

CURRICULUM VITAE

**KIRAN RABHERU, MD, CCFP, FCFP, FRCPC, DABPN
Full Professor, University of Ottawa Faculty of Medicine**

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TABLE OF CONTENTS

TABLE OF CONTENTS	2
EDUCATION.....	4
POSTGRADUATE MEDICAL TRAINING	4
PROFESSIONAL CERTIFICATES	4
UNIVERSITY APPOINTMENTS.....	5
CLINICAL APPOINTMENTS	6
PROFESSIONAL AND ACADEMIC HONOURS AND AWARDS.....	8
MEDICAL LEADERSHIP TRAINING	10
PROFESSIONAL ACTIVITIES.....	11
International Organizational Activities	11
National Organizational Activities	12
Provincial Organizational Activities	14
International Professional Activities	15
National Professional Activities	15
Provincial Professional Activities	16
Local Professional Activities.....	17
INNOVATIONS IN HEALTH CARE DELIVERY.....	18
ADVOCACY AND COMMUNITY LEADERSHIP ACTIVITIES	20
ACADEMIC ACTIVITIES.....	26
Undergraduate Medical Education	27
Postgraduate Medical Education	28
Allied Health Educational Activities.....	29
Curriculum and Course Design	30
PUBLIC EDUCATION AND MEDIA INTERVIEWS	32
PEER REVIEW ACTIVITIES.....	36
Research Granting Agencies	36
Journals.....	36
Conferences / Scientific Abstract Reviews	36
PRESENTATIONS	36
International Peer-Reviewed Presentations	37
National Peer-Reviewed Presentations.....	44

Provincial Peer Reviewed Presentations	55
Local Peer Reviewed Presentations.....	56
National and Provincial Invited Presentations.....	60
Local Invited Presentations	62
PEER-REVIEWED RESEARCH ACTIVITIES	65
PEER-REVIEWED GRANTS AND AWARDS	67
PUBLICATIONS	71
Invited Reviews of Published Guidelines.....	71
Peer- Reviewed Papers	71
Books and Book Chapters	80
Book Reviews.....	80
Case Reports with Trainees	81
Invited Publications	81
Reports of Working Group Proceedings	84
Abstracts Published in Peer-Reviewed Journals	86

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EDUCATION

- 1976-1980 Medical Doctor, University of Western Ontario, London, ON
- 1972-1976 B.Sc. Honours, Gold medalist, Microbiology and
Immunology, University of Western Ontario

POSTGRADUATE MEDICAL TRAINING

- 1996 Clinical and Research Preceptorship, Geriatric Psychiatry
Program on Late Onset Psychosis and Dementia, with Dr.
Dilip Jeste, University of California at San Diego (UCSD)
Medical Center, San Diego, California
- 1986-1990 Psychiatry Residency, University of Western Ontario, ON
- 1980-1981 Rotating Internship, Victoria Hospital, London, ON

PROFESSIONAL CERTIFICATES

- 2014 Certification, Royal College of Physicians and Surgeons of
Canada, Subspecialty: Geriatric Psychiatry. September 10,
2014.
- 2014 Recertification, American Board of Psychiatry and
Neurology, Subspecialty: Geriatric Psychiatry. April 21,
2014.

- 2014 Canadian Certified Physician Executive (CCPE) Certificate, awarded by the Canadian Society of Physician Executive and Canadian Medical Association. April 2014.
- 2011 Certificate of Founder Designation, Geriatric Psychiatry discipline, Royal College of Physicians and Surgeons of Canada. October 19, 2011
- 2005 Recertification, American Board of Psychiatry and Neurology, Subspecialty: Geriatric Psychiatry
- 2004 Fellow, College of Family Physicians of Canada
- 1994 Added Qualification in Geriatric Psychiatry, American Board of Psychiatry and Neurology
- 1992 Diplomate, American Board of Psychiatry and Neurology (DABPN) – General Psychiatry
- 1990 Fellow of Royal College of Physicians and Surgeons of Canada (FRCPC) – Psychiatry
- 1987 Certificant, College of Family Physicians of Canada (CCFP)
- 1981 Licentiate, Medical Council of Canada (LMCC)

UNIVERSITY APPOINTMENTS

- 05/12–present **Full Professor**, Faculty of Medicine, University of Ottawa, Ottawa, ON
- 2008-04/2012 Associate Professor, Faculty of Medicine, University of Ottawa, Ottawa, ON
- 2005-2013 Clinical Associate Professor, Faculty of Medicine, University of British Columbia, Vancouver, BC
- 2002-2005 Chair, Division of Geriatric Psychiatry, University of Western Ontario, London, ON
- 1997-2005 Associate Professor, Faculty of Medicine, University of Western Ontario, London, ON
- 1996-1997- Member, Clinical Teachers' Association
 - 2002-2005 - Member, Executive Committee
 - 1990-1998 - Member, Standing Committee on Geriatric Psychiatry

- 1993 - Chair, Kral Memorial Lecture planning committee
- 1995, 1997 - Member, Kral Memorial Lecture planning committee
- 1992, 1993 - Member, Dean's Working Group - Planning for Geriatric Care
- 1994 - Royal College of Physicians and Surgeons of Canada, Led on-site Survey of Geriatric Psychiatry Education
- 2002-2005 - UWO Research Ethics Board Member

1991-1997 Cross Appointment, Faculty of Applied Health Sciences, University of Western Ontario, London, ON

1990-1997 Assistant Professor, Faculty of Medicine, University of Western Ontario, London, ON

CLINICAL APPOINTMENTS

2008-present **Geriatric Psychiatrist**, The Ottawa Hospital, Ottawa, ON
Medical Director, Geriatric Psychiatry Behaviour Support Program
Medical Director, Geriatric Psychiatry Service
Medical Director, Electroconvulsive Service

- Inpatient, Geriatric Psychiatry Consultation, Consultation Liaison, Emergency and ECT services
- 03/2013-present. Medical Lead, Geriatric Psychiatry Behaviour Support Program, TOH
- 2012-present, Medical Director, Geriatric Psychiatry and ECT Services
- 2012-present – Consultant, Geriatric Assessment Unit and Geriatric Day Hospital, The Ottawa Hospital
- 2012 –present-Department of Psychiatry representative, TOH Morbidity and Mortality Committee
- 2012- 2016 - Co-Chair, Mental Health Patient and Safety Advisory Committee
- 2011- present – TOH Physician Lead, LHIN Task Force on review of Alternate Level of Care (ALC) beds and Emergency Room utilization by patients with dementia
- 2011-present - TOH Physician Lead for planning and developing electroconvulsive therapy program

- 2011-2014 - TOH Pharmacy & Therapeutics Committee, Representative for Department of Psychiatry
 - 2011–2013 – Member, eDischarge Summary Working Group
 - 2011-present – Physician Lead, Dept of Psychiatry, TOH Quality Improvement and Patient Safety Program
- 2008-present Consultant Geriatric Psychiatrist, Elizabeth Bruyere Hospital, Ottawa,
- Geriatric Psychiatric Community Services of Ottawa (GPCSO) - Outpatient Services
- 2005-2013 Geriatric Psychiatrist, Vancouver General Hospital, BC
- Community Outreach, Inpatient, Consultations, ECT services
- 2005-2008 Geriatric Psychiatrist, Riverview Hospital, Vancouver, BC
- Geriatric Psychiatry Consultation, Inpatient and Emergency services
 - Chair, Professional Development and Medical Education Committee
 - Chair, Patient Safety and Quality of Medical Care Committee
 - Lead facilitator, Geriatric Psychiatry Program Research Committee
 - Member, Medical Advisory Committee
 - Member, Redevelopment Cohort Research Platform
- 2005-2008 Physician Leader, Centre for Healthy Aging, Providence Health Care, Vancouver, BC
- 1997-2005 Physician Leader, Geriatric Psychiatry Program, St. Joseph's Hospital, Regional Mental Health Care, London, ON
- 2004-2005 - Board of Governors
 - 2003-2005 - Medical Staff Organization Executive Committee (MSO)
 - 2004-2005 - Human Resource Planning Subcommittee of the Board
 - 2004- 2005 - Mental Health Strategic Planning Subcommittee of the Board
 - 2004-2005 - MAC Executive Committee

- 2003-2005 - Joint Medical Advisory Committee (MAC) for St. Joseph's & London Health Sciences
- 2002-2004 - Leadership Council
- 2002-2004 - Transition Working Group
- 2002-2005 – Physician Leader, Regional Psychogeriatric Program (RPP)
- 2002-2005 - Middlesex-London Geriatric Community Network
- 2002-2004 - Leadership Council, Regional Mental Health Care-London / St. Thomas
- 2002-2005 - Geriatric Psychiatry Programs Linkages Group
- 2001-2004 - Chair, Joint Medication Committee, RMHC-London / St. Thomas
- 2001-2005 - St. Joseph's Health Care, Pharmacy & Therapeutics Committee
- 2000-2003 - Restraint Minimization Group for St. Joseph's Health Care
- 2000-2005 - Physician resource for Electroconvulsive Therapy (ECT)
- 2001-2002- City-wide Infection Control Committee
- 2001-2005- Implemented monthly Geriatric Program series of Medical Education for Staff

- 1993-1997 Director, Geriatric Psychiatry Program, London Psychiatric Hospital, London, ON
- Active member of multiple committees. Details available upon request
- 1990-1993 Director, Geriatric Psychiatry Program, St. Thomas Psychiatric Hospital, St. Thomas, ON
- 1981-1986 Family Practitioner
- Family Medicine, Emergency Medicine, Obstetrics, Geriatric Mental Health Care

PROFESSIONAL AND ACADEMIC HONOURS AND AWARDS

- 2019 Nominated by the Dean, Faculty of Medicine, University of Ottawa for The Royal College of Physicians and Surgeons of Canada: Donald Richards Wilson Award for CanMEDS Integration- September 2019
- 2020 The Ottawa Hospital Guardian Angel Award
- 2014 The Ottawa Hospital Guardian Angel Award

- 2014 Canadian Certified Physician Executive (CCPE) credential awarded, Canadian Medical Association and the Canadian Society of Physician Executives.
- 2014 Leader for Mental Health Inspiration Award nomination, Royal Ottawa Foundation for Mental Health.
- 2014 Paul Patterson Innovation in Education Leadership Award nomination, Canadian Psychiatric Association.
- 2013 R. O. Jones Award, 1st Place, for best scientific paper, Canadian Psychiatric Association (CPA) Annual Meeting, September 2013
- 2013 The Ottawa Hospital (TOH) Quality Award 2012/13, 2nd prize. Code White: A safety intervention of the last resort – using therapeutic communication and developing trust so mental health patients can have a positive hospital experience.
- 2012 Canadian Academy of Geriatric Psychiatry (CAGP) Award for Outstanding Achievements in Geriatric Psychiatry in Canada
- 2012 Best Presentation, Academy for Innovation in Medical Education (AIME) Medical Education Day, 2012
- 2011 Nominated for CPSO Council Award, awarded by the College of Physicians and Surgeons of Ontario (CPSO) to honour outstanding Ontario physicians who have demonstrated excellence and come closest to meeting society’s vision of an “ideal physician”
- 2010 Nominee, Undergraduate Teaching Award for Clinical Excellence in the Dept of Psychiatry, University of Ottawa
- 2004 Fellowship, College of Family Physicians of Canada
- 2004 Best Poster Award, Regional Mental Health Care London/St. Thomas Annual Research Day
- 2003 Best Poster Award, Regional Mental Health Care London/St. Thomas Annual Research Day

- 2001 Best Poster Award, Regional Mental Health Care London/St. Thomas Annual Research Day
- 1991 Merrell Dow Award, Best Research Presentation, UWO Dept of Psychiatry Academic Day
- 1990 Professors of Psychiatry Award, Best Research Presentation, UWO Dept of Psychiatry Academic Day
- 1989 Upjohn Award, Best Research presentation as a resident, UWO Dept of Psychiatry Academic Day
- 1979, 1980 Dean's Honour List, Faculty of Medicine, UWO
- 1976 Gold medalist, Highest academic GPA Honours BSc in Microbiology and Immunology
- 1972 Ontario Scholar, Laurentian High School, Ottawa, ON

MEDICAL LEADERSHIP TRAINING

- 2020 Physician Leadership Institute (PLI) course- Engaging Others - at ROH- by Division of Geriatric Psychiatry, U of O, February 22-23, 2020
- 2019 Physician Leadership Institute (PLI) course- Leading High Performance - at ROH- by Division of Geriatric Psychiatry, U of O, February 9-10, 2019
- 2017 Physician Leadership Institute (PLI) Leadership Development for Physicians, Managing Disruptive Behavior, Ottawa, Ontario. Feb 11-12
- 09/12-06/13 Masters Certificate, OMA-CMA Physician Leadership Development Program. A partnership of OMA, CMA, and Schulich School of Business
- 2013 Physician Management Institute (PMI) Leadership Development for Physicians, Vancouver, BC. "Dollars and Sense", May 29-30
- 09/11-05/12 Improving Quality and Patient Safety: The Physician Leadership Program. A partnership of The Ottawa Hospital, Faculty of Medicine University of Ottawa, Telfer School of Management, Ottawa ON

- 2012 Physician Management Institute (PMI) Leadership Development for Physicians, The Ottawa Hospital. “Strategic Planning: From Vision to Action”. March 1-3
- 2011 Physician Management Institute (PMI) Leadership Development for Physicians, Vancouver, BC. “Leading Change and Innovation”, Nov 22-24
- 2011 Physician Management Institute (PMI) Leadership Development for Physicians, Vancouver, BC. “Understanding Hospital Dynamics”, Nov 20-21
- 2011 “Leadership for Physician Executives”, Harvard Medical School, April 3-8
- 2011 Physician Management Institute (PMI) Leadership Development for Physicians, The Ottawa Hospital: “Engaging Others”, Feb 10-12
- 2010 The Ottawa Hospital Division of General Psychiatry Workshop, “Professionalism and the Disruptive Physician”, June 10
- 2009 The Ottawa Hospital Physician Management Program Workshop, “Successful Negotiations”, Apr 16-17
- 2007 Canadian Institute of Health Research, one-day workshop, “Planning for Change: Managing a Change Initiative in a Mental Health Setting”. November 9
- 2007 Simon Fraser University, Segal School of Business: Health Management Program, January-May

PROFESSIONAL ACTIVITIES

International Organizational Activities

- 2020-present **Global Alliance for the Rights of Older People (GAROP)**
Chair – Steering Committee
- 2019-present **International Longevity Center (Global Alliance)**
• Member of GA Group
- 2017-present **International Psychogeriatric Association (IPA)**

- Member of the Board of Directors
- 2017-present **World Psychiatric Association
Section on Positive Psychiatry**
- Executive Committee Member
 - Chair, Section on Positive Psychiatry
- 2014-present **International Longevity Center (ILC-Canada),**
- Founding Board Member and Chair
- An independent think tank to propose ideas and guidance for policies addressing population aging, based on international and domestic research and practice.
- 2008-2012 **International Psychogeriatric Association (IPA)**
- 2011 - Member, President's Forum Working Group, to generate White Paper on Global Psychogeriatric Issues
 - 2008-2009 - Member, Scientific Committee, 14th International Congress
- 2010 **World Health Organization (WHO) and Public Health Agency of Canada (PHAC) Division on Seniors and Aging**
- Invited Member, Seniors Emergency Preparedness Joint Task Force, after Haiti earthquake disaster.

