## **Dr Maria Jennifer MAYNARD, R Nutr (Public Health), FHEA**

## **Contact details**

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**Current post**

**September 2017 - present.** Reader, Public Health Nutrition, Leeds Beckett University. Migrant Health Research Group Lead; Applied Obesity Research Centre, Inequalities theme lead.

**Previous roles**

**2014-2017.** Senior Lecturer, Leeds Beckett University.

**2013-2014.** Lecturer, Leeds Metropolitan University.

**2009-2013.** Senior Investigator Scientist, MRC Social and Public Health Sciences Unit (SPHSU), Glasgow. **Honorary Lecturer University of Glasgow**.

**2004** **– 2009**. Investigator Scientist, MRC Social and Public Health Sciences Unit, Glasgow.

**2001 – 2004**. Post-doctoral Career Development Fellow, MRC Social and Public Health Sciences Unit, Glasgow.

**2000 – 2001**. Post-doctoral Research Associate, Department of Social Medicine, University of Bristol. ‘What influences diet in early old age?’ Jointly funded by Research into Ageing and the ESRC (grant-holder).

**1996 – 2000**. PhD student. Department of Social Medicine, University of Bristol. Research Scholarship with project funding from the World Cancer Research Fund. Thesis entitled ‘Diet in childhood and risk of adult cancer’.

**1995 – 1996**. Research Assistant (p/t), Institute of Psychiatry. ‘Culturally sensitive validation of screening questionnaires for depression in older African-Caribbean people living in South London’.

**1992 – 1996**. Research Assistant (p/t), London School of Hygiene and Tropical Medicine. ‘Validation of dietary assessment techniques among African-Caribbeans living in London’.

**Qualifications**

2014 Leeds Beckett University: Post-Graduate Certificate Academic Practice

2000 University of Bristol: PhD Nutritional Epidemiology.

1991 University of London: BSc. (Hons) Nutrition, King’s College London, class 2:1.

**PhD/MRes supervision.**

**Director of Studies:**

* Completed 2018: Dr Omoyemi Adegboye
* 2017-present: Jinan Rabee, Sajida Manzoor (P/T), Dr Oritseweyinmi Orighoye;
* 2018-present: Solome Mealin.
* 2019-present: Haddy Jallow Badjan
* 2020- present: Laila Charlesworth

**Supervisor:**

* 2018-present: Lauren Senior; Peter Butterworth (MRes).
* 2020-present: Shirley Adu-Ntiamoah

**Current teaching and supervision:**

MSc. Nutrition in Practice: Nutritional Epidemiology (Module Tutor); dissertation supervisor

Final year BSc. (Hons) Public Health Nutrition and BSc (Hons) Dietetics: Research project (Module Tutor and dissertation supervisor).

**University/ School/ Group duties**

University Alliance Media Champion, 2020-present

Chair Race Equality and Diversity forum, 2020-present

Equality Diversity & Inclusion committee, - member 2020-present

School Research Award Coordinator, 2018-present

Race Equality and Diversity forum – member, 2015-present

Academic Advisor (L5-7), 2013-present

Local Research Ethics Coordinator (LREC; Nutrition & Dietetics), 2013-present

PhD viva internal examiner (Garoushi 2019)

PhD viva independent chair (Bentley 2020; Sawczuk 2019)

**Professional registration**

2015-Fellow of the Higher Education Academy

2000-present Registered Nutritionist (Public Health) [Reg. No. 770]

**Memberships**

1997-present: Member Nutrition Society

1997-present: Member Society for Social Medicine (SSM)

1998-present: Member European Public Health Association (EUPHA)

2010-present: Member Association for Nutrition (AfN)

2010-present: Associate Member International Centre for Life course Studies in Society & Health (ICLS)

2018-present: Member Black British Academics

**Esteem indicators**

Selected contributor to evaluation of the European Commission evidence review on nutrition and physical activity, 2017.

ECR mentor, Society for Social Medicine (SSM) 2017-present

Associate Editor BMC Public Health journal 2018-present

Assistant Editor Ethnicity & Health journal, 2008-2018

Member, community education advisory board, community engagement section, Diabetes UK, 2016-present.

