Marlene B. Schwartz, Ph.D.

*Curriculum Vitae*

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# Education

1988 Bachelor of Arts Haverford College, Haverford, PA

with High Honors

1992 Master of Science Yale University, Department of Psychology, New Haven, CT

1993 Master of Philosophy Yale University, Department of Psychology, New Haven, CT

1995-1996 Clinical Internship Yale University School of Medicine, Department of Psychiatry Substance Abuse Treatment Center and The Consultation Center

1996 Doctor of Philosophy Yale University, Department of Psychology, New Haven, CT

# Academic Appointments

1998-2004 Associate Research Scientist and Lecturer, Psychology - Yale University

2004-2007 Research Scientist and Lecturer, Psychology - Yale University

2007-2014 Senior Research Scientist, Psychology - Yale University

2012-2014 Senior Research Scientist, School of Public Health - Yale University

2015-present Professor with Tenure, Department of Human Development & Family Sciences - University of Connecticut

# Administrative Appointments

1996-2006 Co-Director Yale Center for Eating and Weight Disorders - Yale University

2005-2008 Director of Research, Rudd Center for Food Policy and Obesity – Yale University

2009-2013 Deputy Director, Rudd Center for Food Policy and Obesity – Yale University

2013-2014 Director, Rudd Center for Food Policy and Obesity – Yale University

2015-present Director, Rudd Center for Food Policy and Obesity – University of Connecticut

# Awards

American Public Health Association (2014 Sarah Samuels Award, Food and Nutrition Section)

Connecticut Women’s Hall of Fame (2016 Wellness Honoree)

# Service

# National

2019-2020 Co-Chair *Robert Wood Johnson Foundation*, Healthy Eating

Research, Expert Panel on Nutrition Guidelines for the Charitable Food System

2020 Advisory Panel *Robert Wood Johnson Foundation*, Healthy Eating

Research, Health Impact Assessment on USDA Proposed Changes to School Nutrition Standards

2019-2020 Advisory Panel *National Collaborative for Childhood Obesity Research*

Pilot Test of Meta-Analytic Method for Childhood Obesity Evidence Base

2018 Advisory Panel *Robert Wood Johnson Foundation*, Healthy Eating

Research, Reducing SSBs in Ages 0-5 Project

2017 Advisory Panel *Robert Wood Johnson Foundation,* Defining “Healthy” Project

2017 Reviewer Academy Position and Practice Paper, *Academy of Nutrition and Dietetics*

2016 – 2017 Member Scientific Advisory Council, *Healthy Food America*

2015 Member *ChildhoodObesity180* Menu Labeling Convening

2013 - 2014 Member *Convergence Center for Policy Resolution*, PNW Project

2012 - 2013 Reviewer *Action for Healthy Kid*s School Policy Brief

2012 - 2013 Advisory Panel *Robert Wood Johnson Foundation*, Beverage Recommendations

2012 Reviewer *USDA* School Nutrition Dietary Assessment III

2012 Advisor Family Resiliency Center at the *University of Illinois*

2012 Reviewer *Institute of Medicine* Report on CACFP updates

2011 Advisor *White House* committee on redesigning Nutrition Facts Label

2011 Reviewer *CDC* School Health Guidelines

2011 Advisory Panel *National Association for State Boards of Education*

2010 - 2014 Evaluator *Univ. of NC*, Center for Excellence Translational Research Center

2010 - 2011 Advisor *YMCA* Healthy Communities Initiatives

2010 - 2012 Advisor *Institute of Medicine* Committee on Examination Front-of- Package Nutrition Rating Systems and Symbols,

2010 Advisor *Association of Children’s Museums* Good to Grow Initiative

2010 Advisor *White House* committee on redesigning USDA Nutrition Icon

2009 Member *USDA* Healthy School Workgroup

2007 - 2009 Member *CDC* National Local Wellness Policy Collaborative

2007 - 2009 Advisory Board *American Association of Children’s Museums*

# State and Local

2018-present Advisor

2016 Advisor Connecticut Association of Boards of Education, School Wellness Policy Guidelines

2016-present Steering Committee CT Pregnancy Risk Assessment Monitoring System

2015-present Executive Committee UCONN InCHIP

2011 - 2012 Co-Curator Yale Peabody Museum: Big Food: Health, Culture,

and the Evolution of Eating

2011 Advisor End Hunger, CT! Breakfast scorecard

2009 - 2015 Board Member Connecticut Food Bank

2009 - 2010 Co-chair Connecticut Sustinet Obesity Task Force

2007 - 2008 Member Connecticut Childhood Obesity Council, Data Action Team

2006 - 2007 Member CT Dept. of Public Health National Governors Association

# Peer-reviewed publications

\* Signifies student/trainee author

1. Schwartz M, Piekarz, E, Read M, Chriqui J. (in press). Wellness School Assessment Tool Version 3.0: An updated quantitative measure of written school wellness policies. *Preventing Chronic Disease.*

