Dr Oliver C. Robinson

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**Website**  www.oliverrobinson.info

Employment History

**AUSUST 2012 to Present -** Programme leader (BSc Psychology, and Programme Leader BSc Psychology with Counselling Hons), University of Greenwich

* *Programme Leadership responsibilities:* Overseeing curriculum development with the programme, in terms of development of new courses and course changes. Maintaining programme specs and handbook. Completing APR annually, and implementing objectives. Ensuring QAA benchmark fit. Facilitating programme meetings with staff and students. Leading on the preparation of programme review material when necessary.
* *Postgraduate teaching and supervision responsibilities*: Project supervision - quantitative and qualitative projects, Course leader - Advanced Research Methods.
* *Undergraduate teaching and supervision*: Project supervision – quantitative and qualitative projects, Course leader for final year option “Adult development and Mental Health”, Individual Differences, Qualitative methods, Introduction to Psychology.
* *Marketing lead for department* – Responsible for ensuring advertising, printed publications, website up-to-date and appropriate, liaising with Faculty Marketing Manager.

**AUGUST 2008 to AUGUST 2012 -** Senior Lecturer, University of Greenwich

*Responsibilities:*

* *Undergraduate teaching* – Individual Differences, Abnormal Psychology, Developmental Psychology,
* *Course leader* – Introduction to Psychology, Final year undergraduate option “Controversies in Mental Health”
* *Project supervision* – undergraduate and postgraduate projects
* *Marketing lead for department* – Responsible for ensuring advertising, printed publications, website up-to-date and appropriate, and for organising the Psychology presence at open days and open evenings

**JULY 2006 to AUGUST 2008** – Lecturer, University of Greenwich

*Responsibilities:*

* *Undergraduate teaching* – Individual Differences, Abnormal Psychology, Developmental Psychology
* *Course leader* – Introduction to Psychology
* *Project supervision* – undergraduate projects

**2004 to present – Sessional lecturer at Birkbeck College (evenings)**

*Responsibilities*

* Teaching sessions on General Foundations course (Level 4)
* Teaching on Individual Differences course (Level 5)

**JULY 2001 – OCTOBER 2003 – Research Executive – MORPACE International Consultants (Guildford, Surrey)**

*Responsibilities*:

* Conducting market research using various data collection methodologies, and producing consultancy reports
* Part of project teams working for large companies in automotive industry (including Vauxhall and Ford) and financial sector (including AVIVA), on topics such as consumer satisfaction, employee motivation, employee morale and employee stress.

Educational History

PGCert in Higher Education, 2009 University of Greenwich

PhD Psychology, 2004 to 2008 Birkbeck College, University of London

Postgraduate Degree, 2000-2001 University of Nottingham

MSc in Organisational Psychology (*Distinction*)

Undergraduate Degree, 1996 – 2000 University of Edinburgh

 Psychology MA Honours *(1st class)*

Secondary School, 1990-1995 Winchester College

 A-levels: Geography (A), French (A), Art (A), Biology (B) GCSEs: 8 x A grade, 1 x B grade

Awards

**2018: BPS undergraduate research assistantship award winner, worth £1600.** Awarded by the British Psychological Society.

**2017 : Inspirational Teacher of the Year. Winner. Student Led Teaching Awards:** Voted for by Students.Awarded by the Students Union, University of Greeenwich

**2016: Supervisor of the Year Shortlist. Student Led Teaching Awards:** Awarded by the Students Union, University of Greeenwich

**2012: Research Communicator of the Year Award:** Awarded by University of Greenwich (prize of £3,000)

**2010: Early Career Research Award:** School of Health and Social Care,University of Greenwich (prize of £3000 invested in research trip to University of Texas and University of Houston)

**2009 Teaching innovation award for ‘Controversies in Mental Health and Mental Testing’** (award of £1000 for investment in course to develop field trips)

