**CURRICULUM VITAE**

**RICHARD L. GILBERT, PhD**

Department of Psychology

University Hall, Suite 4700

Loyola Marymount University

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**EDUCATION**

B. A. in Psychology, Princeton University, Phi Beta Kappa Summa cum laude

Ph.D. in Psychology, University of California, Los Angeles.

Major Area: Clinical Psychology

Concentration: Developmental Psychology

**CLINICAL EXPERIENCE**

1982 - Present - Private Practice, Beverly Hills, California; Individual Psychotherapy, Couples and Family Therapy.

1980-1982 - Assistant Director, UCLA University Family Studies Project, an NIMH funded program conducting research on, and delivering clinical services to, families with concurrent problems in the marital and child subsystems.

1979 - Clinical Psychology Internship, Los Angeles County - Olive View Hospital: Assessment and intervention on an acute admissions ward; adult and child outpatient therapy; assessment, crisis intervention and referral in a Psychiatric Emergency Service.

1978 - Clinical Psychology Intern, UCLA Psychology Clinic: Outpatient adult and family therapy.

1978-1979 (Summers) - Clinical Supervisor, Wediko Children’s Services, Boston, MA.. (in association with Judge Baker Child Guidance Center). Supervision of B.A. and M.A. level paraprofessionals and trainees working with emotionally disturbed preadolescent children in a short-term residential treatment center; development of intervention programs and case management.

**UNIVERSITY EXPERIENCE**

Academic Appointments:

2007-2013 Associate Chair, Dept. of Psychology, Loyola Marymount University

1995-Present Professor of Psychology, Loyola Marymount University

1991 (Summer) Visiting Professor of Psychology, St. Petersburg University, Russia

1990-1994 Associate Professor of Psychology, Loyola Marymount University

* 1. Director, Graduate Program in Marriage and Family Therapy,

# Loyola Marymount University

1985-1989 Assistant Professor of Psychology, Loyola Marymount University

Courses Taught:

General Psychology

Developmental Psychology and Lifespan Development

Personality

Abnormal and Clinical Psychology

Psychology on Film

Computers, Human Behavior, and Society

Psychology and New Technology

**RESEARCH AREA AND AFFILIATIONS**

Director: The P.R.O.S.E. (Psychological Research on Synthetic Environments) Project investigating the Psychology of Virtual Worlds, Virtual Reality, and Immersive Digital Environments

Chair, Board of Governors, Western Regional Chapter of the Immersive Education Initiative (iED) and Co-Chair of the Psychology of Immersive Environments (PIE) Technology Working Group of iED.

**PUBLICATONS AND PRESENTATIONS RELATED TO THE P.R.O.S.E PROJECT (2009-Present)**

Gilbert, R., Forney, A., Dionisio, J., & Dorin, P. (2015). The Identity Mapping

Project: Demographic differences in patterns of distributed identity. In B. Wiederhold, G. Riva, & M. Wiederhold (Eds.) Annual Review of Cyber-therapy and Telemedicine, p.91-96. iOS Press.

Gilbert, R., Murphy, N., & Dionisio, J. (2015) Psychology Island: A Case Study of Interdisciplinary education in a 3D virtual environment. In S. Gregory, M. Lee, B. Dalgarno, & B. Tynan (eds.) Virtual worlds in online and distance education. Nova Publications.

Gilbert, R. & Forney, A. (2014) Can Avatars Pass the Turing Test? Intelligent

Agent Perception in a 3D Virtual Environment. International Journal of Human-Computer Studies. 73, 30-36, DOI: 10.1016/j.ijhcs.2014.08.001.

Gilbert, R. (2014). Mechanizing Humans, Humanizing Machines: The

Transition from Homo Sapiens to Hybrid Sapiens. Keynote Address on The Future of

Human-Computer Interaction presented at Immersion 2014: The Personal and

Cultural Impact of Leading Edge Digital Technologies, Los Angeles, CA, Journal of Immersive Education.

Gilbert, R., Thadani, V., Handy, C., Andrews, H., Sguigna, T., Sasso, A., & Payne,

S. (2014). Psychological functions of primary avatars and alts. A qualitative study. Computers in Human Behavior, 32, 1–8.

Gilbert, R., & Hasler, B. (2013). The Psychology of Immersive Environments Charter. Journal of Immersive Education, Volume 1, Issue 1.Boston: Mass.

Dionisio, J., Burns, W., & Gilbert, R. (2013). 3D virtual worlds and the metaverse:

Current status and future possibilities. ACM Computing Surveys, 45(3), 1-38.

Gilbert, R., Murphy, N., Krueger, A., Ludwig, A., & Effron, T. (2013). Psychological Benefits of Participating in 3D Virtual Worlds for Individuals with Real World Disabilities. International Journal of Disability, Development and Education, 60(3), 208-224.

Gilbert, R., & Forney, A. (2013). The Distributed Self: Virtual Worlds and the Future of Human Identity. In D. Powers & R. Teigland (eds.) The Immersive Internet: Reflections on the Entangling of the Virtual with Society, Politics and the Economy. Palgrave-Macmillan, 23-37.

