**STEPHANIE PEREZ BEAUDION, MS, ATC**

**Clinical Assistant Professor**

**Clinical Education Coordinator, Athletic Training Program**

**Department of Health and Human Sciences**

**Loyola Marymount University**

1 LMU Drive, North Hall 203 stephanie.perez@lmu.edu

Los Angeles, CA 90045 Office: 310-338-7816

EDUCATION

California Baptist University, Riverside, CA August 2012

**Master of Science in Kinesiology: Emphasis in Sport Management**

Loyola Marymount University, Los Angeles, CA August 2010 **Bachelor of Science in Athletic Training**

TEACHING EXPERIENCE

Loyola Marymount University, Los Angeles, CA August 2013 – Current

**Clinical Assistant Professor**, *Department of Health and Human Sciences*

**Clinical Education Coordinator**, *Athletic Training Program*

**Classes Taught**

HHSC 155: Anatomy and Physiology I (co-taught lecture)

HHSC 156: Anatomy and Physiology I Lab

HHSC 255: Anatomy and Physiology II (co-taught lecture)

HHSC 256: Anatomy and Physiology II (co-taught lab)

HHSC 301: Athletic Training Practicum I

HHSC 360: Upper Extremity Evaluation

HHSC 361: Lower Extremity Evaluation

HHSC 375: Scientific Principles of Strength Training and Conditioning

HHSC 376: Strength Physiology and Assessment Lab

HHSC 402: Athletic Training Internship II

HHSC 403: Senior Seminar in Athletic Training

HHSC 461: Therapeutic Rehabilitation in Sports Medicine

HHSC 498: Therapeutic Modalities in Sports Medicine Lab

HHSC 499: Independent Study

HHSC 398: Orthopedic and Sport Health Care – A Global Approach Summer 2015

Study Abroad Program in Bonn, Germany

Loyola Marymount University, Los Angeles, CAAugust 2012 – May 2013

**Adjunct Faculty**, *Department of Health and Human Sciences*

**Classes Taught**

HHSC 303: Athletic Training Practicum III

HHSC 156: Anatomy and Physiology I Lab

California Baptist University, Riverside, CA August 2010 – May 2012

**Graduate Assistant Athletic Trainer**, *Department of Kinesiology*

**Teaching Assistant to Classes**

ATR 504: Clinical Education IV (General Medical, Injury Prevention, Rehabilitation)

ATR 503: Clinical Education III (Assessment of Upper Extremity Athletic Injury)

ATR 502: Clinical Education II (Assessment of Lower Extremity Athletic Injury)

ATR 501: Clinical Education I (Foundations of Athletic Training)

**Assisted With Courses**

ATR 510: Therapeutic Modalities and Pharmacology

ATR 506, 507, 508, and 509: Athletic Training Practicum

CLINICAL EXPERIENCE

**Physician Extender** April 2013 – August 2013

Orange Orthopedic Medical Group, Orange, CA

**Athletic Trainer** May 2010 – August 2013

Varsity, Southwest Region, USA

**Interim Athletic Trainer** March 2013 – April 2013

Allan Hancock College, Santa Maria, CA

**Per Diem Athletic Trainer** August 2012 – May 2013

Mount San Antonio College, Walnut, CA

**Part-Time Assistant Athletic Trainer** August 2012 – March 2013

Chaffey College, Rancho Cucamonga, CA

**Athletic Trainer, Sports Medicine Instructor** December 2012 – March 2013

San Dimas High School, San Dimas, CA

**Exercise Specialist** August 2012 – December 2012

Coury & Buehler Physical Therapy, Anaheim, CA

**Graduate Assistant Athletic Trainer,** *swim/dive & cheer*  August 2010 – May 2012

California Baptist University, Riverside, CA

PEER-REVIEWED SCHOLARSHIP

*Commission on Accreditation of Athletic Training Education (CAATE) Documents*

1. Strand SL, **Perez S**. “Loyola Marymount University Athletic Training Education Program Rejoinder.” December 2014.
2. Strand SL, **Perez, S**. “Loyola Marymount University Athletic Training Education Program Annual Report.” October 2014.
3. Strand SL, **Perez S**. “Loyola Marymount University Athletic Training Education Program Self-Study,” June 2014.

