

Sarah L. Caliboso-Soto, LCSW
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EDUCATION

University of Southern of California Doctorate in Education Organizational Change and Leadership	Los Angeles, California Anticipated graduation December 2021
California State University, Long Beach Master of Social Work Thesis: Acculturation and Family Functioning Among Immigrant Filipino Families	Long Beach, California August 1998
University of California at San Diego Bachelor of Arts, Psychology	La Jolla, California August 1992
LCSW certification	April 2003

AREAS OF EXPERTISE

- Culturally diverse and urban populations
- Telebehavioral health
- Child Welfare
- Supervision
- Crisis Management and Intervention
- Program Development, Implementation and Evaluation
- Child and Family Psychotherapy
- Transitional Age Youth
- Staff Training and Development
- Leadership and Management
- Community Outreach and Collaboration
- Mental Health
- Policy and Macro Practice

EMPLOYMENT

University of Southern California Suzanne Dworak-Peck School of Social Work Interim Clinical Director, USC Telehealth	Los Angeles, CA January 2019- to present
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- Oversee and direct the day to day operations of the USC Telehealth Clinic including clinical management, medical records, client care, quality management, faculty credentialing and field education.
- Maintain and direct an 8-week training curriculum, consisting of live training, online modules, role-plays, and concurrent feedback from LCSW field instructors to develop students' skills in bio-psychosocial assessment, diagnostic formulation, treatment planning, clinical documentation,

suicide/homicide risk assessment and cultural competence with special populations within an online setting. Ensure that program aligns with social work core competencies and that interns are provided proper learning activities to achieve the competencies.

- Manage and monitor compliance to service contracts which include Monterey Bay County Behavioral Health (\$100,000), the Los Angeles Department of Mental Health (\$540,000) and Pritzker Foundation (\$70,000). Set up productivity structure for billing goals.
- Conduct Outreach and Engagement presentations to community providers; coordinate and collaborate partnerships.
- Develop quality assurance and utilization review (QA/UR) procedures and protocols that ensure fidelity to evidenced based practices employed
- Interview and recruit tentative student intern candidates and ASWs to join clinical team.
- Facilitate and develop on-going trainings for providers including psychosocial assessment, treatment planning, and documentation. Collaborate with fellow faculty to provide training to Telehealth interns.
- Train and mentor MSW interns on best clinical practices in assessment, diagnosis, treatment planning documentation, cultural considerations as well legal and ethical concerns. Assist students to develop learning goals and evaluate students on progress toward learning goals and social work competencies.
- Provide individual and group supervision for students. Provide opportunities for students to participate in case consultation with clinical team members
- Develop clinic policy and procedures. communicate program priorities and performance standards and assessed operations using these criteria. Ensure quality care for all consumers.
- Collaborate with faculty to develop research objectives, and data collection and analysis plans related to clinical services. Respond to requests for information, consultation, for professional or industrial associations.
- Facilitate weekly clinic meetings with operations team and consultation meetings with Clinical Supervisors to discuss clinic issues, treatment team members' performance and challenging client cases. Directly supervise clinical supervisors and field instructors.
- Direct the delivery of clinical services to targeted clients. Ensure service delivery aligns local, state, and federal regulations, and laws and standards established by accrediting organizations.
- Interview and recruit student intern candidates and orient accepted students
- Develop and implement SAFE-T program in response to COVID 19. Developed placement for 41 interns including training and supervision. Outreach and collaborated with community-based agencies as referral sources. Collaborate with faculty to train students and field instructors on Psychological First Aid, orient to clinic policy and procedure

Assistant Professor, Field Education, On Campus Program

- Taught integrative seminar, facilitated class discussions about practicum experience.
- Provide professional consultation for students' internship experiences with clients, assisted and guided students to improve their professional communication skills through presentations, role plays, small group activity and discussions.
- Encourage collaboration, communication, creativity and critical thinking in improve students' practice in class discussion.
- Facilitated opportunities to apply social work practice, values and ethics in various placement practice settings involving a combination of videos, interactive exercises, and written and oral assignments.
- Provide a safe experiential learning to encourage self-awareness, mindfulness, and exploration of how students' identities influence their values and work with clients.
- Evaluate course assignments which include a both written and oral assignments, participation, forum postings and group assignments. Provided constructive feedback to students on all assignments.
- Participate in bi-weekly/monthly faculty consultation meetings for SOWK 698a/b and SOWK 699a/b.