Gilbert, R., Gonzalez, M., & Murphy, N. (2011). Sexuality in the 3-Dimensional Internet and Its Relationship to Real World Sexuality. Psychology and Sexuality. Volume 2, Issue 2, 107-122. DOI: 10.1080/19419899.2010.536987.

Gilbert, R., Murphy, N., & Avalos, M. (2011). Communication Patterns and Satisfaction Levels in 3D versus Real Life Intimate Relationships. Cyberpsychology, Behavior, and Social Networking, Vol. 14, No. 10, 585-589.

Gilbert, R., Murphy, N., & Avalos, M. (2011). Realism, Idealization, and Potential Negative Impact of 3D Virtual Relationships. Computers in Human Behavior. DOI: 10.1016/j.chb.2011.05.011.

Gilbert, R., Foss, J., & Murphy, N.  (2011). Multiple Personality Order: Physical and Personality Characteristics of the Self, Primary Avatar, and Alt. In A. Peachey & M.Childs, Eds., Reinventing Ourselves: Contemporary Concepts of Identity in Online Virtual Worlds, Springer Series in Immersive Environments, 213-234. London: Springer Publishing. DOI: 10.1007/978-0-85729-361-9-11.

 Gilbert, R. (2011). The P.R.O.S.E. Project: A Program of In-World Behavioral Research on the Metaverse. Journal of Virtual Worlds Research. Vol. 4, No. 1, 3-18.

Gilbert, R., Murphy, N., & McNally, T.  (2011). Addiction to the 3-Dimensional Internet: Estimated Prevalence and Relationship to Real World Addictions. Addiction Research and Theory. 19(4), 380-390. DOI: 10.3109/16066359.2010.530714

**PRESENTATIONS**

Gilbert, R., Forney, A., Dionisio, J., & Dorin, P. (July, 2015). The Identity Mapping

Project: Demographic differences in patterns of distributed identity. Paper presented at the 20th Meeting of the Cyberpsychology, Cybertherapy and Social Networking Conference: Connecting the virtual and the real, San Diego, CA.

Gilbert, R., Loveland, K., Pearson, D., & Saad, J. (April, 2015). The psychology of

participants in 3D virtual families. Paper presented at the 2015 meeting of the Western Psychological Association, Las Vegas, NV.

Gilbert, R. (June, 2014). Mechanizing Humans, Humanizing Machines: The

Transition from Homo Sapiens to Hybrid Sapiens. Keynote Address on The Future of

Human-Computer Interaction presented at immersion 2014: The Personal and

Cultural Impact of Leading Edge Digital Technologies, Los Angeles, CA.

Teller, A. Murphy, N., & Gilbert, R. (August, 2013). Virtual-World Participation

and Social Anxiety Disorder. Poster to be presented at the 121st convention of

the American Psychological Association. Honolulu, Hawaii.

Gilbert, R., Thadani, V., Andrews, H., Sguigna, T., Handy, C., Sasso, A., & Payne,

S. (March, 2013). The Psychological Functions of Primary Avatars and Alt(s): A

Quantitative and Qualitative Analysis. Paper to be presented at the 3rd Global

Conference on Experiential Leaning in Virtual Worlds. Lisbon, Portugal.

Gilbert, R., & Forney, F. (March, 2013). Virtual Worlds and the Future of Human

Identity: The Rise of the Distributed Self. Paper to be presented at the 3rd

Global Conference on Experiential Leaning in Virtual Worlds. Lisbon, Portugal.

Gilbert, R. (December, 2012) Ethicial Issues in Conducting Research in 3D Virtual Environments. In "Ethical Implications of Novel Methodologies and Technologies in Social and Behavioral Research" -- Plenary Panel sponsored by Public Responsibiiity in Medicine and Research (PRIM&R) and Boston University School of Medicine at the 2012 Advancing Ethicial Research Conference: Guided by Principles in an Era of Change. San Diego, CA.

Gilbert, R., Murphy, N., Krueger, A., Ludwig, A., & Effron, T. (August, 2012) Psychological benefits of Second Life participation for individuals with disabilities: A pre-post study. Paper presented at the International Disability Rights Conference, Second Life.

Murphy, N., Gilbert, R., Krueger, A., Ludwig, A., & Effron, T. (January, 2012) Social-emotional outcomes of Second Life for individuals with disabilities. Poster presented at the annual Society for Personality and Social Psychology conference, San Diego, CA.

Gilbert, R. (November, 2011). The Psychology of Immersive Environments. Keynote Address, 1st Annual European Summit of the Immersive Education Initiative. Madrid, Spain.

Gilbert, R. (July, 2011). Real Time Global Education in 3D. Paper presented virtually at the 4th International Global Studies Conference, Rio De Janeiro, Brazil.

Gilbert, R. (June, 2011). Loyola Marymount Virtual University: Developing a

Multi-Disciplinary Campus in the 3-Dimensional Internet. Paper

presented at the Cisco Worldwide Virtual Forum on Educational Leadership:

Next Generation Teaching and Learning, San Jose, California.