National Organizational Activities

- 2016-present **Canadian Seniors Health Collaborative**
- **Founding Member**
- A consortium of 16 CEOs of the top seniors' health and mental health associations around the Country with the goal of strategic planning to improvement the health of seniors. Also included are the of Canada, the Canadian Mental Health Association, the International Longevity Center–Canada. A letter the Federal Minister of Health, Jane Philpot, to advocate on the issue of seniors and the Health Accord, has resulted in a series of productive meetings with Health officials within the federal government toward our goal.
- 2016-present **Canadian Coalition of Seniors' Mental Health (CCSMH)**
- Co-Leader

- 2013-present **CANECTS National ECT Planning Group**
- Planning National Consensus Conference on ECT
 - Development of National Accreditation Standards for ECT, completed Spring 2016
- 1996-present **Canadian Academy of Geriatric Psychiatry (CAGP)**
- 2015-present – CAGP representative on the CPA Task Force on Medical Assistance in Dying (MAID)
 - 2012-present – Chair, Partnership Strategy Committee
 - 2014-2016 – Member, Choosing Wisely Canada subcommittee of CAGP/CGS
 - 2012-2016 – Chair, Nominations Committee
 - 2012-2015 – Member, Governance Committee
 - 2012-2015 – Member, Finance Committee
 - 2012-2016 – Past-President
 - 2012-2014 – Member, CNCA Transition Team
 - 2008-2015 – Member, Scientific Planning Committee for Annual Scientific Meeting
 - 2008-2012 - President, elected for two terms
 - Advocated for, and participated in process for recognition of Geriatric Psychiatry as subspecialty by Royal College of Physicians and Surgeons of Canada
 - 2006-2008 – Vice-President
 - 2004-2007 – Chair, Sponsorship Committee
 - 2004-present – Member, Board of Directors
 - 1995-1997 – Member, Education Committee, reviewer of Fellowship applications, helped create national guidelines for Undergraduate training
- 2009-present **Canadian Psychiatric Association (CPA)**
- 2017-2018 – Chair, section of Electroconvulsive Therapy and Neurostimulation
 - 2009-present – Member, Council of Academies
 - 2010-2012– Chair, Council of Academies
 - 2010-2012 – Member, Board of Directors
 - 2009-2012 – Member, Special Committee on Continuing Professional Development
 - 2009-2012 – Member, Annual Conference Program Sub-Committee
- 2005-present **Royal College of Physicians and Surgeons of Canada**

- 2011-2016 – Founding Member, Specialty Committee in Geriatric Psychiatry
- 2010-2011 - Member, Sub-Specialty Working Group in Geriatric Psychiatry
- 2012- Chair, Task Force on Mental Health Initiative
- 2010-2012 – Member, Specialty Medicine Human Resource Planning Committee
- 2011 - Founding Member, Subspecialty in Geriatric Psychiatry
- 2009-2011 – Member, Working Group in Geriatric Psychiatry
- 2005 – Member of Ontario Inter-Faculty Committee and CAGP, secured mandatory 3-month Geriatric Psychiatry training for all psychiatry residents

1992-2008

College of Family Physicians of Canada (CFPC)

- 2005-2008 - Leader, Problem Based Small Group Learning Programs, Riverview Hospital, Vancouver, BC
- 1992-2005 – Leader, Problem Based Small Group Learning Programs, at Regional Mental Health Care, London, ON
- 1992-2000 – Examiner, CFPC Annual Oral Examinations

Provincial Organizational Activities

2011-2018

Ontario Medical Association (OMA)

- 2016-2017: AMO Branch Society President
- 2015-2016: AMO Branch Society Vice-President
- 2014-present: OMA District 8 delegate
- 2008-2014: Academy of Medicine of Ottawa (AMO) Executive Committee, Member at large
- 2014-present: Sector Advisory Committee for The Appropriate Prescribing Demonstration Project in Long-term Care Homes, Ontario Medical Association and MOHLTC Joint Committee, invited member
- April 2014: Invited Member, OMA Academic Medicine Forum, Strategic Planning Session
- 2013-present: Ontario Medical Association Health Policy Committee on Seniors Care Working Group, selected member

2014

Canadian Institute for Health Information (CIHI)

- Invited Advisor, Use of ECT in Ontario,

1996-2003

Ontario Medical Association Section on Geriatrics

- 1996 -2003 - Executive Board Member
- 2001-2003 - Chair, OMA Section on Geriatrics
- 1999-2001 - Vice-Chair, OMA Section on Geriatrics
- 1997-1999 - Secretary, OMA Section on Geriatrics

International Professional Activities

2012 Invited member, Studies to Understand Delirium in Palliative Care Settings (SUNDIPS), Ottawa, ON. June 23-24.

National Professional Activities

2015 Invited Panel Member, Physician-Assisted Death (PAD) Discussion. CMA, CAGP, and CMA Collaborator and Facilitator.

2014 External Reviewer. ECT Program, Center for Mental Health, Baycrest Center for Geriatric Care, Toronto, ON. May 12, 2014.

2013 External Reviewer. Geriatric Psychiatry Program, at Mount St. Joseph’s Hospital, Providence Health Care, Vancouver, BC. April 21-23, 2013.

2013-present Member, CANECTS 2, a national group of key opinion leaders on ECT, with goal of developing national guidelines and accreditation standards

2012 External Reviewer. Five-year external review of the Lewar Chair in Geriatric Psychiatry, of Professor Kenneth Shulman. Sunnybrook Health Sciences Center. August-September, 2012.

2011-2018 Faculty, E. K. Koranyi Annual National Review Course in Psychiatry, University of Ottawa, Ottawa, ON. January 10, 2018, January 11, 2017; Feb 11, 2016; Feb 11, 2015; Feb 13, 2014; Feb 14, 2013; Feb 13, 2012; Feb 2011.

2011 Founding Member, Advanced Level National Course on Electroconvulsive Therapy, offered at CPA Annual Meeting

- 2002-2011 Founding Faculty Member, National Course on Electroconvulsive Therapy, offered annually at the Canadian Psychiatric Association Annual Scientific Meeting
- 2011 Invited Chair, Expert Psychiatry Series: Emerging Trends in Geriatric Psychiatry: From Personality Disorders to Electroconvulsive Therapy, Canadian Psychiatric Association 61st Annual Conference, Vancouver, BC
- 2011 Invited Chair, Perspectives in Mental Health Series (Anxiety), Practical Updates for Psychiatry and Family Medicine, Ottawa, ON
- 2010 External Reviewer, Division of Geriatric Psychiatry, Queen's University, Kingston, ON
- 2007 External Reviewer, Department of Psychiatry, Baycrest Geriatric Hospital, Toronto, ON
- 2007 Invited Member, Think Tank on the Future of Geriatrics in Canada, Banff, Alberta
- 2006 Faculty, Royal College Examination Preparation Course for Residents in Psychiatry, University of Western Ontario, London, ON
- 2006-2008 Chair, Planning Committee, Annual Meeting of the National Leadership Program for Directors/Coordinators in Long Term Care, Vancouver, BC
- 2004 Member, Committee of Second Canadian Conference on Antidementia Guidelines, to set national standards of care
- 2003-2005 Member, CANECTS, a national group of key opinion leaders on ECT, with goal of developing national guidelines
- 1994-2008 Member, Consortium for Practical Research into the Care of the Elderly (C5R)

Provincial Professional Activities

- 2014-present Member, Alzheimer's Knowledge Exchange Interest Group: Behavioral Support in Acute Care Settings

- 2008 Chair, Scientific Planning Committee, Second Annual Psychopharmacology Conference, BC Mental Health and Addictions Services
- 2007 Chair, Planning Committee, Conference on Medical Comorbidity across the spectrum of Psychiatric Care, BC Mental Health and Addictions Services
- 2005-2008 Founding Member, Dysphagia Management Working Group, to develop and implement guidelines, Riverview Hospital, BC
- 2005-2008 Created innovative series Educational Series on Clozapine Use, Riverview Hospital, BC
- 1997-2005 Consultant to Ontario Ministry of Health, to develop and provide the “PIECES” Program for professionals providing long-term care to older adults with cognitive/mental health needs
- 1989-2005 Member, Ontario Inter-Faculty Committee for Geriatric Psychiatry
- 2001-2004 Member, Ontario Ministry of Health Alzheimer Strategy Initiative Steering Committee
- 2003 Lead planner, consolidation of Geriatric Psychiatry Services, into comprehensive Program for Geriatric Care, London, ON
- 2002 Authored a Proposal for Establishment of a Division of Geriatric Psychiatry, within Department of Psychiatry, University of Western Ontario, London, ON

Local Professional Activities

- 2017-2018 President, Academy of Medicine of Ottawa (AMO)
- 2016-2017 Vice-President, Academy of Medicine of Ottawa (AMO)
- 2013-present Lead, Regional ECT Planning Group, Champlain LHIN, Ottawa, ON
- 2012-present Member, Champlain Dementia Network, Champlain LHIN
- 2012-present Member, Behavioural Support System (BSS) Steering Committee, Champlain Local Health Integration Network

- 2011-2012 Member, Behavioural Support System (BSS) Project Team, Champlain Local Health Integration Network
- 2008-present Member for TOH, Seniors Mental Health Working Group, Addictions and Mental Health Network of Champlain, Ottawa, ON
- 2000 Member, London/St. Thomas Psychiatric Hospital Medical Staff Symposium Planning Committee
- 1995 Member, Thames Valley District Health Council Task Force on Mental Health for seniors

INNOVATIONS IN HEALTH CARE DELIVERY

- 2015-present Founding Member-Canadian Seniors Health Collaborative-a consortium of 16 CEOs of the top senior health and mental health associations around the country. Also included in this were the Mental Health Commission of Canada, the Canadian Mental Health Association, the International Longevity Center–Canada. Letter written to Federal Health Minister, Jane Philpott, to advocate on the issue of seniors and the Health Accord. This letter has received a response from the Dr. Philpott’s office, and has resulted in a series of productive meeting with Health officials within the federal government. Planning a Forum in March 2018 with all key stakeholders in Ottawa
- 2015 Development of TOH Clinical Metrics and Tools to Evaluate Physician Performance. Quality Improvement Project, Presented at Department of Psychiatry AFP Retreat
- 2015-present Medical Lead, in Developing a New Model of Care. Optimizing Vitality in the Frail Elderly. Quality Improvement Project, Partnership between TOH and Perley and Rideau Veteran’s Health Centre.
- 2014-present Created proposal for Regional ECT program, Champlain LHIN. In development.
- 2012-present Created proposal for a Geriatric Psychiatric Consult Team within the acute care setting of The Ottawa Hospital. This team, one-of-a-kind nationally, would specifically address issues of behavioural disturbances in patients with dementia, with the goal to reduce inappropriate admissions, length of

stay and ALC bed utilization. Advocated for funding from Champlain LHIN, as part of the Behavioural Supports Ontario (BSO) Project. Received \$240,000 in 2013-2014 to implement this Geriatric Psychiatric Consult Team. Based on a successful pilot, this has now become a permanent program.

- 2011-present Creator and developer, world's first Simulation-based ECT Course, The Ottawa Hospital and University of Ottawa Skills and Simulation Center, Ottawa, ON
- 2011-present Member, Champlain Local Health Integration Network (LHIN) Task Force for Seniors' Behavioural Support Unit
- 2005-2008 Director, Critical Incident Educational Series. Riverview Hospital, BC
- 2006 Founding Member, and Physician Leader, Creation of Dysphagia Management Guidelines, Riverview Hospital, BC Mental Health and Addictions Services
- 2000-2005 Physician Leader, Geriatric Psychiatry Services Reorganization Planning and Implementation Team, for London area hospitals, London, ON
- 2004 Creator, Behavioural Vital Signs (BVS) Tool
- 2003 Physician Leader, created proposal of and implemented Discharge Liaison Team, enabling consolidation of tertiary inpatient Geriatric Psychiatry services. Proposal received \$2 million funding from Ontario Ministry of Health
- 1998-2005 Physician Leader, created and led South Western Ontario Geriatric Assessment Network (SWOGAN)
- 1999-2005 Physician Leader, planned and reorganized services for geriatric patients in Southwestern Ontario, in partnership with the Division of Geriatric Medicine, creating the umbrella of Specialized Geriatric Services (SGS)
- 2000-2003 Physician Leader, led the development and implementation of regional Geriatric Psychiatry Restraint Minimization Program
- 1998-2000 Physician Leader, created Regional Psychogeriatric Program, Southwestern Ontario

1996-2000 Physician Leader, created and led development of Community Investment Funding Proposal for Geriatric Psychiatry in Southwestern Ontario

ADVOCACY AND COMMUNITY LEADERSHIP ACTIVITIES

December 2, 2020: Pan Canadian Elder Abuse Strategy, Canadian Network for the Prevention of Elder Abuse. Standing Up for the Human Rights of Older Persons. On December 2, EAPO and CNPEA hosted a panel conversation to hear from several Canadian experts who are working hard to support the development of a Convention. The session addressed the situation in long-term care, the link between Covid-19 and the mistreatment of older people, ageism and the imperative to protect the rights of all throughout the life course. There were 400 participants from across the globe participating in the webinar, including a lively Q&A period after the formal presentation. https://youtu.be/_m9atTO7iE

December 10, 2020: International Psychogeriatric Association (IPA) and the World Psychiatric Association Section of Old Age Psychiatry (WPA-SOAP), to be our guest in a webinar on Human Rights and Mental Health of Older Adults. Both organizations would like to celebrate together the next Human Rights Day, 10 December, with this topic as part of the IPA Webinar Series. The program will highlight the human rights of older adults and its real-world implementation challenges, especially during this pandemic. Professors Israel Doron and Norman Sartorius followed by a Q&A Panel Discussion with Dr. Carlos Augusto de Mendonça Lima and moderated by **Dr. Kiran Rabheru**. Prof. Myrra Vernooij-Dassen, PhD, Chair, IPA Webinar Series <https://vimeo.com/489464905/e74de411ee>

December 7, 2020: NHRI 2020 On-line Conference on the Rights of Older Persons December 7,2020 <https://www.youtube.com/watch?v=YsK5HNTbNZQ&feature=youtu.be>

The major trust of my advocacy work has been toward a United Nations Convention on the Rights of Older Persons (UN CROP), as Chair of the Board of the **International Longevity Centre for Canada's (ILC-C)** (<https://www.ilccanada.org/>), working closely with President Margaret Gillis as outlined below:

- 2017: Policy Papers: in Policy Options Politiques and Hill Times: "Protecting the rights of older persons"

- 2018: UN Plenary- asking Member States' support a UN CROP with Speakers-President Margaret Gillis, Dr. Laurent Marcoux, President, Canadian Medical Association
- 2018: Met Minister of Seniors, Honourable Filomena Tassi re: UN CROP.
- 2019: Presentation- Standing Committee on the Status of Women: Challenges Faced by Senior Women - Poverty and Vulnerability - UN CROP as a solution.
- 2019: IPA's Scientific Meeting (Spain) - "Ageism: What you Permit, you Promote", a call for a UN CROP
- 2020: Presentation: Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities on the Government's response to the COVID-19 Pandemic. Action: immediately lead and support UN CROP
- 2020: Ms. Gillis and I have met with Staff from Hon. Deb Schulte, Minister of Seniors- re: need for a UN CROP
- Meetings requested:
 1. Hon. Patty Hadju, Minister of Health-re: COVID-19 and Long-Term Care
 2. Hon Karin Gould, Minister of International Development-re: UN CROP.

2020

To lobby the Government on the UN Convention on the Rights of Older Persons (UN CROP), Ms. Margaret Gillis and Dr. Kiran Rabheru met with a staff member from the Office of the Honourable Deb Schulte, Minister of Seniors providing them with the rationale and need for a UN CROP.

We have requested meetings with the Honourable Patty Hadju, Minister of Health to look at the human rights aspect of Long-Term Care and the Honourable Karin Gould, Minister of International Development on the need for a UN CROP. We are awaiting responses.

2020

June 2020: As the result of a request from the United Nations Human Rights Council, ILC Canada and the LIFE Research Institute at the University of Ottawa prepared a report outlining the situation of older people in Canada during the pandemic. The document entitled "Protecting Human Rights During and After COVID-19: Challenges to the Human Rights of Older People in Canada" was shared with the United Nations Independent Expert on the Enjoyment of Human Rights of Older Persons, Dr. Claudia Mahler to support her report to the United Nations High Level Political Forum in September 2020. The report looked at the horrific death rates in long term care in Canada during the pandemic and addressed issues such as ageism and

social isolation. The Canadian Report called for a UN CROP. https://www.ilccanada.org/images/Final_Independent_Expert_on_Aging_-_report_on_the_Pandemic_in_Canada_202006_10_FINAL-converted.pdf

2020

On May 4, 2020, Ms. Margaret Gillis and Dr. Kiran Rabheru were invited to present to the Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities on the Government's response to the COVID-19 Pandemic. We asked that the Government immediately lead and support a UN Convention on the Rights of Older Persons.

https://www.ilccanada.org/images/House_of_Commons-HUMA_speech_M_Gillis_May_4_2020_Final115_PM.pdf

Video

ParlVu: <https://parlvu.parl.gc.ca/Harmony/en/PowerBrowser/PowerBrowserV2/20200504/-1/33150?Language=English&Stream=Video>

2020

Why We Need a United Nations Convention on the Rights of Older Persons:

https://www.ilccanada.org/images/Why_We_Need_A_United_Nations_Convention.pdf

2020

The COVID-19 pandemic of 2020 has had a severe impact on older people around the world and has shown the diminishing recognition of the human rights of older people.

In Canada the rise in elder abuse, the rise in ageism, endemic in the patronizing ageist attitudes to older people in media and in society and most shockingly the death rate of older persons in Long Term Care, which made up 80% of all the deaths by COVID-19, clearly show that the usual human rights protections are not adequate. The need for a UN CROP has never been more evident.

ILC Canada increased its work to demands a UN CROP, starting with a renewed write in campaign addressed to the Ministers of Global Affairs and Seniors, the Honourable Francois-Philippe Champagne and the Honourable Deb Schulte. The response by Canadians has been very positive, and we await a response from the

Ministers. https://www.ilccanada.org/images/Letter_Ministers_Champagne_and_Schulte_Final_April_17_2020_3.pdf

- 2019 Dr. Kiran Rabheru, Board Chair, ILC Canada and Ms. Margaret Gillis, President, ILC Canada were invited to speak at the Standing Committee on the Status of Women on the issue of Challenges Faces by Senior Women with a Focus on the Factors Contributing to Their Poverty and Vulnerability. ILC Canada presented on the current situation of older women in Canada and on how a UN CROP could be a valuable tool to respond to the problems older women face. April 4, 2019. 8.45 - 9.45 am.
ParlVu: <https://parlvu.parl.gc.ca/Harmony/en/PowerBrowser/PowerBrowserV2/20190404/-1/31327?Language=English&Stream=Video>
- 2019 In September 2019, Dr. Kiran Rabheru presented to the International Psychogeriatric Association on “Ageism: What you Permit, you Promote.” This presentation included a call for a UN CROP to address the stereotyping and discrimination of older people.
- 2019 The International Longevity Centre-Canada, the International Longevity Centre Global Alliance and the LIFE Research Institute from the University of Ottawa hosted a side event at the Open-Ended Working Group on Ageing called *Live Well, Learn Well: An International, Inter-sectoral Discussion of Income Security and Lifelong Learning*. The panelists discussed the state of income security and lifelong learning at an international level and argued for a UN CROP
<http://webtv.un.org/watch/live-well-learn-well-an-international-inter-sectoral-discussion-on-lifelong-learning-and-income-security/6026470654001>
- 2018 ILC Canada also made several statements/questions in the UN Plenary asking Member States, particularly Canada, to support a United Nations Convention on the Rights of Older Persons. Speakers included ILC Canada President Margaret Gillis, ([Read the speech here](#)) Dr. Laurent Marcoux, President, Canadian Medical Association ([Read the first speech here](#) or [the second speech here](#)) and Dr. Kiran Rabheru, ILC Canada Board Chair ([Read the speech here](#)).
[Kiran Rabheru speaks on the importance of a UN Convention for the Rights of Older Persons](#)
- ILC Canada prepared a letter to the Honourable Chrystia Freeland, Minister of Global Affairs, explaining why a

Convention would improve the lives of older Canadians and older people around the globe. We presented it at the United Nations OEWG in 2018. The letter was signed by more than 50 Aging and Health experts.