Grant reviewer for ESRC, MRC, Royal Society of Tropical Medicine and Hygiene, Guys & St Thomas’ Charity, Academy of Medical Sciences, Health Research Board.

Peer reviewer for a number of nutrition, public health and epidemiology journals.

**Research Outputs**

1. **Nutrition papers**
2. Elia C, Karamanos A, João Silva AM, O’Connor M, Lu Y, Dregan A, Maynard MJ, Harding S. Weight misperception and mental health from adolescence to young adulthood: longitudinal study of an ethnically diverse UK cohort. *BMC Public Health* 20; 712. **[IF 2.567]**
3. Apekey TA, Copeman J, Kime N, Tashani O, Kittaneh M, Walsh D, Maynard MJ (2019). Nutrient composition of popularly consumed African and Caribbean foods in the UK. *Foods*, 8, 500; doi:10.3390/foods8100500. **[IF 3.011]**
4. Madden AM, Mashanova A, Amirabdollahian F, Ghuman S, Makda M, Collinson A, Dean F, Hirsz M, Lennie S, Maynard MJ, Power B (2020). Improved prediction equations for estimating height in adults from ethnically diverse backgrounds. *Clinical Nutrition*, 39 (5):1454-1463. **[IF 5.496]**
5. Goff, LM., Huang, P., Silva, MJ., Bordoli, C., Enayat, EZ., Molaodi, OR., Cassidy, A., Maynard, MJ., Harding, S. (2019) Associations of dietary intake with cardiometabolic risk in a multi-ethnic cohort: a longitudinal analysis of the Determinants of Adolescence, now young Adults, Social well-being and Health (DASH) study. *British Journal of Nutrition;* 121 (9), 1069-1079. **[IF 3.657]**
6. Apekey TA, Copeman J, Kime NH, Tashani, O A, Kittaneh M, Walsh D, Maynard MJ (2019). Methods of producing new nutrient data for popularly consumed multi-ethnic foods in the UK. Journal of Food Composition and Analysis, 78:9-18. **[IF 2.956]**
7. Huang P; O’Keeffe M; Elia C; Karamanos A; Goff L; Maynard M; Cruickshank JK; Harding S.(2019) Fruit and vegetable consumption and mental health across adolescence: evidence from a diverse urban British cohort study. International Journal of Behavioural Nutrition & Physical Activity (2019) 16:19. **[IF: 4.396]**
8. Harding S, Elia C, Huang P, Atherton C , Covey K, O’Donnell G, Cole E, Almughamisi M, Read U, Dregan A, George T, Wolfe I, Cruickshank JK, Maynard MJ, Goff LM, O’Keeffe M. [Global cities and cultural diversity: challenges and opportunities for young people’s nutrition. *Proceedings of the Nutrition Society*](https://www.cambridge.org/core/journals/proceedings-of-the-nutrition-society/article/global-cities-and-cultural-diversity-challenges-and-opportunities-for-young-peoples-nutrition/63E545E339EC285B1FFAF35459D1CDB0), 2018: 77(4):1-14 **[IF 4.421].**
9. Maynard MJ. [Faith-based institutions as venues for obesity prevention. Current Obesity Reports](http://eprints.leedsbeckett.ac.uk/3659/8/Maynard-2017-Current_Obesity_Reports.pdf), 2017, 27;:148-54.
10. Maynard MJ, Baker G, Harding S (2017). [Exploring childhood obesity prevention among diverse ethnic groups in schools and places of worship: recruitment, acceptability and feasibility of data collection and intervention components.](https://www.sciencedirect.com/science/article/pii/S2211335517300359) *Preventive Medicine Reports*, 6: 130-136.
11. Rawlins E, Baker G, Maynard MJ, Harding S. [Perceptions of healthy eating and physical activity in an ethnically diverse sample of young children and their parents: the DEAL prevention of obesity study.](http://www.ncbi.nlm.nih.gov/pubmed/22827466) *Journal of Human Nutrition and Dietetics*, 2013; 26: 132–144.
12. Maynard MJ, Baker G, Rawlins E, Anderson, A, Harding S. [Developing obesity prevention interventions among minority ethnic children in schools and places of worship: The DEAL (DiEt and Active Living) study.](http://www.ncbi.nlm.nih.gov/pubmed/20025775) *BMC Public Health,* 2009; **9**:480.
