moving on: Innovations in the study of physical activity among people with spinal cord injury.
- 36. University of Wales, Bangor, School of Sport, Health and Exercise Sciences (July, 2005). Exercise after a spinal cord injury: More than meets the eye.
- 37. University of Auckland, Health Psychology Speakers Series (October, 2004). Who cares what other people think? Self-presentation processes and exercise.
- 38. California State University Department of Kinesiology and Nutrition Science (April, 2004). Conducting exercise trials of people with spinal cord injury: Lessons learned.
- 39. Acadia University Kinesiology Society (March, 2004). Moving On: Exercise after a spinal cord injury.
- 40. Acadia University, Wolfeville, Nova Scotia (August, 2003). Exercise after a spinal cord injury: Benefits, barriers, and body-weight support.
- 41. The Pennsylvania State University, Department of Kinesiology, College Park, PA (April, 2001). Exercise after a traumatic spinal cord injury: Benefits, barriers, and body-weight support.
- 42. University of Birmingham, Department of Exercise and Sport Science, Birmingham UK (February, 2001). Putting exercise into context: The role of workout partners and places on exercise-related thoughts and feelings.
- 43. University College Dublin, Department of Psychology, Dublin, Ireland (February, 2001). Putting exercise into context: The role of workout partners and places on exercise-related thoughts and feelings.
- 44. University of Limerick, Department of Sport and Exercise Science, Limerick, Ireland. (February, 2001). Putting exercise into context: The role of workout partners and places on exercise-related thoughts and

feelings.

- 45. University of Western Ontario, Department of Kinesiology, London, ON (December, 1999). Self-presentation as a factor in health-risk and health-promoting behaviours.
- 46. University of Florida, Department of Exercise Science, Gainesville, FL (1999, April). What lengths to impress? The role of self-presentation in health-risk and health-promoting behaviours.

OTHER INVITED TALKS – NON-ACADEMIC AND COMMUNITY ORGANIZATIONS

- 1. Thomson Rogers and the Canadian Paraplegic Association Ontario Back to School Conference (Sept, 2012). Physical activity guidelines for adults with SCI.
- 2. Canadian Paraplegic Association National Peer Support Group (October, 2011). *Introducing SCI* Action Canada.
- 3. Ontario March of Dimes (November, 2011). *Physical activity for people with disabilities: Benefits*, barriers, and blueprints for change.
- 4. Ontario Neurotrauma Foundation (May, 2011). Innovations in physical activity research and knowledge mobilization for the SCI community: SCI Action Canada.
- 5. Canadian Paraplegic Association, Ontario, Knowledge Mobilization Seminar, Toronto Chapter (March, 2011). *Physical activity guidelines for people with spinal cord injury.*
- 6. McMaster University, Inspiring From Within (February, 2011). Working it Out: Building body image and self-esteem through physical activity.
- 7. McMaster University, All Abilities Welcome (February, 2011). SCI Action Canada.
- 8. Canadian Paralympic Committee, First Contact Conference (December, 2010). *Innovations in the* study and promotion of physical activity among people with spinal cord injury.
- 9. B. C. Wheelchair Sports Association, World Wheelchair Rugby Championships (September 2010). Innovations in the study and promotion of physical activity for people with SCI.
- 10. Rick Hansen Institute (September 2010). A national strategy for increasing physical activity among people with SCI.
- 11. Canadian Paraplegic Association Ontario—Waterloo Chapter (March, 2010 Lunch and Learn). SCI Action Canada: Enhancing Physical Activity Among Canadians Living with SCI.
- 12. Ontario Retired Teachers Association, Waterloo (October, 2009). Working it out: Using physical activity to enhance psychological well-being and quality of life.

- 13. All Abilities in Action (Joint symposium co-sponsored by the Active Living Alliance and SCI Action Canada; October, 2009). SCI Action Canada: Enhancing Physical Activity Among Canadians Living with SCI.
- 14. Canadian Paraplegic Association Ontario—Hamilton Chapter. (December, 2009 Lunch and Learn Session). Introducing SCI Action Canada.
- 15. Canadian Paraplegic Association Ontario—Kingston Chapter (June, 2009 Recreation Fair). SCI Action Canada: Enhancing Physical Activity Among Canadians Living with SCI.
- 16. Austin Hospital, Melbourne Australia. (November, 2008). Innovations in the study and promotion of physical activity for people with spinal cord injury.
- 17. Canadian Paraplegic Association, London Chapter, Knowledge Mobilization Seminar. (May, 2008). What's new in the study and promotion of physical activity for people with SCI?
- 18. Community Rehab, Hamilton, Chronic Disease Management and Prevention Inservice. (November, 2008). Moving On: Understanding the role of motivation in rehabilitation.
- 19. Canadian Paraplegic Association, Toronto Chapter, Knowledge Mobilization Seminar. (September, 2007). Working it Out: Innovations in the Promotion and Facilitation of Physical Activity for People Living with a SCI.
- 20. Canadian Paraplegic Association, Hamilton Chapter (January, 2006). Introducing SHAPE SCI: The Study of Health and Activity Among People with Spinal Cord Injury.
- 21. Canadian Federation of University Women-Hamilton Chapter (May, 2004). Working it out: Women, physical activity, and psychological well-being.
- 22. Shalom Village Nursing Home, Hamilton, ON (2002, July). *Increasing self-efficacy among elderly* exercisers.
- 23. Shalom Village Nursing Home, Hamilton, ON (2000, November). Using exercise to improve quality of life among nursing home residents.
- 24. MacWheelers Exercise Program, Hamilton, ON (2001, February). Stress Management.

PRESENTATIONS AT MEETINGS--CONTRIBUTED

CONTRIBUTED – PEER REVIEWED MEETINGS AND CONFERENCES

1. Sharma, R., Bassett-Gunter, R. L., Leo, J., Latimer-Cheung, A. E., Martin Ginis, K. A., & Arbour-Nicitopoulos, K. P. (November, 2016). Examining the relationship between motivation and the physical activity behavior of Canadian youth with physical disabilities and visual impairments.

- Poster presented at the Bloorview Research Institute Symposium, Holland Bloorview Kids Rehabilitation Hospital, Toronto, Ontario.
- 2. Best, K. L., Routhier, F., Sweet, S. N., Arbour-Nicitopoulos, K. P., Borisoff, J. F., Noreau, L., Martin Ginis, K. A. (October, 2016). Development of a Smartphone-delivered Peer Physical Activity Counselling Program for Manual Wheelchair Users: A Mixed-methods Approach. Poster to presented at the Proceedings from the American Congress of Rehabilitation Medicine, Progress in Rehabilitation Research, Chicago, IL.
- 3. Chemtob, K., Caron, J. G., Fortier, M., Martin Ginis, K. A., Latimer-Cheung, A. E., Noreau, L., Zelaya, W., & Sweet, S. N. (October, 2016). Peer mentees' perceptions of the effect of peer mentorship on their participation in daily activities after spinal cord injury. Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, Ontario.
- 4. Shirazipour, C. H., Evans, M. B., Leo, J., Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (October, 2016). A systematic review of quality of participation context characteristics in community-based physical activity programs for people with physical disabilities. Poster presented at Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, Ontario.
- 5. Sharma, R., Bassett-Gunter, R. L., Leo, J., Latimer-Cheung, A. E., Martin Ginis, K. A., & Arbour-Nicitopoulos, K. P. (October, 2016). Examining the relationship between motivation and the physical activity behavior of Canadian youth with physical disabilities. Poster presented at Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, Ontario.
- 6. Shirazipour, C. H., Evans, M. B., Caddick, N., Smith, B., Aiken, A. B., Martin Ginis, K. A., & Latimer-Cheung, A. E. (October, 2016). Understanding and fostering quality sport experiences among military veterans with a physical disability. Paper presented at Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, Ontario.
- 7. Allan, V., Smith, B., Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2016, October). Quality participation in Parasport: A narrative perspective. Poster presented at the Sport Canada Research Initiative Conference, Gatineau, QC, Canada.
- 8. Allan, V., Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. E. (October, 2016). Quality participation in Parasport: A narrative perspective. Poster presented at the Sport Canada Research Initiative Conference, Ottawa, Ontario.
- 9. Martin Ginis, K. A. (September, 2016). Evidence-based physical activity guidelines for adults with spinal cord injury: An international consensus project. Workshop organizer and speaker at the annual meeting of the International Spinal Cord Society. Vienna, Austria.
- 10. Sweet, S. N., Michalovic, E., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Zelaya, W., Noreau, L. (June, 2016). Examining basic psychological needs theory within a spinal cord injury