<https://www.ilccanada.org/images/UN-Letter.pdf>

2018 In response to our letter the Canadian Delegate to the UN thanked ILC Canada and other NGO's on the floor of the UN and stated that Canada was "open to discussing a Convention". Read Canada's Statement during the Interactive Session of the Open-Ended Working Group on Ageing – July 2018

<https://www.ilccanada.org/images/OWEGA-2018-Intervention---Responding-to-ILC-Canada-in-Plenary.pdf>

2017 ILC Canada worked with academics from the University of Ottawa to co-author "Protecting the rights of older persons" in Policy Options Politiques, authors included Gordon DiGiacomo, Kiran Rabheru, Linda Garcia, Louise Plouffe, Margaret Gillis, and Martine Lagacé. The article focused on ageism, revealing it as an insidious and costly form of discrimination prevalent throughout the globe. When they're not dealing with ageism, many older people must endure conditions of abject destitution. The article argued for a UN CROP as a response to ageism and injustice. A similar article appeared in the Hill Times.

<https://policyoptions.irpp.org/magazines/march-2017/protecting-the-rights-of-older-persons/>

2017 President, Academy of Medicine of Ottawa

2016 Invited member of National Leadership Team, of the **Fountain of Health (FOH)** Initiative for Optimal Aging, a national mental health promotion project, that translates current science of healthy aging, wellbeing and resilience, and offers practical tools to improve health outcomes over the lifespan-- for use by the public and by clinicians.

2016 Invited Panel member, Panel of senior industry, government, and third sector representatives to express their views on policy and means in which innovative practices, technologies, and policies can be considered in improving

service delivery to seniors in Canada. **Innovation in Seniors Care Forum**. Health Services Integration. The Hill Times Events Group. Ottawa. June 2, 2016. <http://agewell-nce.ca/wp-content/uploads/2015/09/AGE-WELL-Hill-Times.pdf>

- 2016 Founding Member, Canadian Seniors Health Collaborative. Creating a national organization committed to seniors' health. Twenty leaders in partner organizations participated in the **Bold for the Old** Forum, Baycrest, Toronto. May 6, 2016.
- 2015 Invited Panel Member. Palliative Care Strategy Public Forum. with MP Charlie Angus. Panelists include: Dr. Jeff Blackmer Canadian Medical Association, Dr. **Kiran Rabheru**, Canadian Psychiatric Association, Maryse Bouvette, Canadian Nurses Association. May 6, 2015.
- 2015 Invited Panel Member. Advocacy Project: CPA on the Hill- CPA talks to Parliamentarians about a National Dementia and Palliative Care Strategy. Meetings with MP's Claude Gravelle and Charlie Angus. March 10, 2015.
- 2015 Invited Panel Member at Advocacy Project: National Senior's Strategy with MP Dr. Hedy Fry, Organized by the CMA: Public Roundtable on Seniors Issues at Kanata Carleton- Addressing the Needs of Canada's Aging Population. February 25, 2015.
- 2014-present Member, Alzheimer's Knowledge Exchange Acute Care Interest Group
- 2014-present Founding Member, Canadian Seniors Health Collaborative - Creating a national organization committed to seniors' health.
- 2014-present Founding Board Member, International Longevity Center (ILC-Canada), is an independent think tank to propose ideas and guidance for policies addressing population aging, based on international and domestic research and practice.
- 2005-2008 Elected Member, Board of Directors, Alzheimer's Society of British Columbia, BC

- 2005-2008 Chair, Advocacy Committee of the Board of Directors, Alzheimer's Society of British Columbia (ASBC)
- Meeting with Premier, Health Minister, & MLAs
 - Letters to all MLAs, the Premier, and the Health Minister, Attorney General re: Advocacy Issues for Alzheimer's disease
 - Public Policy Advocacy Workshops throughout BC
 - Regular teleconferences with ASBC field workers to establish bilateral communication.
 - Chronic Disease Management Group
 - BC Dementia Service Framework Group, 2007
 - Participated in Forum on Alzheimer's medications by BC Pharmacare, July 5, 2006
 - Alzheimer's Drug Therapy Initiative: Study Design Working Group & Research Group
 - Presentations at Alzheimer's Society Local, Provincial and National Chapters, on "Recognition and Emerging Treatments of Alzheimer's Disease and Related Dementia"
- 2005-2008 Vancouver Older Adult Mental Health Advisory Committee, Vancouver Coastal Health Authority, BC
- 2002-2004 Member, Physician Education Steering Committee of The Ontario Strategy for Alzheimer's disease Goal: To Create a Dementia Curriculum for Ontario MDs
- 1997-1999 Executive Board Member, Alzheimer Society of London and Middlesex
- 1995 Member, Working Group to develop and deliver the London Police Force Training in Community Oriented Psychiatric Support - Recognizing Mental Illness Module

ACADEMIC ACTIVITIES

(See Teaching Dossier for additional details regarding these activities.)

Undergraduate Medical Education

- 2019 INTEGRATION UNIT-GERIATRICS 2. Lecture to 2nd year Medical Class: "What's different about depression in the elderly". April 9, 2019.
- 2019 INTEGRATION UNIT - GERIATRICS 2. Lecture to 2nd year Medical Class "Behavioral and psychological symptoms of dementia", April 9, 2019
- 2018 What's Different about Depression in the Elderly Integration Unit, April 12, 2018
- 2018 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 11, 2018
- 2017 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 5, 2017
- 2017 What's Different about Depression in the Elderly Integration Unit, April 5, 2017
- 2016 What's Different about Depression in the Elderly Integration Unit, April 7, 2016
- 2016 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 7, 2016
- 2015 What's Different about Depression in the Elderly Integration Unit, April 10, 2015
- 2015 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 10, 2015
- 2014 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 01, 2014

- 2013 Behavioural and Psychological Symptoms of Dementia, Integration Unit, April 10, 2013
- 2012 Behavioural and Psychological Symptoms of Dementia, 2nd year core lectures, April 4, 2012
- 1991-present Clinical clerks in third and fourth years, at University of Western Ontario, University of British Columbia, University of Ottawa
- Clinical Supervision during Psychiatry Rotations
 - Small group interactive teaching sessions
 - Education and exposure to ECT
 - Encouragement and support for research and publishing
- 1994-1997 Member, Undergraduate Education Committee, University of Western Ontario Faculty of Medicine

Postgraduate Medical Education

- 2013 **Rabheru K**, Wiens A, McMurray L. ECT Training: Summer Academic Session for Psychiatry Residents PGY2-PGY5. August 14, 2013
- 2013 Core Issues in Electroconvulsive Therapy, Geriatric Psychiatry Core Lecture Series. PGY-2 Psychiatry Residents. University of Ottawa. May 22, 2013
- 2013 Behavioral Problems in Dementia. Internal Medicine Academic Half-Day for Residents. University of Ottawa. January 30, 2013
- 2012 Electroconvulsive Therapy. Geriatric Psychiatry Core Lecture Series. PGY-2 Psychiatry Residents, Univ of Ottawa. May 23, 2012
- 2011-present Program Coordinator, Geriatric Psychiatry Residency Program, The Ottawa Hospital site
- 1991-present Residents in Psychiatry, Family Medicine, Geriatric Medicine, Neurology, at University of Western Ontario, University of British Columbia, University of Ottawa
- Clinical Supervision during Psychiatry Rotations
 - Small group interactive teaching sessions
 - Training in ECT

- Encouragement and support for research and publishing
 - Mock oral examinations
- 2007 Depression in the Elderly, Presentation to Family Practice Residents, August 23, 2007
- 2006 Delirium, Dementia, and Depression, UBC Faculty of Pharmacy, Pharmacy 454, March 27 and 29, 2006
- 2006 Depression in the Elderly, Core Series Lecture, UBC Dept of Family Practice Residents, October 19, 2006
- 2005 Depression in the Elderly, Core Series Lecture, UBC Dept of Family Practice Residents, October 20, 2005
- 2005 Behavioural Disorders in Dementia and Better Tools, UBC Medical Students and House Staff, August 8, 2005
- 2005-2008 Member, Postgraduate Education Committee, Department of Psychiatry, University of British Columbia, BC
- 2005-2008 Fellowship Program Coordinator, Division of Geriatric Psychiatry, Department of Psychiatry, University of British Columbia, BC
- 1994-2002 Interviewing Candidates in CaRMS Residency Match for Psychiatry PGY-1 positions, University of Western Ontario Faculty of Medicine, ON
- 1995-1997 Member, Psychiatry / Family Medicine, University of Western Ontario Faculty of Medicine, ON
- 1994-1995 Developed and implemented Learning Objectives for clinical interviewing methods for psychiatry resident training

Allied Health Educational Activities

- 2013 ECT Lecture to Student Nurses, University of Ottawa November 21, 2013
- 2013 ECT Lecture to Student Nurses, University of Ottawa. October 2, 2013

Curriculum and Course Design

- 2013 Created and implemented the World's first Simulation-Based ECT Course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. September 29, 2013
- 2013 Created and implemented the First regional Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. June 14-15, 2013
- 2011 Conceptualized and designed innovative course using high fidelity simulation to augment didactic seminars for teaching Electroconvulsive Therapy techniques to psychiatry trainees, using the resources of the Simulation Center at the University of Ottawa
- 2005-2008 Director, Fellowship Program, Created and implemented website curriculum for Fellowship Program in Geriatric Psychiatry, UBC
- 2006-2008 Developed a template for Electroconvulsive Therapy Course (ECT) at University of British Columbia, BC
- 2005-2008 Developed case-based educational series, based on Coroner's Recommendations of incident of choking resulting in death, Riverview Hospital, BC
- 2005-2008 Developed educational program to implement new interdisciplinary Dysphagia Management Guidelines across all patient programs, Riverview Hospital, BC
- 2006 Member, Planning Committee, 5th Annual UBC Dept of Psychiatry Clinical Day, BC
- 2006 Developed Chronic Care Rotation Objectives, Psychiatry Residency Program, UBC
- 2002-2005 Developed and implemented program for use of rating scales by Geriatric Psychiatry Program staff to assess patients, Regional Mental Health Care, London, ON

- 2001-2005 Developed and implemented program for monthly medical education seminars for Geriatric Psychiatry Program staff to improve medical care of patients, Regional Mental Health Care, London, ON
- 1998-2005 Developed and delivered geriatric psychiatry curriculum for national courses in Advanced Psychiatric Update for Family Physicians
- 2001-2004 Member, Curriculum Design Committee, of Alzheimer Strategy Initiative for Physician Education, sponsored by the Ontario Ministry of Health
- 2004 Development of Behavioural Vital Signs (BVS) Tool, an innovative caregiver tool to identify and track behavioural and psychiatric symptoms in older adults
- 2004 Creation of "ADEPT" Part 2: An academic dementia program for training physicians in the assessment and management of late-stage dementia and behavioural and psychological symptoms of dementia (BPSD), UWO
- 2003 Creation of "ADEPT" Part 1: An academic dementia program for training physicians in the assessment and management of early diagnosis of dementia, UWO
- 2003 Developed inaugural Division of Geriatric Psychiatry Symposium, "The Building Blocks of Geriatric Psychiatry", University of Western Ontario, ON
- 2001-2003 Member, Educational Working Group, developed innovative internet-based educational program for primary care practitioners on diagnosis and management of Depression and Diabetes. Clinicaltips.com
- 2002 Conceptualized and developed first Canadian Academy of Geriatric Psychiatry (CAGP) Scientific Symposium for psychiatrists attending the annual meeting of the Canadian Psychiatric Association
- 2002 Co-developed inaugural national course on Electroconvulsive therapy in the New Millennium, presented at the Canadian Psychiatric Association annual meeting
- 1996-1997 Co-Leader, Psychiatry & Behavioural Science Subject Development Group (with Dr. Len Cortese). Goal: To

- redesign the entire undergraduate medical curriculum at UWO for September 1997, ON
- 1996-1997 Member, Subject Development Group for "The Life Cycle": Curriculum Renewal, University of Western Ontario Faculty of Medicine, ON
- 1996-1997 Member, Curriculum Renewal Group on Geriatrics, University of Western Ontario Faculty of Medicine, ON
- 1994-1997 Course Designer/Coordinator, Introduction to Clinical Clerkship (ICC) Course Committee, University of Western Ontario Faculty of Medicine, ON
- 1991-1997 Course Designer/Coordinator, Faculty of Applied Health Sciences, Occupational Therapy 373, Core Psychiatry Course for 3rd year OT students, UWO, ON

PUBLIC EDUCATION AND MEDIA INTERVIEWS

- 2017 Invited as Co-Chair of CCSMH: **K. Rabheru**. PUBLIC LECTURE May 18, 2017 in Vancouver, BC. Chair: Roz Kaplan, Director, Liberal Arts & Adults 55+ Program, Continuing Studies SFU. Program by The Simon Fraser University Gerontology Research Centre and BC Psychogeriatric Association in collaboration with the SFU Liberal Arts and Adults 55+ Program. Topic: The Fountain of Health (FOH).
- 2017 As Co-Chair of CCSMH: **K. Rabheru**. Invited by CBC Radio's Cross Canada Live Morning Show. A marathon live interview session in the morning of August 17, 2017 from 6 AM to 9 AM. I conducted approximately 14 interviews from coast to coast during this period lasting 5 to 7 minutes each. on the topic of "Social Isolation and its impact on physical and mental health". Based on new research: Loneliness and social isolation may represent a greater public health hazard than obesity, and their impact has been growing and will continue to grow, according to research presented at the 125th Annual Convention of the American Psychological Association.

- 2014 Hoarding: Diogenes Syndrome. Expert Guest, *Ottawa Experts on Rogers TV Channel 22*, with Elaine Birchall. May 26, 2014
- 2014 Teaching ECT to Psychiatry Trainees. *Canadian Psychiatry Aujourd'hui*. Vol 10, No 1, page 4.
- 2013 TOH pioneers geriatric psychiatry acute care in Ontario. *The Ottawa Hospital Journal*, Vol. 16, No. 22 November 13, 2013
- 2013 Ground-breaking Ottawa course uses robot to teach ECT to psychiatrists. *Ottawa Citizen*, September 29, 2013
- 2012 Electroshock therapy more prevalent in Ontario, but guidelines are minimal. *The Toronto Star*. December 13, 2012.
- 2012 The Changing Tide of Seniors' Mental Health Care: Geriatric psychiatric symposium celebrates 10 years. Website of St. Joseph's Health Care, London. Accessed August 18, 2013.
- 2012 Strategic Use of Antipsychotics in Patients with Dementia. *Dementia Newsletter for Physicians*. Vol 2, No 1. Winter 2012.
- 2012 "ECT Credentialing process planned for Canadian MD's". *Medical Post*, January 17, 2012
- 2011 "Take time for seniors' narratives". *Medical Post*, November 8, 2011; p 86.
- 2011 "Marketing Medicine". Interview on ECT with Dr. Brian Goldman, White Coat, Black Art. *CBC Radio*, November 4, 2011. www.cbc.ca/whitecoat/blog/2011/11/04/marketing-medicine-show/
- 2011 "Shock Treatment (ECT)". MiniMedical School, Mental Health Issue in the Community. November 3, 2011.
- 2011 "ECT Use in Canada Mapped Out". *Canadian Psychiatry Aujourd'hui*. Fall 2011. 7(4); p. 11.
- 2011 "Older patients strain emergency psych services" *Medical Post*. June 21, 2011; p 37

- 2009 "Let's Talk about Depression" *Good Times: Canada's Magazine for Successful Retirement*, March 2009 p. 22-30
- 2009 "Sexuality in Older Adults" in *The Council on Aging in Ottawa Bulletin*. Spring 2009; page 4
- 2008 "Alzheimer's Drug Therapy: A Review of the Evidence" "Online CPD, developed by UBC and the BC Dementia Education Project, with Drs. Martha Donnelly and Marilyn Bater. <http://ipcme.med.ubc.ca/Page879.aspx>
- 2008 "Suicide Assessment and Prevention for Older Adults: Life Saving Tools for Health Care Providers". A DVD produced by the Canadian Coalition of Seniors Mental Health with financial support from the Public Health Agency of Canada
- 2007 "Beyond Memory", a documentary about the journey with dementia, planned and produced by the Knowledge Network Television Documentary, with the Alzheimer Society of BC and 5 of my patients and their families This was the Closing Film in the 2007 DOXA Documentary Film Festival.
- 2005 "Depression: Beyond the Bias of Ageism". An interactive CD ROM created for educating clinicians using a Multidisciplinary Approach to Diagnosis and Management of Depression.
- 2004 "Urgency in Therapeutic Intervention and Rapid Remission of Depression: An Expert Interview with Kiran Rabheru, MD" in *Medscape Psychiatry & Mental Health* 9(2), 2004.
- 2004 "Expert Interview with Kiran Rabheru, MD: A Canadian Perspective" in *Medscape Psychiatry & Mental Health* 9(1), 2004.
- 2003 "You don't have to live with depression", *The Brock Citizen*, Beaverton, Ontario
- 2003 "Recognizing signs of depression in seniors", *The Casket*, Antigonish, NS
- 2003 "Aging Gracefully", *The Mercou Country Senior*, Merrickville, Ontario

