

**DARA A. GOLDYNE, PH.D.**

Licensed Clinical Psychologist  
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**Education**

- 9/08-6/13      Doctorate in Clinical Psychology, Fielding Graduate University (APA-accredited), Santa Barbara, California.
- 9/05-4/07      Master of Arts in Clinical Psychology, Emphasis in Marriage and Family Therapy, Pepperdine University, Malibu, California.
- 8/00-5/04      Bachelor of Arts in Psychology, Minor in Pre-Law, University of Arizona, Tucson, Arizona.

**Licensure**

- 2016-present      Licensed Psychologist, California, PSY28343

**Academic Positions**

- 8/14-present      Adjunct faculty, PSY 502 Critical Thinking in Clinical Psychology and PSY 701A Research Methods, Post-Baccalaureate Certificate Program in Clinical Psychology, Fielding Graduate University, Santa Barbara, California.
- 8/13-12/13      Team-instructor with Dr. Kristine M. Jacquin, AJ 125 Criminology, Justice Studies Program at Santa Barbara City College, Santa Barbara, California.
- 2/14-5/14      Team-instructor with Dr. Kristine M. Jacquin, AJ 265 Crime and Human Behavior, Justice Studies Program at Santa Barbara City College, Santa Barbara, California.

**Clinical Experience**

- 6/13-1/15      Post-Doctoral Psychological Assistant (PSB37594) in the private practice of Kristine M. Jacquin, Ph.D. (PSY24044), Santa Barbara, California. Specialized in psychoeducational evaluations for ADHD, learning disabilities, and cognitive and/or behavioral problems; evaluations for genetic or neuropsychological disorders; psychotherapy for adults, families, couples, and adolescents.
- 9/14-12/14      Post-Doctoral Psychological Assistant (PSB94020729) at STAR of CA, Santa Barbara, California. Provided an array of services to children, adolescents, and adults to address a variety of mental health needs including individual, couples, or family psychotherapy, psychodiagnostic assessment, parent education, and group therapy. Services were delivered to a diverse population presenting with a wide range of concerns with an emphasis on applying evidence-based treatments.
- 6/12-5/13      Pre-Doctoral California Psychology Internship Council (CAPIC) Intern under the supervision of Elisa Gottheil, Ph.D. at County of Santa Barbara, Alcohol Drug & Mental Health Services, Santa Barbara, California. Conducted psychological evaluations to assess violence risk for clients on Juvenile Probation, and parenting capacity for clients

in the Child Welfare Services System. Administered, scored, and interpreted a full battery of psychological assessments (including cognitive, neuropsychological, personality, and projective) to juveniles and adults. Also conducted observations of parent-child supervised visitations.

- 7/08-5/12 Clinical Liaison for Buena Vista Care Center, Santa Barbara, California. Conducted informal assessments of potential new residents for this skilled nursing and rehabilitation facility. Screened for mental health issues and psychopharmacological interventions. Provided referrals for local mental health services when necessary. Responsible for marketing and networking among Santa Barbara healthcare providers.
- 2/11-8/11 Pre-Doctoral Practicum Clinician under the supervision of Jessica Adams, Ph.D. at Child Abuse, Listening, & Mediation (CALM), Santa Barbara, California. Co-facilitated weekly psychoeducational and therapy groups for children and women affected by domestic violence. Provided individual psychotherapy for adults, children, couples, and families focused on the prevention and treatment of childhood trauma. Addressed issues of child abuse, post-partum depression, parent-child interaction patterns, promoting healthy development for children ages 0-5, and parenting skills training.
- 6/10-7/11 Pre-Doctoral Practicum Clinician under the supervision of Elisa Gottheil, Ph.D. at County of Santa Barbara, Alcohol Drug & Mental Health Services, Santa Barbara, California. Provided ongoing individual therapy for wards at Los Prietos Boys Camp/Academy, which included individual and family therapy using evidenced-based, cognitive-behavioral interventions, anger management, drug and alcohol counseling, and motivational interviewing. Conducted psychological evaluations to assess violence risk for clients on Juvenile Probation, and parenting capacity for clients in the Child Welfare Services System.
- 8/07-8/08 Therapeutic Youth Services Specialist, School-Based Counselor at the Council on Alcoholism and Drug Abuse (CADA), Santa Barbara, California. Provided individual drop-in counseling for students at Goleta Valley Junior High School. Addressed issues of bullying, low self-esteem, substance abuse, family dynamics, social anxiety, peer relations, sexual behavior, gang involvement, trauma, depression, eating disorders, and suicidal ideation. Facilitated two Reconnecting Youth psychoeducational groups daily, focusing on mood management, substance abuse, and school achievement. Administered clinical intakes and interviews with potential clients.
- 5/07-8/07 Primary Therapist at Rader Programs, Pacific Shores Hospital, Oxnard, California. Provided individual and group therapy for individuals diagnosed with anorexia, bulimia, and compulsive overeating, as well as weekly family sessions for each patient. Administered clinical intakes and psychosocial assessments. Created treatment plans and discharge plans and coordinated care with psychiatrists and dieticians. Conducted educational and psychotherapeutic groups on relapse prevention, coping strategies, and emotion identification based on the Twelve Steps program.
- 2/06-5/07 Marriage and Family Therapist Trainee at Domestic Violence Solutions, Santa Barbara, California. Provided individual psychotherapy for adults, teens, and children relating to issues of domestic violence, including anger management, crisis intervention, and

substance abuse. Facilitated group therapy for court-mandated perpetrators of domestic violence in a 52-Week Batterers Treatment Program. Led an education and support group for women residing at a long-term shelter. Provided group therapy for children residing at an emergency shelter. Included art directives and sand tray work.