Grants

**2018 – 2019** Robinson, O.C. Quarter-life crisis and the quarter-life catalyst. First Direct Bank (£6600).

2017-2018 Robinson, O.C., Stevenson, M., Wragg, J. & Field, J. Conducting and evaluating an intervention to support resilience in students within the Faculty of Education and Health (£9606)

**2015 - 2016:** Robinson, O.C. *The changing pleasures of the new: Curiosity across the lifespan*.

 Springer Nature (£7000) (Principal Applicant)

**2015-2016:**  Robinson, O.C. Towards piloting a resilience intervention for students in

 Higher Education. Seedling Fund, University of Greenwich (£1700)

**2014-2017** Robinson, O.C. & McNay, I. Towards a resilience intervention for students

in Higher Education. University of Greenwich Vice Chancellor’s PhD Scholarship. £41,589.

**2013 - 2016:** Robinson, O.C. & Asadi, *S. The transition to adulthood in the UK and*

 *Iran: A cross-cultural comparison of aspirations, maturity ideals and*

 *perceptions of adulthood amongst 18-25 year olds.* The British Academy.

International Partnerships and Mobility Grant. (£10,315) (Principal Applicant)

**2013 - 2014:** Robinson, O.C. Life After Greenwich: *A longitudinal study of university*

 *leavers*. Alumni Development Fund, University of Greenwich (£4,000)

**2012 - 2013:** Robinson, O.C. & Stell, A. *Later life crisis: A key to understanding long-*

*term wellbeing in the over-60s*.Funded by: University of Greenwich School of Health and Social Care Fund (£4,580) (Principal Applicant)

 **2011 - 2012:** Robinson, O.C. *Quarter-life crisis and midlife crisis: prevalence,*

*features and individual differences*.Funded by: University of Greenwich School of Health and Social Care Fund (£8,000) (Principal Applicant)

**2010 - 2011:** Robinson, O.C.*Relational and dispositional authenticity: developmental*

*antecedents, personality correlates and implications for wellbeing*. University of Greenwich Strategic Research Fund (£8,000) (Principal Applicant)

**2008 - 2009:** Robinson, O.C, Demetre, J.D. & Corney, R.H. *Retirement: Dispositional*

*and situational determinants of wellbeing*. University of Greenwich Strategic

Research Fund (£13,080) (Principal Applicant)

External Roles: Editorial, Executive and Reviewing

**Associate Editor for journal *Emerging Adulthood* (role commenced September 2016)**

*Responsibilities*:

* + Serve as action editor for up to 20 manuscripts per year.
	+ Manage the peer review process for papers submitted to the journal within my areas of expertise, including soliciting reviews, collating them for the author with recommendations, and making decisions on manuscripts.
	+ Participate in periodic editorial team meetings twice a year

**President of *European Society for Research on Adult Development* (ESRAD), July 2016 to July 2018 (& Vice President from 2014 to 2016)**

*Responsibilities:*

* Chair meetings of the executive committee
* Co-organise biannual conference (most recent was May 2016, in The Hague)
* Lead on matters of strategy and organisational goals
* Communicate via members of organisation via email and newsletter

**Chair of Europe subgroup of the Society for the Study of Emerging Adulthood (SSEA)**

*Responsibilities:*

* Facilitating online communication between members of the group, which has members in 15 countries
* Organising Europe-based symposia on emerging adulthood for relevant conferences
* Providing activity reports to the SSEA twice a year

**External reviewer for BA Psychology and Society at Leeds Beckett University (2016)**

*Responsibilities:*

* Review documentation for degree, provide input and suggestions to the review meeting, attend review meeting and contribute to finalised review documents.

**External examiner for Psychology PhD at Hertfordshire University (2014) – Candidate Jamie Churchland**

*Responsibilities:*

* Reading doctoral thesis, providing written feedback, attending viva, deciding on actions and required amendments, then re-reading and approving thesis after 3 months

**External reviewer for MSc Transpersonal Psychology at Liverpool John Moores University (2018)**

*Responsibilities:*

* Review documentation for degree, provide input and suggestions to the review meeting, attend review meeting and contribute to finalised review documents.