- 2003 "Getting older doesn't have to mean living with depression or anxiety", *The Age Dispatch*, Strathroy, Ontario
- 2002 "The Burden of Caring for Dementia Patients", an on air interview by Jim Chapman, CJBK Radio, London, ON
- 2002 "The Future of Mental Health Care at St. Joseph's, London" in *Hospital Perspectives* page 4
- 2002 "Understanding ECT", *Imprint*, Newsletter for staff of St. Joseph's Health Care, May 2002, Vol. 3, Issue 5, pg. 9
- 2002 "New Clinical Trial Launched at RMHC", *Imprint*, Newsletter for staff of St. Joseph's Health Care, May 2002, Vol. 3, Issue 5, pg. 14
- 2002 "New Clinical Trial Launched at RMHC" in *Research & Education News* March 2002 Vol.2, No.2, Regional Mental Health Care, London/St. Thomas, ON.
- 2002 "Fresh approach to Alzheimer's urged by Doctor", *The Guelph Mercury*
- 2001 "Dealing with the later stages of Dementia", *Fifty Plus*, Magazine for Canadian Association for Retired Persons (CARP):pg 60-61
- 2000 Program on Depression and Suicide in the Elderly with a Special Focus on Electroconvulsive Therapy, *Newsworld*, CBC National Television
- 2000 "Management of Dementia and Behaviour Disturbances", on air interview by Dr. Fred Sexton, CJBK Radio, London, ON
- 1997 "Electroshock Comeback Raises Tough Questions", *HealthyPlace.com* Depression Community
- 1996 "Suicide Prevention in the Elderly", Cable 13 TV, London: in affiliation with the Suicide Prevention Council of London-Middlesex.
- 1995 "Battling the Blues", *The Legion Magazine*:
- 1993 "Aggressive Behaviour in The Cognitively Impaired Elderly", Video for CME Activity, hosted by Dr. Joel Jeffries, Director of Education, Clarke Institute of Psychiatry

- 1993 "Proceedings of a Satellite Symposium on Aggression", Video for CME Activity, hosted by Dr. Joel Jeffries, Director of Education, Clarke Institute of Psychiatry.
- 1987 "Possible Association of an Environmental Toxin to Progressive Supranuclear Palsy", *The Globe and Mail / Ontario Medicine / The London Free Press*

PEER REVIEW ACTIVITIES

Research Granting Agencies

- 2005-2008 Alzheimer's Society of British Columbia
- I reviewed grant applications submitted for research funding by the Alzheimer's Society of British Columbia

Journals

I was an invited member of the editorial boards, and served as a reviewer for peer-reviewed submissions to the following journals:

International Psychogeriatrics
 Canadian Journal on Aging
 Canadian Journal of Psychiatry
 Canadian Medical Association Journal
 Canadian Journal of Neurological Sciences

Conferences / Scientific Abstract Reviews

- 2008-2012 Canadian Academy of Geriatric Psychiatry (CAGP) Annual Scientific Meetings
- 2009-2012 Canadian Psychiatric Association Annual Conference
- 2008-2009 14th International Congress of the International Psychogeriatric Association

PRESENTATIONS

International Peer-Reviewed Presentations

- 2019 International Psychogeriatric Association 19th. IPA Congress August 31-September 3, 2019. Santiago de Compostela, Spain. Transforming Healthcare for Dementia Prevention: Health Behavior Change as First Line Medicine. K Rabheru. International Psychogeriatrics 31, 37-38
- 2019 International Psychogeriatric Association 19th. IPA Congress August 31-September 3, 2019. Santiago de Compostela, Spain. "Ageism: Why We Need a United Nations Convention on the Rights of Older Persons" **Kiran Rabheru**, Margaret Gillis. International Psychogeriatrics 31, 65-65
- 2019 International Psychogeriatric Association 19th. IPA Congress August 31-September 3, 2019. Santiago de Compostela, Spain. "Canadian Guidelines for Older Adults: Prevention, Assessment and Treatment of Alcohol, Benzodiazepine, Cannabis and Opioid Use Disorders" David Conn, **Kiran Rabheru**, David Hogan, Peter Butt, Marilyn White-Campbell, Launette Rieb, Zena Samaan, Jonathan Bertram, Amy Porath, Dallas Seitz. . International Psychogeriatrics 31, 84-84
- 2019 International Psychogeriatric Association 19th. IPA Congress August 31-September 3, 2019. Santiago de Compostela, Spain. Symposium Chair and Speaker: "Emerging Trends in Preventing Dementia at a Global Level". **Kiran Rabheru**, Conn David, Sano Mary
- 2018 International Psychogeriatric Association's (IPA) Pre-congress course: Addressing the impact of cognitive frailty and dementia on the rehabilitation of older adults. Hobbelen, Hans, Hunter, Susan, **Rabheru, Kiran**, Conn, David. Publisher Healthy Lifestyle, Ageing and Health Care. Date issued 2018-11-01. Published - 1 Nov 2018. Canadian Physiotherapy Association congress 2018 - Palais des Congres Montreal, Montreal, Canada. Duration: 1 Nov 2018 → 3 Nov 2018 <https://www.montreal18.ca/home>

- 2018 D. Conn, **K. Rabheru**, F. Knoops, S. Quah-Vo. International Federation on Aging (IFA) 14th Global Conference on Ageing (8-10 August, 2018). Presentation Title: "No health without mental health: Canadian initiatives for promoting and improving the mental health of seniors". Abstract ID 454. Date 9 August 2018. Time 1400 - 1530. Location-Chelsea Hotel – Wren A and Wren B
- 2018 International Longevity Centre-Canada (ILC-Canada) and Life Research Institute University of Ottawa's Ninth Open Ended Working Group Side Event at the United Nations Headquarters, New York City on July 24, 2018 : "The Right to be My Older Self: A North-South Discussion on Long-Term and Palliative Care, Autonomy, and Independence". Margaret Gillis, President, International Longevity Centre Canada, Louise Blais, Ambassador, Deputy Permanent Representative, Laurent Marcoux, M.D., President, Canadian Medical Association, Alexandre Kalache, President, International Longevity Centre-Global Alliance, Martine Lagacé, Professor, University of Ottawa, Verene Nyirabalinda, NSINDAGIZA, Rwanda, **Kiran Rabheru**, Chair, Board of Directors, International Longevity Centre Canada, Linda Garcia, Director, LIFE Research Institute. (see UN Web TV coverage) <http://webtv.un.org/watch/the-right-to-be-my-older-self-north-south-dialogue-on-long-term-and-palliative-care-and-on-autonomy-and-independence-for-older-persons/5813328456001/>). Purpose: To advocate for a Convention on the Rights of Older Persons- also spoke from the floor of the UN strongly urging Canada's Government to lead the Convention https://www.youtube.com/watch?v=TCod8U_yZQo
- 2018 American Psychiatric Association (APA) Annual Meeting May 5-9, 2018. New York City- May 5, 2018 Symposium "Building Resilience Through Applied Positive Psychiatry- the paradigm shift needed in healthcare around wellbeing and resilience, and introducing the Fountain of Health initiative". Yashchu O, Gundugurti PR, Boardman S, **Rabheru K.**
- 2017 Canadian Conference on Dementia (CCD) in Toronto, Ontario November 2-4th, 2017. Drs. Beverley Cassidy, Linda Gobessi and **Kiran Rabheru** - lead a workshop on "The

Fountain of Health Initiative: A Unique Canadian Strategy to Promote Brain Health and Resilience on November 4th.

- 2017 World Psychiatric Association (WPA) XVII World Congress of Psychiatry in Berlin October 8-12th, 2017, Drs. Dilip Jeste, Amresh Shrivastava and **Kiran Rabheru** co-chairs of the first inaugural Positive Psychiatry Symposium titled “Perspectives on Positive Psychiatry: Transition from Illness to Wellness”
- 2016 United Nations Open Ended Side Event Working Group on Ageism and Human Rights- at the UN in New York City, NY. Presentation on Ageism in Hospitals-Part of an Invited Panel from U of Ottawa and The International Longevity Centre. November 4, 2016
- 2016 Innovations in Geriatric Psychiatry Education - Teaching ECT Skills using Simulation: A New Standard for Credentialing. International Psychogeriatric Association International Congress. San Francisco, US. September 8, 2016.
- 2016 Garcia L, Robitaille A, Bouchard S, Agapitos M, Lesiuk N, Pinet R, Holmes-Kerr C, Constable J, McCleary L, **Rabheru K**, Harvey D, LeClair K. (Poster). 21st Annual CyberPsychology, CyberTherapy and Social Networking Conference. Dun Laoghaire Institute of Art, Design and technology (IADT), Dublin, Ireland. June 27-29, 2016.
- 2015 Mulsant, B, Blumberger D, Rapoport M, **Rabheru K**, Ismail Z. Improving treatment outcomes: How can clinicians implement in their practice a systematic approach to pharmacotherapy for late-life depression? Workshop at 168th Annual American Psychiatric Association Meeting, Toronto. May 16, 2015.
- 2014 Elderly Depression and Suicide Across the Pacific. Symposium, at the Pacific Rim College of Psychiatrists Scientific meeting, Vancouver BC. October 6, 2014.
- 2012 King H, **Rabheru K**, Wiens A, Bourgon L, Antochi R, Hamstra S, Naik V, Ramprasad B. Change in Performance on a Multiple-Choice Based Test on Exposure to a Training Event on Electroconvulsive Therapy Among Psychiatry Residents (Poster). Presented at The International

Conference on Residency Education (ICRE), Royal College of Physicians and Surgeons of Canada. Ottawa, ON. October 19, 2012.

- 2012 **Rabheru, K.** Comparison of Traditional Didactic Seminar to High-Fidelity Simulation Augmented Didactic Seminars for Teaching Electroconvulsive Therapy Technique to Psychiatry Trainees. Simulation Summit. Royal College of Physicians and Surgeons of Canada. November 17-19, 2012.
- 2012 **Rabheru, K.** Delirium in the patient with dementia. SUNDIPS International Meeting, Ottawa, ON. June 23, 2012.
- 2012 **Rabheru, K.** Predictors of delirium occurrence and persistence in elderly patients. SUNDIPS International Meeting, Ottawa, ON. June 23, 2012.
- 2010 Jacova C, Maclure M, Hosick D, Mattson R, Hsiung GYR, Lee P, **Rabheru K**, Beattie BL, Chappell NL. Response to cholinesterase inhibitor medication at first renewal in a Canadian provincial drug coverage initiative: the British Columbia Alzheimer's Drug Therapy Initiative (BC ADTI) experience. (Poster) Presented at the Alzheimer's Association International Conference on Alzheimer's Disease, Honolulu, Hawaii. July 10-15, 2010
- 2009 **Rabheru K**, Gosselin C, Chan P. Inaugural Workshop on Electroconvulsive Therapy (ECT), 14th International Congress of the International Psychogeriatric Association, Montreal, Canada. Sept 1-5, 2009
- 2009 Hsiung GYR, Jacova C, Green C, Hosick D, Mattson R, **Rabheru K**, Lee P, Beattie BL, Maclure M, Chappell NL. Baseline characteristics of Patients receiving insurance coverage of Cholinesterase Inhibitors for Alzheimer Disease under a Policy of Coverage with Evidence Development. (Poster) 19th IAGG World Congress of Gerontology and Geriatrics, Paris, France. July 5 – 9, 2009
- 2009 Kivisalu T, Rai S, **Rabheru K**, Kang N. A Comparative Analysis of Index and Maintenance ECT Treatment in Geriatric Psychiatry. (Poster). American Association of Geriatric Psychiatry Annual Meeting, Honolulu, Hawaii. March 5-8, 2009

- 2008 **Rabheru K.** Approaching the Problem of Apathy and Depression in Alzheimer's Disease. UBC-The Netherlands Dementia Neuroscience Colloquium, Vancouver, BC. March 27, 2008
- 2008 Buree B, Malyuk R, Wong C, **Rabheru K**, Kang A, MacDougall M. Tertiary Care Geriatric Psychiatry Patients: Diagnostic and Clinical Characteristics. (Poster) American Association of Geriatric Psychiatry Annual Meeting, Orlando, Florida. March 14-17, 2008.
- 2008 Malyuk R, Buree B, Wong C, Kang A, Kang N, **Rabheru K**, MacDougall M. Measuring Outcome Effects of Medication Changes in Tertiary Geriatric Psychiatry Patients. (Poster) American Association of Geriatric Psychiatry Annual Meeting in Orlando, Florida. March 14-17, 2008
- 2008 Rai S, Kivisalu T, **Rabheru K**, Kang N. Effectiveness of ECT in Geriatric Tertiary Psychiatry Patients: 6 Year Retrospective Analysis. (Poster) American Association of Geriatric Psychiatry Annual Meeting, Orlando, Florida. March 14-17, 2008
- 2007 **Rabheru K.** Future of Geriatric Psychiatry in an Ethnic-Diverse Society. First World Congress Association of Cultural Psychiatry, Beijing, China. Sept 23-26, 2007
- 2006 **Rabheru K**, Thompson S, Lange R, Kang N. Effectiveness and Tolerability of Electroconvulsive Therapy in Patients with Co-occurring Dementia. (Poster) American Association of Geriatric Psychiatry Annual Meeting, New Orleans, Louisiana. March 1-4, 2007
- 2005 Black E, Ross T, **Rabheru K**, Obar L. Risk Event Monitoring in a Geriatric Psychiatry Population: A Four Year Study. (Poster). American Association of Geriatric Psychiatry Annual Meeting, San Diego, CA. March 3-6, 2005
- 2005 Burhan AM, **Rabheru K**, Brinker J, Harloff K, Deutsch L. Elderly Depressed on Maintenance Electroconvulsive Therapy (MECT): A pilot study evaluating quality of life and cognitive function. (Poster) American Association of Geriatric Psychiatry Annual Meeting, San Diego. March 3-6, 2005

- 2005 Hermann N, **Rabheru K**, Wang J, Binder C. Behavioural symptoms in Alzheimer's disease: pooled, post hoc analysis of patients receiving galantamine. (Poster). IPA International Psychogeriatric Association 12th Congress, Stockholm, Sweden. September 20-24, 2005.
- 2005 Hermann N, **Rabheru K**, Wang J, Binder C. Behavioural symptoms in Alzheimer's disease: pooled, post hoc analysis of patients receiving galantamine. (Poster). 18th Congress of the European College of Neuropsychopharmacology (ECNP), Amsterdam, Netherlands. 2005
- 2004 **Rabheru K**, Flanagan T, Ross T, Breiter H. Financial Competency of Geriatric Psychiatry Patients: Psychometric Properties of the (FACT) Financial Assessment of Competency Test. (Poster) American Association of Geriatric Psychiatry 17th Annual Meeting, Baltimore, MD. February 21-24, 2004
- 2004 **Rabheru K**, Hermann N, Wang J, Binder C. Does Galantamine Therapy in Mild-Moderate Alzheimer's Disease Improve Behaviour? (Poster) 9th International Congress on Alzheimer's Disease and Related Disorders, Philadelphia, US. July 17-24, 2004
- 2004 Hermann N, Binder C, **Rabheru K**. Does Behaviour in Mild to Moderate Alzheimer's Disease Respond to Galantamine Treatment? (Poster) Collegium Internationale Neuropsychopharmacologicum XXIV CINP Congress, Montreal, Canada. June 20-24, 2004
- 2004 **Rabheru K**, Wang J, Hermann N. Behavioural responses in mild and moderate Alzheimer's Disease. (Poster) 8th International Springfield/Montreal Symposium on Advances in Alzheimer's Disease. Montreal, Canada. April 14-17, 2004
- 2003 Halliday G, Pollet G, Snowdon J, **Rabheru K**. Senile Squalor: Assessment and Treatment. (International Symposium) 11th Congress of the International Psychogeriatric Association, Chicago, US. August 17-22, 2003
https://asm.confex.com/ipa/11congress/techprogram/session_1550.htm

- 2003 Halliday G, Pollet G, Snowden J, **Rabheru K**. Squalor: The Problems of Assessment and Management. 16th Annual Meeting of the American Association of Geriatric Psychiatry, Honolulu, Hawaii. March 2003
- 2002 Psychiatric Presentations of FrontoTemporal Dementia. International Conference on FrontoTemporal Dementia, London, ON. September 2002
- 2002 Patient-Centered Management of BPSD across treatment settings. XXIII CINP Congress, Montreal Canada. June 2002
- 2001 Robillard A, McKelvey R, Nasreddine Z, and GAL-CAN-1 Study Group (including **Rabheru K**). Galantamine improves quality of sleep in patients previously treated with donepezil, preliminary results. (Poster) 14th Annual Meeting of the American Association of Geriatric Psychiatry, San Francisco, CA. February 23-26, 2001
- 2001 Apathy, Depression, Delirium: Keys to differentiate these entities. 17th World Congress of the International Association of Gerontology. Vancouver, BC. July 2-5, 2001
- 2001 Why does disturbing behaviour occur, and what can you do about it? 17th World Congress of the International Association of Gerontology. Vancouver, BC. July 2-5, 2001
- 2001 Refractory Depression in your Older Patient: How to develop effective treatment strategies. 17th World Congress of the International Association of Gerontology. Vancouver, BC. July 2-5, 2001
- 1999 Fisman M, **Rabheru K**, Hegele R, Sharma V, Fisman D, Doering M, Appell J. Apolipoprotein E Polymorphism and Response to Electroconvulsive Therapy. Annual Meeting of the Association of Convulsive Therapy (ACT). Washington, US. May 16, 1999
- 1991 **Rabheru K**, Williamson P, Merskey H, Morrison S, Helmes E, Fox H, Hachinski V. Quantitative EEG Analysis of Normal, Demented, and Depressed Elderly Subjects. 2nd International Congress on Brain Electromagnetic Topography (ISBET). Toronto, Canada. July 29-August 1, 1991