- peer mentorship context. Paper presented at the 77th Canadian Psychological Association Annual Convention. Victoria, British Columbia.
- 11. Michalovic, E., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Noreau, L., Zelaya, W., & Sweet, S. N. (June, 2016). Autonomous motivation as a mediator of the basic psychological needs and social participation among adults with spinal cord injury. Paper presented at the 77th Canadian Psychological Association Annual Convention. Victoria, British Columbia.
- 12. Chemtob K., Martin Ginis, K. A., Latimer-Cheung, A. E., Fortier, M., Noreau, L., Zelaya, W., & Sweet, S. N. (June, 2016). Examining the Social Environment Created by Spinal Cord Injury Peer Mentors: A Self Determination Theory Perspective. Paper presented at the 77th Canadian Psychological Association Annual Convention. Victoria, British Columbia.
- 13. Shirazipour, C. H., Evans, M. B., Smith, B., Côté, J., Aiken, A. B., Martin Ginis, K. A., & Latimer-Cheung, A. E. (November, 2015). Exploring elements of quality sport programs for military veterans with a physical disability. Paper presented at the 6th Annual Military and Veteran Health Research Forum, Quebec City, Quebec.
- 14. Stork, M. J., Perrier, M. J., Martin Ginis, K. A. (October, 2015). Investigating the type, intensity, and duration of activities of daily living as a potential avenue for increasing physical activity participation among individuals with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference. Edmonton, AB.
- 15. Shirazipour, C. H., Sweet, S. N., Perrier, M. J., Martin Ginis, K. A., Latimer-Cheung, A. E. (October, 2015). "Supercrip" vs Human Interest: Examining stereotypes towards Paralympians following the viewing of Canadian Paralympic Committee videos. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference. Edmonton, AB.
- 16. Perrier, M. J., Ventresca, M., Martin Ginis, K. A. (October, 2015). Exploring representations of Paralympic athletes in Canadian mainstream news media: the 2014 Sochi Paralympic Games. Paper presented at the International Paralympic Committee's VISTA 2015 Conference. Girona, Spain.
- 17. Allan, V., Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. (2015, October). Exploring experiences of quality participation across the sport involvement timelines of individuals with physical disabilities: A proposed study and practical implications. Poster session at the Sport Canada Research Initiative Conference, Gatineau, QC, Canada.
- 18. Salci, L. E., Ginis, S., & Martin Ginis, K. A. (June, 2015). Active Living Leaders Training Program for spinal cord injury: A peer training program with key components to influence users' self-efficacy. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 19. Perrier, M. J., Ventresca, M., & Martin Ginis, K. A. (June, 2015). The creation and dissemination of a positive athlete stereotype: Exploring the 2014 Sochi Paralympic Games media.

- Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 20. Shaw, R. B., Perrier, M. J., Stapleton, J. N., Ma, J. K., Fang, H., Campbell, D., Tawse, H. L., & Martin Ginis, K. A. (June, 2015). Gaining momentum: Barriers and facilitators of greater competitive level in parasport. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 21. Stapleton, J. N. & Martin Ginis, K. A. (June, 2015). Sex-differences in theory-based predictors of sport among parasport athletes with mobility impairments. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 22. Ma, J. K., Rimmer, J. H., & Martin Ginis, K. A. (June, 2015). Barriers and facilitators to physical activity participation in populations with disability: Mobilizing the next step. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 23. Orr, K., Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (June, 2015). MS Get Fit Toolkit: Evaluation of a physical activity information resource for Canadian adults with multiple sclerosis. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 24. Stork, M. J., Graham, J. D., Bray, S. R., & Martin Ginis, K. A. (June, 2015). Using self-reported and objective measures of self-control to predict exercise and academic behaviours among first-year university students. Poster presented the North American Society for Psychology of Sport and Physical Activity, Portland, Oregon.
- 25. Martin Ginis, K.A., Arbour-Nicitopoulos, K.P., & Baird, J. (May, 2015). Evidence-based innovations to enhance physical activity participation. (Oral). Council for Persons with Disabilities Active Together Symposium, Peterborough, ON. Refereed.
- 26. Shaw, R., McBride, C., Martin Ginis, K. A. (May, 2015). Use of transformational leadership behaviours among spinal cord injury peer mentors. Paper presented at the joint International Spinal Cord Society and American Spinal Injury Association Conference, Montréal, QC.
- 27. Conti, J., Routhier, F., Latimer-Cheung, A. E., Martin Ginis, K. A., Noreau, L., & Sweet, S. N. (May, 2015). The relationship of leisure time physical activity participation and pain with life satisfaction among adults with SCI. Poster presented at the joint International Spinal Cord Society and American Spinal Injury Association Conference, Montréal, QC.
- 28. Sweet, S. N., Conti, J., Routhier, F., Noreau, L., Martin Ginis, K. A., & Latimer-Cheung, A. E. (May, 2015). A multi-theoretical approach to understand leisure time physical activity among adults with spinal cord injury. Poster presented at the joint International Spinal Cord Society and American Spinal Injury Association Conference, Montréal, QC.
- 29. Ma, J. K., Post, W. M., Gorter, J. W. & Martin Ginis K. A. (May, 2015). Differences in health and psychosocial outcomes following spinal cord injury sustained during youth versus adulthood.

- Poster presented at the joint International Spinal Cord Society and American Spinal Injury Association Conference, Montréal, QC.
- 30. Sweet, S., Martin Ginis, K. A., Noreau, L., & Leblond, J. (October, 2014). Adults with spinal cord injury who report a need for peer support. Poster presented at the 6th National Spinal Cord Injury Conference, Toronto, ON. **Award Winner Research – 4th Place**
- 31. Tomasone, J. R., Pulkkinen, W., Martin Ginis, K. A., Yang, J., & Krassioukov, A. (October, 2014). The "ABCs of AD": A pilot test of an online educational module to increase use of the autonomic dysreflexia clinical practice guidelines among paramedic and nurse trainees. Poster and paper presented at the 6th National Spinal Cord Injury Conference, Toronto, ON. Student Award Winner – 1st Place
- 32. Jeske, S., Tomasone, J. R., Arbour-Nicitopoulos, K. Ginis, S., & Martin Ginis, K. A. (October, 2014). Knowledge mobilization training series (KMTS) quality improvement study. *Poster* presented at the 6th National Spinal Cord Injury Conference, Toronto, ON.
- 33. Sweet, S.N., Conti, J., Routhier, F., Noreau, L., Martin Ginis, K.A., & Latimer-Cheung, A.E. (October, 2014). Applying the health action process approach to predict physical activity among adults with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, ON.
- 34. Perrier, M. J., Martin Ginis, K. A., & The SHAPE-SCI Research Group. (October, 2014). The relationship between body mass index, sedentary behaviour, and psychosocial outcomes among people with spinal cord injuries. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, Ontario.
- 35. Tomasone, J. R., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (October, 2014). Get in Motion 2.0: The relationship between the implementation and effectiveness of a real-world leisure-time physical activity telephone counseling service for adults with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, Ontario.
- 36. Orr, K., Tomasone, J. R., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (October, 2014). Get In Motion: More than leisure-time physical activity participation. *Paper* presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, ON.
- 37. Stork, M. J., Perrier M. J., Gibala M. J., & Martin Ginis, K. A. (October, 2014). The impact of music on enjoyment, attitudes, and intentions towards sprint interval training. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, Ontario.
- 38. Donald, B. R., Perrier, M. J., Latimer-Cheung, A. E., Beauchamp, M. R., Campbell, & D., Martin Ginis, K. A. (October, 2014). Different strokes for different folks: The importance of individualized consideration for need satisfaction in individuals with a physical disability engaging

- in sport. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, London, Ontario.
- 39. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulous, P., Moore, S., & Martin Ginis, K. A. (June, 2014). The role of interpersonal communication in the process of mobilizing evidence-based physical activity information within a community-based organization: A network analysis. Paper presented at the North American Society for Psychology of Sport and Physical Activity, Minneapolis, Minnesota.
- 40. Stapleton, J., Martin Ginis, K. A., & Perrier, M. J. (June, 2014). Competition level-differences in theory-based predictors of sport among parasport athletes with mobility impairments. *Paper* presented at the North American Society for the Psychology of Sport and Physical Activity, Minneapolis, Minnesota.
- 41. Salci, L. E., Martin Ginis, K. A. (May, 2014). Exercise and weight loss may not be enough: cortisol is elevated in women with pervasive body image concerns. Paper presented at the International Journal for Behavioral Nutrition & Physical Activity Annual Meeting, San Diego, California.
- 42. Stork, M. J., Kwan, M., Gibala, M. J., & Martin Ginis, K. A. (May, 2014). Staying 'on beat' with high-intensity interval training: The impact of music on exercise performance and social cognitions. Poster presented at the International Society for Behavioral Nutrition & Physical Activity Annual Meeting, San Diego, California.
- 43. Tomasone, J. R., Sweet, S. N., Martin Ginis, K. A., & The Canadian Paralympic Committee. (May, 2014). Key ingredients for "Changing Minds": Determining the effective components of an educational intervention to enhance health care professional trainees' social cognitions for discussing physical activity. Paper presented at the International Society of Behavioral Nutrition and Physical Activity Annual Meeting, San Diego, California.
- 44. Perrier, M. J., Martin Ginis, K. A., Salci, L., & The SHAPE-SCI Research Group. (April, 2014). A comparison of wheeling: Activity of daily living versus leisure-time physical activity. Paper presented at the Congress--Rehabilitation: Mobility, Exercise, & Sports, Groningen, The Netherlands.
- 45. Martin Ginis, K. A., Perrier, M. J., & The SHAPE-SCI Research Group. (April, 2014). Modifiable predictors of physical activity among mobility device users. Paper presented at the Congress--Rehabilitation: Mobility, Exercise, & Sports, Groningen, The Netherlands.
- 46. Tomasone, J. R., Donald, B., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, **K. A.** (April, 2014). Get in Motion: Correlates of clients' adherence to a telephone-based physical activity counseling service. Poster presented at the Society of Behavioral Medicine Annual Meeting, Philadelphia, Pennsylvania.
- 47. Gainforth, H. L., Latimer-Cheung, A. E., Casemore, S., Davis, C., & Martin Ginis, K. A. (April, 2014). Testing the feasibility of training peers with spinal cord injury (SCI) to learn and implement