- Liaise student interns, collaborated with students to create and learning agreements
- Work collaboratively with community agencies and field instructors. Assisted and oriented new field instructors on student course requirement and expectations
- Develop Student Performance Improvement Plans with both student and field instructors, coordinate consultations meetings and student review meetings when appropriate.
- Assist students to identify student learning activities during COVID 19.

Virtual Academic Center

Senior Lecturer

July 2016-December 2018

- Provided on-going review of course content and updating when needed for online platform. Contribute to the development, planning and implementation of a high-quality curriculum.
- Developed and applied innovative and appropriate teaching techniques and materials that create interest, understanding and enthusiasm amongst students.
- Transferred knowledge including practical skills, methods and techniques.
- Challenged thinking, foster debate and develop the ability of students to engage in critical discourse and thinking.
- Assisted in the development of learning materials, preparing schemes of work and maintaining records to monitor student progress, achievement and attendance.
- Participated in departmental and faculty seminars aimed at sharing research outcomes and building interdisciplinary collaboration within and outside the department.
- Contributed to departmental, faculty, working groups and committees
- Courses taught: SOWK 603 Merging Policy, Planning and Research for Change; SOWK 627 Policy and Macro Practice in Children Youth and Family Services
- **Course Lead for SOWK 627.** Provided leadership in the role of course content, development planning and implementation.
 - Mentor new instructors to course, provide consultation and support for adjunct instructors
 - Led monthly course faculty meetings
 - Conducted evaluations among faculty to determine best
 - Developed learning outcome anchors to determine if students are achieving learning outcomes
 - Worked with adjuncts to determine if students are meeting learning outcomes

On Campus Program and Virtual Academic Center

Adjunct Assistant Lecturer

January 2011 to June 2016

- Prepared and provide lecture to MSW candidates in topics related to students' field practicum and social work practice in accordance to university requirements
- Engaged student's critical thinking, discussion and exploration of social work theory, practice and policy and field practicum experiences
- Worked closely with Field Instructors to ensure students are meeting course and practicum requirements. Assisted Field Instructors to develop appropriate learning experiences for students.
- Liaised for USC School of Social Work to mediate/advocate for students in placements to ensure both student and agency needs are being met
- Co-led a weekly consultation group to train new VFP instructors in the delivery of EBI training and provide professional consultation for instructors regarding their experience with teaching a foundation year field practicum course
- Course taught: SOWK 603 Merging Policy, Planning and Research for Change; SOWK 587B Field Seminar; SOWK 686b Field Seminar II; SOWK 587a Virtual Field Practicum

Kedren Health Center*Program Director**Full Service Partnership*

Los Angeles, CA

February 2004 to June 2016

- Responsibility for staffing, resourcing, and clinically/administratively supervising Psychiatric Social Workers, Case Managers and Paraprofessional including assignments, crisis scheduling, recruitment, selection and hiring, supervision and performance evaluation; disciplinary action and termination; orientation in department and program. Provided leadership to program staff to ensure that client services meet contractual performance goals. Ensure that delivery of services are in accordance with Kedren Mission
- Identified staff training needs and ensures implementation and development of programs; train staff on several of topics including crisis intervention, documentation and DC 0-3R.
- Interfaced with related community agencies, Los Angeles County Department of Mental Health, California Institute of Mental Health, and Los Angeles Department of Probation
- Counseled/coached staff in development of their assignments, responsibilities and scope of their practice.
- Reviewed chart documentation for accuracy, meets established guidelines and medical necessity. Ensure administrative documentation is accurate and submitted within timeframes
- Promoted peer support and collaboration through weekly staff meetings, team meetings and case consultations
- Assisted Chief Operations Officer in the development of program budget and ensures expenditures comply with approved budget. Oversee Full Service Partnership Flex Fund budget and ensure prudent use of funds

University of Southern California Telehealth

Los Angeles, CA

School of Social Work - Virtual Academic Center*Clinical Supervisor*

September 2014 to May 2015

- Facilitated treatment team members' training in evidenced based intervention. Monitor completion of online training modules, self-study assignments, and participation in in-service trainings.
- Observed initial assessment interviews with mock and actual clients to provide constructive feedback to treatment team members during their orientation and training periods.
- Provided weekly, individual supervision to each treatment team members by meeting in private, in-person or virtual 90-minute to 2-hour group conferences.
- Reviewed and approve or reject treatment team members' documentation of clinical services including psychotherapy intake notes, treatment plans, progress, and other notes within 24 hours of their submission. Provide corrective feedback when rejecting a treatment team member's documentation. Ensured that the correction has been submitted within the subsequent 24-hour period.
- Participated in a weekly consultation meeting with fellow LCSW Clinical Supervisors and Clinical Director to discuss treatment team members' performance and challenging client cases.
- Communicated with the Clinical Director to execute client assignments to treatment team members.
- Provided telephone or virtual consultation to treatment team members in cases of client emergency.