National Peer-Reviewed Presentations

- 2020 Poster Presentations at the 10th Canadian Conference on Dementia (CCD) Québec City, October 3, 2019. Dementia prevention in front line care: feasibility, acceptability, and effectiveness of the Brain Health and Wellness project approach. Conn D, Rabheru K, Cassidy KL, Checkland C, Parsons D, Massie AS, Mitchell JS. Published 2020 Mar 30. doi:10.5770/cgj.23.411
- 2020 CAGP-CCSMH Annual Scientific Meeting Book Of Abstracts. Building Resilience in Seniors' Mental Health In Canada, October 25–26, 2019, Banff Alberta. Behavioral Support Teams in Acute Care: Lessons Learned in 5 Years with Potential for Scaling Up. **Rabheru K**, Hula V, Sebahana N, and MacKenzie-Neil M. Canadian Geriatrics Journal. 2020 Mar; 23(1): 98. Published online 2020 Mar 30. doi: 10.5770/cgj.23.415
- 2020 CAGP-CCSMH Annual Scientific Meeting Book Of Abstracts. Building Resilience in Seniors' Mental Health In Canada, October 25–26, 2019, Banff Alberta. Electroconvulsive Therapy in Canada: Emerging Trends in Geriatric Practice: Part 2. **Rabheru K**, Chan P, Gosselin C. Canadian Geriatrics Journal. 2020 Mar; 23(1): 96. Published online 2020 Mar 30. doi: 10.5770/cgj.23.415
- 2020 CAGP-CCSMH Annual Scientific Meeting Book Of Abstracts. Building Resilience in Seniors' Mental Health In Canada, October 25–26, 2019, Banff Alberta. Electroconvulsive Therapy in Canada: Emerging Trends in Geriatric Practice: Part 1. **Rabheru K**, Chan P, Gosselin C, & Waxman R. Canadian Geriatrics Journal. 2020 Mar; 23(1): 92. Published online 2020 Mar 30. doi: 10.5770/cgj.23.415
- 2020 CAGP-CCSMH Annual Scientific Meeting Book Of Abstracts. Building Resilience in Seniors' Mental Health In Canada, October 25–26, 2019, Banff Alberta. CBT Express: Using the Wellness App for Health Behavior Change and Resilience. Cassidy B and **Rabheru K**. Canadian Geriatrics Journal. 2020 Mar; 23(1): 90. Published online 2020 Mar 30. doi: 10.5770/cgj.23.415

- 2019 Canadian Geriatrics Society (CGS) Annual Scientific Meeting: Halifax May 2-4, 2019: " Chair & Speaker: "Brain Health and wellness Project: Helping Clinicians Promote Patients' Brain Health, Independence and Wellbeing in Frontline Care. With Keri-Leigh Cassidy and Michael Vallis
- 2019 Canadian Geriatrics Society (CGS) Annual Scientific Meeting: Halifax May 2-4, 2019: " National Guidelines for Older Adults: Prevention, Assessment, and Treatment of Alcohol, Benzodiazepines, Cannabis, and Opioid Use Disorders". May 4, 2019. **Kiran Rabheru**, Claire Checkland, Keri-Leigh Cassidy, Amanjot Sidhu, and Peter Butt
- 2019 Dalhousie University Department of Psychiatry Academic Rounds: April 17, 2019. "Transforming Healthcare for Dementia Prevention: Health Behavior Change as First Line Medicine. **K. Rabheru**
- 2019 Canadian Psychiatric Association (CPA) 69th. Annual Conference September 12-14, 2019. Quebec City. Symposium: "Electroconvulsive Therapy in Canada: Toward a National Registry". September 14, 2019. Simon Patry, **Kiran Rabheru**, Linda Cullen, Morgane Lemasson, Caroline Gosselin.
- 2018 "New Horizons in Health Behaviour Change: A HandsOn Workshop with Novel CBT-Based Tools". "CBT for Health Behavior Change: Practical Tools for Frontline Care". **Kiran Rabheru** and Beverley Cassidy. Canadian Coalition for Seniors' Mental Health. Pre-Conference Course. October 11, 2018. Halifax Marriott Harbourfront Hotel. Halifax, Nova Scotia
- 2018 CAGP-CCSMH Annual Scientific Meeting Canadian Academy of Geriatric Psychiatry and Canadian Coalition for Seniors' Mental Health. "Clinical Guidelines on Substance Use Disorders Among Older Canadians: Development and Key Recommendations". Can Geriatr J. 2018 Dec; 21(4): 320–342. Clinical Guidelines on Substance Use Disorders Among Older Canadians: Development and Key

Recommendations.
Canadian Geriatrics Journal. 2018 Dec; 21(4): 325–326.
Published online 2018 Dec 30.
David Conn, Jonathan Bertram, Peter Butt, David Hogan,
Meldon Kahan, Amy Porath, Launette Rieb, Marilyn White-
Campbell, Dallas Seitz, and **Kiran Rabheru**

- 2018 CAGP-CCSMH Annual Scientific Meeting Canadian Academy of Geriatric Psychiatry and Canadian Coalition for Seniors' Mental Health.
Canadian Geriatrics Journal. 2018 Dec; 21(4): 331.
Published online 2018 Dec 30.
Practical Strategies of Interdisciplinary Care of Behavioral Disturbances of Cognitively Impaired Older Adults in Acute Care Hospitals
Kiran Rabheru, Laura Wilding, Vera Hula, Margaret MacKenzie Neil, and Nadine Sebahana
- 2018 2018 ECT Course C10. An Update on Contemporary Practice. September 29, Saturday. Canadian Psychiatric Association's 68th. Annual Conference, Westin Harbour Castle, Room Pier 5. **Kiran Rabheru**, Peter Chan, Caroline Gosselin.
- 2018 E. K. Koranyi Annual National Review Course in Psychiatry, University of Ottawa, Ottawa, ON. Faculty, Lecture on Electroconvulsive Therapy: January 10, 2018, January 11, 2017; Feb 11, 2016; Feb 11, 2015; Feb 13, 2014; Feb 14, 2013; Feb 13, 2012; Feb 2011. **K. Rabheru**
- 2019 & 2020 Honorary Faculty Member- 7th. And 8th. National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center
- 2018 6th National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. January 7, 2018
- 2018 39th. Annual Scientific Meeting -Canadian Pain Society Meeting in Montreal May 22-25, 2018: "Development of National Guidelines for Older Adults: Prevention,

Assessment and Treatment of Cannabis and Opioid Use Disorders- Consultation on Draft Material "

- 2018 WEBINAR. Pan-Canadian Age-Friendly Communities Reference Group sponsored by The Public Health Agency of Canada- May 31, 2018. Drs. Keri-Leigh Cassidy and **Kiran Rabheru** on the "Fountain of Health Initiative"
- 2018 WEBINAR sponsored by The Public Health Agency of Canada- February 27, 2018. Drs. Keri-Leigh Cassidy, David Conn, and **Kiran Rabheru** on the "Fountain of Health Initiative"
- 2017 Symposium: Canadian Academy of Geriatric Psychiatry 26th. Annual Scientific Meeting in Toronto, Ontario. Drs. Beverley Cassidy, Linda Gobessi and **Kiran Rabheru**: "Positive Psychiatry and The Fountain of Health: Optimizing Brain Health, Vitality, and Resilience Across the Spectrum of Aging". September 15, 2017, Toronto, Ontario
- 2017 Electroconvulsive Course: A Core Review of Current Practice. Peter Chan, Caroline Gosselin, **Kiran Rabheru**. Canadian Psychiatric Association conference September 14-16, 2017 in Ottawa, Ontario.
- 2017 Ontario Expands Support for Behavioral Support Teams for Older Adults in Acute Care: The Ottawa Hospital Experience. **Kiran Rabheru**, Laura Wilding. Canadian Psychiatric Association conference September 14-16, 2017 in Ottawa, Ontario.
- 2017 Canadian Psychiatric Association conference September 14-16, 2017 in Ottawa, Ontario. **Kiran Rabheru**, Laura Wilding. "Agitated Person with Dementia in the Emergency Room: A Clinical Algorithm Based Approach to optimize quality of care.
- 2017 The Ottawa Hospital Geriatric Psychiatry Behavioural Support Team: Practical aspects of managing behavioural disturbance of older adults admitted to acute care. Canadian Gerontological Nurses Association Meeting on My 4-6, 2017 in Ottawa, Ontario. LJYW Abstract # 4. CGNA 2017 (reference number 0056) **K. Rabheru**, L. Wilding
- 2017 Canadian Psychiatric Association conference September 14-16, 2017 in Ottawa, Ontario. Drs. Kiran Rabheru, Beverley

Cassidy and Linda Gobessi - inaugural Positive Psychiatry Symposium

- 2017 **K. Rabheru.** Keynote Address – Emerging Trends and Opportunities in Geriatric Mental Health Kiran Rabheru – Co-Chair, Canadian Coalition for Seniors’ Mental Health. The Simon Fraser University Gerontology Research Centre and BC Psychogeriatric Association in collaboration with the SFU Liberal Arts and Adults 55+ Program cordially invite you to attend the joint 26th John K Friesen & 20th BCPGA Annual Conference Promoting Mental Health in Later Life: Mobilizing Knowledge into Practice May 18-19, 2017 Segal Centre, SFU Vancouver Campus, 515 West Hastings Street, Vancouver B.C.
- 2017 5th National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. January 18, 2017.
- 2016 Innovations in Geriatric Psychiatry Education - Teaching ECT Skills using Simulation: A New Standard for Credentialing. Canadian Psychiatric Association 66th Annual Conference, Toronto, ON. September 24, 2016
- 2016 **Rabheru K,** Hunter L, Sinden D, Turnbull J. Innovations in Delivery of Post-Acute Health Care to Seniors: A Collaborative Model. Poster. Canadian Psychiatric Association 66th Annual Conference, Toronto, ON. September 23, 2016
- 2016 **Rabheru K,** Wilding L, McKenzie-Neil M, Hula V. Practical Aspects of Management of Behavioural Disturbance of Older Adults Admitted to Acute Care Hospital. Canadian Psychiatric Association 66th Annual Conference, Toronto, ON. September 22, 2016
- 2016 Chan P, Milev R, **Rabheru K.** Canadian ECT Standards (CANECTS): A Template for A National Accreditation Service. Workshop, Canadian Psychiatric Association 66th Annual Conference, Toronto, ON. September 22, 2016
- 2016 **Rabheru K,** Wilding L, McKenzie-Neil M, Hula V. Practical Aspects of Management of Behavioural Disturbance of Older Adults Admitted to Acute Care Hospital. Canadian Academy

of Geriatric Psychiatry 25th Annual Scientific Meeting.
Quebec City, QC. October 1, 2016.

- 2016 **Rabheru K**, Hunter L, Sinden D, Turnbull J. Innovations in Delivery of Post-Acute Health Care to Seniors: A Collaborative Model. Canadian Academy of Geriatric Psychiatry 25th Annual Scientific Meeting. Quebec City, QC. October 1, 2016.
- 2016 Geriatric Psychiatry: Assessment and Management of Mood Symptoms in the Elderly and Behavioural Symptoms of Dementia – What You Need To Know for Palliative Care. 12th Annual Advanced Learning in Palliative Medicine Conference (ALPM) 2016. Ottawa. May 13, 2016.
- 2016 4th National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. January 10, 2016.
- 2015 Innovations in Health Care Delivery: Recognition and Management of BPSD in Elderly Patients Admitted into Acute Care Hospital Settings. Symposium at 65nd Annual Conference of the Canadian Psychiatric Association. Vancouver, BC. October 3, 2015.
- 2015 Bosma M, Davidson M, **Rabheru K**. Are You Prepared for the Rising Tide?: A Practical Education Session on Diagnosis and Management of Dementia. Symposium at 65nd Annual Conference of the Canadian Psychiatric Association. Vancouver, BC. October 2, 2015.
- 2015 **Rabheru K**, Chan P, Gosselin C. Electroconvulsive Therapy Course: A Core Review of Current Concepts. 65th Annual Conference of the Canadian Psychiatric Association, Vancouver, BC. October 1, 2015.
- 2015 Innovations in Health Care Delivery: Recognition and Management of BPSD in Elderly Patients Admitted into Acute Care Hospital Settings. Symposium at 24th Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting. Vancouver, BC. September 30, 2015.
- 2015 Implementation of the First Behavioural Support Team in Acute Care: Lessons Learned After Two Years. Poster Presentation. Canadian Academy of Geriatric Psychiatry

- Annual Scientific Meeting. Vancouver, BC. September 30, 2015.
- 2015 BPSD: Prediction and Management -Clinical and Ethical Issues in Geriatric and Long Term Care. Baycrest Hospital, Toronto. June 5, 2015.
- 2015 Implementation of the First Behavioral Support Team for Dementia For Persons in Acute Care-Mental Health in the Hospital Setting Conference, Toronto. May 21, 2015
- 2015 3rd National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. February 8, 2015.
- 2014 Violence and Aggression in Long-Term Care: Prediction and Management. OLTCP's 37th Annual Meeting and 7th Canadian Medical Directors Joint Meeting. Toronto. November 8, 2014.
- 2014 Developing a Center of Excellence for ECT at The Ottawa Hospital. Poster Presentation. September 12, 2014.
- 2014 Improving Patient Safety by Reduction of Code Whites from an Acute Inpatient Unit. Poster Presentation. September 12, 2014.
- 2014 Bosma M, Davidson M, **Rabheru K**. Are You Prepared for the Rising Tide?: A Practical Education Session on Diagnosis and Management of Dementia. Symposium at 64nd Annual Conference of the Canadian Psychiatric Association. September 12, 2014.
- 2014 **Rabheru K**, Chan P, Gosselin C. Electroconvulsive Therapy Course: A Core Review of Current Concepts. 64nd Annual Conference of the Canadian Psychiatric Association, September 11, 2014.
- 2014 Managing BPSD in the Acute Care Hospital Setting: Scoping the Problem and Testing Solutions. Symposium at Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting. Toronto. September 10, 2014.
- 2014 Implementation of the First Behavioral Support Team for Dementia Persons in Acute Care. Poster presentation.

- Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting. Toronto. September 9, 2014.
- 2014 2nd National Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. February 9, 2014.
- 2013 World's First Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. September 29, 2013
- 2013 Bosma M, Davidson M, **Rabheru K**. Are You Prepared for the Rising Tide?: A Practical Education Session on Diagnosis and Management of Dementia. Symposium at 63rd Annual Conference of the Canadian Psychiatric Association. September 28, 2013.
- 2013 Comparison of Traditional Didactic Seminar to High-fidelity Simulation (HPS) for Teaching Electroconvulsive Technique to Psychiatry Trainees. 63rd Annual Conference of the Canadian Psychiatric Association. September 28, 2013.
- 2013 **Rabheru K**, Chan P, Gosselin C. Electroconvulsive Therapy Course: A Core Review of Current Concepts. 63rd Annual Conference of the Canadian Psychiatric Association, September 27, 2013.
- 2013 Mulsant B, Bloomberger D, Ismail Z, **Rabheru K**, Rappaport M. An Algorithm to Guide Pharmacotherapy for Late-Life Depression. Workshop, at Canadian Academy of Geriatric Psychiatry (CAGP) Annual Scientific Meeting, Ottawa, ON, September 25, 2013
- 2013 Breakfast Symposium: Geriatric Mood Disorders – Current Concepts. Canadian Academy of Geriatric Psychiatry (CAGP) Annual Scientific Meeting, Ottawa, ON, September 25, 2013
- 2103 Depression in the Older Adult: Recognition and Treatment. Keynote Presentation. Alberta Psychiatric Association 2013 Scientific Conference and Annual General Meeting. Banff, AB. March 22, 2013

- 2012 **Rabheru K**, Bosma M, Davidson M. Are You Prepared for the Rising Tide? 62nd Annual Conference of the Canadian Psychiatric Association, Montreal, QC. September 22, 2012
- 2012 **Rabheru K**, Gosselin C, Chan P. Advanced Level National Course on Electroconvulsive Therapy. Joint Conference of Canadian Academy of Geriatric Psychiatry (CAGP) and Canadian Coalition of Seniors Mental Health (CCSMH). Banff, AB. September 22, 2012
- 2012 **Rabheru K**, Gosselin C, Chan P. Core Review of Current Practice National Course on Electroconvulsive Therapy. Joint Conference of Canadian Academy of Geriatric Psychiatry (CAGP) and Canadian Coalition of Seniors Mental Health (CCSMH). Banff, AB. September 21, 2012
- 2012 Managing Clinical Challenges Workshop. CPA-CPD. Perspectives in Mental Health. Ottawa, ON. June 22.
- 2011 Risks of Psychotropic Drug Use in the Elderly. 5th Annual Pacific Psychopharmacology Conference, Vancouver, BC. September 30, 2011.
- 2011 **Rabheru K**, Gosselin C, Chan P. Faculty Members, Advanced Level National Course on Electroconvulsive Therapy, offered at CPA Annual Scientific Meeting
- 2002-2011 **Rabheru K**, Gosselin C, Chan P. Founding Faculty Members, National Course on Electroconvulsive Therapy, offered annually at the Canadian Psychiatric Association Annual Scientific Meeting for past 10 years
- 2011 Anxiety Disorders, Workshops at CPA Perspectives in Mental Health, Practical Updates for Psychiatry and Family Medicine, Ottawa, ON, June 17, 2011
- 2010 Update on Dementia Care and Behavioural and Psychological Symptoms of Dementia (BPSD), Canadian Geriatric Society 30th Annual Scientific Meeting, Ottawa, ON, April 15-17, 2010
- 2010 Best Practice for Depression in the Elderly: The Role of ECT, Symposium at Canadian Geriatric Society 30th Annual Scientific Meeting, Ottawa, ON, April 15-17, 2010

