

Kathy Archer

I grow Confidence & Courage in Women Leaders so they can live full lives

Kathy@silverrivercoaching.com

Summary

Leadership Development Coach, Speaker, Facilitator, Trainer, Certified Executive Coach, Mentor, Change and Transition Specialist

Trained Leadership Coach who jolts people into action. Has a fulfilling and balanced life. Experienced in health and wellness practices.

Skilled in the areas of management, supervision, program and community development particularly in the area of social profit programs.

Known as a strong, compassionate, authentic and trustworthy. A skilled communicator who is open, honest and sensitive.

Experience

Leadership Development Coach / Entrepreneur at Silver River Coaching

November 2010 - Present (6 years 5 months)

Through my work I connect individuals to themselves, their families and their communities so that they can navigate more effectively through life's transitions.

- Leadership / Executive Coaching
- Mentoring for Leaders and new Coaches
- Training and Facilitation
- Motivational Speaking

Penelope Coordinator at WJS Canada

January 2011 - October 2012 (1 year 10 months)

Program set up and ongoing training of the Penelope web-based client information software within the nationally company. Training primarily completed via internet (Webex) for all sites.

Outcomes development and training for managers

Extensive use of Microsoft Excel

Program Manager at WJS Canada

October 1999 - February 2011 (11 years 5 months)

Senior Manager responsible for overall day-to-day management of diverse and geographically dispersed programs in Northern Alberta to ensure compliance with contract obligations, company policies, standards and procedures regarding personnel management, administration and financial management.

Coaching and mentoring emerging leaders. Training and support to teams experiencing ongoing change and growth as they provide dynamic services to families, youth and adults.

Family Support Worker at WJS Canada

January 1993 - 2002 (9 years)

Provided parent education, support and advocacy to families. Monitored court ordered visits between children in care and their families.

Office Coordinator at Peace Country Crisis Association

January 1994 - January 1995 (1 year 1 month)

Coordination of Crisis Line and Resource Centre. Supervision and training of volunteers. Coordination of the Crisis line Training. Fundraising. Crisis Intervention.

Support Worker at Peace Choices

January 1992 - January 1993 (1 year 1 month)

Support and education to individuals with developmental delays.

Aide at Peace River School Division

January 1991 - January 1992 (1 year 1 month)

Support to a youth with Downs Syndrome.

Child Care Worker at Mountain Plains Community Services

January 1990 - January 1991 (1 year 1 month)

Responsible for the care and control of 6 youth with behavioral

Volunteer Experience

Food Booth Coordinator at Grace United Church

January 2005 - Present

Every year we run the food booth serving healthy homemade food to the cowboys, carnies and community that comes to watch. It is fun, hard work, but very fulfilling.

Chairperson at Peace Association for Lifelong Learning

January 2014 - January 2015

Providing and supporting lifelong learning to improve lives and community

President at Peace Challengers Toastmasters

September 2014 - Present

Courses

Certified Professional Co-Active Coach, Coaching

The Coaches Training Institute

Fundamentals

Fulfillment

Balance

Process

In the Bones (now Synergy)

Publications

I know I am Burning Out, Now What?

Alberta Home Visitation Network December 2011

Authors: Kathy Archer

The signs are there. You are irritable and overwhelmed, have trouble sleeping and feel anxious. You know that work is affecting your health and impacting the rest of your world. The problem is that you don't know what to do about it. It's not like you haven't tried; however, nothing seems to change. You're stuck.

Congratulations! You have just made the first step towards change. Awareness of burnout, like any challenge that you face (addictions, health problems or relationships), is the starting point for getting your life back in control: awareness that something is not quite right, that you are sinking, that something needs to change. To kick-start change, note the burnout signs that are specific to you. Keep a journal, or jot down notes, for about a week. During this time, don't try to change anything. Simply be more aware.

Projects

Shifting Perspectives

January 2012 to Present

Members: Kathy Archer

This is a one-to-one 3 session program to support overloaded leaders.

Growing Great Women Leaders

February 2014 to Present

Members: Kathy Archer

As the developer of this unique training, I design and deliver the content. In addition, my role is to coach and mentor the women leaders who are looking to develop the leadership skills and grow themselves.

Inspiring Leadership

January 2014 to Present

Members: Kathy Archer

This is a 6-month experience that will have your team begin to examine how they show up as leaders within your team.

They will look at developing their own leadership, the kind of leader they want to be and they will learn how to create the impact they want.

This is strictly on-line, on the phone and group conference calls.

There are no face-to-face sessions.

Each month your team members will receive the following

- *A 30-minute recording
- *A 60-minute group call with your team
- *An individual 30-minute coaching call
- *Weekly Inspiration emails

Skills & Expertise

Executive Coaching

Personal Development

Leadership Development

Coaching

Change Leadership

Executive Development

Entrepreneur

Management Development

Public Speaking

Organizational Effectiveness

Organizational Change

Team Building

Career Transitions

Mentoring

Management Consulting

Change Management

Stress Management

Career Management

Time Management

Conflict Resolution

Life Transitions

Staff Development

Team Leadership

Organizational Leadership

Succession Planning

Lifestyle Coaching

Leading Change

Career Development

Workshop Facilitation

Program Management
Leadership
Employee Engagement
Entrepreneurship
Adult Education
MBTI
Organizational Development
Community Development
Job Search Strategies
Emotional Intelligence
Career Counseling
Management
Personnel Management
Culture Change
Policy
Fundraising
Employee Training
Social Media
Entrepreneurship Development
Facilitation

Education

The Coaches Training Institute

Certified Professional Co-Active Coach, Coaching, 2010 - 2011

Grant Macewan College

Bachelor of Applied Human Services Administration Degree, Human Resources Management and Services, 2002 - 2010

Lethbridge Community College

Child and Youth Care Diploma, Child and Youth Care, 1988 - 1990

Grade: Diploma

Self Publishing School

Self Publishing School

The Leadership Circle

Organizations

International Coach Federation

December 2012 to Present

Toastmasters - Peace Challengers

President, VP of Education, VP of Membership

September 2012 to Present

Languages

English

Honors and Awards

Competent Communicator

Toastmasters International

Competent Leader

Toastmasters International

June 2015

Advanced Leader Bronze

Toastmasters International

January 2017

Advanced Communicator Bronze

Toastmasters International

January 2017

Certifications

Leadership System Certification

The Leadership Circle

Professional Certified Coach

International Coach Federation January 2017

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3 people have recommended Kathy

"Kathy is an excellent coach. She helps you formulate your goals if you don't already know them, and strategies for achieving them. She is an excellent listener and can challenge you to do and be your best. I highly recommend Kathy as a coach of the foremost skill and competence. if you want to make some changes in your life, work with Kathy!"

— **Heather Ramsay**, was Kathy's client

"About 10 years ago, Kathy and I started working together as Community Partners overcoming challenge after challenge. Kathy has always stepped up and shown the way through her calm and equitable leadership. We were able to set up several Community Based resources, and successfully negotiated numerous funding/ service contracts for the region. A year ago, I hired Kathy as my life coach. Coaching has transformed my world. I went back to school left the security of my government job and started my own successful business. Life is fabulous, I continue to work with Kathy, so I know I will continue to transform living my dreams."

— **Gay Olanski, CPCC, ACC**, was Kathy's client

"Kathy's approach to problem solving and team building is positive and proactive!! Pleasant amount of energy and respectful of other people's choice."

— **Debbie Olinyk**, worked with Kathy at WJS Canada

[Contact Kathy on LinkedIn](#)