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1. \*Foster J, Adamsons K, Schwartz M, Taylor E, Mobley AR. (in press) A pilot examination of the inter-rater reliability of the 18-item Household Food Security Module between cohabiting mothers and fathers. *Translational Behavioral Medicine*.
2. \*Asada Y, Turner L, Schwartz M, Chriqui JF. (2020) “Bridging, brokering, and buffering”: A theoretical exploration of school leaders’ engagement with local school wellness policy implementation. *Implementation Science Communications.* 1:44
3. Boehm R, Schwartz M, Lowenfels A, Brissette I, Pattinson MJ, Ren J. (2020) The Relationship between Written District Policies and School Practices among High-Need Districts in New York State. *Journal of School Health*. May:1-9
4. \*Asada Y, Harris J, Mancini S, Schwartz M, Chriqui J. (2020) Food and beverage marketing in schools: school superintendents’ perspectives and practices after the healthy, Hunger-Free Kids Act. *Public Health Nutrition*. April:1-8
5. \*Asada Y, Hughes A, Read M, Schwartz M, Schermbeck R, Turner L, Chriqui J. (2020). “On a Positive Path”: School superintendents’ perceptions of and experiences with local school wellness policy implementation and evaluation. *Health Promotion Practice.* March 1-10
6. \*Boehm R, Read M, Henderson K, Schwartz M. (2020). Removing competitive foods v. nudging and marketing school meals: A pilot study in high school cafeterias. *Public Health Nutrition.* February 23:2:1-8
7. Cohen J, Schwartz M. (2020).  Documented Success and Future Potential of the Healthy, Hunger-Free Kids Act. *Journal of the Academy of Nutrition and Dietetics.* January 1-4.
8. Schwartz M, Brownell K, Miller L. (2019). Primer on US food and nutrition policy and public health: Protect school nutrition standards. *American Journal of Public Health*. 109: 990-991.
9. Brownell K, Miller L, Schwartz M. (2019). Primer on US food and nutrition policy and public health: Food assistance. *American Journal of Public Health*. 109: 988-989.
10. Miller L. Schwartz M, Brownell K, (2019). Primer on US food and nutrition policy and public health: Food sustainability. *American Journal of Public Health*. 109: 986-988.
11. \*Fernandes CF, Schwartz MB, Ickovics JR, Basch CE. (2019). Educator perspectives: Selected barriers to implementation of school-level nutrition policies. *Journal of Nutrition Education and Behavior.* 51(7):843-849.
12. \*McKee S, Cooksey-Stowers K, St. Louis R, Schwartz M. (2019). Understanding the process of implementing nutrition and physical activity policies in a large national child care organization: a mixed-methods study. *Translational Behavioral Medicine.* April 1-11.
13. \*Stein E, Cooksey-Stowers K, McCabe M, White M, Schwartz M. (2019). Ingredient bundles and recipe tastings in food pantries: a pilot study to increase the selection of healthy foods. *Public Health Nutrition*. March 1-6.
14. Schwartz M, Seligman H. (2019). The Unrealized Health Promoting Potential of a National Network of Food Pantries. *Journal of Hunger & Environmental Nutrition*. *14:1-2*
15. \*Boehm, R., Read, M., Henderson, K.E., Schwartz, M.B. (2019). Juice displaces milk and fruit in high school lunches. *Journal of Nutrition Education and Behavior*
16. Ickovics, J.R., O’Connor-Duffany, K., Shebl, F.M., Peters, S.M., Read, M., Gilstad-Hayden, K., Schwartz, M.B. (2019). Implementing school-based policies to prevent obesity: Cluster randomized trial. *American Journal of Preventive Medicine*. Jan; 56(1):e1-e11. doi: 10.1016/j.amepre.2018.08.026.
17. Taber, D.R., Dulin-Keita, A., Fallon, M., Chaloupka, F.J., Andreyeva, T., Schwartz, M.B., & Harris, J.L. (2019). Society of Behavioral Medicine (SBM) position statement: Enact taxes on sugar sweetened beverages to prevent chronic disease. *Translational Behavioral Medicine*, 9, 179–183.
18. \*Cooksey-Stowers, K., Martin, K., Schwartz, M.B. (2019). Client preferences for nutrition interventions in food pantries. Journal of Hunger and Environmental Nutrition. 14,18-34.
19. \*Cooksey-Stowers, K., Martin, K., Read, M., Wolff, M., McCabe, M., Schwartz, M.B. (2019). Food pantry staff perceptions of a nutrition rating system to guide client choice. Journal of Hunger and Environmental Nutrition, 14, 35-49.
20. \*Foster J., Schwartz M., Grenier R., Burke M., Taylor E., Mobley A. (2018). A qualitative investigation into the U.S. Department of Agriculture 18-item Household Food Security Survey Module: Variations in interpretation, understanding and report by gender. *Journal of Public Affairs.* e.1862.
21. Martin, K., Callahan, K., Wolff, M. & Schwartz, M.B. (2018). Supporting Wellness at Pantries (SWAP): Development of a nutrition stoplight system for food banks and food pantries. *Journal of Academy of Nutrition and Dietetics.* May: 1-7.
22. Loeb, K.L., Radnitz, C., Keller, K., Schwartz, M., Zucker, N., Marcus, S., Pierson, R.N., Shannon, M., & DeLaurentis, D. (2018).  The application of optimal defaults to improve elementary school lunch selections:  Proof of concept. *Journal of School Health*. April 88:265-271.
23. Radnitz, C. Loeb, K.L., Keller, K.L., Schwartz, M., Boutelle, K., Todd, L. & Marcus, S. (2018). Effect of default menus on food selection and consumption in a college dining hall simulation study. *Public Health and Nutrition.* May 7:1359-1369.
24. Loeb K.L., Radnitz, C., Keller K.L., Schwartz M.B., Marcus, S., Pierson, R., Shannon, M., DeLaurentis, D. (2017) The application of defaults to optimize parents' health-based choices for children. *Appetite*. February 113:368-375
25. Schwartz M, Henderson K, Read M, Cornelius T. (2017) Student Acceptance of Plain Milk Increases Significantly 2 Years after Flavored Milk Is Removed from School Cafeterias: An Observational Study. *Journal of the Academy of Nutrition and Dietetics*. July 1-8