- brief action planning to promote physical activity to people with SCI. Poster presented at Society of Behavioral Medicine Annual Meeting, Philadelphia, Pennsylvania.
- 48. Jung, M., Stork, M. J., Stapleton, J., Bourne, J., & Martin Ginis, K. A. (February, 2014). A systematic review of maternal calcium intake interventions. Paper presented at the Healthy Mothers and Healthy Babies: New Research and Best Practice Conference, Vancouver, British Columbia.
- 49. Tomasone, J. R., Arbour-Nicitopoulos, K. P., Ginis, S., Jeske, S., & Martin Ginis, K. A. (October, 2013). Promoting physical activity in the spinal cord injury community through educating and empowering health care professionals: SCI Action Canada's Knowledge Mobilization Training Series. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Kelowna, BC.
- 50. Tomasone, J. R., Martin Ginis, K. A., Estabrooks, P. A., & Domenicucci, L. (October, 2013). Key ingredients for "changing minds": Determining the effectiveness and effective components of an education intervention to enhance health care professionals' intentions to prescribe physical activity. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Kelowna, BC.
- 51. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulous, P., Moore, S., & Martin Ginis, K. A. (October, 2013). The Role of Interpersonal Communication in the Process of Mobilizing Evidencebased Physical Activity Information within a Community-based Organization: A Network Analysis. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Kelowna, BC.
- 52. *Stork, M. J., Martin Ginis, K. A., Kwan, M., & Gibala, M. J. (October, 2013). Staying on beat with high-intensity interval training: the use of music to enhance anaerobic performance and to improve perceived enjoyment. Paper presented at the Ontario Kinesiology Association Conference, London, Ontario. * Awarded 2nd Place
- 53. Bray, S. R., Graham, J. D., Saville, P. D., Tran, A., Martin Ginis, K. A., Cairney, J., Marinoff Shupe, D., & Petitt, A. (June, 2013). "You believe in me?...Maybe I can!": Interpersonal feedback increases relation-inferred self-efficacy (RISE) and effortful task performance. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, New Orleans, Louisiana.
- 54. Stapleton, J., Martin Ginis, K. A., & Banfield, L. (June, 2013). Social Influence and physical activity among individuals with spinal cord injury: A meta-analysis. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, New Orleans, Louisiana.
- 55. Stork, M. J., Stapleton, J., & Martin Ginis, K. A. (June, 2013). Social influences and physical activity participation among individuals with multiple sclerosis: A meta-analysis. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, New Orleans, Louisiana.

- 56. Tomasone, J. R., Martin Ginis, K. A., & Estabrooks, P. A. (June, 2013). Changing minds is the first step to changing lives: The effectiveness of a seminar-mediated education intervention on the leisure-time physical activity cognitions of health care professionals across Canada. *Paper* presented at the North American Society for the Psychology of Sport and Physical Activity, New Orleans, Louisiana.
- 57. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulous, P., Moore, S., & Martin Ginis, K. A. (March, 2013). A Knowledge Mobilization Network Analysis in a Community-Based Organization. Paper presented at Society of Behavioral Medicine Annual Meeting, San Francisco, California.
- 58. Martin Ginis, K. A., Nigg, C. R., & Smith, A. L. (May, 2013). Peer-delivered physical activity interventions: An overlooked opportunity for physical activity promotion. *Poster presented at the* International Society for Behavioral Nutrition and Physical Activity Conference, Ghent, Belgium.
- 59. Martin Ginis, K. A., Sweet, S. N., & Vickey, T. (May, 2013). Tweeting for fitness: Use of mobile fitness apps for fitness-based social networking over 6-months. Paper presented at the International Society for Behavioral Nutrition and Physical Activity Conference, Ghent, Belgium.
- 60. Stapleton, J., Martin Ginis, K. A., (May, 2013). Sex differences in theory-based predictors of physical activity in a population-based sample of adults with a disability. Paper presented at the International Society for Behavioral Nutrition and Physical Activity Conference, Ghent, Belgium.
- 61. *Sweet, S. N., Estabrooks, P. A., Latimer-Cheung, A. E., Martin Ginis, K. A. (May, 2013). Applying RE-AIM to a national physical activity-enhancing partnership initiative: A preliminary evaluation of SCI Action Canada. Poster presented at the International Society for Behavioral Nutrition and Physical Activity Conference, Ghent, Belgium. *CIHR Travel Award
- 62. *Tomasone, J. R., Martin Ginis, K. A., Estabrooks, P. A, (May, 2013). The Canadian Paralympic Committee. Changing Minds, Changing Lives from the top down: A case study of the adoption of a nationwide, theory-based intervention to increase health care professionals' leisure-time physical activity prescription behavior among Canadians with a physical disability. Poster presented at the International Society for Behavioral Nutrition and Physical Activity Conference, Ghent, Belgium. *NASPSPA Travel Award
- 63. Sweet, S.N., Vickey, T., Martin Ginis, K.A. (March, 2013). To tweet or not to tweet: The relationship between use of twitter, mobile physical activity applications and physical activity participation. Paper presented at the Society of Behavior Medicine Annual Conference, San Francisco, CA.
- 64. Bray, S. R., Saville, P. D., Graham, J. D., & Tran, A., Martin Ginis, K. A., Cairney, J., Marinoff-Shupe, D., & Pettit, A. (2012, November). You Believe I Can?... So do I! Interpersonal Feedback Increases Self-efficacy and Intrinsic Motivation to Perform Novel Motor Skill Tasks. Paper presented at the 6th Annual Meeting of the Sport Canada Research Initiative Conference, Kanata,

Canada

- 65. Gainforth, H. L., Latimer-Cheung, A. E., Athanasopoulos . P., & Martin Ginis, K. A. (November, 2012). Creating an impact: Examining the effectiveness of an event-based knowledge mobilization initiative for disseminating the Physical Activity Guidelines for People with Spinal Cord Injury. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, NS.
- 66. Sweet, S. N., Latimer-Cheung, A. E., Martin Ginis, K. A., & Bourne, C. (November, 2012). Quick on the uptake: Theory of Planned Behaviour variables predict organizational uptake of health research. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, NS.
- 67. Graham, J. D., Bray, S. R., & Martin Ginis, K. A. (November, 2012). "Pay the piper": Autonomous motivation takes a toll on self-control. Paper presented and the Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, NS.
- 68. Stapleton, J. N., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (November, 2012). How sharp are the tools? Consumer perceptions of the SCI Get Fit Toolkit. *Poster presented and the* Canadian Society for Psychomotor Learning and Sport Psychology, Halifax, NS.
- 69. *Arbour-Nicitopoulous, K. P., Tomasone, J., R. Martin Ginis, K. A., & Latimer-Cheung, A. E. (October, 2012). The SCI Get Fit Toolkit: Examining the evaluation and dissemination process. Poster presented at the National SCI Conference, Toronto, ON. *Research Award
- 70. *Athanasopoulos . P., Latimer-Cheung, A. E., Gainforth, H. L., Corkum, S., Arbour-Nicitopoulos, K. P., & Martin Ginis, K. A. (October, 2012). Partners in Success: Exploring researchstakeholder partnerships as a critical mechanism for knowledge translation and evidence-based practice. Poster presented at the National SCI Conference, Toronto, ON. *Patient Education Award
- 71. Martin Ginis, K. A. & Ginis, S. Evidence based, community vetted: Three case studies of knowledge translation to the SCI community. (October, 2012). Poster Presented at the National SCI Conference, Toronto, ON.
- 72. Stapleton, J. N., Arbour-Nicitopoulos, K.P., & Martin Ginis, K. A. (October, 2012). Increasing sport participation in persons with spinal cord injury: Facilitators, barriers, and resources. *Poster* Presented at the National SCI Conference, Toronto, ON.
- 73. Sweet, S. N., Latimer-Cheung, A. E., Bourne, C., & Martin Ginis, K. A. (October, 2012). Research use and needs: A glace at organizations aimed at improving the health of Canadians living with a disability. Poster Presented at the National SCI Conference, Toronto, ON.
- 74. Tomasone, J. R., Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., & Latimer-Cheung, A. E. (October, 2012) Doing what the Guidelines say: Increasing awareness, knowledge, and adherence

- to the Physical Activity Guidelines for Adults with Spinal Cord Injury through the Get in Motion telephone-based counseling service. Poster Presented at the National SCI Conference, Toronto, ON.
- 75. Sinden, K. E., Martin Ginis, K. A, & the SHAPE-SCI Research Group. (2012). Returning to work post spinal cord injury: Using the National Occupational Classification to remove barriers and dispel the stereotypes. Paper presented at the Canadian Association for Research and Health Conference, Plenary: Best Student Presentation Award, Vancouver, B.C.
- 76. Martin Ginis, K. A. (2012). Senior Lecture Series: Sport and Exercise Psychology. Takin' it to the Streets: A community-university partnership approach to physical activity research and knowledge translation. Senior Lecture presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 77. Tomasone, J. R., Martin Ginis, K.A., Domenicucci, L., Estabrooks, P. A. (2012). Changing minds, changing lives: A preliminary investigation of a national knowledge translation initiative to increase physical activity and parasport participation in Canada. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 78. Stapleton, J.N., Martin Ginis, K.A., Perrier, M.J. Arbour-Nicitopoulos, K.P. (2012). Wheeling versus winning: Comparing demographic and social cognitive variables between sport participants and non-sport participants living with spinal cord injury. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 79. Tomasone, J. R., Arbour-Nicitopoulos, K.P., Martin Ginis, K.A., Latimer-Cheung, A. E. (2012). Who's in motion? The reach and effectiveness of Get in Motion: A telephone-based leisure-time physical activity counseling service for Canadian adults with spinal cord injury. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 80. Graham, J. D., Bray, S.R., Martin Ginis, K.A. (2012). An investigation of the effects of energy conservation and motivation on self-regulation strength depletion. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 81. Bray, S.R., Martin Ginis, K.A., Cairney, J., Marinoff-Shupe, D. Pettit, A. Saville, P. D., Graham, J. D., Tran, A. (2012). "They believe I can do it...this is how I know!": Youth sport participants' perceptions of verbal and non-verbal feedback on relation-inferred self-efficacy. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Honolulu, Hawaii.
- 82. Sweet, S. N., Martin Ginis, K. A., Latimer-Cheung, A. E.& the SHAPE-SCI Research Group. (2012). Explaining the relationship between physical activity and quality of life in persons with spinal cord injury. Poster Presented at the Society of Behavioral Medicine 33rd Annual Meeting, New Orleans, Louisiana.
- 83. Martin Ginis, K. A. Arent, S. M., Bray, S. R., Pila, E., & Frankovich, C. (2011). What not to wear: Revealing attire and evaluative threat activates the cortisol response. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, Manitoba.