- 2010 Where does Function Fit into the Management of Depression? Canadian Psychiatric Association's CPD Institute at The Atlantic Psychiatric Association Meeting, St. John's, Nfld. June 12, 2010
- 2010 Update on Psychopharmacology. Workshop at Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting, Toronto, ON. Sept 22, 2010
- 2008 Apathy vs Depression in Dementia: A Guide for Clinicians, Keynote Presentation, Canadian Academy of Geriatric Psychiatry Annual Scientific Meeting, Vancouver, BC, Sept 4, 2008
- 2007 **Rabheru K, Rockwood K.** Management of Severe Dementia: Two Brain Specialists, One Hot-headed Debate, Canadian Geriatric Society Annual Scientific Meeting, Banff, Alta, April 19-21, 2007
- 2006 Defining Patient Clusters and Outcomes: What is Tertiary Care in Geriatric Psychiatry? New Research Paper (NR 33), Canadian Psychiatric Association Annual Scientific Meeting, Toronto, November 10, 2006
- 2006 Managing Depression and Anxiety: Clinical Challenges and a Shared Care Perspective, Canadian Psychiatric Association Shared Care Forum in Mental Health, Edmonton, Alta, June 2, 2006
- 2006 Managing Depression and Anxiety: Clinical Challenges and a Shared Care Perspective, CPA Shared Care Forums in Mental Health, Edmonton, June 2, 2006
- 2006 Managing Depression and Anxiety: Clinical Challenges and a Shared Care Perspective, CPA Shared Care Forums in Mental Health, Vancouver, June 3, 2006
- 2005 Best Practices in Psychosis, CPA National Program for Community Psychiatrists, Vancouver, December 2005
- 2005 Challenging Old Perceptions: Prevalence, Diagnosis, and Treatment of Dementia across the Spectrum, Family Medicine Forum (CFPC), Satellite Symposium, December 9, 2005

- 2005 Best Practices in Psychosis, CPA National Program for Community Psychiatrists, Toronto, November 2005
- 2005 Practical Tips on Managing Behavioural and Psychological Symptoms of Dementia, 2nd Annual Leadership Program for Long Term Care, BC, November 18, 2005
- 2005 Treatment of Psychotic Symptoms in Older Adults, Canadian Academy of Geriatric Psychiatry Symposium, at Canadian Psychiatric Annual Meeting, November 2005
- 2005 Best Practices in Psychosis, CPA National Program for Community Psychiatrists, Calgary, October 2005
- 2005 Appropriate Use of Modern Antipsychotics in Older Adults, Ontario Long Term Care Physicians Annual Conference, Toronto, October 23, 2005
- 2003 Assessment and Management of Squalor. Canadian Academy of Geriatric Psychiatry Annual Meeting. Halifax, NS. November 3, 2003
- 2003 Thorpe L, Rivard MF, **Rabheru K**, Conn D. A Focus on Depression, Delirium, and Dementia. 2nd Scientific Symposium for Community Psychiatrists by the Canadian Academy of Geriatric Psychiatry, Canadian Psychiatric Association Annual Meeting, Halifax NS. November 2, 2003
- 2003 Movement Disorders. (Workshop) Association des Medecins Psychiatres du Quebec. Hull, Quebec June 19, 2003
- 2002 Thorpe L, Rivard MF, **Rabheru K**, Conn D. A Focus on Depression, Delirium, and Dementia. Inaugural Scientific Symposium for Community Psychiatrists by the Canadian Academy of Geriatric Psychiatry, Canadian Psychiatric Association Annual Meeting. Banff, Alberta. November 2002
- 2002 Emerging Trends in Dementia Care. UBC Division of Geriatric Psychiatry Annual Retreat Day. October 10-11, 2002
- 2002 Emerging Trends in Dementia Care. British Columbia College of Family Physicians Annual Meeting. Kelowna, BC. October 7, 2002

- 1989 Atypical Dementia Syndrome in an Elderly Man. 27th Annual Meeting of the Ontario Chapter of the College of Family Physicians of Canada. Toronto, ON. November 17, 1989
- 1987 **Rabheru K, McCrank E.** Psychiatric Manifestations of Progressive Supranuclear Palsy: Possible association to an environmental toxin. Canadian Psychiatric Association Annual Meeting, London ON. September 18, 1987

Provincial Peer Reviewed Presentations

- 2019 Regional Geriatric Program of Eastern Ontario Refresher Day, Ottawa, Ontario: May 15, 2019. "Upstreaming BSO: Strategies and Interventions: Recognizing Barriers and Improving Supports for Persons at Risk for BPSD". **K. Rabheru**
- 2018 Regional Geriatric Program of Eastern Ontario (RGPEO)'s Geriatric Refresher Day – "Organologist vs. Integrationalist" - March 31, 2018. "Behavioral and Psychological Symptoms of Dementia". **K. Rabheru**
- 2016 Insomnia. Regional **K. Rabheru** Geriatric Program of Eastern Ontario Rounds. January 8, 2016. **K. Rabheru**
- 2015 Violence in Dementia. LongTerm Care Conference, Dalhousie University, Halifax, Nova Scotia. November 6, 2015. **K. Rabheru**
- 2015 ECT Review Course, Dept. of Psychiatry. Dalhousie University, St. John, NB. September 11, 2015. **K. Rabheru**
- 2015 Managing Insomnia In My Frail Patient: Building Geriatric Capacity In Primary Care, U of O and Regional Geriatric Program of Eastern Ontario. June 12, 2015. **K. Rabheru**
- 2015 Five Things You Need to Know About Treating Depression in the Elderly. Annual Clinical Day in Family Medicine. Schulich School of Medicine, London, Ontario. May 13, 2015. **K. Rabheru**

- 2015 BPSD: Prediction and Management. Regional Geriatric Program of Eastern Ontario. TOH via OTN. 30 January, 2015. **K. Rabheru**
- 2014 Implementation of the First Behavioral Support Team in Acute Care in Partnership with the Champlain LHIN. Poster Presentation. Regional Geriatric Program of Eastern Ontario Meeting. 24 October, 2014. **K. Rabheru**
- 2013 First regional Simulation-based ECT training course for practitioners. University of Ottawa Skills and Simulation Center, The Ottawa Hospital, and The Royal Ottawa Mental Health Center. June 14-15, 2013. **K. Rabheru**
- 2013 Something is not right: behavioural problems in patients with dementia. Dementia Challenges in Primary Care, University of Ottawa. June 7, 2013. **K. Rabheru**
- 2013 Neuroleptic Selection and Use in the Elderly. Ontario College of Pharmacists and The Ottawa Hospital Ottawa Valley Drug Information Service. Ottawa, ON April 20, 2013. **K. Rabheru**
- 2013 Recognition and Management of Behavioral and Psychological Symptoms of Dementia (BPSD). Geriatric Refresher Day, The Ottawa Hospital and University of Ottawa, Ottawa, ON. March 6, 2013. **K. Rabheru**
- 1996 **Rabheru K**, Persad E. Maintenance Electroconvulsive Therapy: Back to the Past? 76th Annual Meeting of the Ontario Psychiatric Association. Toronto, ON. January 25, 1996
- 1992 Geriatric Psychiatry in Ontario's Psychiatric Hospitals. 72nd Annual Meeting of the Ontario Psychiatric Association. Toronto, ON. January 1992
- 1990 **Rabheru K**, Persad E. The Use of Seclusion in Ontario Psychiatric Hospitals. 70th Annual Meeting of the Ontario Psychiatric Association. Toronto, ON. January 17-20, 1990

Local Peer Reviewed Presentations

- 2015 BPSD: Prediction and Management. Geriatric Education Day. Kaminski Room, TOH Civic Campus. June 11, 2015.
- 2015 Our Patients – Referrals to Geriatric Psychiatry. Division of Geriatric Medicine, TOH. May 14, 2015.
- 2013 **Rabheru K**, Hamilton C, Harvey P, Swenson R, McNamara M, Laurent G, Bissonette M. Improving Patient Safety By Reduction of Code Whites on an Acute Care In-Patient Psychiatry Unit. (Poster) Dept of Psychiatry University of Ottawa Academic and Research Day. November 6, 2013.
- 2013 Developing A Center of Excellence for Electroconvulsive Therapy at The Ottawa Hospital. (Poster) Dept of Psychiatry University of Ottawa Academic and Research Day. November 6, 2013
- 2013 Optimizing Responsive Behaviours in Senior-Friendly Acute Care Hospitals. (Poster) Dept of Psychiatry University of Ottawa Academic and Research Day. November 6, 2013
- 2013 **Rabheru K**, Hamilton C, Harvey P, Swenson R, McNamara M, Laurent G, Bissonette M. Improving Patient Safety By Reduction of Code Whites on an Acute Care In-Patient Psychiatry Unit. (Poster) 9th Annual Ottawa Hospital Patient Safety Conference, Oct 29, 2013
- 2013 Developing A Center of Excellence for Electroconvulsive Therapy at The Ottawa Hospital. (Poster) 9th Annual Ottawa Hospital Patient Safety Conference, Oct 29, 2013
- 2013 Optimizing Responsive Behaviours in Senior-Friendly Acute Care Hospitals. (Poster) 9th Annual Ottawa Hospital Patient Safety Conference, Oct 29, 2013
- 2013 A Comparison of Traditional Didactic Seminar to High Fidelity Simulation (HPS) for Teaching Electroconvulsive Therapy Technique to Psychiatry Trainees: Results of a study. Department of Psychiatry University of Ottawa University Rounds. January 30, 2013.
- 2012 Stevenson A, Burry J, Kanji S, Bourgon L, **Rabheru K**. A retrospective evaluation of clinical outcomes in patients with major depressive episodes treated with Mirtazipine and Venlafaxine XR while undergoing Maintenance ECT: A Pilot

study. (Poster). Dept of Psychiatry University of Ottawa Academic and Research Day. June 07, 2012.

- 2004 Ross T, Flanagan T, Black E, **Rabheru K**, Breiter H. Development and concurrent validity of the financial assessment and capacity test (FACT) for a geriatric psychiatry population. (Poster) RMHC-London 5th Annual Research Half Day, London, ON. May 19, 2004
- 2004 Ross T, Black E, **Rabheru K**, Oban L. Risk event monitoring in a geriatric psychiatry population: Four year study. (Poster) RMHC-London 5th Annual Research Half Day, London, ON. May 19, 2004. Received Best Poster Award
- 2003 Ross T, Flanagan T, Black E, **Rabheru K**. Development and concurrent validity of the (FACT) Financial Assessment and Capacity Test for a geriatric population. (Poster) Academic Research Day, University of Western Ontario, London, ON. 2003
- 2003 Ross T, Black E, **Rabheru K**. Utility of a Geriatric Psychiatry Intake Database. (Poster) Regional Mental Health Care London/St. Thomas 4th Annual Research Half Day. May 2003. Received Best Poster Award
- 2001 Ross T, Breiter H, **Rabheru K**, Marinko L. Risk Event Monitoring in a geriatric psychiatry population: Eighteen month study. (Poster) St. Joseph's Health Care, Parkwood site, Rehabilitation and Geriatric Care Research Day. November 21, 2001
- 2001 Flanagan T, Ross T, Breiter H, **Rabheru K**. Financial Competency of Geriatric Psychiatry Patients: Psychometric Properties of the (FACT) Financial Assessment and Capacity. (Poster). Lawson Health Research Institute, St. Joseph's Health Care, Parkwood Site, Rehabilitation and Geriatric Care Research Day. November 21, 2001
- 2001 Management of Aggression and Psychosis. Dementia 2001. University of Western Ontario Division of Geriatric Medicine Program for family physicians, specialists, and other allied health professionals. March 28, 2001
- 2001 Richards M, **Rabheru K**, Kotnik B. Psychiatric Geriatric Patient Profiles. (Poster) RMHC-London/St. Thomas 2nd Annual Research Day. May 16, 2001

- 2001 Ross T, Breiter H, **Rabheru K**, Johari M. Risk-event monitoring in a geriatric psychiatry population. RMHC-London/St. Thomas 2nd Annual Research Day. May 16, 2001
- 2001 Flanagan T, Ross T, Breiter H, **Rabheru K**. Financial Competency of Geriatric Psychiatry Patients: Psychometric properties of the (FACT) Financial Assessment and Capacity Test. RMHC-London/St. Thomas 2nd Annual Research Day. May 16, 2001. Received Best Poster Award.
- 2000 Ross T, Breiter K, **Rabheru K**. Geriatric Psychiatry Risk-Event Profiling Project. (Poster) University of Western Ontario Department of Psychiatry Academic Research Day. June 22, 2000
- 1996 Maintenance ECT: London Psychiatric Hospital Geriatric Unit Experience. Department of Psychiatry CME Morning. January 11, 1996
- 1995 **Rabheru K**, Miller M, Appell J, Kazarian SS. Assessment of Ease of Placement from an Inpatient Geriatric Psychiatric Unit. Department of Psychiatry University of Western Ontario Academic Day. June 1995
- 1994 Dua V, **Rabheru K**. Disturbed Behaviour in a Psychiatric Hospital. Department of Psychiatry University of Western Ontario Academic Day. June 1994
- 1991 **Rabheru K**, Williamson P, Merskey H, Morrison S, Helmes E, Fox H, Hachinski V. Quantitative EEG analysis of normal, demented, and depressed elderly subjects. Department of Psychiatry University of Western Ontario Academic Day. May 1991. Received Merrell Dow Award.
- 1990 **Rabheru K**, Persad E. The Use of Seclusion in Ontario Psychiatric Hospitals. Department of Psychiatry University of Western Ontario Academic Day. April 16, 1990. Received Professors of Psychiatry Award
- 1989 EEG and Intellectual Changes in Normal Elderly Subjects. Department of Psychiatry University of Western Ontario Academic Day. April 14, 1989. Received Upjohn Award

National and Provincial Invited Presentations

In the list below, I have only included a few invited presentations prior to 2005 that have strong academic merit. There were over 100 other invited presentations, and further information on these is available upon request.

- 2017 **Rabheru K.** "Behavioral and Psychological Symptoms of Dementia (BPSD)": Behavioral Supports Ontario - Champlain LHIN - Workshop: "Transitions, Transitions, Transitions : The Smoother the Better" February 27, 2017
- 2015 Vitality and Aging: The Importance of Mental Health. Keynote Lecture, University of Western Ontario Homecoming 2015. Medicine Then and Now: Extraordinary Alumni. September 26, 2015.
- 2013 **Rabheru K**, Gosselin C, Chan P. Electroconvulsive Therapy. Full day customized course. Department of Psychiatry, University of Calgary. February 15, 2013.
- 2012 Maintenance ECT. Electroconvulsive Therapy: An age-old treatment with a twist. University of Western Ontario Schulich School of Medicine. December 11, 2012
- 2012 Optimization of ECT Outcomes: Maximizing efficacy and patient safety. Electroconvulsive Therapy: An Age Old Treatment With a New Twist. University of Western Ontario Schulich School of Medicine. December 11, 2012
- 2012 Recognizing and Managing the Complications of Dementia. Workshop, University of Western Ontario 10th Annual Geriatric Psychiatric Symposium. November 7, 2012
- 2012 The Changing Tide of Seniors' Mental Health. Keynote Presentation. University of Western Ontario 10th Annual Geriatric Psychiatric Symposium. November 7, 2012
- 2012 Depression in the Elderly. Schulich Faculty of Medicine, University of Western Ontario; Learning After Five Series. November 6, 2012
- 2012 Strategic Use of Antipsychotics in Patients with Dementia. Alzheimer's Knowledge Exchange. Webinar. Ottawa. April 4 and April 30, 2012

- 2010 Understanding Senile Squalor: A Clinical Dilemma, 25th Annual Provincial Psychogeriatric Team Exchange, Ottawa, June 9-11, 2010
- 2010 Behavioural Disturbances in Dementia: Management Strategies, First Annual Perspectives for Primary Care, Care of the Elderly Conference, McMaster University, Hamilton, ON, June 2, 2010
- 2008 Diagnosis of Dementia. British Columbia Psychogeriatric Association Annual Meeting, Cranbrook, Alberta. May 1, 2008.
- 2008 Behavioural & Emergency Issues in the Care of patients with Dementia, British Columbia Psychogeriatric Association Annual Meeting, Cranbrook, Alberta. May 1, 2008
- 2006 Substance Abuse in the Elderly, workshop, Geriatric Psychiatry Conference, Riverview Hospital, November 17, 2006
- 2006 Treatment of Behavioural Symptoms in Mixed and Vascular Dementia, McGill University MUHC Grand Rounds, October 11, 2006
- 2006 Spectrum of Psychosis In the Older Adult, Psychosis Across the Lifespan, British Columbia Mental Health and Addictions Services, Riverview Hospital, BC, June 16, 2006
- 2006 Emerging Concepts in Dementia Treatment, Saskatoon Health Region Geriatric Grand Rounds, February 16, 2006
- 2006 Dementia Module, University of Western Ontario Royal College Exam Preparation Course, January 2006
- 2005 Appropriate Use of Modern Antipsychotics in Older Adults, Geriatric Psychiatry Conference, Riverview Hospital, BC, November 25, 2005
- 2005 Management of Behavioural and Psychological Symptoms of Dementia, Geriatric Academic Rounds, Regional Geriatric Program, Ottawa Hospital, September 22, 2005
- 2005 Treatment Resistant Depression in the Elderly, 39th Annual McKid Symposium, Psychiatric Challenges in Primary Care: New Concepts Examined, Calgary, Alta, May 13, 2005