Los Angeles Child Guidance Clinic

Los Angeles, CA

Clinical Therapist, Systems of Care Program

September 2003- February 2004

- Provided therapy for children and their families who have been identified by the Department of Mental Health, Department of Children and Family Services, Los Angeles Unified School District, and Probation as needing intensive therapy and case management services and are at risk of being placed in a more restrictive home, school environment, or incarceration
- Prepared monthly clinical progress reports
- Attended IEP meetings as well as parent teacher conferences as needed

- Made funding requests for families in need of clothing or food

Kedren Community Mental Health Center

Los Angeles, CA

Senior Coordinator, Systems of Care Program

December 2001- September 2003

- Assisted Program Director coordinate program requirements; monitored staff productivity
- Carried a small caseload and provided therapy for children and their families who have been identified by the Department of Mental Health, Department of Children and Family Services, Los Angeles Unified School District, and Probation as needing intensive therapy and case management services and are at risk of being placed in a more restrictive home, school environment, or incarceration
- Prepared monthly clinical progress reports
- Attended IEP meetings as well as parent teacher conferences as needed
- Made funding requests for families in need of clothing or food

Case Manager, Children and Adult Psychiatric Hospital

July 2000 - December 2001

- Conducted initial psychosocial assessment and developed after care/discharge plan for patient
- Located suitable placement for patient at board and care, transitional living, or shelter
- Assisted patient apply for SSI or General Relief
- Provided individual and family crisis therapy if needed
- Collaborated with DCFS to coordinate appropriate placement if needed
- Provided group therapy sessions focused on behavior modification and expression of feelings

Psychiatric Social Worker, Children' Outpatient Department

December 1998 – June 2000

- Provided crisis intervention and prepared case disclosures and court reports
- Linked families to outside community resources and provided case management
- Attended weekly individual and group supervisory meetings as well as case conferences with multidisciplinary team
- On-call crisis as well as crisis administrative duty
- Provided individual and family therapy utilizing multiple modalities including sand, art, play and talk therapies
- Assisted in the development and coordination of groups for children, adolescents, and adult parents

TRAINING AND CONFERENCES

American Council on School Social Work Telehealth Webinar

June 2020

Presentation: Telehealth in School-Based Programming: Tips, Techniques and Best Practices, Co-presenter with Dr. Susan Elswick,

Social Work Distance Education

April 2020 (postponed until April 2021)

Presentation: Targeting Health Disparity through the Hybrid Telemental Health Field Model, Co-presenter, Suh Chen Hsaio.

National Association of Social Workers, California Chapter

November 2019

Presentation: Social Service Leadership, Co-presented with Karen Adams.

Latino Behavioral Health Science Conference, Los Angeles, CA

September 2008

Presentation: Integrating Clinic Based and Community Based Intervention to Promote the Well Being of At-Risk Youth, Co-presented with Karen Adams

Sand Tray Therapy Conference, Los Angeles, CA

October 2001

Case Presentation

Risk Assessment & Limits to Confidentiality

On-going

Training for USC Telehealth Interns.

MENTIONS IN THE PRESS

“Telebehavioral Health – New Digital Directions for Social Work Education”, By Christiane Petrin Lambert MA, MSW, LICSW, Social Work Today, Vol.19, No,3, May/June 2019.

“They combat the stress and anxiety of hundreds of Californians – from their own homes” By Eric Lindberg, USC News, April 16, 2020, Interview. <https://news.usc.edu/168741/they-combat-the-stress-and-anxiety-of-hundreds-of-californians-from-their-own-homes/>

“Can Telemedicine Help Students Stay Healthy” By Sara Weissman, Diverse Issues in Higher Education, August 21, 2019, Interview - <https://diverseeducation.com/article/153048/>

PROFESSIONAL MEMBERSHIPS

National Association of Social Workers, California Chapter
Network of Social Work Management
NASW, USC Unit, Board Member

AWARDS

Distinguished Service Award Field Instructor Award in Field Instruction

May 2012