PEER-REVIEWED AND PRESENTED RESEARCH ABSTRACTS

\*Indicates student at time of research

1. Yeboah K\*, Ricci J\*, **Perez S**, Strand S, Almstedt H: Loyola Marymount University, CA (2014). The Immediate Effects of Core Stability and Motor Control Exercises on the Overhead Deep Squat.
	1. LMU Undergraduate Research Symposium, March 2015
	2. Southern California Conferences for Undergraduate Research, Fullerton, CA, November 2014
	3. Southwest Chapter-American College of Sports Medicine, Annual Chapter Meeting, Costa Mesa, CA, October 2014
		1. LMU student, Kwaku Yeboah, honored with Student Research Award by the Southwest College of Sports Medicine, October 2014
2. Ricci J\*, Yeboah K\*, **Perez S**, Strand S, Almstedt H: Loyola Marymount University, CA (2014). Validity of a Mobile Application in Assessing Balance.
	1. LMU Undergraduate Research Symposium, March 2015
	2. Southwest Chapter-American College of Sports Medicine, Annual Chapter Meeting, Costa Mesa, CA, October 2014
3. Brown T\*, Jones I\*, Jackson N\* (Faculty research mentors: Strand S and **Perez S**): Loyola Marymount University (2015). Static Stretching vs. Proprioceptive Neuromuscular Facilitation (PNF) Stretching and its Effects on Hamstring Flexibility and Balance.
	1. LMU Undergraduate Research Symposium, March 2015
4. Clark H\*, Kurozawa-Chow C\*, Zhuang F\* (Faculty research mentors: Strand S and **Perez S**): Loyola Marymount University (2014). Effect of Vibration Platform Versus Deep Muscle Stimulation on Quadriceps Strength.
	1. LMU Undergraduate Research Symposium, March 2015
	2. Far West Athletic Trainers’ Association, Annual Meeting and Clinical Symposium, oral presentation, Las Vegas, CA, April 2014
5. **Perez S**, Baker R, Seegmiller J, Baker J: California Baptist University, Riverside, CA, University of Idaho, CA (2012). An Analysis of Sudden Death in Young Competitive Athletes in the United States during 2011.
	1. Southwest Chapter-American College of Sports Medicine, poster presentation, Newport Beach, CA, October 2012
6. **Perez S**, Baker R, Matsumoto M, MacDonald N: California Baptist University, Riverside, CA (2012). Utilizing Instrument-Assisted Soft Tissue Mobilization for Post-Operative Care Following Bilateral Carpal Tunnel Release in a Collegiate Long Distance Swimmer: A Case Report.
	1. Far West Athletic Trainers’ Association, Annual Meeting and Clinical Symposium, poster presentation, San Diego, CA, April 2012
7. Matsumoto M, Baker R, **Perez S**, MacDonald N: California Baptist University, Riverside, CA (2012). Using Instrument Assisted Soft Tissue Mobilization to Treat Lower Extremity Deficits in a Collegiate Long Distance Runner: A Case Report.
	1. Far West Athletic Trainers’ Association, Annual Meeting and Clinical Symposium, poster presentation, San Diego, CA, April 2012
8. Baker J, Baker R, Nasypany A, **Perez S**. (2012). Treatment of Acute Torticollis Using Positional Release Therapy: A Case Series.
	1. Far West Athletic Trainers’ Association, Annual Meeting and Clinical Symposium, poster presentation, San Diego, CA, April 2012

GRANTS SUBMITTED

1. **Co-PI** on project titled “Undergraduate Engineering Design Projects: Assistive Devices that Promote Inclusive Design and Learning”

PI: Dr. Matthew Siniawski

Grant Application through Federal Grant application submitted to the National Science Foundation (NSF)

Agency Program: General & Age-Related Disabilities Engineering (GARDE)

1. Strand SL, **Perez S**, Grote S. “AT LIFE’s BEST: Athletic Trainers Limiting Falls for Elders with Balance Enhancement and Stability.”