13. Maynard MJ, Blane D. [Dietary assessment in early old age: experience from the Boyd Orr cohort.](http://www.ncbi.nlm.nih.gov/pubmed/19190646) *Eur J Clin Nutr* 2009; 63, S58–S63. **(REF 2014 submission IF 2.462)**
14. Harding S, Maynard MJ, Cruickshank JK, Teyhan A. [Overweight, obesity and high blood pressure in an ethnically diverse sample of adolescents in Britain: the Medical Research Council DASH study.](http://www.ncbi.nlm.nih.gov/pubmed/17579635) International Journal of Obesity,2008; **32**:82-90.
15. Harding S, Teyhan A, Maynard MJ, Cruickshank JK. [Ethnic differences in overweight and obesity in early adolescence in the MRC DASH study: the role of adolescent and parental lifestyle.](http://www.ncbi.nlm.nih.gov/pubmed/18204089) International Journal of Epidemiology 2008; **37**:162-72.
16. Frobisher C, Tilling K, Emmett PM, Maynard MJ, Ness AR, Davey Smith G, *et al*. [Reproducibility measures and their effect on diet-cancer associations in the Boyd Orr cohort.](http://www.ncbi.nlm.nih.gov/pubmed/17435211) *Journal of Epidemiology & Community Health,* 2007; 61:434-40.
17. Harding S, Maynard MJ, Cruickshank JK, Gray L. [Anthropometry and blood pressure differences in black Caribbean, African, South Asian and white adolescents: the MRC DASH study.](http://www.ncbi.nlm.nih.gov/pubmed/16877952) *Journal of Hypertension.* 2006; 24:1507-1514.
18. Maynard MJ, Gunnell D, Ness A, Abraham L, Bates C, Blane D. [What influences diet in early old age? Prospective and cross-sectional analyses of the Boyd Orr cohort.](http://www.ncbi.nlm.nih.gov/pubmed/16141299) *Eur J Public Health* 2006:16: 315 - 323.
19. Maynard MJ, Ness AR, Blane D, Abraham L, Bates C, Gunnell D. [Selecting a healthy diet score: lessons from a study of diet and health in early old age (the Boyd Orr cohort).](http://www.ncbi.nlm.nih.gov/pubmed/15918930) *Public Health Nutrition* 2005; 8: 321-326.
20. Ness A, Maynard MJ, Frankel S, Davey Smith G, Frobisher C, Leary S, Emmett PM, Gunnell D. [Diet in childhood and adult cardiovascular and all-cause mortality: the Boyd Orr cohort.](http://www.ncbi.nlm.nih.gov/pubmed/15958357) *Heart,* 2005; 91: 894 - 898.
21. Gunnell DJ, Berney L, Holland P, Maynard MJ, Blane D, Davey Smith G, Frankel S. [Does the misreporting of adult body size depend upon an individual's height and weight? Methodological debate.](http://www.ncbi.nlm.nih.gov/pubmed/15358740) *Int J Epidemiol* 2004;33:1398-1399.
22. Maynard MJ, Gunnell D, Emmett P, Frankel S, Davey Smith G. [Fruit, vegetables, and antioxidants in childhood and risk of adult cancer: the Boyd Orr cohort.](http://www.ncbi.nlm.nih.gov/pubmed/12594199) *J Epidemiol Community Health* 2003; 57:218-225.
23. Maynard M. [Healthy diet at post-retirement ages: a life course perspective.](http://www.ncbi.nlm.nih.gov/pubmed/12391822) *Journal of the Royal Society for the Promotion of Health* 2002; 122:142-143.
24. Blane D, Abraham L, Gunnell D, Maynard MJ, Ness A. [Background influences on dietary choice in early old age](http://www.ncbi.nlm.nih.gov/pubmed/14669494) *JRSH* 2003, 123: 204-209.
25. Gunnell D, Oliver SE, Peter TJ, Donovan JL, Persad R, Maynard M *et al*. [Are diet-prostate cancer associations mediated by the IGF axis? A cross-sectional analysis of diet, IGF-I and IGFBP-3 in healthy middle-aged men.](http://www.ncbi.nlm.nih.gov/pubmed/12771980) *Br J Can* 2003;88:162-168.
26. Kemp MJ, Gunnell D, Maynard MJ, Davey Smith G, Frankel S. [How accurate is self reported birth weight among the elderly?](http://www.ncbi.nlm.nih.gov/pubmed/10890878) *J Epidemiol Community Health* 2000; 54:639-640.