- 84. Sweet, S. N., Martin Ginis, K. A., & Latimer, A. E. (2011). In a class of their own: Predicting physical activity trajectories among people with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, Manitoba.
- 85. Martin Ginis, K. A., McEwan, D., Josse, A. R., & Phillips, S. M. (2011). Reality check: Body image change is more strongly related to perceived than actual physical fitness improvements. Paper presented at the meeting of the North American Society for the Psychology of Sport & Physical Activity, Vermont.
- 86. Bassett, R. L., Latimer, A. E., Martin Ginis, K. A., & Richardson, B. (2011). I spy with my little eye: A persuasive message? Paper presented at the meeting of the North American Society for the Psychology of Sport & Physical Activity, Vermont.
- 87. Foulon, B., Martin Ginis, K. A., & Latimer, A. E., (2011). Tailored vignettes do not change physical activity social cognitions among people with SCI. Paper presented at the meeting of the North American Society for the Psychology of Sport & Physical Activity, Vermont.
- 88. Martin Ginis, K. A., & Latimer, A. E. (2011). SCI Action Canada: A framework for developing and mobilizing physical activity interventions for people with spinal cord injury. Paper presented at the Pan Pacific Conference of Medicine and Science in Sport, Honolulu, Hawaii.
- 89. Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., Latimer, A. E., Bourne, C., Campbell, D., Cappe, S., Pomerleau, P., & Smith, K. (2011). Development of an evidence-informed physical activity resource for adults with spinal cord injury: The SCI Get Fit Toolkit. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Winnipeg, MB.
- 90. Bassett, R. L., Martin Ginis, K. A., Latimer, A. E., & Lemay, V. (2010). Processing Messages for Knowledge Translation. Paper presented at the Mobilizing Research Knowledge Conference, Hamilton, Ontario.
- 91. Martin Ginis, K. A., Arbour-Nicitopoulos, K., Hicks, A., Latimer, A. E. (October, 2010). Development and application of evidence-based physical activity guidelines for the SCI population. Symposium presented at the 4th Annual National Spinal Cord Injury Conference, Niagara Falls, Ontario.
- 92. *Martin Ginis KA, Latimer AE, Arbour-Nicitopoulos KP, Buchholz AC, Bray SR, Craven C, Hayes KC, Hicks AL, McColl M, Potter PJ, Smith K, Wolfe DL. (October, 2010). Determinants of leisure-time physical activity: Results from SHAPE-SCI. Poster presented at the National Spinal Cord Injury Conference, Niagara Falls, ON
- *First Prize National SCI Research Award
- 93. Arbour-Nicitopoulos K.P., Martin Ginis K.A. & Latimer A.E. (October, 2010). Get in Motion: A national physical activity counseling service for persons with spinal cord injury. Poster presented at the 4th National Spinal Cord Injury Conference, Niagara Falls, ON.

- 94. Martin Ginis, K. A., & Latimer, A. E. (2010). SCI Action Canada: A framework for developing and mobilizing physical activity interventions for people with spinal cord injury. Paper presented at the 2010 Mobilizing Research Knowledge Conference, Hamilton, ON.
- 95. Martin Ginis, K. A., Latimer, A. E., & Ginis, S. (2010). A framework for community mobilization of physical activity interventions. Paper presented at the McMaster Innovation Showcase, Hamilton, ON.
- 96. Bassett, R. L., Martin Ginis, K. A., & Latimer, A. E. (2010). Do you want the good news or the bad news? The effects of gain- versus loss-framed messages on health and physical activity beliefs and cognitions. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 97. Foulon, B. L., Martin Ginis, K. A., & Latimer, A. E. (2010). Giving the people what they want: Preliminary market research for the development Canada's physical activity guide for adults living with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 98. Hatchell, A. C., Paterson, N., Barg, C., Perrier, M. J., Martin Ginis, K. A., & Latimer, A. E. (2010). A market test of a tailored physical activity handbook for people living with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 99. Latimer, A. E., Brawley, L. R., Martin Ginis, K. A., Prapavessis, H., & Tomasone, J. (2010). Active Homes: A preliminary evaluation of a peer-mediated, home-based strength training session for people with paraplegia. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 100. Perrier, M. J., Latimer, A. E., Martin Ginis, K. A., SHAPE-SCI Research Team. (2010). Baby, it's cold outside: The influences of season on participation in leisure time physical activity for people with spinal cord injury (SCI). Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 101. Phang, S. H., Martin Ginis, K. A., Lemay, V., Routier, F. (2010). Wheels in motion: Mobility's relationship with self-efficacy and leisure-time physical activity in people with spinal cord injury. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Ottawa, ON.
- 102. Martin Ginis, K. A. & Latimer, A. E. (2010). SCI Action Canada: A framework for developing and disseminating physical activity interventions for people with spinal cord injury. Canadian Military & Veteran Health Research Forum, Kingston, Ontario.
- 103. Lemay, V, Routhier, F., Noreau, L., Phang S.H., Martin Ginis K.A., (2010). Relationship between level of injury and mobility of manual wheelchair users with spinal cord injury. 4th National Spinal Cord Injury Conference, Toronto, ON.

- 104. Martin Ginis, K. A., Latimer, A. E., Bassett, R. L., Arbour-Nicitopoulos, K. P., & Wolfe, D. (2010). The importance of self-regulation for physical activity participation: A test of Social Cognitive Theory. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Tucson, AZ.
- 105. Bray, S. R., Clayton, C., Martin Ginis, K. A., & Graham, J. (2010). Self-regulation depletion and exercise endurance: A test of the energy conservation hypothesis. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Tucson, AZ.
- 106. Bray, S. R., Graham, J., Martin Ginis, K. A., & Hicks, A. L. (2010). Brain drain: Cognitive task performance depletes maximum voluntary effort for exercise. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Tucson, AZ.
- 107. Martin Ginis, K.A., Hohol, J., Arbour, K.P., & Latimer, A.E. (June, 2009). Get in Motion: Telehealth physical activity counseling. Poster presented at the McMaster Innovation Showcase Competition, Hamilton, ON.
- 108. Foulon, B.L., Phang, S.H., Avrahami, D. & Martin Ginis, K.A. (November, 2009). Back to the future: Anticipated regret's impact on exercise and the intention-behaviour relationship in the Theory of Planned Behaviour. Paper presented at Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference, Toronto, Ontario.
- 109. Bassett, R. L., & Martin Ginis, K. A. (November, 2009). Risky Business: Health Risk Perceptions and Physical Activity among People with Spinal Cord Injury. Paper presented at Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference, Toronto, Ontario.
- 110. Barr, N., Martin Ginis, K. A., & Arent, S. (November, 2009). The effects of arm ergometry on changes in affect. Poster presented at Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference, Toronto, Ontario.
- 111. Strong, H., Martin Ginis, K. A., Bray, S. R., & Arent, S. (November, 2009). Mediators of the effects of exercise on body image. Paper presented at Canadian Society for Psychomotor Learning and Sport Psychology Annual Conference, Toronto, Ontario.
- 112. Bassett, R. L., Martin Ginis, K. A., Latimer, A. E., & Wolfe, D. L. (March, 2009). The availability of desired physical activity following spinal cord injury. Poster presented at the 4th International State-of-the-art Congress "Rehabilitation: Mobility, Exercise and Sports": Amsterdam, Netherlands.
- 113. Hetz, S. P., Latimer, A. E., Martin Ginis, K. A., & SHAPE-SCI Research Group (March, 2009). Activities of daily living and CHD risk-factors among individuals with chronic spinal cord injury. Poster presented at the 4th International State-of-the-art Congress "Rehabilitation: Mobility,