**Peer Reviewer for**

* *Journal of Personality*
* *European Journal of Personality*
* *Ageing and Society*
* *Applied Psychology: An International Review*
* *Qualitative Research in Psychology*
* *Emerging Adulthood*
* *Social Indicators Research*
* *Advances in Life Course Research*

Research Degree Supervision

**PhD Completed - first supervisor:**

Davis, J. (2016). Thesis title: Online gambling in female gamblers.

**PhD under way** - **first supervisor:** (third year, full-time)

Sebah, I. Thesis title: Towards a resilience intervention for students in Higher Education.

**PhD under way** - **second supervisor:** (first year, full-time)

Wallace-Williams, H. Thesis title: Towards a wellbeing promotion programme for non-medical healthcare students in Higher Education.

**MPhil under way (part-time): Second supervisor, currently acting first supervisor** (due to extended paternity leave cover)

Atkinson, P. Thesis title: Anomalous experience in psychotherapy.

**MRes First supervisor Completion**

Sandhu, H. (2012) .Thesis title: Wellbeing over the course of adulthood: Family life stage, age and Work/Home balance as predictors

Consultancy

2017-2018: Consultancy work for First Direct (part of HSBC bank) on the topic of quarter-life crisis:

<https://www2.firstdirect.com/1/PA_esf-ca-app-content/content/content_static/pdf/guide_%20web.pdf>

Media coverage of research

**2020**

* BBC World Service documentary on quarter-life crisis, featuring commentary by me https://www.bbc.co.uk/programmes/p08b2ksh

**2018**

* 16th March: Interview with Radio Five Live.http://www.bbc.co.uk/programmes/b09v5vd7
* 13th March https://www.independent.co.uk/life-style/millennials-quarter-live-crisis-half-25-35-finance-career-property-first-direct-a8253036.html
* 13th March http://www.dailymail.co.uk/news/article-5493303/More-half-millennials-suffering-quarter-life-crisis.html
* 13th March https://www.mirror.co.uk/money/young-adults-no-money-survive-12173834

**2016: Coverage of research on curiosity and crisis**

* 29th April – Interview on 5 Live Drive, and interviews with 8 regional BBC radio stations
* 29th April – Article in Daily Mail (http://www.dailymail.co.uk/sciencetech/article-3563942/Silver-lining-mid-life-crisis-One-four-suffer-emotional-upheaval-middle-age-sends-creativity-overdrive.html)
* New Zealand Herald
	+ http://m.nzherald.co.nz/lifestyle/news/article.cfm?c\_id=6&objectid=11630833
* Science Daily
	+ https://www.sciencedaily.com/releases/2016/04/160427221357.htm
* 8th May – Interview on Radio New Zealand
	+ http://www.radionz.co.nz/national/programmes/ninetonoon/audio/201799963/the-mid-life-crisis-it's-real

**2013: Coverage on later life crisis (selection of articles and interviews)**

* 10th April - BBC Six O'Clock News feature on 'Later life crisis'
* 10th April - BBC Five Live feature on 'Later life crisis'
* 10th and 11th April – interviews with 10 regional radio stations
* 10th April - Bennet, R. Survived the mid-life crisis, just wait till the later life one hits, *The Times*, p.4
* 10th April - Collins N. After the midlife crisis, a later-life one. *The Daily Telegraph,* p.12
* 30th September – feature interview with Dr Robinson in New Scientist – (http://www.newscientist.com/article/mg21929360.300-its-never-too-late-for-a-midlife-crisis.html)

**Coverage of research on quarterlife crisis**

* 7th July – Interview with Sky youth current affairs programme ‘What’s Up?’
* 20th January **–** BBCRadio 4 feature on quarterlife crisis
	+ http://www.bbc.co.uk/programmes/b01pz599