27. Gunnell DJ, Berney L, Holland P, Maynard MJ, Blane D, Frankel S, Davey Smith G. [How accurately are height, weight and leg length reported by the elderly, and how closely are they related to measurements recorded in childhood?](http://www.ncbi.nlm.nih.gov/pubmed/10869317) *Int J Epidemiol* 2000; 29:456-464.
28. Frankel S, Gunnell DJ, Peters T, Maynard MJ, Davey Smith G. [Childhood energy intake and adult mortality from cancer: the Boyd Orr Cohort Study.](http://www.ncbi.nlm.nih.gov/pubmed/9501710) *BMJ* 1998; 316:499-504.
29. **Epidemiology papers**
30. El Tumi H, Johnson MI, Dantas PBF, Maynard MJ, Tashani OA. [Age-related changes in pain sensitivity in healthy humans: A systematic review with meta-analysis.](https://onlinelibrary.wiley.com/doi/full/10.1002/ejp.1011) *Eur J Pain*, 2017; 21: 955--964.
31. Harding S, Read UM, Molaodi O,, Cassidy A, Maynard MJ,Lenguerrand E, Astell-Burt T, Teyhan T, WhitrowM.  [The Determinants of young Adult Social well-being and Health (DASH) study: diversity, psychosocial determinants and health.](https://link.springer.com/article/10.1007/s00127-015-1047-9) *Social Psychiatry and Psychiatric Epidemiology* 2015, 50(8): 1173-1188.
32. Astell-Burt T, Maynard MJ, Lenguerrand E, Whitrow M, Harding S. [Effect of air pollution and racism on ethnic differences in respiratory health among adolescents living in an urban environment.](https://www.sciencedirect.com/science/article/pii/S1353829213000919) *Health & Place* 2013, 23: 171-178.
33. Maynard MJ, Rosato M, Teyhan A, Harding S. [Trends in suicide among migrants in England and Wales 1979-2003.](http://www.ncbi.nlm.nih.gov/pubmed/22288722) ***Ethnicity and Health*** 2012;17:135-40.
34. Astell-Burt T, Maynard MJ, Lenguerrand E, Harding S. [Racism, ethnic density and psychological well-being through adolescence: evidence from the Determinants of Adolescent Social Well-Being and Health longitudinal study.](http://www.ncbi.nlm.nih.gov/pubmed/22332834) ***Ethnicity and Health*** 2012;17:71-87.
35. Bhui K, Lenguerrand E, Maynard MJ, Stansfeld S, Harding S. [Does cultural integration explain a mental health advantage for adolescents?](http://www.ncbi.nlm.nih.gov/pubmed/22366123) International Journal of Epidemiology, 2012; 41:791-802. **(REF 2014 submission IF 6.414)**
36. Maynard MJ, Harding S. [Ethnic differences in psychological well-being in adolescence in the context of time spent in family activities.](https://link.springer.com/article/10.1007%2Fs00127-009-0047-z) *Social Psychiatry and Psychiatric Epidemiology* 2010, **45**:115-23. **(REF 2014 submission IF 2.696)**
37. Maynard MJ, Harding S. [Perceived parenting and psychological well-being in UK ethnic minority adolescents.](http://www.ncbi.nlm.nih.gov/pubmed/20645993) *Child: care, health and development*, 2010; 36:630-638.
38. Whitrow MJ, Harding S, Maynard MJ. [The influence of parental smoking and family type on saliva cotinine in UK ethnic minority children: a cross sectional study.](http://www.ncbi.nlm.nih.gov/pubmed/20482885) BMC Public Health, 2010; 10:262.
39. Harding S, Whitrow M, Lenguerrand E, Maynard MJ, Teyhan A, Cruickshank JK, Der G. [Emergence of ethnic differences in blood pressure in adolescence: the determinants of adolescent social well-being and health study.](http://www.ncbi.nlm.nih.gov/pubmed/20194305) Hypertension 2010; 55: 1063-1069. **(REF 2014 submission IF 6.207)**
40. Maynard MJ, Harding S, Minnis H. [Psychological well-being in Black Caribbean, Black African, and White adolescents in the UK Medical Research Council DASH study.](http://www.ncbi.nlm.nih.gov/pubmed/17603738) *Social Psychiatry and Psychiatric Epidemiology, 2007;* 42:759-769*.*
41. Harding S, Whitrow M, Maynard MJ, Teyhan A. [Cohort profile: The DASH (Determinants of Adolescent Social well-being and Health) Study, an ethnically diverse cohort.](http://www.ncbi.nlm.nih.gov/pubmed/17664225) *International Journal of Epidemiology,* 2007; 36:512-7.