26. \*Cooksey-Stowers K, Schwartz MB, Brownell K. (2017). Food Swamps Predict Obesity Rates Better Than Food Deserts in the United States. *International Journal of Environmental Research and Public Health.* November 1-20
27. \*Asada, Y. Hughes, A.G., Read, M., Schwartz, M.B., Chiriqui, J.F. (2017). High school students’ recommendations to improve school food environments: Insights from a critical stakeholder group. *Journal of School Health*. 87:843-49.
28. Schwartz, M. B., Schneider, G. E., \* Choi, Y. Y., \* Li, X., Harris, J., Andreyeva, T., \* Hyary, M., Highsmith Vernick, N., Appel, L. J. (2017). Association of a Community Campaign for Better Beverage Choices with Beverage Purchases from Supermarkets. *JAMA Internal Medicine.* doi: 10.1001/jamainternmed.2016.9650.
29. Schwartz, M. B., Just, D. R., Chriqui, J. F., Ammerman, A. S. (2017). Appetite self-regulation: Environmental and policy influences on eating behaviors. *Obesity*, 25 Suppl 1:S26-S38. doi: 10.1002/oby.21770.
30. Schwartz, M. B. (2017). Moving Beyond the Debate Over Restricting Sugary Drinks in the Supplemental Nutrition Assistance Program. *American Journal of Preventive Medicine*. 52 (2S2):S199-S205. doi: 10.1016/j.amepre.2016.09.022.
31. Schwartz, M. B. (2016). Incentive and Restriction in Combination-Make Food Assistance Healthier with Carrots and Sticks. *JAMA Internal Medicine*, 176(11):1619-1620.
32. Harris, J.L., \*Hyary, M., Schwartz, M.B. (2016). Effects of Offering Look-Alike Products as Smart Snacks in Schools. *Childhood Obesity*, 12(6):432-439.
33. Wang, S., Schwartz, M.B., Shebl, F.M., Read, M., Henderson, K.E., Ickovics, J.R. (2016). School breakfast and body mass index: a longitudinal observational study of middle school students. *Pediatric Obesity*. Mar, 1-8. doi:10.1111/ijpo.12127
34. Munsell, C.R., Harris, J.L., Sarda, V., Schwartz, M.B. (2016). Parents' beliefs about the healthfulness of sugary drink options: opportunities to address misperceptions. *Public Health Nutrition,* 19(1), 46-54.
35. Heard, A.M., Harris, J.L., Liu, S., Schwartz, M.B., Li, X. (2016). Piloting an online grocery store simulation to assess children's food choices. *Appetite*, 96, 260-7.
36. Harris, J.L., LoDolce, M., Dembek, C., Schwartz, M.B. (2015). Sweet promises: Candy advertising to children and implications for industry self-regulation. *Appetite*, 95, 585-92.
37. Schwartz, M.B., Henderson, K.E., Grode, G., Hyary, M., \* Kenney, E. L., O'Connell, M., Middleton, A. E. (2015). Comparing Current Practice to Recommendations for the Child and Adult Care Food Program. *Childhood Obesity*, 11(5), 491-8.
38. Andreyeva, T., \* Tripp, A.S., Schwartz, M.B. (2015). Dietary Quality of Americans by Supplemental Nutrition Assistance Program Participation Status: A Systematic Review. *American Journal of Preventive Medicine*, 49(4), 594-604.
39. Schwartz, M.B., O'Connell, M., Henderson, K.E., Middleton, A.E., \* Scarmo, S. (2015). Testing Variations on Family-Style Feeding to Increase Whole Fruit and Vegetable Consumption among Preschoolers in Child Care. *Childhood Obesity,* 11(5), 499-505.
40. Schwartz, M.B., Gilstad-Hayden, K., Henderson, K.E., Luedicke, J., Carroll-Scott, A., Peters, S. M., McCaslin, C., Ickovics, J. R. (2015). The Relationship between Parental Behaviors and Children's Sugary Drink Consumption Is Moderated by a Television in the Child's Bedroom. *Childhood Obesity,* 11(5), 560-8.
41. Schwartz, M.B., Henderson, K.E., Read, M., Danna, N., Ickovics, J. R. (2015). New school meal regulations increase fruit consumption and do not increase total plate waste. *Childhood Obesity,* 11(3), 242-7.
42. Henderson, K.E., \* Grode, G.M., \* O'Connell, M.L., Schwartz, M.B. (2015). Environmental factors associated with physical activity in childcare centers. *The International Journal of Behavioral Nutrition and Physical Activity,* 12(1), 43.
43. Harris, J.L., LoDolce, M., Schwartz, M.B. (2015). Encouraging big food to do the right thing for children’s health: a case study on using research to improve marketing of sugary cereals. *Critical Public Health*, 25(3), 320-332.
44. Tomiyama, A.J., Finch, L.E., Belsky, A.C., Buss, J., Finley, C., Schwartz, M.B., Daubenmier, J. (2015). Weight bias in 2001 versus 2013: contradictory attitudes among obesity researchers and health professionals. *Obesity*, 23(1), 46-53.
45. Cravener, T.L., Schlechter, H., Loeb, K.L., Radnitz, C., Schwartz, M. B., Zucker, N., Finkelstein, S., Wang, C., Rolls, B., Keller, K. L. (2015). Feeding Strategies Derived from Behavioral Economics and Psychology Can Increase Vegetable Intake in Children as Part of a Home-Based Intervention: Results of a Pilot Study. *Journal of the Academy of Nutrition and Dietetics,*115(11) pp.1798-1807.
46. Ustjanauskas, A.E., Harris, J.L., Schwartz, M.B. (2014). Food and beverage advertising on children's web sites. *Pediatric Obesity*, 9(5), 362-72.
47. Andreyeva, T., Luedicke, J., Henderson, K.E., Schwartz, M.B. (2014). The positive effects of the revised milk and cheese allowances in the special supplemental nutrition program for women, infants, and children. *Journal of the Academy of Nutrition and Dietetics*, 114(4), 622-30.
48. Grow, H. M., Schwartz, M. B. (2014). Food marketing to youth: serious business. *Journal of the American Medical Association*, 312(18), 1918-9.
49. Ickovics J.R., Carroll-Scott A., Peters S.M., Schwartz M.B., Gilstad-Hayden, K., McCaslin C. (2014). Health and academic achievement: Cumulative effects of health promoting factors on standardized test scores among urban youth in the United States*. Journal of School Health,* 84: 40-48.
50. Radnitz, C., Loeb, K.L., DiMatteo, J., Keller, K.L., Zucker, N., Schwartz, M.B. (2013). Optimal Defaults in the Prevention of Pediatric Obesity: From Platform to Practice. *Journal of Food & Nutritional Disorders*, 2(5), 1.