- 2004 Dementia and Psychiatric Wards: Strategies to reduce need for hospitalization and optimize care. 17th Annual Alzheimer Symposium: Exploring Dementia Care. Toronto, ON. April 1-2, 2004
- 2003 Differential Diagnosis and Management of Psychosis in the Older Adult. Department of Psychiatry Grand Rounds, St. Paul's Hospital, Vancouver, BC. February 21, 2003
- 2002 Management of Psychosis in the Older Adult. Satellite Symposium at the Canadian Psychiatric Association Annual Meeting. Banff, Alta. November 2002
- 2001 Optimal Management of the Elderly Depressed Patient. Satellite Symposium at the Canadian Psychiatric Association Annual Meeting. Montreal, Canada. November 2001
- 1993 Management of Aggressive Behaviour in the Cognitively Impaired Elderly. Satellite Symposium at the Canadian Psychiatric Association Annual Meeting. Winnipeg, Manitoba. Sept 27-Oct 1, 1993

Local Invited Presentations

- 2017 Community Forum on "Fostering Social Inclusion - An Interactive Half Day". Lecture on Social Isolation and Its Impact. The Council on Aging of Ottawa. November 21, 2017
- 2017 "Practical Aspects of Managing Behavioral Disturbances of Older Adults Admitted to an Acute Care Hospital" Academy of Medicine Ottawa (AMO) 10th. Annual Clinical Day.
- 2016 Appropriate Antipsychotic Prescribing in Longterm care. Medical Directors of Ottawa – Perley Rideau Veterans Health Centre. January 20, 2016.
- 2013 Psychosocial and Emotional Effects and Pitfalls of your Transition Years. Academy of Medicine Ottawa (AMO) Workshop on Career Transitions for Physicians, October 17, 2013

- 2013 Treating Depression in the Elderly. Case-based presentation to staff of long-term care facilities. Classic Care Pharmacy Educational Event. February 12, 2013.
- 2011 Delirium, Depression, and Dementia: A Clinical Case Study, Academy of Medicine Ottawa Annual Clinical Day, February 25, 2011
- 2011 The Spectrum of Mood Disorders – Enhancing Knowledge of Atypical Antipsychotics, Primary Care Updates, Ottawa, May 27-28, 2011
- 2011 Targeting Functional Recovery in Older Patients with Depression, case based presentation to Family Health Teams, Brockville, ON, April 28, 2011
- 2011 Implementing New Guidelines: Treating Depression in the Elderly, Classic Care Pharmacy Group of community based pharmacists, Ottawa, ON, February 22, 2011
- 2011 Complications of Dementia: Behaviour Issues and Emergencies, Medical Grand Rounds, Dept of Medicine, The Ottawa Hospital, Ottawa, February 9, 2011
- 2010 Treating Behavioural and Psychological Symptoms of Dementia (BPSD): An evidence-based approach. Interprofessional Approach to the Acute Care of the Elderly Symposium, Queensway Carleton Hospital, Ottawa, Jan 27, 2010
- 2009 Clinical Challenges of Treating Major Depression in a Family Practice Setting, Primary Care Updates, Ottawa, June 18-19, 2009
- 2008 STAR.-D & CORE Studies: Review of the Literature- at Difficult and Interesting Rounds (DIC) Rounds, Vancouver General Hospital, Vancouver. January 28, 2008
- 2008 Highlights from the 3rd Canadian Conference on the Diagnosis and Treatment of Dementia, Invited plenary, Annual UBC Department of Psychiatry Clinical Day, May 30, 2008
- 2007 Antidepressant Update: How to get your patients well? Must know vs. Nice to Know, St. Paul's Hospital Continuing

Medical Education Conference for Primary Care Physicians.
May 20-23, 2007

- 2007 Advances in the Management of Dementia & Behavioural & Psychological Symptoms of Dementia, Clinical Issues in Geriatrics Conference, Surrey, BC. May 11, 2007
- 2007 Mood Disorders in the Elderly , 6th. Annual UBC Department of Psychiatry Clinical Day, June 8, 2007
- 2007 Medical Comorbidity Across the Spectrum of Psychiatric Care, Riverview Hospital, BC. September 28, 2007
- 2007 BC Guidelines on Dementia and Use of Cholinesterase Inhibitors, Clinical Grand Rounds – Riverview Hospital, November 7, 2007
- 2007 Geriatric psychiatry Conference, Riverview Hospital, BC, November 23, 2007
- 2007 Advances in the Management of Dementia and Behavioural and Psychological Symptoms of Dementia, Clinical Issues in Geriatrics Conference (Medicine and Psychiatry), May 11, 2007
- 2006 Choking Death Case Review: New Dysphagia Management Guidelines, Riverview Hospital CME Rounds, November 29, 2006
- 2006 The Risk of Suicide with SSRI's in the Elderly, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, November 6, 2006
- 2006 Treating Behavioural and Psychological Symptoms of Dementia (BPSD): Is there a role for pharmacotherapy? Department of Psychiatry, VGH & UBC Grand Rounds, Vancouver, October 31, 2006,
- 2006 Dementia vs Delerium vs Psychosis, Keynote speaker, Minoru Medical Education Society, August 8, 2006
- 2006 Treatment of Depression in the Elderly, Community Care Pharmacy and Civic Pharmacy CME, Vancouver, June 4, 2006

- 2006 Practical Guide to Assessment of Clinical Evidence in the Literature, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, March 20, 2006
- 2006 Late Life Bipolar Disorder- Review of Pharmacological Treatment, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, February 20, 2006
- 2005 Treating the Geriatric Generalized Anxiety Disorder (GAD) Sufferer: A Review of Diagnosis, Etiology, and Treatment Best Practices, CME Presentation to Geriatric Psychiatrists, Vancouver, BC, December 6, 2005
- 2005 Overview of Where We're At with Cholinesterase Inhibitors, Grand Rounds, Mount St. Joseph's Hospital, Vancouver, BC, December 6, 2005
- 2005 Role of Newer Agents in the Management of Late Life Bipolar Disorder, CME Presentation to Geriatric Psychiatrists, Vancouver, BC. October 5, 2005
- 2005 Senile Squalor Syndrome, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, September 12, 2005
- 2005 Electroconvulsive Therapy (ECT) Update Course, Mount St. Joseph's Hospital and UBC, Vancouver, June 23, 2005
- 2005 Treatment Resistant Depression in the Elderly, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, May 30, 2005
- 2005 Behavioural Vital Signs, Difficult and Interesting Rounds (DIC), Vancouver General Hospital, April 18, 2005
- 2002 New and Emerging Trends in Management of Alzheimer's and Related Dementia. The Alzheimer Society of London and Middlesex Commitment to Care Conference. October 18, 2002

PEER-REVIEWED RESEARCH ACTIVITIES

- 2019, 2020 A National Cannabis (E-Learning) Education Program Focused on Older Adults: Funded by Health Canada: Substance Use and Addictions Division, Controlled

Substances and Cannabis Branch. David Conn, **K. Rabheru**, et al.

- 2019, 2020 The effect of high-fidelity simulation-based electroconvulsive therapy training in an interprofessional setting for Psychiatry and Anesthesia residents. Marla Davidson (PI), Sarah Frangou, Kristen Edwards, Natalie Garrett, Joshua Frost, Kiran Rabheru MD
- 2015 Blumberger D, Daskalakis J, **Rabheru K**, Vila-Rodriguez F et al. Canadian Magnetic Seizure Therapy vs ECT Trial. Brain Canada Project Grant Proposal under submission Jan 2015.
- 2013 Garcia L, Cohen C, Conklin J, Harvey D, Marziali E, McCleary L, Porteous A, **Rabheru K**, Robitaille A, Taler V, Toal-Sullivan D, Wiersma E. Redesigning the management of responsive behaviours for persons living with dementia. CIHR Project Grant Proposal submitted November 2013 - funded
- 2013 Fergusson D , Momoli F, Moher D, Ramsay T, Garritty C, **Rabheru, K**. A Randomized Non-inferiority Trial of NeuroQore Repetitive Transcranial Magnetic Stimulation (rTMS) for Treatment-Resistant Major Depressive Disorder (MDD). MaRS EXCITE Proposal submitted June 2013.
- 2013 **Rabheru K**. Proposal to address team-based learning within the context of simulation-based medical education course for Electroconvulsive Therapy (ECT)
- 2013 Fergusson D, Moher D, Momoli F, **Rabheru K** et al. A multi-site, randomized, parallel, single-blind, non-inferiority trial, comparing the effectiveness of repeated transcranial magnetic stimulation to electroconvulsive therapy. In planning stage.
- 2012 Lam R, Parikh S, Kennedy S, MacQueen G, Milev R, Turecki G, **Rabheru K**. CIHR Strategy for Patient Oriented Research (SPOR).
- 2012 Lawlor P, Allard P, Bush S, Pereira J, Brajtman S, **Rabheru K**, Momoli F, Power B, MacPherson C, Wright D. Studies to Understand Delirium In Palliative Care Settings (SUNDIPS).

- 2012 Stevenson A, Burry J, **Rabheru K**, Bourgon L. A Retrospective Evaluation of Clinical Outcomes in Patients Treated for Major Depressive Disorder with Maintenance ECT and Pharmacologic Therapy.
- 2011-present Mulsant B, **Rabheru K**. Canadian Algorithm for Treatment of Late-Life Depression. In collaboration with the Canadian Academy of Geriatric Psychiatry, we are in the planning stages to co-lead a working group to create an algorithm for the treatment of depression in the elderly.
- 2011-2013 **Rabheru K**, Weins A, Bourgon L, Antochi R, Ramprasad B, , Naik V, Hamstra S. Proposal to create a medical education course for Electroconvulsive Therapy (ECT), a national standardized accredited course to train and credential psychiatrists in the administration of ECT, in collaboration with the University of Ottawa Skills and Simulation Centre (uOSSC)
- 2011-2013 **Rabheru K** (PI), Wiens A, Antochi A, Ramprasad B, Bourgon L, Naik V, Hamstra S, Chiu M. Comparison of Traditional Didactic Seminar to High Fidelity Simulation Augmented Didactic Seminars for Teaching Electroconvulsive Therapy Technique to Psychiatry Trainees. This study, the first of its kind in the world, was conducted at The Ottawa Hospital Simulation Centre in September 2011.
- 2010-2012 Forster A, **Rabheru K**, et al. Prospective Adverse Event Surveillance on Mental Health Unit. Ottawa Hospital Research Ethics Board (OHREB) Protocol # 2010260-01H

PEER-REVIEWED GRANTS AND AWARDS

- July 1, 2019 A National Cannabis Education Program Focused on Older Adults: Health Canada: Substance Use and Addictions Division, Controlled Substances and Cannabis Branch. \$856,945 over 3 years. David Conn, **K. Rabheru**, et al.
- August 1, 2018 Centre for Aging and Brain Health Innovation's (CABHI)-Researcher Clinician Partnership Program (RCP²-V3) grant. \$425,000 – **August 1, 2018 to November 2019**: "Fountain of Health Initiative for Brain Health & Optimal Aging: Innovative

Practice Tools for Health Behavior Change & Dementia Prevention” **K. Rabheru (PI)**, KL Cassidy (Co-PI), et al.

- May 3, 2018 Canadian Institutes of Health Research Application Number 402763 - CCSMH Guidelines on Substance Use Disorder Among Older Adults: Knowledge Translation and Dissemination Meeting Proposal. \$19,525-Planning and Dissemination Grant - Institute Community Support. **K. Rabheru**, Co-Investigator
- 2017-2020 Health Canada-Substance Use and Addiction Program. Arrangement 1718-HQ 000008 with Canadian Academy of Geriatric Psychiatry (CAGP) & Canadian Coalition for Seniors Mental Health (CCSMH) -Dr. David Conn (PI), **K. Rabheru**- Co-Investigator. "Development of Four National Guidelines for Older Adults: Prevention, Assessment, and Treatment of Alcohol, Opioids, Benzodiazepines and Cannabis Use Disorders. Total \$960,151.00 over 3 years. \$324,412.00 in 2017-2018; \$378,552.00 in 2018-2019; \$257,187.00 in 2019-2020.
- 2015-2016 Garcia L, Robitaille A, Bouchard S, **Rabheru K**, Wiersma E, Sadavoy J, LeClair K, McCleary L, Toal-Sullivan D, Vézina J. Feel the difference: Can a training module using virtual reality help address responsive behaviors in dementia? Alzheimer Society of Canada. Approved April 13, 2015. Total approved budget: \$120,000; \$60,000 per year.
- 2015-present Herrmann N, Lanctot K, Seitz D. CCNA Ottawa Collaborator: **Rabheru K**. Development of a Cross-Canada Network of Long-Term Care Facilities to Study the Prevention and Treatment of Neuropsychiatric Symptoms in Institutionalized Persons with Dementia. Canadian Consortium on Neurodegeneration in Aging (CCNA). Details at: <http://news.gc.ca/web/article-en.do?mthd=index&ctr.page=1&nid=88>
- 2015 Blumberger D, Lisanby SH, McClintock S, Vila-Rodriguez F, **Rabheru K**, Husain MM, Downar J, Daskalakis J, Dimitrova J, Cognitive Outcomes and the Response/Remission Efficacy of Convulsive Therapies in Treatment Resistant Depression: The CORRECT-TRD Trial. Brain Canada proposal submitted June 2015.

- 2013 Garcia L, Cohen C, Conklin J, Harvey D, Marziali E, McCleary L, Porteous A, **Rabheru K**, Robitaille A, Taler V, Toal-Sullivan D, Wiersma E. Redesigning the management of responsive behaviours for persons living with dementia. CIHR planning grant: Health services and systems for aging. \$21,250. Approved February 15, 2013. Grant number 201302HLA 304390.
- 2013 Moher D, Mills EJ, Bansback N, Bryan S, Hutton B, Ioannidis J, Kanji S, **Rabheru K**, Thorlund K. The risk of elevated prolactin levels in pediatric patients exposed to resperidone and other anti-psychotics for the treatment of schizophrenia and other schizophrenia-spectrum disorders: a network meta-analysis. CIHR DSEN grant - \$96,943. (Co-Investigator). Approved January 15, 2013. Application number 298259
- 2012-2013 Moher D, Fergusson D, Kanji S, **Rabheru K**, Tricco AC et al. Association between antidepressant therapies and their impact on bone, mineral density change, risk of bone fractures and falls: A systematic review. CIHR DSEN grant - \$99,460. (Co-Investigator). June 2012-2013
- 2007-2012 Feldman H, McKenzie I, **Rabheru K**. Frontotemporal Lobar Degeneration with Ubiquitinated Inclusions: Genetic, Clinical, Pathological and Biomarker Studies. CIHR Operating grant - \$368,731 (*Co-Principal Investigator*)
- 2007- 2011 Chappell N, Feldman H, Jacova C, **Rabheru K**, Lee P. Alzheimer's Drug Therapy Initiative (ADTI, Peer-Reviewed and Funded by BC Pharmacare - \$2,800,000. (*Co-Principal Investigator*)
- 2008-2009 Kozak JF , **Rabheru K**, Mithani A, Alzona E. Evaluation of the Clinical Management and Quality of life of Frail Elderly with Comorbid Mental Health Conditions: The Management and Meaningfulness of Dementia and Depression. Grant from the Tapestry Foundation - \$100,000 (*Co-Principal Investigator*)
- 2007-2008 Rogers J, **Rabheru K**. Pilot Study examining Prevalence of Alcohol and Substance misuse in Dementia patients with major depression - \$30,000 (*Co-Principal Investigator and Resident Research Supervisor*)