42. **Published abstracts**
43. Maynard M, Hendrickson C. Minority men’s engagement with health promotion (Boyz2men): an exploratory cross-sectional study [Abstract]. *The Lancet* Vol 394: DOI: <https://doi.org/10.1016/S0140-6736(19)32869-7>
44. [Maynard M](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=17147), [Apekey TA](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=19387), [Kime N](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=3945), Walsh D, Simpson E, Copeman J. Views on risk, prevention and management of type 2 diabetes among UK Black Caribbeans [Abstract] *European Journal of Public Health*; 2018: 28: (Suppl 1): 99.
45. Simpson E, [Maynard M](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=17147). Christian beliefs and views on type 2 diabetes prevention and management among UK Black African-Caribbean adults [Abstract]. BDA Research Symposium, Birmingham, UK, 06 Dec 2017. *Journal of Human Nutrition and Dietetics*; 2018,31: 29-30.
46. [Maynard M](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=17147), [Apekey TA](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=19387), [Kime N](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=3945), Walsh D, Simpson E, Copeman J. “You don't really have the same environment, it’s not the same”: Exploring views on food, place and risk of type 2 diabetes among Black Caribbeans in the United Kingdom [Abstract]. 62nd Annual CARPHA Health Research Conference, Georgetown, Guyana, 27 Apr 2017 - 29 Apr 2017. West Indian Medical Journal. University of the West Indies. 2017;66: 55. 25
47. Goff L, Silva MJ, Bordoli C, Enayat ZE, Cassidy A, [Maynard M](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=17147), Harding S. Longitudinal associations of skipping breakfast with ethnicity and cardiometabolic risk: the Determinants of Adolescence, now young Adults, Social well-being and Health Study (DASH) [Abstract]. Nutrition Society Summer Meeting, 10 - 12 Jul 2017. *Proceedings of the Nutrition Society*. 2017;76:(OCE4), E168.
48. Elzahaf R, Anabela S, [Maynard M](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=17147), [Tashani OA](https://symplectic-web.leedsbeckett.ac.uk/userprofile.html?uid=3551). [A Meta-analytic review of the prevalence of neuropathic pain in the general population of the global south compared to the global north](https://symplectic-web.leedsbeckett.ac.uk/viewobject.html?cid=1&id=121696) [Abstract]. British Pain Society, Birmingham, UK, 03 - 05 May 2017. British Journal of Pain, 2017;11: 94 (95 pages).
49. Hall, C, Maynard, M. and Hardaker, R. Attitudes of parents towards the ‘Fit Together’ childhood obesity prevention programme: a qualitative study [Abstract]. *J Hum Nutr Diet*, 2016; 29:50-51.
50. Cannon H and Maynard M. Comparison of household measure descriptions and food photographs in determining food portion sizes among young adults [Abstract]. *J Hum Nutr Diet*, 2015; 28:188-189.
51. Harding S, Read U, Molaodi O, Cassidy A, Maynard MJ, Lenguerrand E, Astell-Burt T, Teyhan A, Whitrow M. The influence of parenting and religious involvement on mental health [Abstract]. *West Indian Med J*, 2015; supplement: 1-75.
52. Hoare, J, Austin, K., and Maynard, M. The Nutritional content of main course ready-meals aimed at children aged 12 months to 3 years [Abstract]. ***European Journal of Nutrition & Food Safety***, 2014; 4: 277-278.
53. Maynard MJ, Baker G, Rawlins E, Harding S. Addressing complexity of context: an exploratory study of childhood obesity prevention among diverse ethnic groups in schools and places of worship [Abstract]. *Lancet* 2013; Vol 382; doi:10.1016/S0140-6736(13)62497-6.