**2012: Coverage of research on authenticity (selection of articles and interviews)**

* 19th April: Sky News: live in-studio interview with Eamonn Holmes
* 19th April: Daily Telegraph front-page feature. “Being yourself at work is not good for your career, study claims”
* http://www.telegraph.co.uk/news/newstopics/howaboutthat/9212438/Being-yourself-at-work-is-not-good-for-your-career-study-claims.html
* 20th April: Live in-studio interview on BBC World Service

**2011: Coverage of research on quarterlife crisis (example articles and interviews)**

* 4th May: Live in-studio discussion with John Beattie show on BBC Radio Scotland
* 4th May: Phone interview with Drivetime show on Radio Five Live
* *5th May -* The Guardian – *“The quarterlife crisis: young, insecure and depressed”*[http://www.guardian.co.uk/society/2011/may/05/quarterlife-crisis-young-insecure-depressed](https://owa.gre.ac.uk/owa/redir.aspx?C=2b84cc3529a64e69bffc9f74867405fe&URL=http%3a%2f%2fwww.guardian.co.uk%2fsociety%2f2011%2fmay%2f05%2fquarterlife-crisis-young-insecure-depressed)
* 5th May - **The New Scientist** – *“Feeling depressed? It may be your quarter-life crisis”*
[http://www.newscientist.com/blogs/shortsharpscience/2011/05/feeling-depressed-maybe-youre.html](https://owa.gre.ac.uk/owa/redir.aspx?C=2b84cc3529a64e69bffc9f74867405fe&URL=http%3a%2f%2fwww.newscientist.com%2fblogs%2fshortsharpscience%2f2011%2f05%2ffeeling-depressed-maybe-youre.html)

**2010: Coverage of research on psychosocial correlates of wellbeing in retirement**

* *15th April -* Articles on research study in paper editions and on websites of The Times, The Telegraph, Daily Mail*,* BBC News website
* Over 30 other news outlets worldwide also ran stories based on the BPS press release.
* *16th April -* Live phone interview on Radio Sussex
* *6th May -* Radio 4 Part of live in-studio panel discussion on ‘Woman’s Hour’ about retirement, at studio at Broadcasting House, London
	+ http://www.bbc.co.uk/programmes/p007qtxs

**Publications, Conference Papers, Talks**

Sole Authored Books

Robinson, O.C. (2018). *Paths between Head and Heart: Exploring the harmonies of science*

 *and spirituality*. London: O Books.

Robinson, O.C. (2012). *Development through adulthood: An integrative sourcebook*.

 Basingstoke: Palgrave Macmillan.

Journal Articles

Arnett, J. J., Robinson, O., & Lachman, M. E. (2020). Rethinking adult development:

Introduction to the special issue. *American Psychologist, 75*(4), 425-430. http://dx.doi.org/10.1037/amp0000633

Petrov, N. & Robinson, O.C. (2020). Dreams and their relationship to waking life. *The*

*Psychologist, 33*, 48-51. https://thepsychologist.bps.org.uk/volume-33/april-2020/dreams-and-their-relationship-waking-life

Robinson, O.C. (2020). A dialectical approach to understanding the relationship between

science and spirituality: The MODI model. *Journal for the Study of Spirituality, 10*, 15-28. https://doi.org/10.1080/20440243.2020.1726045

Agarwal, S., Guntuku, S., Robinson, O.C., Dunn, A., & Ungar, L. (2020). Examining the

phenomenon of quarter-life crisis through artificial intelligence and the language of Twitter. *Frontiers in Psychology*, 11:341. ISSN 1664-1078.