5/05-6/06 Clinician at Lindamood-Bell Learning Processes, Santa Barbara, California. Provided one-on-one, evidenced-based instruction to children and adults diagnosed with learning disabilities.

### **Research Experience**

3/11-5/13 Dissertation research at Fielding Graduate University, Santa Barbara, California. Conducted a doctoral dissertation on the effects of parenting stress and acculturation stress on parenting self-efficacy and the moderating role of perceived support from a spouse. Collected data from parents of pre-school aged children in the Migrant Education Departments of the Fresno County Office of Education in Fresno, CA and the Santa Maria-Bonita School District in Santa Maria, CA. Dissertation Chair: Dr. Debra Bendell.

11/11-10/12 Research Assistant for Parenting Stress and Support study at Fielding Graduate University, Santa Barbara, California. Study investigated the parenting experiences of first generation Mexican immigrants contrasted to subsequent generation U.S. parenting experiences in a group of mothers of elementary school aged children. Selected measures, recruited participants, administered protocols, and created SPSS database for data entry.

10/04-6/05 Research Technician in the Close Relationships Lab at the University of California, Santa Barbara. Recruited community participants for Dr. Nancy Collins' Close Relationships Study. Collected and coded data used to investigate social processes in close relationships, specifically how working models of attachment and caregiving processes affected couples during stressful experiences.

5/04-10/04 Project Manager in the Depression Risk Lab at the University of Arizona, Tucson, Arizona. Managed Dr. John Allen's National Institutes of Health (NIH) grant funded research project of electroencephalogram (EEG) asymmetry and depression risk. Responsible for recruiting study subjects. Administered intakes and assessed participants for depression and suicidality. Managed daily aspects of study, trained undergraduate research assistants in EEG protocol, and developed data entry procedure.

2/04-5/04 Research Technician at University Medical Center, Tucson, Arizona. Collected data for Dr. Richard Lane's project investigating the physiological mechanisms by which emotions trigger life-threatening cardiac arrhythmias. Worked directly with study participants gathering fMRI data, skin conductance and heart rate measurements, while participants performed a variety of emotion-eliciting tasks.

1/03-5/04 Research Assistant in the Clinical Psychophysiology Lab at the University of Arizona, Tucson, Arizona. Managed female university student participants in a study examining

risk for depression. Utilized electroencephalographic (EEG), skin conductance, and heart rate measurements during various stages of the menstrual cycle to determine hormonal implications of depression. Involved in National Alliance for Research on Schizophrenia and Depression sponsored Depression Treatment Research project. Participated in assessments of depressed volunteers and implemented biofeedback sessions using EEG frontal asymmetry as a treatment for depression.

5/03-8/03      Research Assistant in the Social Psychology Lab at California State University Fresno, Fresno, California. Assisted in developing measures to examine the stereotyping of powerholders. Collected data under the supervision of Dr. Robert Levine to evaluate the perceived competence and warmth of individuals representing power-related professions.

1/02-5/04      Research Assistant in the Social Identity Lab at the University of Arizona, Tucson, Arizona. Conducted research relating to social stigmas and prejudice, specifically how vicarious shame and guilt follow perceived injustice. Recruited university student participants for a study examining the emotional consequences that can arise from negative stereotypical depictions of racial minorities.

### **Presentations and Publications**

(Maiden name Halpern)

Elgavish, E., Halpern, D., & Allen, J.J. (2004, October). Premenstrual Distress and Frontal Alpha Asymmetry. Poster presented at conference for Society for Psychophysiological Research, Santa Fe, NM.

Elgavish, E., Halpern, D., Dikman, Z., and Allen, J.J. (2003, October). Does Frontal EEG Asymmetry Moderate or Mediate Responses to the International Affective Picture System (IAPS)? Poster presented at conference for Society for Psychophysiological Research, Chicago, IL.

Fast, N., Levine, R & Halpern, D. (2004, March). Stereotyping of Powerholders: The Consequences of Perceptions of Competence and Warmth. Poster presented at the annual conference for Society of Personality and Social Psychology, Austin, TX.

Halpern, D., Barquissau, M., and Schmader, T. (2003, May). Detangling White Shame from White Guilt. Poster presented at conference for Western Psychological Association, Vancouver, B.C.

Halpern, D. & Levine, R. (2003). Testbank to accompany: Levine, Robert (2003). *The Power of Persuasion: How We're Bought and Sold*. Hoboken: John Wiley & Sons.

### **Professional Affiliations**

American Psychological Association (APA)  
Santa Barbara County Psychological Association (SBCPA)