54. Lenguerrand E, Bhui K, Harding S, and Maynard M. Acculturation, Ethnicity and adolescent mental health in the UK [Abstract]. *J Epidemiol Community Health*, 2011; 65: A125
55. Baker, G, Maynard MJ, Rawlins, E., and Harding, S. Developing obesity prevention interventions among minority ethnic children in schools and places of worship: The DEAL study [Abstract]. ***Obesity Reviews***, 2010 (Suppl 1): 456.
56. Maynard MJ, Harding S. Psychological well-being scores in adolescents from minority ethnic groups in relation to perceived quality of parenting [Abstract]. *West Indian Med J* 2008; 57 (suppl 2):1-2.
57. Maynard MJ, Harding S. Does family process explain favourable psychological well-being scores in adolescents from minority ethnic groups in the MRC DASH study? *J Epidemiol Community Health,2007;* 61 (Suppl 1): A43.
58. Maynard, M., S. Harding, and H. Minnis. Psychological wellbeing and family type among Black Caribbean and Black African adolescents in the DASH Study [Abstract]. *J Epidemiol Community Health,* 2005; 59 (Suppl 1): A25-A26.
59. Maynard MJ, Harding S, Minnis H. Psychological well-being in Black Caribbean, Black African and White adolescents in the UK MRC DASH Study [Abstract]. *West Indian Med J* 2005;54 (Suppl 2):19-82.
60. Harding S, Maynard MJ, Cruickshank JK, Gray L. Blood pressure and its determinant in Black Caribbean, Black African, South Asian and Caucasian adolescents in the MRC DASH study in Britain [Abstract]. *West Indian Med J* 2005; 54 (Suppl 2): 24.
61. Maynard MJ[, Gunnell DJ](http://research-information.bristol.ac.uk/en/persons/david-gunnell(c55647ac-3d4f-406a-a65e-35092d91f7ef).html)[, Emmett PM](http://research-information.bristol.ac.uk/en/persons/pauline-m-emmett(2e26d735-4184-4522-8163-7a986a7960eb).html), Frankel SJ[, Davey Smith G](http://research-information.bristol.ac.uk/en/persons/george-davey-smith(285dce3f-4498-4e97-82de-250a865b4483).html). Childhood diet and cancer in adulthood - a 60 year follow up study based on the Boyd Orr cohort [Abstract]. *J Epidemiol Community Health*. 1999;53 (10):672 - 673.
62. **Book chapter**
63. Maynard MJ. Considerations for including different population groups in nutrition research [book chapter]. In: Lovegrove J, Hodson L Sharma S and Lanham-New S (Eds). Nutrition Research Methodologies. Oxford: Wiley Blackwell & Nutrition Society, 2015.
64. **Reports/ thesis**
65. Maynard MJ. Good for the head, good for the heart community health programme for Black Caribbeans and Black Africans, Leeds West Indian Centre 13th July 2016. Event report. Leeds Beckett University, Leeds 2017.
66. Harding S, Maynard MJ, Adamson A, Anderson AA, Mutrie N, Petticrew M, Baker G, Rawlins E. Final Report: Obesity in ethnic minority children and adolescents: developing acceptable parent and child-based interventions in schools and places of worship – The MRC DiEt and Active Living (DEAL) study. London: The Public Health Research Consortium, 2011.
67. Maxwell K, Maynard M and Harding S. Retention and attrition in longitudinal cohort studies. Report on culturally-appropriate retention strategies in an ethnically diverse cohort. MRC SPHSU. Glasgow, 2013.
68. Maynard MJ. Diet in childhood and risk of adult cancer. [PhD thesis]. University of Bristol 2000.
69. **Public engagement events 2016-**
70. Community Health Fair. Dominica Association community centre, Bradford. Saturday 29th February 2020.
71. Festival of Social Science event. Chapeltown Youth Development Centre. Saturday 2nd November 2019.
72. Men’s Health Event. Leeds West Indian Community Centre. Weds 28th March 2018.
73. Festival of Social Science event. Leeds West Indian Community Centre. Weds 8th November 2017.
74. Good for the Head Good for the Heart Community Health Event Weds 13th July 2016.