Asadi, S., Mohammadi Dehah, H. & Robinson, O.C. (2020). Personality change goals and plans as

predictors of longitudinal trait change in young adults: A replication with an Iranian sample. *Journal of Research in Personality, 85*, 103912. https://doi.org/10.1016/j.jrp.2020.103912

Robinson, O.C. (2019). Using longitudinal designs and online micro-narrative data to

further our understanding of biography and the life course. *Advances in Life Course Research, 41,* 100279.DOI https://doi.org/10.1016/j.alcr.2019.04.009

Robinson, O.C. (2019). A longitudinal mixed-methods case study of quarter-life crisis in a

university graduate: Locked-out and locked-in forms in combination. *Emerging Adulthood*, 7(3), 167-179. DOI: 10.1177/2167696818764144

Robinson, O.C., Hanson, K. Lorimer, D., & Hayward, G. (2018). Age and national gender-

equality as moderators of the gender difference in religion and spirituality: Comparing Germany, France and the UK. *Journal for the Scientific Study of Religion*, 58, 301-308. DOI:10.1111/jssr.12567

Robinson, O.C., Demetre, J.D. & Litman, J.A. (2017). Adult life stage and crisis as predictors of curiosity and authenticity: Testing inferences from Erikson’s lifespan theory. *International Journal of Behavioral Development*, 41, 426-431.
 DOI: 10.1177/0165025416645201

Litman, J.A., Robinson, O.C., & Demetre, J.D. (2016). Intrapersonal curiosity: Inquisitiveness

about the inner self. *Self and Identity*, *16*, 231-250. http://dx.doi.org/10.1080/15298868.2016.1255250

Robinson, O.C., Noftle, E.E., Guo, J., Asadi, S., & Zhang, X. (2015). Goals and plans for Big

Five personality trait change in young adults. *Journal of Research in Personality, 59*, 31-43.DOI: http://dx.doi.org/10.1016/j.jrp.2015.08.002

Robinson, O.C., Dunn, A., Nartova-Bochaver. S., Bochaver, K., Asadi, S., Khosravi, Z., Jafari,

M., Zhang, X., Yang, Y. (2015). Figures of admiration in emerging adulthood: A four country study. *Emerging Adulthood, 4,* 82-91*. DOI.* 10.1177/2167696815601945

Robinson, O.C. & McAdams, D.P. (2015). Four functional roles for case studies in emerging

adulthood research. *Emerging Adulthood, 3, 413-421.* DOI: 10.1177/2167696815592727

Morgan, J., Robinson, O.C. & Thompson, T. (2015). Happiness and age in European

adults: the moderating role of gross domestic product per capita. *Psychology & Aging*, 30, 544-551. DOI: http://dx.doi.org/10.1037/pag0000034

Robinson, O.C. & Stell, A. (2015). Later life crisis: Towards a holistic model. *Journal of*

 *Adult Development, 22*, 38-49. DOI: 10.1007/s10804-014-9199-5

Robinson, O.C. (2014). What counts as positive growth following trauma? The conceptual

difficulties of spiritual/religious change. *European Journal of Personality, 28*, 346-347. DOI: 10.1002/per.1970

Chandler, R. & Robinson, O.C. (2014). Wellbeing in retirement villages: Eudaimonic

 challenges and opportunities. *Journal of Aging Studies, 31,* 10-19. DOI:

 10.1016/j.jaging.2014.08.001

Robinson, O.C. (2014). Re-examining the epistemological foundations of quantitative

psychology: Pluralism, not positivism. *Qualitative Methods in Psychology Bulletin, 17*, 5-8.

Robinson, O.C. (2014). Sampling in interview-based qualitative research: A theoretical and

practical guide. *Qualitative Research in Psychology*, *11*, 25-41. DOI 10.1080/14780887.2013.801543

Robinson, O.C., Lopez, F.G. & Ramos, K. (2014). Parental antipathy and neglect:

Relations with Big Five personality traits, cross-context trait variability and authenticity. *Personality and Individual Differences*, *56*, 180-185. DOI: http://dx.doi.org/10.1016/j.paid.2013.09.004

Robinson, O.C. & Wright, G.R.T. (2013). The prevalence, types and perceived outcomes of

crisis episodes in early adulthood and midlife: A structured retrospective-autobiographical study. *International Journal of Behavioural Development, 37,* 407-416. DOI: 10.1177/0165025413492464

Robinson, O.C. (2013). Quarterlife crisis: An overview. *Chinese Social Sciences, 6*, 6-7.