Gilbert, R., Murphy, N., & Avalos, M. (April, 2011). Realism and Idealization in 3D Virtual Relationships. Poster presented at the Annual Conference of the Western Psychological Association, Los Angeles.

Gilbert, R. (November, 2010). The P.R.O.S.E. Project: Conducting In-World Behavioral Research on the Metaverse. SL-ACTIONS Conference: Hong Kong, United Kingdom, Texas, Second Life.

Murphy, N., Gilbert, R., & Avalos, M. (August, 2010). Communication patterns and satisfaction levels in 3D virtual relationships. Poster presented at the 118th convention of the American Psychological Association, San Diego, CA.

Gonzalez, M., Gilbert, R., & Murphy, N. (August, 2010). Sexual satisfaction and sexual feelings in 3D virtual relationships. Poster presented at the 118th convention of the American Psychological Association, San Diego, CA.

Gilbert, R. (April, 2010). The Psychology of Immersive Virtual Worlds. Paper Presented at the Summit of the Immersive Education Initiative, Boston, MA.

Gilbert, R. (April, 2009). Researching the Psychology of Virtual Worlds. Paper Presented at the Summit of the Immersive Education Initiative, London, England.

CURRENT P.R.O.S.E. RESEARCH PROJECTS

**The Identity Mapping Project**. Assessing patterns of distributed identity as described in The Distributed Self, Gilbert & Forney (2013). In collaboration with Andrew Forney (UCLA) and Drs. Philip Dorin and John Dionisio (Dept. of Computer Science, LMU).

**Virtual Families: The Psychology of Individuals who Operate Child or Parental Avatars**. In collaboration with Dr. Katherine Loveland and Deborah Pearson, Department of Psychiatry, University of Texas at Houston Medical Center.

**Technological Unemployment** **and the New Economic Order.** A conceptual paper that examines the accelerating displacement of human labor by disruptive technologies such as advanced artificial intelligence, robotics, and 3D printing and explores a set of structural changes in society’s relationship to work in response to this significant challenge.

**SIGNIFICANT PUBLICATIONS PRIOR TO P.RO.S.E.**

Gilbert, R., & Constantine, K. (2005). When Strength Can’t Last A Lifetime: Vocational Challenges of Male Workers in Mid-Life. *Journal of Men and Masculinities*, *7*,

424-433.

Gilbert, R. (2002) *How We Change: Psychotherapy and the Process of Human Development*.Boston: Allyn and Bacon.

Halpern, D., Gilbert, R., and Coren, S. (1996). PC or not PC: Contemporary challenges to unpopular research. *Journal of Social Distress and the Homeless, 5*, 251-271.

Gilbert, R. (1992). Clinical Psychology and Psychotherapy in Russia. *Journal of Humanistic Psychology, 32*, 28-49.

Gilbert, R. (1992). Revisiting the Psychology of Men. *Journal of Humanistic Psychology, 32*, 41-67.

O’Sullivan, M., & Gilbert, R. (1989). Master’s degree programs in marital and family therapy:An evaluation of admission and degree requirements. *Journal of Marital and Family Therapy, 15*, 337-347.

Gilbert, R. (1988). The dynamics of inaction: Psychological factors inhibiting arms control activism. *American Psychologist, 43*, 755-764.

Gilbert, R., & Christensen, A. (1988). The assessment of family alliances. In R.Prinz (Ed.), *Advances in behavioral assessment of children and families*. Vol.4, pp. 219-252).Greenwich, CT: JAI Press.

Gilbert, R., & Christensen, A. (1985). Observational assessment of martial and family interaction: Methodological considerations. In L. L’Abate (Ed.), *The handbook of family psychology and therapy* (pp. 961-988). Homewood, IL: Dorsey.

Gilbert, R., Christensen, A., & Margolin, G. (1984). Patterns of alliances in non-distressed and mulit-problem families. *Family Process, 23,* 75-87.

Gilbert, R. & Christensen, A. (1980). The evaluation and role of case study methodologies: A reply to Bernal. *Journal of Behavior Therapy and Experimental Psychiatry, 11*, 339-341.

Gilbert, R. & Christensen, A. (1980). Molar labeling interventions: Two case studies. *Journal of Behavior Therapy and Experimental Psychiatry, 11*, 327-333.

**CREATIVE WORKS AND HONORS**

Gilbert, R., Hall, S., & Harvey, C. (2010). *Loyola Marymount Virtual University*, 3D Machinima

and You Tube Video (<http://www.youtube.com/watch?v=RD5vkIFjRYk>)

Gilbert, R. (2007). *The Recluse*. (a novel). NOTE: I cite this unfinished work because developing

the protagonist’s interest in virtual reality and virtual worlds led to the formation of the P.R.O.S.E. Project.

Gilbert, R. (2005). *The Third Condition: A Memoir of Freud’s Return*. (a novel) Rockford, Ill.:

Helm Publishing.

Grammy Award – Songwriting – 1984.

Inductee – National Academy of Songwriters – 1984