- Exercise and Sports": Amsterdam, Netherlands.
- 114. Latimer, A. E., Brawley, L. R., Conlin, C., & Martin Ginis, K. A. (March, 2009) Examining community capacity to determine evidence-based physical activity promotion programs for people with spinal cord injury. Poster presented at the 4th International State-of-the-art Congress "Rehabilitation: Mobility, Exercise and Sports": Amsterdam, Netherlands.
- 115. Bassett, R. L., & Martin Ginis, K. A. (November, 2009). Dangerously optimistic? Optimistic bias among people with spinal cord injury and the relationship with physical activity. Paper presented at the annual meeting of the North American Society for the Psychology of Physical Activity, Austin, Texas.
- 116. Arbour, K. P., & Martin Ginis, K. A. (November, 2008). The accessibility of fitness and recreational facilities for persons with mobility disabilities. Poster presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 117. Buchholz AC, Martin Ginis KA, Bray S, Craven BC, Hayes K, Latimer AE, McColl MA, Potter P, Smith K, Wolfe D. (November, 2008). Physical activity and chronic disease risk factors: Baseline data from SHAPE-SCI. Poster presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 118. Hetz S, Latimer AE, Martin Ginis KA, & The SHAPE-SCI Research Group. (November, 2008). Relationships between physical fitness and activities of daily living in individuals with SCI. *Poster* presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 119. Martin Ginis KA, Latimer AE, Arbour KP, Buchholz AC, Bray S, Craven BC, Hayes K, Hicks A, McColl MA, Potter P, Smith K, Wolfe D. (November, 2008). Leisure time physical activity levels among Ontarians living with SCI: Baseline data from SHAPE-SCI. Poster presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 120. Wolfe D, Martin Ginis KA, Craven BC, Bray SR, Buchholz AC, Hayes KC, Hicks AL, Latimer AE, McColl MA, Potter PJ, & Smith K. Secondary health complication and physical activity: Baseline data from SHAPE-SCI. (November, 2008). Paper and poster presented at National Spinal Cord Injury Conference, Toronto, ON. *Outstanding Paper Award.
- 121. Martin Ginis, K. A., Jetha, A., Mack, D. E., & Hetz, S. (November, 2008). Psychological wellbeing and physical activity among people with spinal cord injury: A meta-analysis. *Poster* presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 122. Martin Ginis, K. A., Latimer, A.E., Arbour, K. P., Buchholz, A. C., Bray, S. R., Craven, C., Hayes, K. C., Hicks, A. L., McColl, M., Potter, P. J., Smith, K., & Wolfe, D. L. (November, 2008). Physical activity levels among people with spinal cord injury. Poster presented at the National Spinal Cord Injury Conference, Toronto, ON.

- 123. Arbour, K. P., Martin Ginis, K. A., & The SHAPE Research Group (October, 2008). Barrier selfefficacy and leisure-time physical activity in people with spinal cord injury. Poster presented at the annual meeting of the American Congress of Rehabilitation Medicine, Toronto, ON.
- 124. Martin Ginis, K. A., Bray, S. R., & Woodgate, J. (April, 2008). Exercising Self-Control: A Demonstration of the Effects of Self-Regulatory Depletion on Exercise Effort and Motivation Paper presented at the annual meeting of the British Psychological Society, Dublin, Ireland.
- 125. Barr, N., & Martin Ginis, K. A. (June, 2008). The Relationship Between Physical Activity, Functional Independence, and Depression in Individuals with Spinal Cord Injury. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 126. *Arbour, K. P., & Martin Ginis, K. A. (November, 2008). Turning intentions into action: Combined effects of action and coping planning on leisure-time physical activity and coping selfefficacy in persons living with spinal cord injury. Paper presented at the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Canmore, AB. *SCAPPS Young Scientist Award for Scholarly Research
- 127. *Arbour, K. P., Martin Ginis, K. A., & The SHAPE-SCI Research Group(June, 2008). Examining the role of individual and environmental factors in leisure-time physical activity behaviour among persons with spinal cord injury. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON. *NASPSPA Outstanding Paper Award.
- 128. Clayton, C. S., Bray, S. R., & Martin Ginis, K. A. (June, 2008). Self-regulatory depletion and physical performance: An examination of depletion effects and trait self control as an effect modifier. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 129. Bittner, J. P., Pelletier, C., & Martin Ginis, K. A. (June, 2008). The role of intentions and planning in relations to current leisure time physical activity levels in first year undergraduate students. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 130. Martin Ginis, K. A., & Bray, S. R. (June, 2008). Exercising self-control: A lab-based measure of exercise-related self-regulatory strength predicts 8-week exercise adherence. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 131. Murru, E. C., Martin Ginis, K. A., & Strong, H. (June, 2008). Lifting anxiety: Strength-training in a mixed-sex environment induces greater state social physique anxiety than in a same-sex environment. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 132. Strong, H. A., Martin Ginis, K. A., Arent, S. M., & Bray, S. R. (June, 2008). What not to wear: Revealing exercise attire and public exercise settings increase women's acute body image concerns

- and cortisol levels. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Niagara Falls, ON, Canada.
- 133. Bassett, R. L., & Martin Ginis, K. A. (March, 2008). It takes more than just a little dissatisfaction: Body image investment moderates the relationship between leisure time physical activity and body dissatisfaction. Paper presented at the annual meeting of the Eastern Canada Sport and Exercise Psychology Symposium. Sudbury, Ontario.
- 134. Bassett, R. L., & Martin Ginis, K. A. (November, 2008). Perceived risk for disease and leisure time physical activity among people living with spinal cord injury. Paper presented at the biannual meeting of the National Spinal Cord Injury Conference. Toronto, Ontario.
- 135. Bassett, R. L., & Martin Ginis, K. A. (June, 2008). It takes more than just a little dissatisfaction; Body image investment moderates the relationship between leisure time physical activity and body dissatisfaction. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity. Niagara Falls, Ontario.
- 136. Murru, E., Martin Ginis, K.A., & Strong, H. (March, 2008). Lifting anxiety: Strength-training in a mixed-sex environment induces greater state social physique anxiety than in a same-sex environment. Paper presented at the meeting of the Eastern Canadian Sport and Exercise Psychology Symposium. Sudbury, Ontario.
- 137. Finnie, A. K., Buchholz, A. C., Martin Ginis, K. A. and the SHAPE-SCI Research Group (2007). Metabolic syndrome prevalence in men with chronic spinal cord injury. Paper presented at the American Societies for Experimental Biology.
- 138. Arbour, K. P., Martin Ginis, K. A., and the Shape-SCI Research Group (June, 2007). Does the environment matter? Exploring the role of the physical environment in predicting leisure-time wheeling among people with spinal cord injury. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 139. Strong, H. A. & Martin Ginis, K. A. (June, 2007). Factorial and construct validity of the selfpresentational efficacy in exercise scale. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 140. Barr, N., Gunn, E., Murru, E.C., Russell, K.L., Bray, S.R., & Martin Ginis, K.A. (June, 2007). Lost in translation: Bridging the gap between physical activity intentions and behaviour *Paper* presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 141. Bassett, R. L., Martin Ginis, K. A., & Latimer, A. E. (June, 2007). Wheeling for fitness in people with SCI: What's pain got to do with it? Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 142. Coudevylle, G. R., Martin Ginis, K. A. (June, 2007). An experimental investigation of determinants and consequences of self-handicapping strategies across motivational climates. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and

- Physical Activity, San Diego, CA.
- 143. Latimer, A. E., & Martin Ginis, K. A. (June, 2007). Reflecting on the role of self-awareness in mirrored exercise environments. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 144. Arbour, K.P., Cramp, A. G., Woodgate, J., & Martin Ginis, K. A. (November, 2007). What, where, when, and for how long? Examining the effects of different types of implementation intentions on the exercise intention-behaviour gap. Paper presented at the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Windsor, ON.
- 145. Murru, E., Martin Ginis, K.A., & Strong, H. (November 2007). A state approach to conceptualizing social physique anxiety in exercise settings: Psychometric properties of a state social physique anxiety scale. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, Ontario.
- 146. Barr, N. G., Arbour, K. P., & Martin Ginis, K. A. (November, 2007). In sickness and in health: The relationship between physical activity, secondary health complications and depression in individuals with spinal cord injury. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, Ontario
- 147. Strong, H., Martin Ginis, K.A., & Murru, E. (November 2007). A state approach to conceptualizing social physique anxiety in exercise settings: An experimental demonstration and theoretical implications. Presented at the meeting of the Canadian Society for PsychomotorLearning and Sport Psychology, Windsor, Ontario.
- 148. Bassett, R. L., & Martin Ginis, K. A. (November 2007). Can't Get No (Body) Satisfaction? Leisure Time Physical Activity Associated With Body Satisfaction in People with Spinal Cord Injury. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Windsor, Ontario.
- 149. Bassett, R. L., Latimer, A. E. & Martin Ginis, K. A. (November, 2007). Leisure time physical activity patterns and fitness in people with spinal cord injury. Presented at the Interurban Spinal Cord Injury Conference, Hamilton, Ontario.
- 150. Arbour, K. P., & Martin Ginis, K. A. (March, 2006). Transforming intentions into behavior: Investigating the role of implementation intentions on sedentary women's walking behavior. *Paper* presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 151. Martin Ginis, K. A., Arthur, H. M., & Thorpe, K. E. (March, 2006). Effects of aerobic-training versus strength-and aerobic-training on body image among women with heart disease. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 152. Martin Ginis, K. A., Bray, S. R., & Prapavessis, H. (May, 2006). "Great Teachers Inspire": Exercise video instructor characteristics that inspire confidence and motivation in beginner exercisers. Paper presented at the annual meeting of the American College of Sports Medicine, Denver, CO.