Robinson, O.C. (2013). Values and adult age: Findings from two cohorts of the

European Social Survey. *European Journal of Ageing, 10,* 11-23. DOI: 10.1007/s10433-012-0247-3

Robinson, O.C., Wright, G.R.T. & Smith, J.A. (2013). The holistic phase model of early

adult crisis. *Journal of Adult Development, 20*, 27-37. DOI: 10.1007/s10804-013-9153-y

Querstret, D. & Robinson, O.C. (2013). Person, persona and personality modification: An

in-depth qualitative exploration of quantitative findings. *Qualitative Research in Psychology*. 10, 140-159. DOI: 10.1080/14780887.2011.586450

Robinson, O.C., Lopez, F.G., Ramos, K. & Nartova-Bochaver, S. (2013). Authenticity, social

context and wellbeing in the USA, England, and Russia: A three country comparative analysis. *Journal of Cross-Cultural Psychology,* 44, 719-737. DOI: 10.1177/0022022112465672

Morgan, J. & Robinson, O.C. (2013). Intrinsic aspirations and personal meaning across

adulthood: Conceptual inter-relations and age/sex differences. *Developmental Psychology, 49,* 999-1010. DOI: 10.1037/a0029237

Robinson, O. (2012). A war of words: the history of the idiographic/nomothetic debate. *The*

 *Psychologist, 25*, 164-167.

Robinson, O.C. (2011). The idiographic / nomothetic dichotomy: Tracing historical origins of

 contemporary confusions. *History & Philosophy of Psychology, 13*, 32–39.

Robinson, O.C., Wright, G.R.T. & Kendall, E. (2011). Parental attachment and its relationship

 to contextualised trait expression and mean-corrected cross-context trait variability. *Personality and Individual Differences, 50,* 547-552.

Robinson, O.C. (2011). Relational analysis: an ‘add-on’ technique for aiding data integration in qualitative research. *Qualitative Research in Psychology, 8,* 197-209.

Robinson, O.C., Demetre, J.D., & Corney, R.H. (2011). The variable experiences of becoming

 retired and seeking retirement guidance in the UK: A qualitative thematic analysis.

*British Journal of Guidance and Counselling*, *39*, 239-258.

Robinson, O.C. & Smith, J.A. (2010). The stormy search for self in early adulthood:

Developmental crisis and the dissolution of dysfunctional personae. *The Humanistic Psychologist, 38, 120-145*. Doi 10.1080/08873267.2010.485916

Robinson, O.C., Demetre, J.D., & Corney, R.H. (2010). Personality and retirement: Exploring

the links between the Big Five personality traits, reasons for retirement, and the experience of being retired. *Personality and Individual Differences, 48,* 792-797.

Robinson, O.C. & Smith, J.A. (2010). Investigating the form and dynamics of crisis episodes

in early adulthood: The application of a composite qualitative method. *Qualitative Research in Psychology, 7, 170-191*.

Robinson, O.C. (2009). On the social malleability of traits: Variability and consistency in Big 5

trait expression across three interpersonal contexts. *Journal of Individual Differences*, *30*, 201–208.

Robinson, O.C. (2008). *Developmental Crisis and the Self in Early Adulthood: A Composite*

 *Qualitative Analysis.* Doctoral Dissertation, Birkbeck College, London.

Robinson, O.C. & Griffiths, A. (2004). Coping with the stress of transformation change in a

 government department: A qualitative study. *Journal of Applied Behavioral Science*,

 41(2), 204-221.

Book chapters

Robinson, O.C. & Zukauskiene, R. (2017). Flourishing in European emerging adults:

The challenges of positive development in a continent of inequality. In L.M.Padilla-Walker & L.Nelson (Eds). *Flourishing in Emerging Adulthood: Positive development during the third decade of life,* pp.431-444. NY: Oxford University Press.

Robinson, O.C. (2016). Emerging adulthood, early adulthood and quarter-life

crisis: Updating Erikson for the twenty-first century. In. R. Žukauskiene (Ed.) *Emerging adulthood in a European context* (pp.17-30). New York: Routledge.