51. Roberto, C.A., \* Haynos, A.F., Schwartz, M.B., Brownell, K.D., White, M.A. (2013). Calorie estimation accuracy and menu labeling perceptions among individuals with and without binge eating and/or purging disorders. *Eating and Weight Disorders,* 18(3), 255-61.
52. Fleming-Milici, F., Harris, J.L., Sarda, V., Schwartz, M.B. (2013). Amount of Hispanic youth exposure to food and beverage advertising on Spanish- and English-language television. *JAMA Pediatrics*, 167(8), 723-30.
53. Harris, J.L., Sarda, V., Schwartz, M.B., Brownell, K.D. (2013). Redefining "child-directed advertising" to reduce unhealthy television food advertising. *American Journal of Preventive Medicine,* 44(4), 358-64.
54. Handforth, B., Hennink, M., Schwartz, M.B. (2013). A qualitative study of nutrition-based initiatives at selected food banks in the feeding America network. *Journal of the Academy of Nutrition and Dietetics,* 113(3), 411-5.
55. Middleton, A. E., Henderson, K. E., Schwartz, M.B. (2013). From policy to practice: Implementation of water policies in child care centers in Connecticut. *Journal of Nutrition Education and Behavior,* 45(2), 119-25.
56. Hawley, K.L., \* Roberto, C.A., \* Bragg, M. A., \* Liu, P. J., Schwartz, M. B., Brownell, K. D. (2013). The science on front-of-package food labels. *Public Health Nutrition*, 16(3), 430-9.
57. LoDolce, M.E., Harris, J.L., Schwartz, M.B. (2013). Sugar as part of a balanced breakfast? What cereal advertisements teach children about healthy eating. *Journal of Health Communication,* 18(11), 1293-309.
58. Martinez O.D., \* Roberto C.A., Kim J.H., Schwartz M. B., Brownell K.D. (2013). A Survey of undergraduate student perceptions and use of nutrition information labels in a university dining hall. *Health Education Journal*. 72: 319-325
59. Schwartz, M.B. (2012). Environmental and policy strategies to improve eating, physical activity behaviors, and weight among adolescents. *Adolescent Medicine: State of the Art Reviews,* 23(3), 589-609.
60. Roberto, C.A., \* Bragg, M.A., Schwartz, M.B., \* Seamans, M.J., \* Musicus, A., \* Novak, N., Brownell, K.D. (2012). Facts up front versus traffic light food labels: a randomized controlled trial. *American Journal of Preventive Medicine*, 43(2), 134-41.
61. Castetbon, K., Harris, J.L., Schwartz, M.B. (2012). Purchases of ready-to-eat cereals vary across US household sociodemographic categories according to nutritional value and advertising targets. *Public Health Nutrition*, 15(8), 1456-65.
62. Andreyeva, T., \* Luedicke, J., \* Middleton, A.E., \* Long, M.W., Schwartz, M.B. (2012). Positive influence of the revised Special Supplemental Nutrition Program for Women, Infants, and Children food packages on access to healthy foods. *Journal of the Academy of Nutrition and Dietetics,* 112(6), 850-8.
63. Schwartz, M.B., Henderson, K.E., \* Falbe, J., \* Novak, S.A., \* Wharton, C.M., \* Long, M.W., \* O'Connell, M.L., Fiore, S.S. (2012). Strength and comprehensiveness of district school wellness policies predict policy implementation at the school level. *The Journal of School Health,* 82(6), 262-7.
64. O'Connell, M.L., Henderson, K.E., \* Luedicke, J., Schwartz, M.B. (2012). Repeated exposure in a natural setting: a preschool intervention to increase vegetable consumption. *Journal of the Academy of Nutrition and Dietetics*, 112(2), 230-4.
65. Harris, J.L., Thompson, J.M., Schwartz, M.B., Brownell, K.D. (2011). Nutrition-related claims on children's cereals: what do they mean to parents and do they influence willingness to buy? *Public Health Nutrition*, 14(12), 2207-12.
66. Falbe, J., Kenney, E.L., Henderson, K.E., Schwartz, M.B. (2011). The Wellness Child Care Assessment Tool: a measure to assess the quality of written nutrition and physical activity policies. *Journal of the American Dietetic Association*, 111(12), 1852-60.
67. Speers, S.E., Harris, J.L., Schwartz, M.B. (2011). Child and adolescent exposure to food and beverage brand appearances during prime-time television programming. *American Journal* *of Preventive Medicine*, 41(3), 291-6.
68. Kenney E.L., Henderson K.E., Humphries D., Schwartz M.B. (2011). Practice-Based Research to Engage Teachers and Improve Nutrition in the Preschool Setting. *Childhood Obesity.* 7: 475-479.
69. Johnson-Taylor W. L., Fisher R., Henderson K. E., Schwartz M. B. (2011). Attitudes of African American advocates toward childhood obesity. *Ethnicity & Disease*, 21: 268-273.
70. Harris, J., L., Speers, S., E., Schwartz, M. B., Brownell, K. D. (2011). US food company branded advergames on the internet: Children’s exposure and effects on snack consumption. *Journal of Children and Media*, DOI:10.1080/17482798.2011.633405
71. Henderson, K.E., \* Grode, G.M., \* Middleton, A.E., \* Kenney, E.L., Falbe, J., Schwartz, M.B. (2011). Validity of a measure to assess the child-care nutrition and physical activity environment. *Journal of the American Dietetic Associatio*n, 111(9), 1306-13.
72. Brener, N.D., Chriqui, J.F., O'Toole, T.P., Schwartz, M.B., McManus, T. (2011). Establishing a baseline measure of school wellness-related policies implemented in a nationally representative sample of school districts. *Journal of the American Dietetic Association,* 111(6), 894-901.
73. Andreyeva, T., Middleton, A.E., \* Long, M.W., Luedicke, J., Schwartz, M.B. (2011). Food retailer practices, attitudes and beliefs about the supply of healthy foods. *Public Health Nutrition*, 14(6), 1024-31.
74. Harris, J. L., Schwartz, M. B., Ustjanauskas, A., Ohri-Vachaspati, P., Brownell, K. D. (2011). Effects of serving high-sugar cereals on children's breakfast-eating behavior. *Pediatrics*, 127(1), 71-6.
75. Long, M. W., Henderson, K. E., Schwartz, M. B.(2010). Evaluating the impact of a Connecticut program to reduce availability of unhealthy competitive food in schools. *The Journal of School Health*, 80(10), 478-86.