- 153. Arbour, K. P., & Martin Ginis, K. A. (May, 2006). Improving body image one step at a time: Greater pedometer step counts produce greater body image improvements. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 154. Galea, M. N., Bray, S. R., & Martin Ginis, K. A. (May, 2006). Barriers and facilitators for walking exercise among individuals with intermittent claudication. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 155. Jung, M. E., Martin Ginis, K. A., & Phillips, S. M. (July, 2006). Increasing calcium intake in young women through gain-framed, targeted messages. Paper presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Boston, MA.
- 156. Martin Ginis, K. A., Burke, S. M., & Gauvin, L. M. (May, 2006). To see or not to see II: Exercising with others exacerbates the negative effects of mirrored exercise environments on women's feeling states. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 157. Strong, H. A., Mack, D. E., & Martin Ginis, K. A. (June, 2006). Examining self-presentational motives for exercise as predictors of social physique anxiety in men and women. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 158. Spence, J. C., Thomson, M., Raine, K., Wild, T. C., McGannon, K. R., & Martin Ginis, K. A. (July, 2006). The influence of television viewing on dietary and physical activity behaviors: A synthesis of best evidence. Paper presented at the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Boston, MA.
- 159. Woodgate, J., Martin Ginis, K. A., & Bray, S. R. (November, 2006). Muscle ache: the effects of self-regulatory depletion on self-efficacy. Paper presented at the annual meeting of the Canadian Society for Psychomotor Behaviour and Sport Psychology, Halifax, NS.
- 160. Arbour, K. A., & Martin Ginis, K. A. (November, 2006). Promoting Physical Activity Participation Among People with Spinal Cord Injuries: Examining the Wheelability of Neighbourhoods and Fitness Facilities. Paper presented at the annual meeting of the Canadian Society for Psychomotor Behaviour and Sport Psychology, Halifax, NS.
- 161. Strong, H. A., Martin Ginis, K. A., Woodgate, J., & Bray, S. R. (November, 06). Is positive feedback always positive? In women with high social physique anxiety, positive physical appearance feedback decreases self-presentational efficacy. Paper presented at the annual meeting of the Canadian Society for Psychomotor Behaviour and Sport Psychology, Halifax, NS.
- 162. Brockerville, M., Fowles, J.R., Strokan, K., Harris, B., Miles, S., Lowe, J., Martin Ginis, K., Murphy, R.J.L. Benefits of exercise and nutrition counseling for people with type 2 diabetes. *Paper* presented at the Atlantic Provinces Exercise Scientists Annual Meeting. 2005. Fredericton, NB.

- 163. Strokan, Katherine E., Fowles, Jonathon R., Martin Ginis, Kathleen, Miles, Susan, Harris, Bev, Murphy, Rene J.L. Improved Health And Wellbeing In Type 2 Diabetes Outpatients Involved In A Kinesiologist-directed Training Program (June, 2005). Paper presented at the annual meeting of the American College of Sports Medicine, Nashville, TN.
- 164. Martin Ginis, K. A., Eng, J. J., Arbour, K. P., & Phillips, S. M. (July, 2005). Mind over muscle? Sex differences in the relationship between body image change and subjective and objective changes in fatness, strength and muscularity due to strength-training. Paper presented at the International Congress of the French Society of Sport Psychology, Reims, France.
- 165. Eng. J. J., & Martin Ginis, K. A. (November, 2005). Helping women and pressuring men to exercise. Exploring conceptualizations of social influence in the Theory of Planned Behavior. Paper presented at the annual meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Niagara Falls, ON.
- 166. Martin Ginis, K. A., Prapavessis, H., & Haase, A. (November, 2005). In the eye of the beholder: Social comparisons with exercise video instructors and their effects on women's body image, selfpresentation concerns and exercise motivation. Paper presented at the annual meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Niagara Falls, ON
- 167. Arbour, K. P., & Martin Ginis, K. A. (October, 2004). Lifting satisfaction: The relationship between young men's weight-training participation, muscle-building confidence, and behavior. Paper presented at the annual meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Saskatoon, SK.
- 168. Jung, M. E., Bray, S. R., & Martin Ginis, K. A. (October, 2004). Tracking chronic disease risk behaviors in first year university students. Paper presented at the annual meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Saskatoon, SK.
- 169. Latimer, A. E., Martin Ginis, K. A. & Craven, C. (March, 2004). The role of pain in predicting physical activity intention and behavior among individuals with spinal cord injury: A biopsychosocial perspective. Paper presented at the Society of Behavioral Medicine.
- 170. Arbour, K. P., Latimer, A. E., Jung, M. E., & Martin Ginis, K. A. (June, 2004). Moving beyond the stigma: Self-presentational benefits of exercise in individuals with a physical disability. *Paper* presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, BC.
- 171. Latimer, A.E., Martin Ginis, K. A., Craven, B. C., Norman, G. & Hicks, A. L. (June, 2004). The Physical Activity Recall Assessment for Persons with SCI (PARA-SCI): Preliminary reliability and validity data. Paper presented at the American College of Sports Medicine Annual Meeting, Indiannapolis, IN.
- 172. **Martin Ginis, K. A.,** Brawley, L. R., Latimer, A. E., Jung, M. E., & Hicks, A. L. (June, 2004). From weight training to ADL performance: Helping older adults make the connection. *Paper* presented at the American College of Sports Medicine Annual Meeting, Indiannapolis, IN.
- 173. Martin Ginis et al., (June, 2004). Lifting esteem: The effects of a strength-training intervention on older adults' self-esteem and its correlates. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, BC.

- 174. Stacy, D. L., Martin Ginis, K. A., Poling, M., & Gibala, M. J. (June, 2004). The effects of hydrotherapy on recovery and performance during high intensity training. Paper presented at the American College of Sports Medicine Annual Meeting, Indiannapolis, IN.
- 175. Wessel J, Francoeur C, McCartney N, Martin Ginis K, Williams R. (May, 2004). How does pain influence physical function in persons with osteoarthritis of the knee? Paper presented at the Canadian Physiotherapy Association annual congress, Quebec City, QB.
- 176. Shields, C. A., Brawley, L. R., & Martin Ginis, K. A. (October, 2003). Who are men really impressing? Interactive effects of exercise status and gender on the impressions formed of men. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, ON.
- 177. Jung, M. E. & Martin Ginis, K. A. (October, 2003). Mars and Venus at the gym: Gender differences in social comparison in older adults. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, ON.
- 178. Arbour, K. P. & Martin Ginis, K. A. (October, 2003). The promotion of regular physical activity amongst middle-aged women: Combining the theory of planned behaviour and implementation intentions. Paper presented at the Canadian Society for Psychomotor Learning and Sport Psychology Hamilton, ON.
- 179. Latimer, A. E., Martin Ginis, K. A., Craven, B. C. (October, 2003) Failing to measure up: issues in assessing physical activity among individuals with a physical disability. Paper presented at SCAPPS. Hamilton, Ontario.
- 180. Salvador, C. & Martin Ginis, K. A. (October, 2003). Gender differences in exercise motivation among adults over the age of 70. Paper presented at SCAPPS, Hamilton, Ontario.
- 181. Angove, J., Martin Ginis K. A. & Sinden, A. (June, 2003). Physical activity and social physique anxiety in older women: the moderating effects of self-presentation efficacy. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.
- 182. Jung, M. E., & Martin Ginis, K. A. (June, 2003). Predicting physical activity in young women at risk for osteoporosis. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.
- 183. Latimer, A., Martin Ginis, K. A., Kitchen, L. A., Howarth, K. R., & Hicks, A. L. (June, 2003). Redefining exercise: development of an exercise intensity classification system for people with spinal cord injury. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.
- 184. Martin Ginis, K. A., Brawley, L. R., Jung, M. E., Shields, C., Latimer, A., Hicks, A. L., & McCartney, N. (June, 2003). A single bout of exercise can improve activity-related thoughts and behaviors among very sedentary older adults. Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.
- 185. Watson, J. D., Martin Ginis, K. A., & Spink, K. S. (June, 2003). Team building in an elderly exercise class: it takes a village! Paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.

- 186. Latimer, A. E., Martin Ginis, K. A. & Craven, C. (March 2002). Psychosocial predictors of exercise intentions and behavior among individuals with spinal cord injury. Paper presented at the Society of Behavioral Medicine, Salt Lake City, UT.
- 187. Martin Ginis, K. A., Brawley, L. R., Latimer, A. E., Jung, M. E., Shields, C. A., Hicks, A. L. (March, 2002). Acute reactions to exercise predict subsequent activity in sedentary older adults. Paper presented at the Society of Behavioral Medicine, Salt Lake City, UT.
- 188. Latimer, A. E., & Martin Ginis, K. A. (July 2003). The importance of subjective norms for people who care what others think. Paper presented at the International Society of Behavioral Nutrition and Physical Activity, Quebec City, QC.
- 189. Jung, M., Martin Ginis, K. A., Phillips, S., & Lordon, C. (July 2003). The effects of generic vs population-specific educational materials on the dietary and physical activity health beliefs of women at risk for osteoporosis. Paper presented at the International Society of Behavioral Nutrition and Physical Activity, Quebec City, QC.
- 190. Martin Ginis, K. A., Jung, M. E., Shields, C. A., Brawley, L. R., Latimer, A. E., Lichtenberger, C. M., & Elston, T. E. (August 2003). Short-haul: acute effects of strength training for seniors. Paper presented at the American Psychological Association, Toronto, ON.
- 191. Martin, K. A., Latimer, A. E., Hicks, A. L., McCartney, N. (March, 2002). Self-efficacy, not satisfaction, predicts exercise adherence after spinal cord injury. Paper presented at the Society of Behavioral Medicine, Washington, DC.
- 192. *Latimer, A. E., Martin, K. A., Hicks, A. L. (March, 2002). An investigation of the efficacy of exercise as a pain reduction strategy for individuals with spinal cord injury. Paper presented at the Society of Behavioral Medicine, Washington, DC.
- 193. Latimer, A. E., Jung, M. E., Martin, K. A., & Arbour, K. P. (June, 2002). Benefits of benevolence: The impact of co-op placements in an exercise environment on attitudes toward persons with spinal cord injuries. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
- 194. Latimer, A. E., Martin, K. A., & Hicks, A. L. (June, 2002). A little exercise never hurts: Factors mediating exercise-induced change in pain and well-being in people with spinal cord injury. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
- 195. Lichtenberger, C. M., Martin, K. A., Fleming, J. C., & Wessel, J. (June, 2002). A "joint" effort to build body image: the impact of exercise on the body image of women with knee osteoarthritis. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
- 196. Watson, J. D., Martin, K. A., & O'Brien, J. (June, 2002). It's a small world after all: A crosscultural comparison of self-presentational motives for exercise. Paper presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.