Grant application through National Athletic Trainers’ Association: Athletic Training Outcomes and Cost Containment within Healthcare Facilities.” Submitted, October 2013.

Grant Amount Requested: $158,132

SCHOLARLY ACTIVITIES

**Co-Investigator**,*IMPAACT*  August 2013 – Present

Improving Physical Activity After Cancer Treatment (IMPAACT)

PI: Dr. Heather Tarleton, Applied Physiology Lab

**Keck Fellow**, *LMU Keck Mentorship Program* August 2013 – May 2015

Faculty mentorship program on teaching and learning

**Faculty Research Mentor**, *McNair Scholars Program* Summer 2014

**Faculty Research Mentor**, *SURP* Summer 2014

LMU Summer Undergraduate Research Symposium (SURP)

**Faculty Mentor**, *ACCESS for incoming freshman* July 2014 – August 2014

A Community Committed to Excellence in Scientific Scholarship (ACCESS)

CURRENT AND ONGOING PROFESSIONAL SERVICE

Committee on Practice Advancement (COPA) June 2014 – Present Far West Athletic Trainers’ Association (FWATA)

Chair of the Student Workgroup

Committee member Workgroups: Education, Physician Extender, Business, and Performing Arts

Abstract reviewer, Southern California Conferences for Undergraduate Research 2014

CONTINUING EDUCATION

Positional Release Therapy (PRT) Part A: Spine and Pelvis July 2015

Myokinesthetic System: Lower Body July 2015

Mulligan Concept July 2015

Selective Functional Movement Assessment (SFMA) March 2014

Positional Release Therapy (PRT) Part A: Spine and Pelvis March 2013

McKenzie Method of Mechanical Diagnosis and Therapy (MDT)—Part A May 2012

Kinesiotaping in Sports Medicine—Basic Course

By the German Academy of Applied Sports Medicine November 2011

Instrument Assisted Soft Tissue Mobilization Certified—Técnica Gavilán PTB January 2011

Exam & Treatment—Spine: Advanced Techniques

 By the National Institute of Restorative Exercise October 2010

CERTIFICATIONS AND MEMBERSHIPS

Certified Athletic Trainer (BOC #2000005088) September 2010

National Strength and Conditioning Association March 2010

CPR/AED Professional Rescuer and the Healthcare Provider

By the American Red Cross February 2010 – present

National Athletic Trainers’ Association; member in good standing January 2009

Far West Athletic Trainers’ Association; member in good standing January 2009

California Athletic Trainers’ Association; member in good standing January 2009

PROFESSIONAL DEVELOPMENT

FWATA Annual Meeting & Clinical Symposium, San Diego, CA April 2015

Intercultural Pedagogy: Creating the Inclusive Classroom, LMU October 2014 – March 2015

CATA Hit the Hill, Sacramento, CA February 2015

Lilly Conference on College and University Teaching, Newport Beach, CA February 2015

SWACSM Annual Meeting, Costa Mesa, CA October 2014

FWATA Annual Meeting & Clinical Symposium, Las Vegas, CA April 2014

SWACSM Annual Meeting, Newport Beach, CA October 2012

FWATA Annual Meeting & Clinical Symposium, San Diego, CA April 2012

Young Professionals Committee volunteer, Huntington Beach, CA March 2012

CATA Hit the Hill, Sacramento, CA February 2012

FWATA Annual Meeting & Clinical Symposium, Las Vegas, CA April 2011

FWATA Annual Meeting & Clinical Symposium, San Diego, CA April 2009