76. Schwartz, M. B., Ross, C., Harris, J. L., Jernigan, D. H., Siegel, M., Ostroff, J., Brownell, K. D. (2010). Breakfast cereal industry pledges to self-regulate advertising to youth: will they improve the marketing landscape? *Journal of Public Health Policy*, 31(1), 59-73.
77. Harris, J. L., Schwartz, M. B., Brownell, K. D. (2010). Marketing foods to children and adolescents: licensed characters and other promotions on packaged foods in the supermarket. *Public Health Nutrition*, 13(3), 409-17.
78. Brownell, K. D., Kersh, R., Ludwig, D. S., Post, R. C., Puhl, R., Schwartz, M. B., Willett, W. C. (2010). Personal responsibility and obesity: a constructive approach to a controversial issue. *Health Affairs*, 29(3), 379-87.
79. Goren, A., Harris, J. L., Schwartz, M. B., Brownell, K. D. (2010). Predicting support for restricting food marketing to youth. *Health Affairs*, 29(3), 419-24.
80. Roberto, C. A., Schwartz, M. B., Brownell, K. D. (2009). Rationale and evidence for menu-labeling legislation. *American Journal of Preventive Medicine*, 37(6), 546-51.
81. Schwartz, M. B., \* Novak, S. A., Fiore, S. S. (2009). The impact of removing snacks of low nutritional value from middle schools. *Health Education & Behavior*, 36(6), 999-1011.
82. Brownell, K. D., Schwartz, M. B., Puhl, R., Henderson, K. E., Harris, J. L. (2009). The need for bold action to prevent adolescent obesity. *The Journal of Adolescent Health*, 45(3 Suppl), S8-17.
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84. Story, M., Nanney, M. S., Schwartz, M. B.(2009). Schools and obesity prevention: creating school environments and policies to promote healthy eating and physical activity. *The Milbank Quarterly*, 87(1), 71-100.
85. Andreyeva, T., \* Blumenthal, D. M., Schwartz, M. B., \* Long, M. W., Brownell, K. D. (2008). Availability and prices of foods across stores and neighborhoods: the case of New Haven, Connecticut. *Health Affairs*, 27(5), 1381-8.
86. Friedman, R. R., Schwartz, M. B.(2008). Public policy to prevent childhood obesity, and the role of pediatric endocrinologists. *Journal of Pediatric Endocrinology & Metabolism*, 21(8), 717-25.
87. Wharton, C. M., \* Long, M., Schwartz, M. B.(2008). Changing nutrition standards in schools: the emerging impact on school revenue. *The Journal of School Health*, 78(5), 245-51.
88. Schwartz, M. B., \* Vartanian, L. R., \* Wharton, C. M., Brownell, K. D. (2008). Examining the nutritional quality of breakfast cereals marketed to children. *Journal of the American Dietetic Association*, 108(4), 702-5.
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91. Schwartz, M. B. (2007). The influence of a verbal prompt on school lunch fruit consumption: a pilot study. *The International Journal of Behavioral Nutrition and Physical Activity*, 4, 6.
92. Schwartz, M. B., \* Thomas, J. J., \* Bohan, K. M., \* Vartanian, L. R. (2007). Intended and unintended effects of an eating disorder educational program: impact of presenter identity. *The International Journal of Eating Disorders*, 40(2), 187-92.
93. Puhl, R., Moss-Racusin, C. A., Schwartz, M. B.(2007). Internalization of weight bias: Implications for binge eating and emotional well-being. Obesity,15(1), 19-23.
94. Puhl R., Moss-Racusin C. A., Schwartz M. B., Brownell K. D. (2007). Weight stigmatization and bias reduction: Perspectives of overweight and obese adults. *Health Education & Research*, 15: 19-23
95. \*Bannon, K., Schwartz, M. B. (2006). Impact of nutrition messages on children's food choice: pilot study. *Appetite*, 46(2), 124-9.
96. \*Gapinski K. D., Schwartz M. B., Brownell K. D. (2006). Can television change antifat attitudes and behavior? Journal of Applied Biobehavioral Research. 11: 1-28.
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98. \*Puhl, R., Schwartz, M. B., Brownell, K. D. (2005). Impact of perceived consensus on stereotypes about obese people: a new approach for reducing bias. *Health Psychology*, 24(5), 517-25.
99. Schwartz, M. B., Brownell, K. D. (2004). Obesity and body image. Body Image, 1(1), 43-56.
100. \*Geier, A. B., Schwartz, M. B., Brownell, K. D. (2003). "Before and after" diet advertisements escalate weight stigma. *Eating and Weight Disorders*, 8(4), 282-8.
101. \*Puhl, R., Schwartz, M. B.(2003). If you are good you can have a cookie: How memories of childhood food rules link to adult eating behaviors. *Eating Behaviors*, 4(3), 283-93.
102. Schwartz, M. B., Chambliss, H. O., Brownell, K. D., Blair, S. N., Billington, C. (2003). Weight bias among health professionals specializing in obesity. *Obesity Research*, 11(9), 1033-9.
103. Schwartz, M. B., \*Chen, E., Brownell, K. D. (2003). Trick, treat, or toy: children are just as likely to choose toys as candy on halloween. *Journal of Nutrition Education and Behavior*, 35(4), 207-9.
104. Schwartz, M. B., \*Puhl, R. (2003). Childhood obesity: A societal problem to solve. *Obesity Reviews*, 4(1), 57-71.
105. Wilfley, D. E., Schwartz, M. B., Spurrell, E. B., Fairburn, C. G. (2000). Using the eating disorder examination to identify the specific psychopathology of binge eating disorder. *The International Journal of Eating Disorders*, 27(3), 259-69.
106. \*Latner JD, Schwartz M. (1999). The effects of a high-carbohydrate, high-protein or balanced lunch upon later food intake and hunger ratings. *Appetite*. 33: 119-128.
107. Friedman, M. A., Schwartz, M. B., Brownell, K. D. (1998). Differential relation of psychological functioning with the history and experience of weight cycling. *Journal of Consulting and Clinical Psychology,* 66(4), 646-50.
108. Wilfley, D. E., Schwartz, M. B., Spurrell, E. B., Fairburn, C. G. (1997). Assessing the specific psychopathology of binge eating disorder patients: interview or self-report? *Behaviour Research and Therapy*, 35(12), 1151-9.
109. Schwartz, M. B., Brownell, K. D. (1995). Matching individuals to weight loss treatments: a survey of obesity experts. *Journal of Consulting and Clinical Psychology*, 63(1), 149-53.