- 197. Fleming, J. C., & Martin, K. A. (2002). Over-exposed: The effects of commercial exercise videotapes on women's body image and self-efficacy for exercise. Paper presented at the annual meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology, Vancouver, BC.
- 198. Lichtenberger, C., MacKenzie, C., Martin, K., & McCartney, N (October, 2001). Exercise to beat the body image blues: The interrelationships between physical fitness, body image, and depression among middle – old age cardiac patients. Paper presented at the meeting of the Canadian Association for Cardiac Rehabilitation, Halifax, NS.
- 199. MacKenzie, C., Lichtenberger, C., Martin, K., & McCartney, N. (October, 2001). Perceptions of social support and self-efficacy in maintenance cardiac rehabilitation. Paper presented at the meeting of the Canadian Association for Cardiac Rehabilitation, Halifax, NS.
- 200. Latimer, A. E., Martin, K. A., Hicks, A. L., Ditor, D. S., Stewart, B., Conolly, C., & McCartney, N. (October, 2001). Determining the relation between change in upper body strength, physical functioning, handicap, pain, stress and health for persons with SCI. Paper presented at the meeting of the Canadian Society for Exercise Physiology, Montreal, QB.
- 201. Hicks, A. L., Ditor, D. S., Martin, K. A., Latimer, A. E., Stewart, B., Conolly, C., & McCartney, N. (October, 2001). Exercise training in persons with spinal cord injury: Effects on strength, arm ergometry performance and psychological wellbeing. Paper presented at the meeting of the Canadian Society for Exercise Physiology, Montreal, QB.
- 202. Angove, J., Culos-Reed, S. N., Martin, K. A., & Brawley, L. R. (November, 2001). Correlates of social physique anxiety and functional self-presentational concerns for individuals with fibromvalgia. Paper presented at the meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 203. Gammage, K. L., Martin, K. A., & Hall, C. R. (November, 2001). Self-presentational efficacy expectancy: Its influence on anxiety in an exercise context. Paper presented at the meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 204. Jung, M. E., Martin, K. A., & Fleming, J. C. (November, 2001). Lessons on recruiting: When 'sedentary' is a 4-letter word. Paper presented at the meeting of the Canadian Society for the Study of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 205. Latimer, A. E., Martin, K. A., Hicks, A. L., Ditor, D. S., Stewart, B., & McCartney, N. (November, 2001). Exercise as a strategy for pain reduction and quality of life enhancement among individuals with spinal cord injury. Paper presented at the meeting of the Canadian Society for the Society of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 206. Martin, K. A., Latimer, A. E., Hanley, H., Francoeur, C., & Watson, K. (November, 2001). Setting wheels in motion: An application of the Theory of Planned Behaviour to understanding exercise among persons with spinal cord injury. Paper presented at the meeting of

- the Canadian Society for the Society of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 207. Sinden, A. R., & Martin, K. A. (November, 2001). Tom and Mary retire: Does it pay to be perceived as an exerciser in your later years? Paper presented at the meeting of the Canadian Society for the Society of Psychomotor Learning and Sport Psychology (SCAPPS), Montreal, QB.
- 208. Martin, K. A., Jung, M. E., & Sinden, A. R. (June, 2001). To see or not to see: The effects of exercising in mirrored and non-mirrored environments on exercise-induced affect. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 209. Elston, T. L., Martin, K. A., & Latimer, A. E. (June, 2001). Rising to the challenge: The effects of goal-setting and exercise stage on adherence to a 12-week exercise challenge. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 210. Fleming, J. C., Latimer, A. E., & Martin, K. A. (June, 2001). You can't go wrong being physically active: The positive exerciser stereotype carries over to obsessive exercisers, physically active women, and health risk behaviors. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 211. Latimer, A. E., Fleming, J. C., & Martin, K. A. (June, 2001). Self-presentational concerns moderate the relationship between subjective norms and exercise intentions. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 212. Angove, J., Sinden, A. R., & Martin, K. A. (June, 2001). Who wears short shorts? Examining exercise settings, social physique anxiety, and self-efficacy among older women. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 213. Culos-Reid, S. N., Angove, J., & Martin, K. A. (June, 2001). Understanding exercise behaviour in individuals with fibromyalgia: The role of self-efficacy, social support, and self-presentation concerns. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, St. Louis, MO.
- 214. Latimer, A. E., Martin, K. A., McKechnie, K., Ditor, D. S., Connolly, C., Hicks, A. L. & McCartney, N. M. (May, 2001). Improving quality of life and reducing depression in individuals with SCI through exercise: The role of pain and stress as mediators. Paper presented at the XXIIIrd International Symposium of the centre de recherche en sciences neurologique. Montreal, Quebec.
- 215. Martin, K. A., Buscher, L., & Crocker, S. (March, 2000). Benefit-framed, point of purchase messages improve healthy snack selection in a college food service. Paper presented at the meeting of the Society of Behavioral Medicine, Seattle, WA.

- 216. Martin, K. A., Latimer, A. E., McKechnie, K., Ditor, D. S., Connolly, C., Hicks, A. L., & McCartney, N. M. (March, 2000). The effects of exercise training on HRQL among people with spinal cord injury and the mediating influence of pain. Paper presented at the meeting of the Society of Behavioral Medicine, Seattle, WA..
- 217. Sinden, A. R., Angove, J., & Martin, K. A. (March, 2000). T-shirts or tank-tops? Older women's physical appearance concerns, exercise attitudes, and efficacy. Paper to be presented at the meeting of the Society of Behavioral Medicine, Seattle, WA.
- 218. Sinden, A. R. & Martin, K. A. (October, 2000). Need a Good Measure? The reliability and validity of measures of physical self-perceptions & exercise motives among active older women. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
- 219. Graves, L. A. & Martin K. A. (October, 2000). Do you want the good news or the bad news? The effects of message-framing on exercise-related thoughts among patients in a cardiac rehabilitation program. Paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.
- 220. Gammage, K., Hall, C., Prapavessis, H., Maddison, R., Haase, A., & Martin, K. (June, 2000). Self-presentational concerns in exercise. Meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 221. Martin, K. A., Sinden, A.R., & Fleming, J. C. (June, 2000). Inactivity may be hazardous to your image: Effects of exercise participation on social evaluations of men and women. Meeting of the North American Society for the Psychology of Sport and Physical Activity, San Diego, CA.
- 222. Martin, K. A., & Sinden, A. R. (August, 2000). Better than the rest: Adherence among older adults in RCTs of exercise. Paper presented at the meeting of the American Psychological Association, Washington, DC.
- 223. Rejeski, W. J., Reboussin, B. A., Martin, K. A., Callahan, K., Dunn, A. L., King, A. A., & Sallis, J. F. (March, 1999). Correlates of satisfaction with body function and body appearance in middleand older-aged adults. Paper presented at the Society of Behavioral Medicine, San Diego, CA.
- 224. Martin, K. A., Rejeski, W. J., Miller, M. E., James, M. K., Ettinger, W. H., & Messier, S. P. (March, 1999). Validation of the Physical Activity Scale for the Elderly in older adults with knee pain and disability. Paper presented at the meeting of the Society of Behavioral Medicine, San Diego, CA.
- 225. Martin, K. A., & Leary, M. R. (August, 1999). What Lengths to Impress? Self-Presentation and Health Risk Among Freshmen. Paper presented at the meeting of the American Psychological Association, Boston, MA.
- 226. Hausenblas, H. A., & Martin, K. A. (June, 1999). Bodies on display: Female aerobic instructors and social physique anxiety. Paper presented at the meeting of the North American Society for the

- Psychology of Sport and Physical Activity, Clearwater, FL.
- 227. Culos, S. N., Brawley, L. R., Martin, K. A., Leary, M. R., & Papaioannou, D. A. (March, 1998). Physical activity to enhance appearance or health: self-presentational issues. Paper presented at the meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 228. Rejeski, W. J., **Martin, K. A.,** Miller, M. E., Ettinger, W. H., & Rapp, S. (March, 1998). *Perceived importance and satisfaction with physical function in patients with knee osteoarthritis.* Paper presented at the meeting of the Society of Behavioral Medicine, New Orleans, LA.
- 229. Martin, K.A. (1998, June). Single, female, physically active: Effects of exercise status and body weight on stereotyped perceptions of young women. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Chicago, IL.
- 230. Martin, K. A., & Leary, M. R. (1998, August). Would you share a stranger's drink? Selfpresentational motives and health risk behavior. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- 231. Martin, K. A., & Lutes, L. D. (1998, October). Nowhere to hide: Group and leadership effects on social anxiety. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Niagara Falls, ON.
- 232. Martin, K. A. & Brawley, L. R. (1997, June). Efficacy and esteem as predictors of selfhandicapping in a physical activity setting. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 233. Hausenblas, H. A., & Martin, K. A. (June, 1997). Psychological commitment to exercise among female aerobic instructors. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 234. Gyurcsik, N. C., Brawley, L. R., & Martin, K. A. (March, 1997). Perceived barriers and adherence to physical activity: Measurement and prediction. Paper presented at the meeting of the Society of Behavioral Medicine, San Francisco, CA.
- 235. Martin, K. A., Leary, M. R., O'Brien, J., & O'Donnell, N. F. (1997, October). Looking good versus feeling good: Self-presentational motives for exercise among adolescents. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Niagara Falls, ON.
- 236. Martin, K. A., & Brawley, L. R. (1997, August). Don't expect too much from me: Selfhandicapping in sport and physical activity. American Psychological Association, Division 47, Dissertation Award Presentation, Chicago, IL.
- 237. Martin, K. A., & Brawley, L. R. (1996, June). Self-presentational motives, self-esteem, and selfhandicapping in sport. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Muskoka, ON.