- 2007-2008 **Rabheru K.** Investigator-Initiated Trial. An Open-Label Study of Escitalopram in the Treatment of Major Depressive Disorder in Elderly Dementia Patients. Funding by Lundbeck Canada - \$257,375.00 (*Principal Investigator*)
- 2002 **Rabheru K.** A Multicentre, double-blind, Double-dummy, Randomized, Parallel-group, Controlled Phase III Study to Demonstrate the Safety and Tolerability of Sustained Release Formulation Quetiapine Fumarate (Seroquel) in Treatment of Elderly Subjects with Alzheimer's Disease with Symptoms of Psychosis and/or Agitation Compared to Seroquel immediate Release Formulation. Funded by Astra Zeneca - \$ 30,000 (*Principal Investigator, Lead for 3 Canadian Sites*)
- 1999 **Rabheru K,** Karunaratne K, Fisman M, Borrie M. Risperidone in the treatment of behavioral disturbances in demented patients: an international, multicentre, placebo-controlled, double-blind, parallel group trial using haloperidol as an internal reference. Funding by Janssen Ortho - \$65,000 (*Principal investigator*)
- 1999 **Rabheru K,** Borrie M. An open-label study to evaluate the safety, tolerability and efficacy of 1.5 mg. b.i.d. (3 mg/day) through 6 mg. b.i.d. (12 mg / day) Exelon in patients with mild to moderate probable Alzheimer's Disease in the community. Funding by Novartis - \$18, 000 (*Principal Investigator, UWO site*)
- 1999 **Rabheru K,** Karunaratne K, Fisman M, Borrie M. A one year open label study of Risperidone in the treatment of behavioral disturbances in demented patients. Funding by Janssen Ortho - \$12,000. (*Principal Investigator, UWO site*)
- 1997 **Rabheru K,** Borrie M. Efficacy, tolerability and safety of Galantamine in the treatment of Alzheimer's Disease. Funded by Janssen Ortho - \$25, 000 (*Principal Investigator, UWO site*)
- 1996 **Rabheru K,** Borrie M. A multicentre, randomized, double-blind, placebo-controlled evaluation of the safety and efficacy of Donepezil Hydrochloride (E2020) in patients with moderate to moderately severe Alzheimer's Disease followed by an open-label treatment phase. Funding by Pfizer – \$24,000 (*Principal Investigator, UWO site*)

- 1993 **Rabheru K**, Borrie M. Long term safety study of Milameline in patients with mild-to-moderate Alzheimer's Disease, with a double blind initial pilot comparison of different titration regimens. Funding by Hoechst Marion Roussel Canada – \$ 26,000 (*Principal Investigator, UWO site*)

PUBLICATIONS

Invited Reviews of Published Guidelines

- 2020 Stall NM, Johnstone J, McGeer AJ, Dhuper M, Dunning J, Sinha SK. Finding the Right Balance: An Evidence-Informed Guidance Document to Support the Re-Opening of Canadian Nursing Homes to Family Caregivers and Visitors during the COVID-19 Pandemic. *Journal of the American Medical Directors Association*. 2020 Aug 3; <https://doi.org/10.1016/j.jamda.2020.07.038>
- 2010 APA Practice Guidelines on Alzheimer's Disease, American Psychiatric Association, 2010. (**Rabheru K**. Invited Reviewer, on behalf of The Canadian Academy of Geriatric Psychiatry) www.psychiatryonline.com/pracGUIDE/practicePDFs/AlzPG101007.pdf
- 2005 Lam R, Kennedy S. CPA Position Statement. Prescribing Antidepressants for Depression in 2005: Recent Concerns and Recommendations. (**Rabheru, K**. Invited External Reviewer) *Canadian Journal of Psychiatry*. 2005; 49(12): 1-5

Peer- Reviewed Papers

- 2020 Cassidy KL, Vallis M, Conn D, Massie AS, Checkland C, Parsons D, Mitchell JS, **Rabheru K** (2020). Comparing a clinician-assisted and app-supported behavioral activation intervention to promote brain health and well-being in frontline care. *International Psychogeriatrics*, 1-11. doi:10.1017/S1041610220001325 <https://www.cambridge.org/core/journals/international->

[psychogeriatrics/article/compared-a-clinician-assisted-and-app-supported-behavioral-activation-intervention-to-promote-brain-health-and-wellbeing-in-frontline-care/E735E5E137602B57DAB4E5D6F3205C7A](https://doi.org/10.1177/0731974120938333)

- 2020 Rieb, L. M., Samaan, Z., Furlan, A. D., **Rabheru, K.**, Feldman, S., Hung, L., Budd, G., & Coleman, D. (2020). Canadian Guidelines on Opioid Use Disorder Among Older Adults. *Canadian Geriatrics Journal*, 23(1), 123-134. <https://doi.org/10.5770/cgj.23.420> ; <https://pdfs.semanticscholar.org/17ab/96100dc2f77714128a383e8cb49c13f34170.pdf>
- 2020 Danilewitz M, Ainsworth NJ, Bahji A, Chan P, **Rabheru K.** Virtual psychiatric care for older adults in the age of COVID-19: challenges & opportunities. *International Journal of Geriatric Psychiatry*. 2020 Jun 29. <https://onlinelibrary.wiley.com/doi/full/10.1002/gps.5372>
- 2020 Hwang, T., **Rabheru, K.**, Peisah, C., Reichman, W., & Ikeda, M. (2020). Loneliness and social isolation during the COVID-19 pandemic. *International Psychogeriatrics*, 1-4. doi:10.1017/S1041610220000988 <https://www.cambridge.org/core/journals/international-psychogeriatrics/article/loneliness-and-social-isolation-during-the-covid19-pandemic/47ED3121405BEF3CC628A2E73E176594/share/e823650c8ffa59835da94a6d862747271bb9e3bb>
- 2020 Can. Geriatrics J. Canadian Guidelines on Benzodiazepine Receptor Agonist Use Disorder Among Older Adults. https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fccsmh.ca%2Fwp-content%2Fuploads%2F2019%2F11%2FBenzodiazepine_Receptor_Agonist_Use_Disorder_ENG.pdf&data=02%7C01%7C%7C3fd25d44f2d549a83fab08d79875dd33%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637145504299504555&sdata=h3GmKPVa8ND4fAnOtjVRO0XcSlcOeQxn7foeOuA%2B4ns%3D&reserved=0

- 2020 Can. Geriatrics J. Canadian Guidelines on Alcohol Use Disorder Among Older Adults.
https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fccsmh.ca%2Fwp-content%2Fuploads%2F2019%2F12%2FFinal_Alcohol_Use_DisorderV6.pdf&data=02%7C01%7C%7C3fd25d44f2d549a83fab08d79875dd33%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637145504299524572&sdata=9%2BBKpIMJS0HOUwQn9avQV%2FC%2Ffrizzr1LnY3uGcta9j%2BM%3D&reserved=0
- 2020 Can. Geriatrics J. Canadian Guidelines on Opioid Use Disorder Among Older Adults.
https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fccsmh.ca%2Fwp-content%2Fuploads%2F2019%2F11%2FCanadian_Guidelines_Opioid_Use_Disorder_ENG.pdf&data=02%7C01%7C%7C3fd25d44f2d549a83fab08d79875dd33%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637145504299544588&sdata=4XkhiH%2FoeRVZHmJRH%2Fq8fx6eXXrlbJ6tVSPjckV%2FU1s%3D&reserved=0
- 2020 Can. Geriatrics J. Canadian Guidelines on Cannabis Use Disorder Among Older Adults.
https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fccsmh.ca%2Fwp-content%2Fuploads%2F2020%2F01%2FNew_Cannabis_Use_Disorder_ENG_WEB.pdf&data=02%7C01%7C%7C3fd25d44f2d549a83fab08d79875dd33%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637145504299564605&sdata=mRvMSLbJ8ZrO7Hchn9DAw8dwmTjpkCwTpLjYyE9ROMM%3D&reserved=0
- 2020 Can. Geriatrics J - Canadian Coalition for Seniors' Mental Health (CCSMH) Guidelines on Substance Use Disorders Among Older Adults. Canadian Geriatrics Journal. 2020 Mar; 23(1): 88.
 Published online 2020 Mar 30. doi: 10.5770/cgj.23.415.
https://eur03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fccsmh.ca%2Fwp-content%2Fuploads%2F2019%2F12%2FCanadian_Guidelines_Introduction_Doc_ENG.pdf&data=02%7C01%7C%7C3fd25d44f2d549a83fab08d79875dd33%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637145504299474528&s

[data=IBjiftV4bRXKs0ci%2BfnERR%2BuZwvmZjtasyK1XfIJ0%3D&reserved=0](#)

- 2019 Gough, A., Cassidy, B., **Rabheru, K.**, Conn, D., Canales, D.D. and Cassidy, K.L., 2019. The Fountain of Health: effective health promotion knowledge transfer in individual primary care and group community-based formats. *International psychogeriatrics*, 31(2), pp.173-180.
- 2019 **Rabheru, K.** Management of Agitation in an Acute Care Hospital Setting: Description of A Practical Clinical Approach Employed at The Ottawa Hospital. *CGs Journal of geriatrics* Vol 9, Issue 2, 2019
<https://canadiangeriatrics.ca/2019/12/management-of-agitation-in-an-acute-care-hospital-setting-description-of-a-practical-clinical-approach-employed-at-the-ottawa-hospital/>
- 2018 Balijepalli C, Druyts E, Zoratti MJ, Wu P, Kanji S, **Rabheru K**, Yan K, and Thorlund K.. "Review Article- Change in Prolactin Levels in Pediatric Patients Given Antipsychotics for Schizophrenia and Schizophrenia Spectrum Disorders: A Network Meta-Analysis" *Schizophrenia Research and Treatment*, Volume 2018, Article ID 1543034.
<https://doi.org/10.1155/2018/1543034>
- 2018 Gough A, Cassidy B, **Rabheru K**, Conn D, Cassidy KL. "The Fountain of Health: Effective Health Promotion Knowledge Transfer in Individual Primary Care and Group Community-Based Formats. *International Psychogeriatrics*. Positive Psychiatry Special Edition. Published International Psychogeriatrics: May 2018
<https://doi.org/10.1017/S1041610218000480>
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- 2001 O'Donnell M, Molloy DW, **Rabheru K**. Dysfunctional Behavior in Dementia: A Clinician's Guide. Newgrange Press Canada, 2001.
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Case Reports with Trainees

- 2013 King H, **Rabheru K.** A Case Report: ECT-Induced Status Epilepticus. In preparation.
- 2013 Chun S, **Rabheru K.** A Case Report: Recurrent Self-Induced Vomiting in Borderline Personality. In preparation

Invited Publications

- 2020 A Report to the UN Rights Council: "Protecting Human Rights During and After COVID-19: Challenges to the Human Rights of Older People in Canada"
https://www.ilccanada.org/images/Final_Independent_Expert_report_on_Aging_-_report_on_the_Pandemic_in_Canada_202006_10_FINAL-converted.pdf
- 2017 **Rabheru K.** Protecting the Rights of the Older Persons - Policy Options:
<http://policyoptions.irpp.org/magazines/march-2017/protecting-the-rights-ofolder-persons/>
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- 2016 **Rabheru K.** "How to Better Serve an Aging Population" - Focus on Health System Integration. Canadian Nurse, Volume 112, Number 7, pp. 18-21.
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- 2012 **Rabheru K.** Strategic Use of Antipsychotics in Patients with Dementia. Ontario Dementia Network Newsletter. 2012
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- 2006 **Rabheru K.** Late-Life Psychosis: A Common Condition" *The Canadian Journal of Diagnosis.* August 2006, pp11-15.
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- 2002 **Rabheru K.** Depression in Older Patients. Expert Clinical Case Reviews For The Primary-Care Physician. 2002; 1(1).
- 2002 **Rabheru K.** Improving Patient Outcomes in Community Settings. Part of a Report on Critical Issues in the Management of Behavioral and Psychological Symptoms of Dementia. A Satellite Symposium of The XXIII Congress of the Collegium Internationale Neuro-Psychopharmacologicum, June 23-27, 2002
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- 2001 **Rabheru K.** Administering psychiatric care in nursing home settings. Ontario Medical Review Drug Report. 2001; 72:1-2.
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- 2001 **Rabheru K.** Treatment of Behavioural Manifestations of Dementia. The Journal of Pharmacotherapeutic Strategies. Emerging Trends in Neurology: From Pathophysiology to New Treatments: A Focus on Epilepsy, Migraine, Neuropathic Pain and Dementia. 2001: 10-12.

- 2001 **Rabheru K.** Distinguishing between Delirium, Apathy, and Depression in the Elderly Patient. *The Chronicle of Neurology and Psychiatry*. October 2001, p 28.
- 2001 **Rabheru K.** The Full Spectrum: Psychosis in the Elderly. *Geriatrics and Aging*. 2001; 4(4): 9, 28-29.
- 2000 **Rabheru K.** Managing your patient's Libido. Medications may be of Limited Use for Treatment of Sexual Aggression in Dementia. *Geriatrics & Aging*. 2000; 3(9):11,33.
- 2000 **Rabheru K, Mark P.** Behavioural Disturbances in Dementia. *The Medical Post*. Q1-8. May 9, 2000.
- 1999 **Rabheru K.** Managing AD Patients with Behavioural Problems. *Canadian Journal of CME*. 1999; 11(2): 167-179.
- 1998 **Rabheru K.** Managing behavioural problems with Alzheimer's patients. *Patient Care*. 1998; 9(9): 50.
- 1995 Kazarian SS, **Rabheru K**, Appell J. From Hospital Bed to Community Living: Needs Assessment of Elderly Inpatients of London Psychiatric Hospital. *London Psychiatric Hospital Bulletin*. 1995; VI (7).

Reports of Working Group Proceedings

I have led or participated in several working groups that have created key guidelines which have resulted in positive impact on clinical care, locally, nationally and internationally. These documents are listed below.

- 2014 Katzman MA, Bleau P, Blier P, Chokka P, Kjernistead K, Van Ameringen M. Anxiety Guidelines Initiative Group on behalf of the Anxiety Disorders Association of Canada and McGill University. **Canadian Clinical Practice Guidelines for the Management of Anxiety, Posttraumatic Stress and Obsessive-Compulsive Disorders**. Additional authors: Antony MM, Bouchard S, Brunet A, Flamant M, Grigoriadis S, Mendlo-Witz S, O'Connor K, Rabheru K, Richter PMA, Robichaud M, Walker JR. *BMC Psychiatry* 2014, 14(Suppl1): S1 <http://www.biomedcentral.com/1471-244x/14/s1/s1>
- 2007 **BC Dementia Service Framework**, September 2007
As Chair of the Advocacy Committee of the Alzheimer Society of British Columbia, I served on this Working Group,

to help create a person-centered approach to planning and delivering care and improving health outcomes across the conventional boundaries of the health system for patients with dementia.

http://www.alzheimerbc.org/getdoc/1f230200-0ee6-4aef-a056-1e3b9e6d4cb7/DementiaServiceFramework_PDF.aspx

- 2007 Hogan D. **Proceedings and Recommendations of the 2007 Banff Conference on the Future of Geriatrics in Canada.** Canadian Journal of Geriatrics. 2007; 10(4):133-148. I was an invited member of these proceedings and contributed to the recommendations to develop and implement long-term educational strategies to move Geriatrics forward in Canada.
- 2006 **Dysphagia Management Guidelines**, approved by BC Mental Health and Addictions Services, 2006. As Chair of Patient Safety and Quality of Care at Riverview Hospital, I envisioned these guidelines following a Coroner's Review of an unexpected patient death resulting from a choking incident, and lead the Working Group to develop, implement, and evaluate them in hospital settings.
- 2006 Swinson R, et al. **Clinical Practice Guidelines for Management of Anxiety Disorders.** Canadian Journal of Psychiatry. 2006; 51(2): 1S-91S. I was an invited member of the Working Group, and helped to develop guidelines to provide practical, evidence-based recommendations to primary care physicians and specialists in psychiatry for the diagnosis and treatment of anxiety disorders.
- 2006 Feldman H, Gauthier S, Chertkow H, Conn D, Freedman M, MacKnight C. **Canadian Guidelines for the Development of Antidementia Therapies: A Conceptual Summary.** Canadian Journal of Neurological Sciences. 2006; 33: 6-26 I was a contributor to the development of these guidelines, which cover a range of design, methodological, and ethical issues facing clinical researchers and regulatory authorities, and provide a common point of reference and guidance.
- 2000 Rabheru K, Kotnik B. **Geriatric Psychiatry Program safety, Protective Measures.** These policies were an addendum to the Hospital Restraint Policy at Regional Mental Health Care, London, ON; and endorsed by the Ontario Ministry of Health and Long term Care in 2000. I

served as Physician Leader of the Working Group to create recommendations on alternatives to restraints and when, why, and how to use restraints in the elderly in a compassionate, dignified, and safe manner.

Abstracts Published in Peer-Reviewed Journals

I have listed only abstracts that are readily available for reference. Several medical education conferences publish booklets of abstracts or provide CDs of abstracts to attendees; the abstracts are not readily accessible through other means. Presentations associated with such abstracts have been listed under Peer-reviewed Abstracts and Conference Presentations.

- 2017 L. Garcia, A. Robitaille, S. Bouchard, N. Lesiuk, R. Pinet , J. Constable , L. McCleary , K. Rabheru. Can A Training Module Using Virtual Reality Help Address Responsive Behaviors? IAGG 2017 World Congress. Innovation in Aging, 2017, Vol. 1, No. S1 <file:///C:/Users/krabheru/OneDrive%20-%20The%20Ottawa%20Hospital/Desktop/VR%20Dementia%20Training.%202017.pdf>
- 2003 Snowdon J, Halliday G, **Rabheru K**, Pollett G. Squalor: The Problems of Assessment and Management. Proceedings of the 16th Annual Meeting of the American Association for Geriatric Psychiatry, Honolulu, Hawaii, March 1-4, 2003, p 33.
- 2003 **Rabheru K**. Pollett G. Public Health Strategies to combat Squalor. Proceedings of the 16th Annual Meeting of the American Association for Geriatric Psychiatry, Honolulu, Hawaii, March 1-4, 2003, p 34.
- 2003 **Rabheru K**. Squalor: Differential Diagnosis and Role of the Frontal Lobes. International Psychogeriatrics. 2003; 15(2): 55.
- 1999 Fisman M, **Rabheru K**, Hegele R, Sharma V, Fisman D, Doering M, Appell J. Apolipoprotein E Polymorphism and Response to Electroconvulsive Therapy. The Journal of ECT. 1999; 15(1): 102-110.