Robinson, O.C & Smith, J.A. (2010). A case study of pre-midlife crisis: An extraordinary

transformational episode in an ordinary life. In D.Robinson et al. (Eds.) *Narrative, Memory and Ordinary Lives* (pp. 145-157). Huddersfield: University of Huddersfield Press.

Robinson, O.C. and Smith, J.A. (2009). Metaphors and metamorphoses: Narratives of

identity during times of crisis. In D.Robinson, P.Fisher, T.Yeadon-Lee, S.J.Robinson & Woodcock, P. (Eds.) *Narrative, Memory and Identities*, pp.85-94. University of Huddersfield Press.

Conferences Papers / Symposia

Robinson, O.C. (2019). *Crisis and the release of human potential*. Invited keynote presentation at

BPS Annual Conference, April 2019.

Petrov, N., Robinson, O.C. & Malinowski, J. (2019). What do dreams really mean?

*The relationship between dream content, age, recent experienced emotions and crisis episodes in adults*. Poster presented at BPS Annual Conference, April 2019.

Robinson, O.C. (2017). *A mixed methods case study of quarter-life crisis: Locked-in and*

*locked-out patterns in combination*. Paper presented as part of symposium “Mixed methods research on emerging adults: Quarter-life crisis, resilience

and authenticity” at 8th Conference on Emerging Adulthood, Washington DC.

Sebah, I. & Robinson, O.C (2017). *Evaluating a resilience intervention for emerging adults: A*

*mixed-methods study*. Paper presented as part of symposium “Mixed methods research on emerging adults: Quarter-life crisis, resilience

and authenticity” at 8th Conference on Emerging Adulthood, Washington DC.

Omotola Ayoola, E. & Robinson, O.C. (2017). *Perceptions of Parenting and Authenticity*

*in Emerging Adults: A Mixed-Methods Study*. Paper presented as part of symposium “Mixed methods research on emerging adults: Quarter-life crisis, resilience

and authenticity” at 8th Conference on Emerging Adulthood, Washington DC.

Robinson, O.C. (2016). *Emerging adulthood and quarter-life crisis: A theoretical and empirical view*

*from the UK*. Presentation at 24th Biennial Meeting of the International Society for the Study of Behavioral Development, Vilnius, Lithuania.

Robinson, O.C. (2015). *Quarterlife crisis: Overview of research and theory* (Invited master

 lecture). 7th Conference on Emerging Adulthood, Miami.

Reece, D. & Robinson, O.C. (2015). *Authenticity, meaning in life and wellbeing: Comparing*

*emerging adults and midlifers*. 7th Conference on Emerging Adulthood, Miami.

Robinson, O.C., Dunn, A., Asadi, S., Khosravi, Z., Jafari, M. & Bagheri Noaparast, K. (March,

2015). *Admiration in young adulthood: Comparing the UK and Iran*. Paper presented at the International Convention of Psychological Science, Amsterdam.

Robinson, O.C. (May, 2014). *Stages, seasons, stories, specific life events, psychometrics and*

*scans: Comparing positive adult development paradigms*. Paper presented at 2nd European Adult Development Symposium, Helsinki, Finland.

Robinson, O.C. (October, 2013). *Quarterlife crisis: Prevalence, features and perceived effects*

*of crisis episodes in the 20-29 age* range. Paper presented at 6th Conference on Emerging Adulthood, Chicago.

Woods, R.A., Noftle, E.E., Nartova-Bochaver, S. & Robinson, O.C. (January, 2013). *Cross-*

*cultural similarities and differences in future expectations and desires for personality change.* Paper presented at SPSP, New Orleans.

Robinson, O.C. & Stell, A.J. (April, 2013). *Later life crisis: A mixed methods study on crisis*

 *episodes in the 60-69 age range*. Paper presented at British Psychological Society Annual Conference, Harrogate, 2013.