**Oral presentations**

1. Maynard MJ and Apekey T (joint presentation). Building international collaborations: nutritional status and interventions. Invited presentation. Dept Public Health, University of Ghana. July 2019.
2. Maynard MJ (2018). The MRC DASH study – psychosocial determinants and health in young adults. Ethnicity, migration and health inequalities: data opportunities and gaps, 4th June, University of Sheffield. (Invited workshop).
3. Maynard MJ, TA Apekey, N Kime, D Walsh, Simpson E, J Copeman (2018). Views on risk, prevention and management of type 2 diabetes among UK Black Caribbeans in the FOODEY study, 1st World Congress on Migration, Ethnicity, Race & Health, 16-19th May, Edinburgh. (International Conference).
4. Maynard MJ (2018). Ethnicity and Health in the FOODEY, DASH, & DEAL studies: current approaches and future directions. Public Health Research Seminar Series, University of Salford. (Invited Seminar).
5. Maynard MJ (2018). Welcome and overview. Nutrition & Dietetics Research Seminar series, 11th April. (Organiser).
6. Maynard MJ, TA Apekey, N Kime, D Walsh, M Kittaneh, J Copeman (2017). “Bad genes load the gun, but lifestyle pull the trigger”: food, activity and type 2 diabetes among UK Black Caribbeans International Society for Behavioural Nutrition and Physical Activity (ISBNPA) annual meeting, Victoria Canada, 10th June.
7. Maynard MJ (2017). Migrant Health Research Group: the FOODEY study. Interdisciplinary Research Network Event, Leeds Beckett University, 24th May.
8. Maynard MJ (2016). Interdisciplinary approached to ethnic inequalities in diabetes. Research showcase, Leeds Beckett University, 7th October.
9. Maynard, MJ (2016). ‘We’re not hard to reach - we’re right here’: Minority community engagement in health studies (invited plenary talk). Barriers Conference 25th May 2016, Newport Centre, Newport, Wales.
10. Tashani, O and Maynard, M (Joint presentation)(2016). Food ways in three Libyan communities: History, cultural identity and concepts of wellbeing. Middle East and North African (MENA) Research group seminar. Leeds Beckett University 14th March 2016.
11. Maynard MJ (2015). Improving nutrition & preventing obesity: Developing interventions for ethnic minority groups. Food Matters Live, London: 19th November 2015
12. Maynard MJ (2014). DASH-DEAL: An intervention for childhood obesity prevention in a superdiverse setting. Superdiversity: theory, method and practice conference. Institute for Research into Superdiversity (IRiS), University of Birmingham. Birmingham, 2014.
13. Maynard MJ (2014). Complexity of Context: Exploring childhood obesity prevention in school and community settings. PORESO Research Symposium, Leeds Metropolitan University. Leeds, 2014.
14. Maynard MJ (2014). ‘Journal club’ and writing for publication as formative and summative assessment. Post Graduate Certificate in Academic Practice Learning and Development conference, Leeds Metropolitan University. Leeds, 2014.
15. Hoare JTL, Austin K, Maynard M (2013). The nutritional content of main course ready-meals aimed at children aged 12 months to 3 years. British Dietetic Association Research Symposium, Birmingham 2013.
16. Maynard MJ (2013). Addressing complexity of context: an exploratory study of childhood obesity prevention among diverse ethnic groups in schools and places of worship. Lancet Public Health Science conference, UCL London 2013.
17. Maynard MJ (2013). Nutrition and ethnic minorities in the UK (Guest Lecture). Kings College, University of London. London, 2013.
18. Maynard MJ (2011). Obesity and overweight in minority ethnic children: the MRC DASH and DEAL studies (invited speaker). University of Warwick IDEA Foundation workshop, Warwick 2011.