- 238. Moritz, S. E., Martin, K. A., & Hall, C. R. (1996). Testing for the mediational effects of imagery use and imagery ability on sport self-confidence. Paper presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Muskoka, ON.
- 239. Martin, K.A. & Brawley, L.R. (1995, October). Self-handicapping in sport. Young Scientist Presentation, meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Vancouver, BC.
- 240. Martin, K.A, Paskevich, D. M., & Brawley, L. R. (1995, October) Cognitive self-schemata and exercise-related thoughts, intentions, and behaviours. Presented at the annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology.
- 241. Martin, K. A., Bray, S. W., & Widmeyer, W. N. (1995, September). Sources of cognitive and somatic anxiety among competitive youth skiers. Presented at the meeting of the Association for the Advancement of Applied Sport Psychology, New Orleans, LA.
- 242. Brawley, L.R., Carron, A.V., Widmeyer, W. N., & Martin, K. A. (1995, June). Social cohesion as a predictor of the magnitude of group importance in leisure time sport. Presented at the meeting of the North American Society for Psychology of Sport and Physical Activity, Asilomar, CA.
- 243. Paskevich, D. M., Martin, K. A., & Brawley, L. R. (1995, June). Self-presentation processes in sport. Presented at the meeting of the North American Society for Psychology of Sport and Physical Activity, Asilomar, CA.
- 244. Martin, K. A., & Brawley, L. R. (1994, October). Self-handicapping in sport: A sport-specific version of the self-handicapping scale. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, ON.
- 245. Mack, D., & Martin, K. A. (1994, October). Self-presentation concerns as correlates of sport competition trait anxiety in women's subjectively judged sports. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Hamilton, ON.
- 246. Martin, K. A., & Mack, D. (1994, October). Self-presentation concerns as correlates of sport competition trait anxiety. Presented at the meeting of the Association for the Advancement of Applied Sport Psychology, Lake Tahoe, NV.
- 247. Martin, K. A. & Hall, C. R. (1994, June). The effects of mental imagery on intrinsic motivation. Presented at the meeting of the North American Society for Psychology of Sport and Physical Activity, Clearwater, FL.
- 248. Klavora, P., Gaskovski, P., Martin, K. A., Goodman, J. M., Forsyth, R., Helsegrave, R., Young, M., & Quinn, R. P. (1993, September). The effects of reaction time training on the driving skills of persons with stroke. Presented at the Fourth Annual Conference of the Ontario Ministry of Transportation, Toronto, ON.

SYMPOSIA AND WORKSHOPS

- 1. Buren, R., Botting, N., Martin Ginis, K. A. (October, 2014). Changing minds, changing lives: Healthcare professionals as key influencers in the parasport movement. Workshop presented at the 6th National Spinal Cord Injury Conference, Toronto, ON.
- 2. Gainforth H. L., Latimer-Cheung A. E., Athanasopoulos P., Martin Ginis K. A. (October, 2012). Creating an Impact: Examining the Organizational Impact of an event-based Knowledge Translation Initiative to Promote Physical Activity to People with SCI. Workshop presented at the National SCI Conference, Toronto, ON.
- 3. Martin Ginis, K. A., Gill, D, Estabrooks, P, & Hardy, L. (June, 2011). Optimizing the impact of sport and exercise psychology research on practice, policy, and theory. Symposium presented at the annual meeting of the North American Society for Psychology of Sport and Physical Activity.
- 4. Martin Ginis, K. A., Arbour-Nicitopoulos, K., Hicks, A., Latimer, A. E. (October, 2010). Development and application of evidence-based physical activity guidelines for the SCI population. Symposium presented at the 4th Annual National Spinal Cord Injury Conference, Niagara Falls, Ontario.
- 5. Martin Ginis, K. A., Campbell, D., Domenicucci, L., & Letts, L. (November, 2008). Physical activity for people with spinal cord injury. Symposium presented at the National Spinal Cord Injury Conference, Toronto, ON.
- 6. Rejeski, W. J., Brawley, L. R., Focht, B. C., Katula, J. Mihalko, S., & Martin Ginis, K. A. (June, 2004). Innovations in physical activity interventions for older adults. Symposium presented at Feature Session of the annual meeting of the American College of Sports Medicine, Indiannapolis, IN.
- 7. Ekkekakis, P., Bixby, W.R., Culos-Reed, S. N., Hall, E. E., Martin Ginis, K. A. (June, 2004). Teaching exercise psychology. Symposium presented at the annual meeting of the North American Society for Psychology of Sport and Physical Activity.
- 8. Martin Ginis, K. A. & Latimer, A. E. (June, 2003). What's pain got to do with it? Mediators of exercise-induced change in emotional well-being among people with chronic disability and disease. Symposium paper presented at the North American Society for the Psychology of Sport and Physical Activity, Savannah, GA.
- 9. Martin, K. A. & Latimer, A. E. (October, 2000). The importance of being in control: Perceived control as a mechanism of change in the exercise-HROL relationship. Symposium paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.
- 10. Martin, K. A. (October, 2000). Everything I learned about collaborative research I learned in *Kindergarten.* Symposium paper presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology, Waterloo, ON.

11. Martin, K. A., Crocker, P., Culos-Reed, S. N., & Wilson, P. (October, 1999). For better or for worse: The influence of self-presentation on health-risk and health-promoting behaviors. Symposium organized for and presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology.

KNOWLEDGE PRODUCTS, TOOLS AND SERVICES

Changing Minds Changing Lives (version 3)

(A health care professional and trainee educational program of the Canadian Paralympic Committee)

Launched: September, 2015

Role: Collaborator on content, evaluation

Languages: English, French

Funders: Canadian Paralympic Committee, student intern funded by SSHRC

Get in Motion Physical Activity Counseling Service for Canadians with Physical Disabilities

Launched: September 1, 2014 Role: Founder, Project Lead

Funders: Employment and Social Development Canada

Active Living Leaders: Training adults with physical disabilities to promote physical activity to

their peers

Launched: September 1, 2014

Role: Project Lead

Funders: Employment and Social Development Canada

Consensus Statement on the Benefits of Physical Activity for Reducing the Risk of Alzheimer's

Disease

Launched: January 8, 2014 Role: Project Co-Lead

Funders: Ontario Brain Institute, Alzheimer Society Brant, Haldimand Norfolk, Hamilton Halton

Physical Activity Toolkit for Alzheimer's Disease

Launched: June 17, 2014 Role: Project Co-Lead

Funders: Ontario Brain Institute, Alzheimer Society Brant, Haldimand Norfolk, Hamilton Halton

Physical Activity Guidelines for Adults with Multiple Sclerosis

Released: October, 2013 Role: Project Co-Lead Languages: English, French

Funders: CIHR

Get Fit Toolkit for Adults with Multiple Sclerosis

Released: October, 2013 Role: Project Co-Lead Languages: English, French

Funders: CIHR

Moving to Inclusion: Maximizing Physical Activity Opportunities for Adults with Spinal Cord Injury

(A post-secondary educational program of the Active Living Alliance)

Launched: January, 2013

Role: Collaborator, developing content for the SCI module

Languages: English, French

Funders: Rick Hansen Foundation

Changing Minds Changing Lives (version 2)

(A health care professional and trainee educational program of the Canadian Paralympic Committee)

Launched: 2012

Role: Collaborator on content, co-lead of program evaluation

Languages: English, French

Funders: Canadian Paralympic Committee, evaluation funded by SSHRC

Spinal Cord Injury-University (SCI-U) Physical Activity Module

Released: October, 2012

Role: Project Lead Languages: English

Funders: Rick Hansen Foundation

Active Homes Strength-Training Guides for Adults with SCI

Released: 2011 Role: Team Member

Languages: English, French

Funders: SSHRC

Physical Activity Guidelines for Adults with Spinal Cord Injury

Released: March 17, 2011 Role: Project Co-Lead

Languages: English, French, Chinese, Dutch, German, Italian, Portuguese, Russian, Punjabi, Greek,

Spanish

Funders: Rick Hansen Institute

Get Fit Toolkit for Adults With Spinal Cord Injury

Released: November 11, 2011

Role: Project Co-Lead

Languages: English, French

Funders: Rick Hansen Institute, Ontario Neurotrauma Foundation, Canadian Paralympic Committee

e-PARA-SCI (Electronic version of the Physical Activity Recall Assessment for People with Spinal

Cord Injury) Released: 2009 **Role**: Project Co-lead

Funders: Ontario Research Commercialization Program

Get in Motion Physical Activity Counseling Service for Canadians with SCI

Launched: July 1, 2008 [suspended December 31, 2013]

Role: Founder, Project Lead

Funders: Rick Hansen Institute, Ontario Neurotrauma Foundation

www.sciactioncanada.ca Launched: September 1, 2008 Role: Project Lead/Director

Funders: SSHRC, Thomson Rogers Personal Injury Lawyers