# Conference and Invited Presentations (Selected)

\*Levi, R., Seligman, H., Schwartz, M.B. (2020). *Healthy Eating Research Nutrition Guidelines for the Charitable Food System*. Food & Nutrition Conference & Expo. Indianapolis, IN.

Schwartz (2020). *Promoting wellness through the charitable food system*. Food Literacy for All. University of Michigan, Ann Arbor, MI.

Schwartz (2020). *Enhancing the charitable food system*. Healthy Eating Research Annual Grantee Meeting. Denver, CO.

Schwartz (2019). *Food bank nutrition standards*. Feeding America Foods to Encourage Summit. Chicago, IL.

Schwartz (2019). *Actions for the future: Government feeding programs*. Panel at The 50th Anniversary of the White House Conference on Food, Nutrition and Health. Boston, MA.

Schwartz (2019). *Wellness School Assessment Tool – Interview*. Workshop: Strategies for measuring Local Wellness Policy implementation in schools to support districts in meeting new federal mandates. Active Living Research. Charleston, SC.

\*Gurganus, E., Schwartz, M.B. (2019). *The Feasibility and Impact of a Nutrition Ranking System for Food Pantries.* Healthy Eating Research Annual Grantee Meeting. Detroit, MI.

Schwartz, M.B. (2019). Translating evidence into policy. Rosenthal Symposium at a Joint meeting of the Academy of Medical Sciences and the National Academy of Medicine. London, UK.

Schwartz, M.B. (2018). Evaluating exposure to environment, policy, and extent of implementation. Obesity Week. Nashville, TN.

Schwartz, M.B. (2018). Next steps for SNAP: Finding creative solutions. Obesity Week. Nashville, TN.

Schwartz, M.B. (2018). *Moving beyond the debate over restricting sugary drinks in SNAP*. Opening Session and Presidential Symposium. Nutrition 2018. Boston, MA.

Schwartz, M.B. (2018). *School wellness: National trends, local solutions*. Massachusetts State Healthy Kids, Healthy Programs Summit. Norwood, MA.

Schwartz, M.B. (2018). *Updating School Wellness Policy Measurement:  WellSAT 3.0 and WellSAT-Interview*. Healthy Eating Research Annual Grantee Meeting. Nashville, TN.

Schwartz, M.B. (2018). *National Wellness Policy Study: Stakeholder Identified Opportunities for Ongoing Implementation and Sustainability of Local School Wellness.* Healthy Eating Research Annual Grantee Meeting. Nashville, TN.

Schwartz, M.B. (2018). *Keynote Speaker: School Wellness*. Action for Healthy Kids Texas Annual Summit. Houston, TX.

Schwartz, M. B. *Food insecurity and obesity.* (2017). The Obesity Society Annual Meeting. Washington, DC.

Schwartz, M. B. (2017). *Workshop on Strategies to Reduce Sugar Sweetened Beverage Consumption in Young Children Aged 0-5*. National Academies of Science. Washington, DC.

Schwartz, M. B. (2017). *Tricks are for Kids: Food Marketing to Youth*. Sage Colleges Annual Nutrition Lecture. Troy, NY.

Schwartz, M. B. (2017). *Superintendent views of school wellness policies*. 9th Biennial Childhood Obesity Conference. San Diego, CA.

\*Cooksey-Stowers, Kristen, Martin, K., Schwartz, M. B. (2017). Improving nutrition in food banks. American Public Health Association Annual Meeting. Atlanta, GA.

Martin, K., Rivera, C., Schwartz, M. B. (2016). Supporting Wellness at Pantries. Feeding America: Food Sourcing and Operations Learning Conference. Kansas City, MO.

Schwartz, M. B. (2016). *Improving children’s nutrition through public policy*. Nutrition Resource Centre’s Annual Forum on Food and the Environment. Toronto, Canada.

Schwartz, M. B. (2016). *Industry self-regulation and food marketing to youth*. UCLA – Harvard Law School Resnick Program for Food and Law Policy Conference on Food Marketing to Children. University of California Los Angles School of Law. Los Angeles, CA.

Schwartz, M. B., Schneider, G. E., Choi, Y., Li, X., Harris, J., Andreyeva, T. Hyary, M., Highsmith Vernick, N., Appel, L. J. (2016). *Retail soda purchase decrease after three years of a community campaign promoting better beverage choices*. American Heart Association Scientific Sessions. New Orleans, LA.

Schwartz, M. B., Read, M. (2015). *The influence of competitive foods and juice on school lunch participation and meal component selection*. Healthy Eating Research 9th Annual Grantee Meeting. Baltimore, MD.

Schwartz, M. B. (2015). *Using research to advance policy change: The case of the National School Lunch Program.* Penn State University Department of Nutrition Seminar. State College, PA.

Schwartz, M. B. (2015). *Research, policy, and politics: The case of the National School Lunch Program.* Harvard School of Public Health Symposium. Boston, MA.

Schwartz, M. B. (2015). *Food cues and marketing*. Appetite: It’s Complicated. National Institute of Health. Bethesda, MD.

Schwartz, M. B. (2015). *How the environment influences what you eat*. Food System 6 Conference. Oakland, CA.

Schwartz, M. B. (2015). *Taking on the food industry through research*. City University of New York Food Policy Meeting, New York, NY.