19. Maynard MJ (2011). Ethnic differences in adolescent health: Highlights from the MRC DASH and DEAL studies (invited speaker). Division of Population Health Sciences and Education Seminar series, St George’s, University of London, London 2011.
20. Maynard MJ (2010). Life course influences on diet and nutrition at older ages: quantitative and qualitative results (invited speaker). Seminar series, Food Standards Agency, London 2010.
21. Maynard MJ (2010). Context, feasibility and settings: findings from the DiEt and Active Living exploratory study. PHRC project management group meeting, York 2010.
22. Maynard MJ (2010). Life course influences on diet and health in early old age (invited speaker). New Dynamics of Ageing programme workshop on diet and healthy ageing, Beijing 2010.
23. Maynard MJ (2009). Ethnic differences in health in adolescence and young adulthood: The DASH study. University of York, seminar series (invited speaker), York 2009
24. Maynard MJ (2009), Harding S. The role of family type and function in the psychological well-being of UK ethnic minority adolescents (invited speaker). Scottish Mental Health & Ethnicity special interest network seminar, 2009 Edinburgh.
25. Maynard MJ (2008), Harding S. Psychological well-being scores in adolescents from minority ethnic groups in relation to perceived quality of parenting. Caribbean Health Research Council annual scientific meeting 2008, Suriname.
26. Maynard MJ, Rosato M, Teyhan A, Harding S (2008). Trends in suicide among migrants in England and Wales 1979-2003. Scottish/ Finnish/ Swedish collaboration conference on Inequalities in Health 2008, Edinburgh.
27. Maynard MJ (2007). Dietary assessment in the elderly – experience from the Boyd Orr cohort (invited speaker). MRC, Human Nutrition Research, Population Nutrition Research Group 2007, Cambridge.
28. Maynard MJ, Harding S (2007). Perceived quality of parenting and psychological well-being scores in adolescents from minority ethnic groups. European Conference on Public Health 2007, Helsinki.
29. Maynard MJ, Harding S (2007). Do family activities explain the favourable psychological well-being scores in adolescents from minority ethnic groups in the MRC DASH study? The Society for Social Medicine Annual Scientific Meeting 2007, Cork.
30. Maynard MJ (2006). How the findings from Determinants of Adolescent Social well-being and Health (DASH) can assist the BHF in developing prevention programmes for the young Black African and Caribbean population. (invited speaker). British Heart Foundation 2006, London.
31. Maynard MJ, Harding S, Minnis H (2005). Psychological well-being and family type among Black Caribbean and Black African adolescents in the DASH study. The Society for Social Medicine Annual Scientific Meeting 2005, Glasgow.
32. Maynard MJ, Harding S, Minnis H (2005). Psychological well-being in Black Caribbean, Black African and White adolescents in the UK MRC DASH Study. Caribbean Health Research Council 50th Annual Scientific meeting 2005, Tobago.
33. Maynard MJ (2004). A life course approach to diet and health: the Boyd Orr cohort. Yorkhill Hospital invited research seminar presentation (Nutrition MSc students) 2004, Glasgow.
34. Maynard MJ (2004). Diet in childhood and health in adulthood. MRC SPHSU invited seminar presentation 2004, Glasgow.
35. Maynard MJ (2002). The health of Black Caribbean adolescents in London: the impact of socio-economic circumstances and family life. BSA Medical Sociology Group, Annual Conference 2002, York.
36. Maynard MJ (2002). Social, health and lifestyle factors influencing diet in early old age. Quantitative analyses from the Boyd Orr cohort and the National Diet and Nutrition Survey.10th Annual Public Health Forum 2002, Glasgow.
37. Maynard MJ (1999). Childhood diet and cancer in adulthood – a 60-year follow-up study based on the Boyd Orr Cohort. The Society for Social Medicine Annual Scientific Meeting 1999, Sheffield.