Robinson, O.C., Lopez, F.R. & Ramos, K. (June, 2012). *Authenticity, social context, and*

*wellbeing in England, Russia, and the USA: A comparative cross-cultural analysis.* Paper presented at European Positive Psychology Conference, Moscow.

Robinson, O.C., Lopez, F.R. & Ramos, K. (April, 2012). *Should you bother being yourself at*

*work? Relationships between social context, authenticity and wellbeing*. Paper presented at British Psychological Society Annual Conference.

Robinson, O.C. (October 2011). *Quarterlife crisis and emerging adulthood: Towards an*

*understanding of their relation*. Paper presented at the 5th Conference on Emerging Adulthood. Providence, Rhode Island.

Robinson, O.C. (July, 2011). *The direction of adult development: An evaluative review*.

Paper presented at European Society for Adult Development Symposium, Lund, Sweden.

Robinson, O.C., Gosling, S.D. & Pennebaker, J.W. (July, 2011). *The effects of*

*personality, values and gender on student seating choice in a lecture hall.* Paper presented at ISSID Conference, London.

Robinson, O.C. (May, 2011*). Quarterlife crises and why they can be good for you*. Paper

 presented at British Psychological Society Annual Conference, Glasgow, 2011.

Robinson, O.C. (April, 2011). *The past, present and future of the idiographic / nomothetic*

*dichotomy: unpicking a philosophical knot in psychology.* History and Philosophy of Psychology Conference, University of Oxford.

Robinson, O.C., Demetre, J.D., Corney, R.H. (2010). *Retirement and intrinsic need*

*satisfaction: Understanding wellbeing trajectories in later life.* Paper presented at The Self-Determination Theory Conference, University of Ghent, Belgium.

Robinson, O.C., Demetre, J.D., Corney, R.H. (2010). *The social side of retirement:*

*relationships, active social groups and life satisfaction amongst retirees.* Paper presented at British Psychological Society Annual Conference, Stratford-upon-Avon.

Querstret, D. & Robinson, O.C. (2010). *Putting on an act? Experiences of and motivations for*

*high personality variability in young adults.* Paper presented at British Psychological Society Annual Conference, Stratford-upon-Avon.

Robinson, O.C. (2009). *A case study of pre-midlife crisis: an extraordinary*

*transformational episode in an ordinary life*. Paper presented at Narrative, Memory and Ordinary Lives Conference, University of Huddersfield, April 2009.

Robinson,O.C. (2009). *On “fitting in”: The effects of social context and gender on Big 5 trait*

 *expression*. Paper presented at at BPS Annual Conference, Brighton, April 2009.

Robinson, O.C. (2008). *Personality inconsistency and problems with parents: Uncovering*

*the roots of the false self.* Paper presented at BPS Clinical Psychology Conference, London.

Robinson, O.C. & Smith, J.A. (2008). *Individual crisis episodes and cultural transition:*

*Finding the macrocosm in the microcosm.* Paper presented at 6th International Conference on the Dialogical Self, Queens College, Cambridge University.

Invited Talks

*Quarterlife crisis and working life: An overview*. Addo Life and Esther Lauder. 17th November 2016.

*The challenges of young adulthood: Crisis and opportunity*. Keynote talk at Mind the Gap coaching launch event. July 2014.

*Emerging adulthood, Erikson and the quarterlife crisis*. University of Jyväskylä, Finland, June 2016.

*Developmental challenges in the first decade of adult life: Transitions, crises and thwarted goals.* Birkbeck Psychology Society, November 2014.

*Erikson’s theory of intimacy in early adulthood and a theory of early adult crisis.* Northwestern University, Chicago, July 2014.

*The emerging field of adult development: New opportunities for Iran*. University of Yazd, Iran. April, 2014.

*Does who I am depend on who you are? A mixed-methods investigation into personality expression in 3 social contexts*. University of Houston, September, 2010.

Applied coaching documents

Robinson, O.C. (2016) (Ed.). *Are You Having a Quarterlife Crisis? Finding Your Path in Your 20s and 30s*. Lifeworks Inc.