Schwartz, M. B. (2014). *Marketing sugary drinks*. Soda Summit. Center for Science and the Public Interest. Washington, DC.

Schwartz, M. B., Harris, J. L., Friedman, R. R. (2014). *Case studies in strategic science to inform public policy*. Society for Behavioral Medicine. Philadelphia, PA.

Schwartz, M. B. (2014). *Serving nutrition education at schools*. Engine 2 Conference. Austin, TX.

Schwartz, M. B. (2014). *Policies to improve childhood nutrition*. Blue Cross/Blue Shield Childhood Obesity Conference, Children’s Hospital of Philadelphia. Philadelphia, PA.

Schwartz, M. B., Schneider, G. E. (2014). *Picking up the pace in healthy living policy and evaluation*. Grantmakers in Health Fall Forum. Washington, DC.

# Reports, Commentaries and Book Chapters (Selected)

Schwartz, M., Levi, R., Lott, M., Arm, K., Seligman, H. (2020). Healthy Eating Research nutrition guidelines for the charitable food system. Durham, NC: Healthy Eating Research. Available at: https://healthyeatingresearch.org/wp-content/uploads/2020/02/her-food-bank\_FINAL.pdf

Feldman, M., Schwartz, M. (2018). A Tipping Point: Leveraging opportunities to improve the nutritional quality of food bank inventory. Available at: https://mazon.org/assets/download-files/MAZONTippingPointReport-FINAL.pdf

Schwartz, M. B., Brownell, K. D. (2018). Using public policy to address obesity: Past, present and future. In *Handbook of Obesity Treatment,* *Second edition*. T.A. Wadden, G.A. Bray (Eds). New York: Guilford Press.

Lott, M. M., Schwartz, M. B., Story, M., Brownell, K. D. (2018). Why we need local, state, and national policy-based approaches to improve children’s nutrition in the United States. In *Pediatric Obesity: Etiology, Pathogenesis, and Treatment*, *Second edition*. M. Freemark (Ed.) New York: Humana Press.

Schwartz, M. B., O’Connell, M. L. (2017). Schools, child care, and obesity policy. In *Eating Disorders and Obesity: A Comprehensive Handbook, Third edition*. K.D. Brownell & B.T. Walsh (Eds). New York: Guilford Press, pp 635-639.

Puhl, R. M., Schwartz, M. B. (2016). Psychologists Working in Independently Funded Research Centers. In R.J. Sternberg (Ed.), *Career Paths in Psychology* *3rd Edition*. Washington, DC: American Psychological Association. pp. 247-258).

Schwartz, M. B., Friedman, R. (2016). Advocacy and public health. In *Prevention, Policy, and Public Health.* A.A. Eyler, J.F. Chriqui, S. Moreland-Russell, R.C. Brownson (Eds). New York: Oxford University Press. pp. 329 – 348.

Schwartz, M. B. (2016). Commentary on Johnson et al., The effect of the Healthy Hunger-Free Kids Act on the nutritional quality of meals selected by students and school lunch participation rates. In *Yearbook of Pediatrics*. M. D. Cabana (Ed). Elsevier Publishers.

# Grant funding (for past 15 years)

# Current Research Grants

2017–2022 **NIH/University of Pennsylvania**

*Communicating the Health Risks of Sugar-Sweetened Beverages*

Co-Investigator (PI: Christina Roberto)

$227,139

2018–2023 **NIH/University of Pennsylvania**

*A Randomized Trial of Web-Based Behavioral Economic Interventions to Promote Healthy Food Choices Among Food Pantry Clients*

Co-Investigator (PI: Christina Roberto)

$214,014

2019-2020 **Horizon Foundation**

*Health Promotion in Howard County Maryland*

Principal Investigator

$149,969

2012 - 2022 **Partnership for a Healthier America**

*Evaluation of Child Care Commitments*

Principal Investigator

$131,941

2019 – 2020 **Healthy Eating Research**

Expert Panel to Develop Nutrition Standards for the Charitable Food System

Principal Investigator

$15,287

# Completed Research Grants

2018-2019 **Feeding America**

*Tracking Nutrition in Food Banks*

Principal Investigator

$149,000

2017 - 2018 **Robert Wood Johnson Foundation: Healthy Eating Research**

*Updating the Wellness School Assessment Tool: WellSAT 3.0*

Principal Investigator

$114,948

2015 -2018 **USDA/University of Illinois Chicago (UIC)**

*National Wellness Policy Study*

Principal Investigator (UIC PI: Jamie Chriqui)

$219,225

2016 - 2017 **Robert Wood Johnson Foundation: Healthy Eating Research**

*Developing a Valid and Reliable Tool for the Implementation of School*

*Wellness Policies: The WellSAT-I*

Principal Investigator

$189,950

2017 **The Food Trust**

*The Role of the Emergency Food System in Creating a Culture of Health*

Principal Investigator

$49,982

2017 **Horizon Foundation**

*Health Promotion in Howard County Maryland*

Principal Investigator

$159,452

2016 - 2017 **Robert Wood Johnson Foundation**

*Improving Nutrition in Food Banks*

Principal Investigator

$200,000

2016- 2017 **Robert Wood Johnson Foundation**

*Food Marketing in Youth (renewal)*

Co-Principal Investigator (PI: Jennifer Harris)\

$1,522,044

2015 - 2016 **Horizon Foundation**

*Health Promotion in Howard County Maryland*

Principal Investigator

$247,558

2015 **Claneil Foundation**

*Improving Nutrition in Food Banks*

Principal Investigator

$45,000

2015 **United States Department of Agriculture**

*Connecticut Smarter Lunchroom Pilot*

Principal Investigator

$28,843

2015 **Child Health and Development Institute of Connecticut Inc.**

*Researching and Developing a Policy Agenda for Obesity Prevention in Children, Birth to Two Years*

Co-Principal Investigator (PI: Roberta Friedman)

$14,991

2015 **Action for Healthy Foods**

*Sugar Sweetened Beverage Policies*

Co-Investigator (PI: Roberta Friedman)

$49,405

2015 - 2016 **Robert Wood Johnson Foundation**

*Testing the Impact of Improving the National School Breakfast Program*

Principal Investigator

$49,991

2015- 2016 **Robert Wood Johnson Foundation**

*Food Marketing in Youth (renewal)*

Co-Principal Investigator (PI: Jennifer Harris)

$1,500,000

2014 - 2015 **American Heart Association, Voices for Healthy Kids**

*Voices for Healthy Kids: Healthy Drinks Hub (renewal)*

Principal Investigator

$218,746

2014 **Kansas Health Foundation**

*Kansas School Wellness Policy Project*

Principal Investigator

$23,053

2013 – 2014 **American Heart Association, Voices for Healthy Kids**

*Voices for Healthy Kids: Healthy Drinks Hub*

Principal Investigator

$366,465

2013 – 2014 **Robert Wood Johnson Foundation: Healthy Eating Research**

*Providing Choices, Inciting Reactance and Creating Optimal Defaults: Empirical Tests of Competing Theories*

Principal Investigator (transferred from Kathryn Henderson)

$170,000

2013 – 2014 **Robert Wood Johnson Foundation: Healthy Eating Research**

*Evaluating School Wellness Policies Following Implementation of the Healthy, Hunger Free Kids Act (2010): Updating the Wellness School Assessment Tool* (WellSAT 2.0)

$45,000

2011 - 2013 **Rudd Foundation**

*Rudd Center for Food Policy and Obesity*

Co-Investigator (PI: Kelly Brownell)

$4,500,000

2011 - 2013 **United States Department of Agriculture Economic Research Service**

*WIC Food Package Revisions: Impact on Food Purchases and Access To Healthy Foods*

Co-Investigator (PI: Tatiana Andreyeva)

$128,596

2011 - 2014 **Robert Wood Johnson Foundation**

*Food Marketing and Childhood Obesity*

Co-Principal Investigator (PI: Jennifer Harris)

$5,325,778

2011 - 2014 **Horizon Foundation**

*Health Promotion in Howard County Maryland*

Principal Investigator

$400,000

2011 - 2016 **National Institutes of Health (R01HD070740)**

*School Wellness Policy: RCT to Implement and Evaluate Impact on Childhood Obesity*

Multiple PIs Ickovics & Schwartz

$2,910,480

2010 - 2013 **United States Department of Agriculture Economic Research Service**

*The Economics of Beverage Choices Among WIC and SNAP Participants*

Co-Investigator (PI: Tatiana Andreyeva)

$265,000

2009 - 2011 **Robert Wood Johnson Foundation: Healthy Eating Research**

*Testing Modifications in Child-Care Settings to Promote Nutritional Quality in the Context of Food Insecurity*

Principal Investigator

$149,926

2008 **Connecticut Public Health Foundation**

*New Haven Preschool Nutrition Initiative*

Principal Investigator

$10,000

2008 - 2009 **Robert Wood Johnson Foundation, Active Living Research**

*Physical Activity in Preschools in Connecticut*

Principal Investigator

$34,899

2008 **Robert Wood Johnson Foundation**

*Food Marketing and Childhood Obesity: Planning Grant*

Co-Principal Investigator (PI: Kelly Brownell)

$398,720

2008 - 2011 **Robert Wood Johnson Foundation: Transition Supplement**

*Online School Wellness Policy Evaluation Tool: The WellSAT*

Principal Investigator

$98,687

2008 - 2011 **United States Department of Agriculture Economic Research Service**

*Access to Healthy Foods: The Role of Market Competition, WIC Policy,*

*and Vendor Attitudes*

Principal Investigator

$229,611

2008 - 2011 **Robert Wood Johnson Foundation**

*Food Marketing and Childhood Obesity*

Co-Principal Investigator (PI: Kelly Brownell)

$5,842,739

2007 - 2009 **Robert Wood Johnson Foundation, Healthy Eating Research**

*Understanding Preschool Food Policies: Predictors and Consequences*

Principal Investigator

$224,238

2006 - 2008 **Robert Wood Johnson Foundation, Healthy Eating Research**

*Macro-Level Predictors of School Wellness Policies in Connecticut*

Principal Investigator

$74,954

2005 - 2011 **Rudd Foundation**

*Rudd Center for Food Policy and Obesity*

Co-Investigator (PI: Kelly Brownell)

$7,500,000

# Research Grant Consultant

2019-2021 A health systems intervention to reduce sugar-sweetened beverage consumption in young children and families.

PI: Kristina Henderson Lewis, MD, MPH, SM

**Robert Wood Johnson Foundation Healthy Eating Research**

2016-2017 *Wellness Policies in Rural Communities*

PI: Yuka Asada, Ph.D., University of Illinois at Chicago

**Robert Wood Johnson Foundation**

2016–2018 *Increasing the Impact of Menu Labeling*

PI: Christina Roberto, Ph.D., University of Pennsylvania

**Robert Wood Johnson Foundation Healthy Eating Research**

2016-2017 *Development of evidence-based child feeding messages to prevent obesity in early childhood*

PI: Amy Mobley, Ph.D., University of Connecticut

**Child Health Development Institute**

2013-2014 *Prevention of Late Adolescent Obesity in the College Environment: An Optimal Default Paradigm*

PI: Katharine Loeb, Ph.D. Fairleigh Dickinson University

**USDA National Institute of Food and Agriculture**

2011-2013 *Evaluating the Quality of Formal Childcare Center-Level Policies on Nutrition, Physical Activity, and Screen Time Practices Related to Childhood Obesity Prevention*

PI: Temitope Erinosho, Ph.D., University of North Carolina

**Robert Wood Johnson Foundation, Healthy Eating Research: New Connections**

2011-2013 *Optimal Defaults and Parent Empowerment in the Prevention of Early Childhood Obesity: A Community Center-Based Pilot Study*

PI: Katharine Loeb, Ph.D. Fairleigh Dickinson University

**USDA/National Institute of Food and Agriculture**